You See Them Everywhere

FLEET FOOT

IN the country, as in the city, Fleet Foot is the popular footwear this summer. Whether at work or play, Fleet Foot shoes are ideal for warm weather, because of their superior ease and comfort—their attractive styles—and their sound economy compared with leather shoes.

There are Fleet Foot colored shoes for work, and white ones for rest and pleasure. Ask your dealer to show you some of the Fleet Foot Shoes for men, women and children.

DOMINION RUBBER

Fleet Foot Shoes are Dominion Rubber System Products

The Best Shoe Stores Sell Fleet Foot

SELF FEEDER FOR SWINE

Experimental Farm's (Note.)

One often hears the statement that it does not pay to perhaps give pigs more than the most ordinary attention and the farmer can scarcely be blamed in this respect if his hired help is inexperienced and yet has to be paid as high a wage as a real good experienced man.

The keeping of a few pigs is practically always a paying proposition but, to make it more so, means must be resorted to whereby the labor can be reduced to a minimum, particularly as the pigs are apt to receive the scantiest of attention in any case. Towards this end, therefore, it seems only natural to try to find out just how well pigs will thrive if allowed to feed themselves. By feeding themselves is meant the adoption of a "self-feeding" method whereby the pigs are allowed access to a limited supply of dry feed whenever they feel so inclined. This system is of value to the breeder who goes in for swine-raising on a large scale and also to the small farmer who has other countless duties to perform but finds the feeding of pigs the worst chore of all. The latter might find the "self-feeder" of great value particularly in reducing expenses.

With a view to gaining some definite information on the use of the "self-feeder" for swine, experiments have been carried on at the Experimental Farm, Agassiz, B. C. for several seasons. Comparisons have been made in the use of the "self-feeder" as against the trough-feeding method. As far as cost of feed is concerned, results go to show very little difference one way or the other but when the labor question is considered the value of the "self-feeder" cannot be ignored. This comparison of the "self-feeder" with the trough feeding method is being continued until absolute and definite results are obtained, but up to date, however, the advantages of the "self-feeder" have been strikingly evident.

vice can be used to advantage while it also may be made use of in the feeding of young sows up to breeding age. With mature breeding stock, however, it is wise to avoid the use of the "self-feeder."

The "self-feeder" for swine has many features to commend it, one of the most important being the fact that, of all farm animals, none adapt themselves so profitably to this method as do swine. Where only two or three pigs are kept, the use of a "self-feeder" can hardly be recommended, but with more than ten pigs the adoption of a "self-feeder" is well worth a trial. Finally, as a means towards the reduction of the labor expense, the "self-feeder" has a distinct advantage over hand-feeding methods.—K. MacBean, Assistant to Superintendent, Experimental Farm, Agassiz, B. C.

DR. MARTEL'S PILLS FOR WOMENS AILMENTS

Thousands of women have testified in the last 25 years regarding the healing qualities of Dr. MARTEL'S FEMALE PILLS. A Scientifically prepared remedy for delayed and painful menstruation. Safe only in a Patented Tin-Cover Box. At your Druggist, or direct $5 Roll, price $2.00, Knickerbocker Remedy Co., 23 Front St. East Toronto, Canada.

Cook's Cotton Root Compound.

A safe, reliable regulating medicine. Sold in three degrees of strength—No. 1, $1; No. 2, $3; No. 3, $5 per box. Sold by all druggists, or sent prepaid on receipt of price. Free pamphlet. Address: THE COOK MEDICINE CO., TORONTO, ONT. (Formerly Windsor.)

A Giant Sun.

Canopus, the giant of the solar system, is, according to a recent calculation, 49,000 times as bright as the sun. Its diameter is 134 times that of the sun; it is 18,000 times larger in volume. The distance of it from us, according to this calculation, is 489 light years.

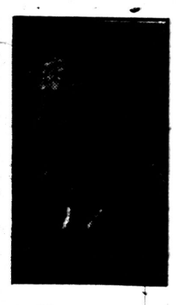
"Suppose," says another authority, "that instead of being at this enormous distance it were placed in the centre of the solar system, in lieu of the sun? It would then occupy .85 of the space lying within the orbit of Venus, and as seen from the earth would subtend an angle of about 70 degrees of arc. Thus, when its lower limb was on our hidieon, its upper would be within 20 degrees of the zenith. Needless to say, no life could exist on earth with such a neighbor.

Minard's Liniment Lumberman's Friend.

A man's bark is generally worse than his bite when he complains that he leads a dog's life.

DR. WARD The Specialist

79 NIAGARA SQUARE, BUFFALO, NEW YORK.



Men, Are You in Doubt

As to your trouble? Have you some skin eruption that is stubborn, has resisted treatment? Is there a nervous condition which does not improve in spite of rest, diet and medicine? Are you going down hill steadily? ARE YOU NERVOUS and despondent, weak and debilitated; tired mornings; no ambition—lifeless; memory gone; easily fatigued; excitable and irritable; lack of energy and confidence? Is there failing power, a drain on the system? Consult the old reliable specialists.

SYMPTOMS OF VARIOUS AILMENTS.

Weak and relaxed state of the body, nervousness, despondency, poor memory, lack of will power, timid, irritable disposition, diminished power of application, energy and concentration, fear of impending danger or misfortune, drowsiness and tendency to sleep, unrestful sleep, dark rings under eyes, loss of weight, insomnia. Dr. Ward gives you the benefit of 25 years' continuous practice in the treatment of all chronic, nervous, blood and skin diseases. The above symptoms, and many others not mentioned, show plainly that something is wrong with your physical condition and that you need expert attention.

Men, why suffer longer? Let me make you a vigorous man. Let me restore your physical condition to full manhood. Don't be a weakling any longer. Make up your mind to come to me and I will give the best treatment known to science—the one successful treatment based on the experience of 25 years in treating men and their ailments.

Dr. Ward's Methods Unrivalled, Thorough and Permanent.

Do you realize that you have only one life to live—do you realize that you are missing most of that life by ill health? A life worth living is a healthy life. Neglect of one's health has put many a man in his grave.

I have been telling men these things for many years but still there are thousands of victims who, for various reasons, have not had the good sense to come and get well.

Specialist in the treatment of nervous conditions, nervous exhaustion, backache, lumbago, rheumatism, stomach and liver trouble, acne, skin disease, catarrh, asthma, rectal troubles, piles, fistula and blood conditions.

OFFICE HOURS: 9 a.m. to 5 p.m. Sundays—10 a.m. to 1 p.m.

FREE CONSULTATION EXAMINATION.

Before beginning treatment you must make one visit to my office for a personal physical examination. Railroad fare will be considered as part payment of fee. Canadian money accepted at full value.

79 Niagara Square, Buffalo, N. Y.

Poultry World

LIME WATER BEST EGG PRESERVATIVE.

The following extracts from a circular by Dr. F. T. Shutt, Dominion Chemist at the Experimental Farm, advocate the use of lime water for the preservation of eggs. Dr. Shutt says:

Experiments in egg preservation were begun at the Experimental Farm, Ottawa, in 1898, and have been continued every season since that date. In the course of these experiments, trials have been made with more than twenty-five different fluids and preparations that have been proposed or sold as egg preservatives. The work of these fifteen years has shown the superiority of lime-water over all other preservatives which we have tested. Closely following lime-water is the so-called "Water-glass" or Sodium silicate. Both, according to our results, have proven effective preservatives, but it may be remarked that it is useless to expect that either can entirely arrest that "stale" flavor commonly found in all but strictly fresh laid eggs.

The solubility of lime at ordinary temperatures is one part in 700 parts of water. Such a solution would be termed saturated limewater. Translated into pounds and gallons, this means one pound of lime is sufficient to saturate 70 gallons of water. However, owing to impurities in commercial lime, it is well to use more than is called for in this statement. It may not, however, be necessary; if good, freshly burnt quick-lime can be obtained, to employ as much as was at first recommended, namely, two to three pounds to five gallons of water. With such lime as is here referred to one could rest assured that one pound to five gallons (50 pounds) would be ample, that the resulting lime-water would be thoroughly saturated.

The method of preparation is simply to slake the lime with a small quantity of water and then stir the milk of lime so formed into five gallons of water. After the mixture has been kept well stirred for a few hours, it is allowed to settle. The supernatant liquid, which is now "saturated" lime-water, is drawn off and poured over the eggs, previously placed in a crock or water-tight barrel.

As exposure to the air tends to precipitate the lime (as carbonate) and thus to weaken the solution, the vessel containing the eggs should be kept covered. The air may be excluded by a covering of sweet oil, or by sacking, upon which a paste of lime is spread. If after a time there is any noticeable precipitation of the lime, the lime-water should be drawn or siphoned off and replaced with a further quantity of newly prepared.

It is essential that attention be paid to the following points:

1. That perfectly fresh eggs only be used.

2. That the eggs, throughout the whole period of preservation should be completely immersed.

Although not necessary, to the preservation of the eggs in a sound condition; a temperature of 40 deg. F. to 45 deg. F. will no doubt materially assist toward retaining that "Stale" flavor so often characteristic of packed eggs.

Respecting the addition of Salt, it must be stated that our experiments—conducted now throughout 15 seasons—do not show any benefit to be derived therefrom: indeed, salt frequently imparts a limey flavor to the eggs, probably by inducing an interchange of the fluids within and without the egg. Our advice is, do not add salt to the lime-water.

FEEDING DUCKLINGS.

Ordinarily ducklings are more easily raised than chickens. If properly fed and cared for they can be put on the market at about 10 weeks of age weighing from five to seven pounds each. If not forced, they will get much of their feed from grass and other succulent plants.

Ducklings do not need feed until about 36 hours after hatching after which they may be fed five times daily on a moist mash of equal parts, by measure, of rolled oats and bread crumbs, with about three per cent. grit. After the first week change to three parts, by weight, of bran, one part green feed, one-half part meatscraps and about three per cent. grit. After the ducklings are a week old the grit or sand may be fed in mash or in a hopper, but the common practice is to feed grit in all duck rations. Meatscrap is not usually fed until the ducklings are a week old when about five per cent. is added to the ration and gradually increased to 15 per cent. Gradually increase the proportion of cornmeal and decrease the bran until the ration becomes the fattening ration given below, for those ducks which are to be marketed. Those to be saved for breeders should be fed the first mash mixture. They should be given a good range where grass and running water are available. If confined to yards, considerable green feed and vegetables should be fed.

The ducklings for market should be fattened for two weeks before selling on a ration of three parts, by weight, of cornmeal, two parts middlings, one part bran, one part meatscrap, three per cent. grit and about one part green feed. If milk is available with which to mix the mash, cut the meatscraps to one-half part.—The Ohio Farmer.

PURE BRED POULTRY STOCK PAYS.

The pure bred fowl possesses many advantages over cross-breds and mongrels. There is more reliability in their breeding. Experience has shown that pure bred birds will convert every particle of food and energy toward production. The meat is of improved quality and the flock is superior in every way for table poultry. The uniformity of the grade is more even and gives better market returns. The eggs are many even in size and color. The fowls present a much more attractive appearance, being uniform in size and color. The eggs and stock for breeding purposes are worth much more than for market alone. The revenue from this source in a good flock is not a small item. The preferred breed may also be selected for the particular purpose to which the farmer of poultry-men wishes to specialize upon.—Nova Scotia Dept. of Agriculture.

MURINE Soothing, Cleansing, Refreshing and Healing Lotion—Murine for Redness, Soreness, Granulation, Itching and Burning of the Eyes or Eyelids: "2 Drops" After the Movies, Motoring or Golf will win your confidence. Ask Your Druggist for Murine when your Eyes Need Care. Murine Eye Remedy Co., Chicago

GENIUS AND VANITY.

Schopenhauer Not Afraid to Praise Himself Out Loud.

Schopenhauer, the great German philosopher, afforded one of the most remarkable examples of self complacency that has ever been known. His naive eulogisms on his own productions are almost beyond belief. In writing to the publishers of his work he says:

"Its worth and importance are so great that I do not venture to express it even toward you because you could not believe me," and he proceeds to quote a review "which speaks of me with the highest praise as the greatest philosopher of the age, which is really saying much less than the good man thinks."

"Sir," he said, to an unoffending stranger who watched him across a table d'hote where he acted the part of the local "lion" habitually—"sir, you are evidently astonished at my appetite. True, I eat three times as much as you, but when I have three times as much mind."

Auerbach, the German novelist, also had a great appreciation of his own powers and work, and many stories are told of the obtrusive way in which he displayed his vanity. A German writer says of him: "Every year Auerbuch visits three or four fashionable watering places, at each of which the following episode occurs at least thirty times. The novelist indulges in small talk with the little children of the natives and invariably ends the conversation thus: 'Knowest thou who has been talking with thee? Behold Auerbach! Tell them at home!'"

OF INTEREST TO WOMEN

This is a Short Letter, But It Proves the Reliability of Lydia E. Pinkham's Vegetable Compound.

Bothwell, Ont.—"I was weak and run down, had no appetite and was nervous. The nurse who took care of me told me to try Lydia E. Pinkham's Vegetable Compound, and now I am getting strong. I recommend your medicine to my friends, and you may use my testimonial."—Mrs. W. J. Brady, R. R. 2, Bothwell, Ont.

The reason why Lydia E. Pinkham's Vegetable Compound is so successful in overcoming woman's ills is because it contains the tonic, strengthening properties of good old-fashioned roots and herbs, which act on the female organism. Women from all parts of the country are continually testifying to its strengthening, curative influence, and as it contains no narcotics or harmful drugs it is a safe medicine for women.

If you want special advice write Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass. Your letter will be opened, read, and answered by women only.

Sleep Talkers.

"It is much more usual for people to swear than to sing hymns in their sleep," says Dr. E. Coplans in a letter to the British Medical Journal. Dr. Coplans has been a patient in a military hospital. "The percentage of talkers is astonishing; 60 per cent. of the men in my ward indulged in it. The maximum period is from 1 to 2 a.m. Often a sentence is begun clearly, but trails off in a blur. One patient, a by no means pious Scotchman startled me by singing in a stentorian voice, 'Abide With Me.' The melody and words were perfect. One speaker will start another going in an adjacent bed. Your sleep talker will answer a question, and there is no doubt that people give away secrets."

Russian Advertising.

They are not so slow in Russia as many of us imagine. A traveler relates that while in Moscow before the war he one day saw a crowd gathered around a little fellow who was bawling at the top of his lungs. Many asked him what the trouble was, but he kept on crying, and the crowd increased; then all of a sudden he stopped and said in a clear, loud voice, "I am lost. Will somebody please take me home to Ivan Tobinsky, the champion clothier of Moscow, who has a full supply of autumn overcoats, suits, neckties, shirts, hats and umbrellas which he will sell cheaper than anyone else in the city."

A Dog and An Egg.

A farmer in a western state possessed two dogs, a big one called Alice, and a small one that was named Billy. Alice, greedy creature, was fond of fresh eggs. When she heard a hen cackle she always ran to look for the nest. One day she found one under the shed. She went away and soon returned with Billy, bringing him just before the hole.

Billy was stupid and did not understand. Alice put her head in and then her paws without being able to reach the eggs. Billy seemed to understand what was wanted. He went under the shed, brought out the egg and put it before Alice, who ate it with great satisfaction, and then both dogs trotted off together.

Neat Blarney.

"Why does your horse go so slow?" asked a tourist one day in the Glen of the Downs, Ireland, of his driver. "It is out of rispict to the bayutiful scenery, yer honor—he wants ye to see it all. And thin he's an intilligent baste, and appreciates good company, and wants to kape the like o' ye in ould Ireland as long as he can."

NOT SERIOUS.

"Excuse me," said the detective as he presented himself at the door of the music academy, "but I hope you'll give me what information you have, and not make any fuss."

"What do you mean?" was the indignant inquiry.

"Why, that little affair, you know."

"I don't understand."

"Why, you see, we got a tip from the house next door that somebody was murdering Wagner, and the chief sent me down here to work on the case."

Keep Minard's Liniment in the house.

RHUBARB DESSERTS

This excellent spring tonic may be just as healthful served stewed as first course for breakfast, but it has many tasty possibilities for other places in the daily menu. Half a dozen delicious desserts can be made from it, without causing the family to say, "What, rhubarb again!"

RHUBARB PIE DE LUXE

For a company dinner try this way of preparing your rhubarb pie: Make a fairly thick under crust and brush it over with white of egg to keep it from getting too soggy. Fill with partly stewed and sweetened rhubarb in which an egg has been whipped, half a teaspoonful of butter added and a few drops of lemon juice. Put the top crust on in latticed strips and bake till done. Then make a meringue of the white of one egg, slightly sweetened, put a dab of the meringue in each open square between the strips of crust, brown for a few minutes in the oven, and you have a pie fit for a king.

RHUBARB JELLY

Skin and cut a pound of rhubarb in small pieces, cook with a cupful of sugar until soft, but not broken. Soak two tablespoonfuls of gelatin in half a cupful of cold water until soft, then strain into the hot rhubarb with two tablespoonfuls of lemon juice. Pour in a mold and chill. Serve with whipped cream and sweet crackers.

RHUBARB PUDDING

Line a bowl with a good short pie crust. Fill with sweetened leftover rhubarb to which a third the quantity of raisins has been added. Put a pastry covering on the pudding, pinching the edges together well to keep the juice in. Tie the bowl in a pudding cloth and plunge in boiling water to cover. Boil for about two hours. Turn the pudding out carefully and serve with hard sauce or cream.

RHUBARB PUFFS

One cupful of finely chopped rhubarb, one cupful of sugar, two tablespoonfuls of butter, one tablespoonful of baking powder, one-quarter of a cupful of milk, two eggs, flour sufficient to make a thick batter. Cream the butter and sugar and the well-beaten eggs, the milk, flour, rhubarb and baking powder. Half fill greased cups and steam for half an hour. Serve with cream, hard sauce or plain lemon sauce.

RHUBARB SNOW

Stew a quart of rhubarb with a cupful of sugar until tender. Add to it half an ounce of gelatin dissolved in cold water and a cupful of rich sweet cream. Stir well while on the stove, but do not boil. Turn into a mold. Serve cold with a thin custard sauce.

Minard's Liniment used by Physicians

CLOSE OBSERVATION.

"Mr. and Mrs. Slocum seem to be an ideal couple. Last night I noticed how their thoughts always coincided."

"Yes," but did you observe also that it was always the lady who thought first?"

Women of Canada Testify

Dacre, Ont.:—"I am more than pleased with Dr. Pierce's Favorite Prescription. I was run-down and so nervous that I could not even stay in the house alone in the day-time and tried every kind of medicine I heard of but got no result. One of my friends advised me to take 'Favorite Prescription,' said that it would cure me, and it did. After taking four bottles I felt like a new woman and it is also the very best medicine for a woman bringing up a family. I will recommend 'Favorite Prescription' to any one suffering like I did."—MRS. JOSEPH BEAUDRY, R. R. 2.

WEAK AND NERVOUS

Tillsonburg, Ont.—"I found Dr. Pierce's Favorite Prescription an excellent medicine for the ailments of women. I had become very weak and nervous. I was just miserable when I began taking the 'Favorite Prescription' and it proved most beneficial. It so completely restored me to health that I have never had any return of this ailment. I do advise the use of 'Favorite Prescription' by women who suffer with womanly trouble."—MRS. GEO. WALKER, P. O. Box 490.

Dr. Pierce's Favorite Prescription is made of lady's slipper root, black cohosh root, unicorn root, blue cohosh root and Oregon grape root. Dr. Pierce knew, when he first made this standard medicine, that whiskey and morphine were injurious, and so he has always kept them out of his remedies. Women who take this standard remedy know that in Dr. Pierce's Favorite Prescription they are getting a safe woman's tonic so good that druggists everywhere sell it, in liquid or tablet form.

ISSUE NO. 25, 1920

HELP WANTED—FEMALE

WOOLLEN MILL HELP WANTED, our new Mill is now under completion and we now require female help for the following work, weaving, winding, specking, finishing. Previous experience not necessary. Every consideration shown to apprentices and good wages paid while learning. Boarding accommodation arranged. Several good positions now open. For full particulars apply to Slingsby Mfg. Co., Ltd., Brantford, Ont.

HELP WANTED

WANTED

FIRSTCLASS KNITTER, EXPERienced on Dubiod Flat Fashioning Machine. Good wages paid to capable man. Best working conditions in daylight mill. Mercury Mills, Ltd., Hamilton, Ont.

AGENTS WANTED

AGENTS WANTED, THROUGHOUT Ontario to sell Stransky's Fuel Vaporizer for Ford cars. Guaranteed to save from 25 to 50 per cent. gasoline. Andrew Hastie, Jun., Elmwood, Ont.

BUSINESS CHANCES.

BUSINESS FOR SALE—GROCERIES and fruit; corner store and best stock in town; good turnover; good town; this is worth looking into; good reasons for selling. Apply Box 374, New Liskeard.

FARM FOR SALE

NIAGARA FRUIT FARMS FOR sale—$5,000. On Niagara, St. Catharines Stone Road, 2½ miles from Niagara-on-the-Lake; 15 acres, good four roomed cottage and frame stable. Seven acres peach orchard eight years old. Five minutes walk from radial car. Terms $1,500.00 cash.

$10,000 — THREE MILES FROM Niagara-on-the-Lake 64 acres; stone house, cellar and seven rooms, large frame barn. Land all level and cultivated; 4 acres of apple orchard eight years old. Remarkable value for land alone in this district. Terms $2,500.00 cash. Apply

M. T. MORGAN,
14 King St. East,
Toronto.

ON THE HIGHWAY WEST OF ANcaster, 80 acres, choice clay loam, medium size farm house and barn. A most desirable location, and offered at a bargain. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 934).

FOR SALE—FRUIT FARM—THIRTY acres; fully stocked; also modern ten-roomed dwelling on same; no agents. Write W. Holmes, General Delivery, Hamilton.

IN TOWN OF WATERFORD, LOT 120 x 120, 2 storey frame house, 9 rooms, good decorations, verandah, stone foundation, good cellar barn 20 x 30, planted with numerous assorted fruit trees, $3,200. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. (Regent 934).

MISCELLANEOUS

PAY YOUR OUT-OF-TOWN ACcounts by Dominion Express Money Orders. Five dollars costs three cents.

QUEEN'S UNIVERSITY
Kingston, - Ont.
ARTS
Part of the Arts course may be covered by correspondence
SCHOOL OF COMMERCE
BANKING
MEDICINE EDUCATION
Mining, Chemical, Civil, Mechanical and Electrical ENGINEERING
SUMMER SCHOOL July and August
MATRICULATION SCHOOL December to April
ALICE KING, Acting Registrar

The Bulbs Went Astray.

The growth of bulbs is an important industry to Holland, as from Haarlem the markets of the world obtain their supply.

It is told of Said Pasha, who had a great love for flowers, that he placed an order in Holland for a choice assortment of these bulbs, for which he paid $5,000. When the bulbs arrived his "secretary of interior," who received them, not knowing of the bulb order, sidetracked them to the kitchen. Soon after their arrival the pasha was to give an important banquet, and his chief cook, wishing to serve an especial treat, grilled the new variety of onions and served them hot. Evidently as an article of food they did not prove a success since the only comment the recorder of the incident made of the result was that pasha's interest in gardening received a severe body blow.—National Geographic Magazine.

Ask for Minard's and take no other.

"Now here's something nice for your party. A girl peels an apple, turning out one long peeling. Or an orange will do." "I see." "She throws the peeling over her shoulder and it forms the initial of the one she is to wed." "Peelings, eh? We are very rich, you know." "What of it?" "Will diamond necklaces answer just as well?"—Louisville Courier-Journal.

The fastest young man is seldom going in the right direction.