

The Jarvis Record

Is published every Wednesday at its office on
MAIN ST., JARVIS, ONT.

SUBSCRIPTION RATES:
 Per Year (in advance).....\$1.00
 To the United States, \$1.50.

ADVERTISING RATES:
 Judicial and Legal advertisements 5c. per line (12 lines to inch) for first insertion and 4c per line for each subsequent insertion.

DISPLAY ADS.
 Per Year. 6 Mos. 3 Mos.
 1 Column... \$100.00 \$55.00 \$32.00
 1/2 Column... 55.00 30.00 18.00
 1/4 Column... 32.00 18.00 10.00
 Smaller spaces 13c per inch.

All display advertisements on first page contracted for at 15 to 20 cents per inch. Extra rates for short periods.

Reading notices on first page among local news items 10c per line first insertion and 5c per line each subsequent insertion.

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The Record Printing Co., Ltd.
 JARVIS, ONT.

WEDNESDAY, JUNE 16, 1920

Rural Mail Carriers

The appeal of the rural mail carriers of the province for the abolition of the contract system under which they are employed should find the Government sympathetic to the fullest necessary extent. The contract system has worked out very badly in the case of these faithful public servants. It has secured for the country services below what they are worth. This is not justice to the men, and the country does not demand of its Government that it treat its employees with niggardliness or want of all due consideration. The carriers are asking for a straight salary basis, they to furnish all the means necessary to the fulfillment of their duties. The request works out at \$4 per day, which, for man, horse and outfit, is not unreasonable. The contract system is said to have produced no higher rate of pay than \$2.50 per day, and often runs much lower than this. It may be said that the contractors have themselves to blame if they accept a price which is less than the work is worth, but those who must earn a livelihood have no opportunity always to dictate what their wage shall be. Men who have been rural mail carriers for years find it difficult to step out into some new form of employment. Yet every four years the Government calls publicly for tenders for the work, and the carrier must protect himself against some outsider eager to take another man's job, but concerning the duties and penalties of which he knows little. These outsiders often succeed in tendering below the original carrier, and the latter must either reduce his contract figure or step out.

If, as not infrequently happens, the new carrier discovers that he has tendered too low, and wishes to be relieved from the contract, the Government consents and calls for new tenders. If these approximate to the contract figure, well and good. If they do not, the carrier may not be released, and he is compelled to continue at a loss. Carriers who have been long engaged in the work are finding to-day that the increased living costs are greater than they can meet. Yet they are bound to continue with their contracts because they are under bonds to do so. Among the carriers are many men who are well up in years, and for this reason would be unable to earn a livelihood at other available employment, yet these also are subject to the contract system, and liable to lose their routes. The argument of the carriers is that they are entitled to be regarded with the same respect and fair play as the postmasters, or tee city carriers, or the railway mail clerks, none of whom secure their positions by the contract system, and all of whom are permanently in Government employ so long as they may continue to give satisfaction. It would be difficult to refute this contention. The Government should, as we have said, take steps at once to remove from the rural mail carrier department the obnoxious contract system, and to bring contentment to the minds of these men as they go about their daily tasks of public service.—London Free Press.

Blind confidence is the worst form of eye trouble.

CAYUGA

A gentleman representing the American Beaver Board Co. has been in town during the past week looking into the possibility of securing Gypsum deposits in paying quantities in this district. He states that if the company decides to open up here they will build a big plant.

Mrs. William Donaldson, a pioneer of Haldimand county, died on Wednesday, June 2nd, at her home in Mount Healey. She was born in Oneida township 71 years ago, and was predeceased by her husband fifteen years ago. She was a member of Knox Church, Cayuga, and is survived by one son and two daughters.

Messrs. McConnell, Hicklin & Cummings, who have contracted with Haldimand County for constructing several miles of good roads this year, have concluded negotiations with the Cayuga Stone Co. whereby they acquire a three-fifths interest in the quarry business of that company. Drilling operations are now under way at the quarry.

Rev. Walter C. Almack, of Hepworth, comes to Cayuga as pastor of the Methodist circuit, on July 1st. Mr. Almack is an ex-soldier, a young man, married two or three years ago. He is said to stand somewhere over six feet in height. Rev. Mr. Fiddes, the present pastor goes to Binbrook. This is one of the best country appointments in the Hamilton conference and pays a salary of \$1,800 this year.

The jury at the inquest held last week over the body of George Badley, of Rainham, brought in a verdict to the effect that the deceased came to his death by his own hands by hanging. The body was found by Jailer Walsh and Guard Murphy. The man was then quite dead, but evidently not long so, Coroner Quance, of Hagersville, conducted the inquest. The body was given over to friends of the deceased and was taken from the jail for interment from his late home near Selkirk.

The matter of the audit of the accounts of the estate of the late Nathan Topp came up before Judge Hopkins on Thursday Mrs. Susan Gifford, legatee of the estate, objected to the payment of \$1,000, by the sole executor, Benj. Topp, to his son, Everett Topp, for the board of the deceased during the latter part of his life. Mrs. Gifford held that the deceased had earned his board by work done for the claimant. An agreement was reached by the claimant accepting \$400. R. S. Colter for executor; Harrison Arrell for legatee.

The funeral of the late John Warner, who was drowned in the Grand River, took place Friday afternoon from his mother's home at Kohler to the burying ground at Sweet's Corners, where the remains were laid to rest beside those of his father. A large number attended, many going down from Cayuga, where the deceased was very highly esteemed.

A baseball league has been organized in Norfolk County under the O.B.A.A. The county was divided into two parts, the teams participating in the north being Courtland, Delhi, Windham Centre, LaSalette and Nixon, and in the south Watford, Simcoe, Port Dover and St. Williams. The League opens on June 17th and finishes August 19th.

Dancing and Music

The emotional side of the majority of people cannot be satisfied by Free Libraries, Gymnasiums, Playgrounds, etc. The love of moving the healthy body to the rhythm of music in some form of dancing is an in-born peculiarity of the average man and woman; with liquor and indecent music, however, dances may do more harm than bacteria. It is pathetic to see in our large towns and cities young men and women rush to some dance hall to satisfy a desire for amusement.

People who have used up their strength in dancing, late hours, rich foods or have, perhaps looked too long upon the wine when it was Red and have let Old John Barleycorn sap their vitality will find a tonic in the use of Hacking's Heart and Nerve Remedy. It will dispel "that tired feeling," take away that feeling of depression and nervousness that comes from lowered vitality and brings back the healthy rich, red color to the cheeks. It will make your beauty sleep more satisfying so that you will awake in the mornings full of life and hope and more able to carry on with the day's work. The "habits that hurt" can more easily be overcome if you will use Hacking's Heart and Nerve Remedy to strengthen the Nerves, to add power to the Heart and to revive and stimulate the circulation of the blood. Buy them from your dealer. 50c a box, 6 for \$2.50.

MISCELLANEOUS

GEORGE L. MILLER
 CONVEYANCER AND
 REAL ESTATE DEALER
 AGENT CANADIAN NATIONAL RAILWAYS
 JARVIS, ONTARIO

County Institute

Officers Elected at Annual Meeting in Cayuga on Tuesday

The Women's Institutes of Haldimand county were well represented at a splendid convention in Cayuga on Tuesday, nearly one hundred delegates being in attendance. The reports from the various branches were excellent. The various speakers included Miss Chapman, from the Department at Toronto, who spoke on "Real happiness," and how it depended on helping others. Mr. J. L. Mitchener gave a splendid address on the relation of the school to the home. Mr. Chas. R. Biggar, Agent of the Children's Aid Society, addressed the delegates on the need for a shelter, and by a standing vote they pledged themselves to do all they could to further the project when the campaign is launched next fall.

The annual report showed the institute, which now comprises 23 branches, to be in the best condition since its inception. The officers elected are: President, Mrs. Joseph Peart, Cayuga; 1st Vice President, Mrs. A. Lamb, Selkirk; 2nd Vice President, Mrs. J. C. Payne, Dunnville; 3rd Vice President, Mrs. McCarter, Jarvis.

Sec. Treas., Mrs. W. M. Thompson, Canfield. Mrs. Peart was appointed representative of the county at the meeting in Toronto in November.

One On The Drummer

The stranger was playing euchre with a Hebrew drummer, and at one stage of the game he looked at his hand and remarked: "If you give me a queen and turn this into a poker game, I'll bet you \$100 on the hand." The Hebrew looked at his hand and then exclaimed, in great excitement: "All right! And I'll raise you \$1,000. Here's your qu'veen." The stranger accepted the raise, and the hands were laid down on the table. The stranger held four aces, the drummer four kings. The loser, showing signs of great mental distress, separated himself with some difficulty from the \$1,100. Then he looked at the stranger in some bewilderment and said: "Say, vot in hell did you vant that qu'veen for?"

H.M.S. training ship *Pinta*, now cruising on Lake Ontario, is to be transferred to Lake Erie, towards the close of this season, and will be available for Western Ontario boys of the Navy League from August 21 till late in September.

TO INCREASE CAPITAL

U. F. O. Delegates Arrange For Drive in Haldimand.

Delegates from various sections in Haldimand county held a meeting in Cayuga on Monday afternoon of last week to make arrangements for a big financial drive to increase the capitalization of the United Farmers' Co-operative Co. from half a million to one million dollars. The campaign is open on the 14th of June, and continues until the 19th, along the lines of the Victory Loan campaign. Haldimand is asked to absorb \$20,000 of the proposed increase. Mr. J. V. Fradenburg is county manager, and each township has a captain and team which will report to him every night during the campaign, and he is to wire the result to the central organization in Toronto. The captains for the townships are: Monkton, W. A. Houser; Sherbrooke, Wm. Bird; Dunn, H. Link; South Cayuga, L. High; Seneca, J. Turnbull; Walpole, F. Lindsay; Rainham, J. Featherstone; North Cayuga, W. Walton; Oneida, H. Kern.

It is reported that the Stoddard House at Delhi may possibly be closed the end of this month.

MEDICAL

I. J. LEATHERDALE, M.D.
 OFFICE HOURS:
 10 to 12 a.m., 2 to 4 p.m.,
 7 to 9 p.m.
 JARVIS, ONTARIO.

LEGAL

ARRELL & ARRELL
 Barristers, Etc.
 HAMILTON Caledonia
 Sun Life Building, Roper's Block
 Money to Loan at Lowest Rates.
 Harrison Arrell, S. Cameron Arrell
 County Crown Attorney.

KELLY & PORTER
 Barristers, Solicitors in the Supreme Court, Notaries, Etc.
 SIMCOE ONTARIO
 Money to loan at lowest current rate of interest on real estate.
 W. E. Kelly, K.C. J. Porter,
 David E. Kelly.

SOCIETIES

I. O. O. F.
 JARVIS LODGE NO. 191
 Meets every Monday evening at 8 o'clock.
 N. G., P. S. Banks; F. S., N. R. Pond.
 R. S., J. S. Burwash, Treas., I. W. Holmes
 Visiting Brethren Welcome.

PRESERVATION OF FOOD

Essentials in Saving Vegetables and Fruits.

Sterilizing Preparatory to Canning Described—Drying Methods and the Cold Pack Also Described.
 (Contributed by Ontario Department of Agriculture, Toronto.)

It is a universally known fact that foods not properly preserved will spoil. They will ferment, decay, putrefy or become moldy. These changes are brought about by the development of bacteria, yeasts and molds on or in the food. If these micro-organisms can be prevented from growing on or in the food it will not spoil. Therefore, the question of food preservation resolves itself into the problem of preventing these bacteria, yeasts and molds from growing or multiplying on or in the foods. This is done in various ways according to the nature of the food to be preserved.

In the preservation of such vegetables as green peas, beans, asparagus and green corn, cooking and sealing are necessary. These are green and juicy, and if stored in the fresh condition they will either wilt or ferment and rot. This fermentation and rotting is due to the development of the bacteria which are present on the vegetables. There will be sufficient moisture present in the mass to enable the bacteria to multiply and feed on the material and thus induce the rot.

So in order to preserve such vegetables in the fresh condition the bacteria present have to be all killed and all other bacteria prevented from getting on the material until it is to be used. In order to accomplish this the process of canning is resorted to. To get satisfactory results from canning vegetables it is necessary to have:

- 1st. Good sound healthy vegetables.
- 2nd. Good clean sealers with tight-fitting tops and good rubbers.
- 3rd. Wash the vegetables and fill into the sealers.
- 4th. Cover with water salted to taste.
- 5th. Put on the tops and leave slightly loose.
- 6th. Place sealers in a steamer or boiler half filled with cold water and heat to the boiling point for half an hour.
- 7th. Remove sealers from boiler or steamer and tighten down the tops.
- 8th. After 24 hours loosen the tops and return to the boiler or steamer and give another half hour's boiling.
- 9th. Repeat this process after another 24 hours. Then tighten down the tops and place away.

This treatment should destroy all micro-organisms present, and if the top is hermetically sealed no others can get in until it is opened. Another method of sterilizing is to give one boiling to the filled sealers for three to four hours. This, however, cannot be depended on to give as satisfactory results as the above. Another method is to heat in steam under 15 lbs. pressure for thirty minutes. This is the commercial way for which special strong steamers (autoclaves) that can withstand internal pressure are necessary.

Another method of preserving vegetables is by drying in special ovens. This drying process extracts sufficient moisture from the vegetables to prevent the bacteria present from having the power to multiply unless the materials should get moist before being used. If sufficient moisture is not extracted, or should the dried materials get moist during storage, then decay or rot will rapidly develop, as the bacteria are not killed in the drying process and only require moisture to enable them to develop.

Such fruits as strawberries, raspberries, plums, peaches, currants, blueberries, etc., which are soft, cannot be kept any length of time without fermenting or molding unless they are canned.

The canning process is simply for the purpose of killing all mold spores and yeast cells that are on the fruit and preventing others getting on until the material is to be used. Canning fruits is not so difficult as canning vegetables because it is easier to kill yeasts and molds which affect fruits than it is to kill bacteria that affect vegetables.

These fruits may be cooked in a fruit kettle, sugar added to taste, and filled hot direct from the kettle into sterilized sealers removed direct from scalding water. The covers, rings and rubbers should be put on at once direct from scalding water and screwed down tightly. Another way to preserve such fruits is by the cold pack method. In this method the fruits are not cooked before putting into the sealer. Sound fruit not overripe should be used. This is picked over and filled directly into clean sealers. Stone fruit should be pitted.

A syrup of sugar and water sweetened to taste is then filled into sealers so as to completely cover the fruit. The tops, rubbers and rings are put on but not screwed down tightly. The sealers are then placed in a boiler containing cold water sufficient to reach three-fourths up the sealers and this is brought to a boil and kept boiling for half an hour. The sealers are then removed and the tops screwed down tightly at once. When cooled, store away.—Prof. D. H. Jones, O. A. College, Guelph.

Feed Plenty to Hens.

Feed plenty of the feeds you have on hand. Hens prefer rolled oats and barley to whole grain. A ration of one-third each of oats, barley and cracked corn gives first-class results. Supply plenty of tender green feed, shade and clean drink. Water should be given in abundance and must always be clean and fresh. Barnyard water is extremely bad. Sour skim-milk is excellent.

For Hard Wear



You find no better place to purchase the kind of shoe you are after than at our

Shoe Store

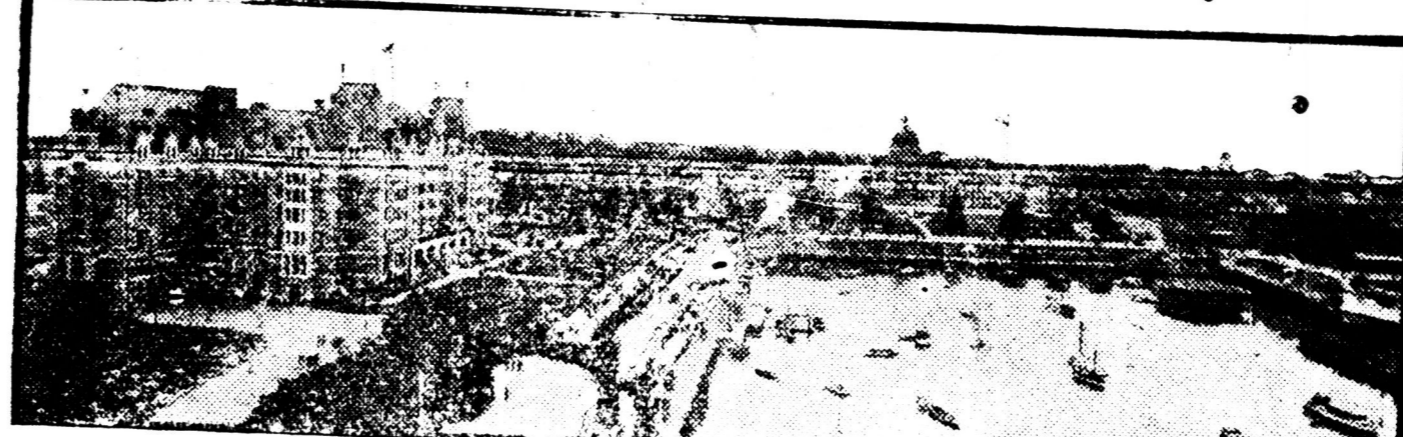
We carry a Complete Line of all grades of Shoes.

Pumps at \$4.90, Oxfords \$6, \$6.75 & \$7.00

We have a nice line of Hurlbut Welt Cushion Soles—the ideal shoe for Children at \$4.60. Come and inspect our stock.

A. H. LANGRAF, Harness and Shoe Store

A STEAMER TRIP TO VICTORIA, B.C.



The Empress Hotel, Victoria, B.C.

Half way from Vancouver, on the seventy-mile trip to Victoria, a warning whistle sounds just before the steamer enters Plumber's Pass, a narrow gap between two islands which like a chain, fringe our Pacific seaboard. It is from here onwards that one sees the real beauties of the Coastal Belt of British Columbia, scenery of which one never tires. Here and there, on the chain of islands, the vivid green of alders or a pretty and prosperous farm peeps out from the sombre forest of firs. The giant Mount Baker, whose snow-capped cone stands a landmark for 90 miles or more, now on our port beam shines in the glittering sunlight above the rest of the cascades, and we see it all the way as it recedes far distant in the steamer's wake. To our south and east where the land and sea seem to meet is the faint outline of the entrance of Puget Sound on whose shores stand Seattle and half a dozen American towns. To our south and west, some twenty miles away, are the foothills of the mighty Olympics, whose glistening white peaks tower high above the skyline.

The Straits, which still bear the name of Juan de Fuca, are full of traffic. Side by side we pass, and dip our flag too, in passing, another of the Canadian Pacific Railway's palatial steamers—a tiny tug, towing a big boom of whole trees, swings into a little cove to shelter the Stars and Stripes, with half a dozen acorns behind on its way from Tacoma to Seward's Bay, tells of big things up North where the building of a railway to the Behring Straits is in progress. We have left the mosquito fishing fleet at the Fraser's mouth, but every here and there are groups of gasoline launches trolling for salmon. On our starboard side, back from the hundred and one little islands, shows up the shore line of the Scotch peninsula and the small town of Sidney. On and on past rocks and islets and the same wonderful scenery.

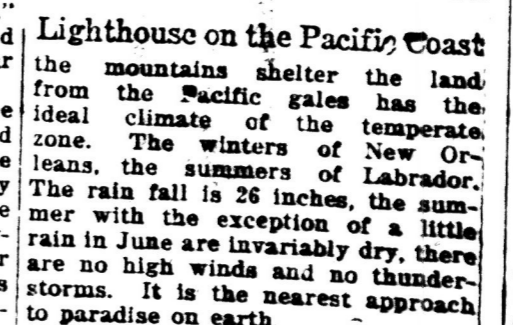


C. P. R. Steamer Princess Charlotte.

As the steamer rounds the fruit farms of Gordon Head, and clears the point that separates Cordova and Cadboro Bays, a natural park of irregular but perfectly spaced oaks, forms the feature of the Island landscape. Oak Bay, Shoal, Foul Bay, Ross Bay, the last resting place of the "old timers," are passed in turn. Each with its own charm, delightful homes in white and red, in light tan, and a variety of other hues, stand out from the remnant of the forest gardens, many a blaze of brilliance, green lawns grit with flowering shrubs, and in the background, stately mansions, seemingly fairy palaces, steeped in a maze of marvelous loveliness, recall the memory of a picture sprung from the brain of some old master. Such is one's first impression of the "City of Homes," the "City of Clear Skies," the city that knows no winter and whose summers are cooler than our own.

The point that forms the entrance of the outer harbours is passed, and the charm gains and grows. The stately Parliament Buildings in grey stone, their broken lines to give them grandeur, their twenty turquoise tinted copper cupolas, their great dome crowned by Vancouver's statue, and the bold Norman entrance-arch above the facade of steps, have a fitting setting in a front of grass and flowers, and in the glorious background of the snows of the distant Olympics.

Victoria, the Queen City, and such part of Vancouver Island where the mountains shelter the land from the Pacific gales has the ideal climate of the temperate zone. The winters of New Orleans, the summers of Labrador. The rain fall is 26 inches, the summer with the exception of a little rain in June are invariably dry, there are no high winds and no thunderstorms. It is the nearest approach to paradise on earth. Every Canadian owes it to himself, some time or other, to make himself acquainted with Victoria, the capital of the Province of British Columbia, as well as the ideal surroundings of the East Coast of Vancouver Island.



Lighthouse on the Pacific Coast