AUNT JUNE

Our Boys and Girls Corner

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DEDICATED TO EVERY BOY AND GIRL IN CANADA

My Dear boys and Girls:-

Just in front of me as I write to you there is a little boy basily building a castle on the sands. The sea is behind him with blue water tumbling and white caps dancing on the waves and he is walking with pare brown legs up and down the sands, carrying a lit-tle pail full of sand or water to help in the building.

Already, the castle begins to look very grand. It has two towers, a most and a gateway.

Yesterday I was looking at another castle, not a sand castle, but a very real one built of solid strong stone, a wonderful old place that is over eight hundred years old.

One of the most interesting things about this real castle is that like the play-one being built upon the sands, it is owned by a little boy. The boy who owns the castle and five other estates, is the Duke of Norfolk. He is just twelve years of age and heir to some of the finest estates in England. His other title is Baron Fitz Alan: In olden days, when the earls and barons made war upon each other, a castle needed to be very strongly built to withstand attack, and "Aruncle," which is the name of the little Duke's eastle, has very thick walls and gateways of woth iron and solid oak. A portcullis is still to be seen over each gateway, with the big chains for letting it down.

I wonder if you know what a portcullis is. It is a kind of sliding door which is drawn up over a gateway and let down by means of stout chains to close the entrance in case of a sudden attack. It is very heavy and finished off at the bottom with large iron points or spikes, which help to hold it securely in place.

There is also a drawbridge over the most, which is pulled up in the same way. Inside the castle, which visitors ere allowed to go over several times in the year, there are many beautiful 160ms, large and magnificently fur-The ceilings of many of them are over 36 feet in height or six times as high as a tall man, and the length of the rooms over 100 feet.

Outside this grand castle, there is very beautiful park, stretching for many acres past the River Arun. A number of animals, including deer, run about in this park, and there is a large staff of servants, gardeners and other

strong and has to have a great deal of the badges, and we think it only fair that the Helpers pay the postage on watching the happy, healthy little boy with his eastle on the sands, I wonder who is really the best off, the little rich Duke or the little care-free boy. Which would you rather be! I wonder.

One of the surest ways to be happy is to be a "Helper." A poet has written about:-

THE ROAD TO HAPPINESS. This is the Road to Happiness. Start now, from where you are; Turn to the right and keep straight on''

And you'll not find it far.

Along the Path of Willing Feet, And over Heartease Hill, Across the Fields of Sweet Content, The Stream of Glad Good Will.

Then through the Lane of Loving Heart, The Gate that's called To-day, and down the steps to Little Things,

Into the Common Way. And take the Cloak of Charity, The Staff of Wise Employ,
A loaf of Bread of Daily Grace,

A word of cheer, a helping hand, Some good to give or share, A bit of song, a high resolve,

A flask well filled with Joy.

A hope, a smile, a prayer.

And in the Place of Duty Done. Beside the Door of Home, You'll find the House of Happiness,

For Happiness does not roam. So we see by reading this that the read to happiness is really the one called "Service." I am sure all who I good girl and write again. have written to me during the past five years that we have had a "Helpers" eague'' must be very happy. Anyone who has not tried to be a "Help- I wish to receive a badge, please. I

Every boy or girl who wishes to bemust first of all sign the Helpers' along the top of the fence so they can't jump. Your badge is going along to provide something else in the place admitted to the League without any again. other pledge than this, but they too must sign the pledge. When the pledge is sent in, if a three-cent stamp is en- Lear Aunt June:closed, every member will receive a I have been reading your boys' and II. The Evils of Wine (vs. 29-32). 8. Service Badge. This badge is to be girls' corner and I think it is fine to Name and explain some of the items worn by all Helpers, and I hope will be a Helper. I am a boy of four years of cost of the liquor traffic. 9. What be of assistance to members in making many friends among Helpers every-letter, as I am not big enough yet. Now the money spent for liquor 10, If liq-

met fulfil certain conditions before out. the conditions: To sign the pledge and my button. This is my little brother's drunkards, why do they? to do some one a good turn or to per- letter. Thanks for the badge. form some act of service for some one

PLEDGE. For Young Helpers' League of Service.

'Do a little kindness to some one every day. Scatter rays of sunshine all along the way."

I pledge myself in the service of my King and Country to DO MY BEST IN MY DAILY WORK, wherever it may be, to help others wherever possible, and to endeavor in every way to make myself A GOOD CITIZEN.

Date..... Name

enclose the pledge and the three-cent stamp for postag of hadge. Yours lovingly, AUNT JUNE.

WELCOME TO NEW HELPERS. New members continue to tumble into our corner. Would you ever dream that there were so many helpers in the

world. I am so delighted to read all the news of good deeds of service these letters bring. A hearty welcome to the following new members:

Emmie Baird, Shawville, Que. Kenneth Giles, Lanark. George Weese, Cordova Mines.

All our Helpers are happy now, because the badges they have been waiting for for such a long time have arrived, and every member who joined our League before they arrived has got one by now. And as fast as new members are sending in their pledges, they are having badges sent to them. One little Helper didn't get her

badge. She is Ruth Dingwall of Hopewell Ont. We sent one to her at that address, but it was returned by the postoffice, asking for better direction. Write us again Ruth, and tell us your nearest town or village and your rural route number, and the badge will be sent right out to you. Now some of our Helpers are forget-

ting to send in a three-cent stamp with helpers needed to look after this big their badge, to pay the postage. Each new member must send in a three-cent tamp to pay postage on the badges You see it costs us a lot of money for shown to be a hot-bed of social dis-

We have received several more letters. Of course, all the letters we get are not published every week, because we haven't got room enough in the paper. There wouldn't be anything

Truax, Sask. Dear Aunt June:-

I want to join your Helpers' League. I help my uncle every day. Please send me a badge.

Clarence Neithercut. A badge is being sent you, Clarence. Write again.

Dundalk.

Dear Aunt June:-

I have been reading your columns and I want to join the League, be \$12,000,000; private charity, \$30,500. cause I want to win a badge. I am going to tell you what I have been doing this week. I have been washing burdens borne by families and children four it over the shortening and the lishes, sweeping floors, making the reds, dusting the rooms, feeding the calf, gathering the eggs and milking the cows. I am 12 years old.

Mary E. Russell. You are a busy little girl, Mary, and our badge has been sent to you. You will have it before you read this in the paper. Let us hear from you again.

Shawville, Que, Dear Aunt June:-I would like to receive one of your badges. We are working in a hotel here serving meals for people.

Emmie Baird. You forgot your stamp, Emmie, but your badge has been sent to you. Be

Dear Aunt June:-

er'' can guess this happiness from their am a small boy, six years old. I go caused by intemperance is hard to bottom put the grate under them, as teaspoonful of salt and one-fourth a teaspoonful of nepper to every our of setters, so come along in every boy and for the cows every evening and help dad do a lot of chores. Hoping to red shake off, but it must go.

Topics for Research and Discussion. ceive the badge soon.

stead of going through the gate? Ours of Proverbs. 3. Where have the moddo sometimes, especially the heifers; ern "winebibbers" been accustomed come a member of the Service League but we are going to put another rail to gather? 4. Why is the saloon dying

Cordova Mines.

I am going to tell you what I do. I nor drinking produces crime and disget some water and carry wood for case, what about the investment of

they can receive a badge. These are Well, Aunt June, I am pleased with 12. If they do not expect to become

Roberta Thomas. when George gets a little bigger he'll burden of intemperance fall? 14.

to see you helping your little brother We will send him a badge, too.

Now, that's all the letters we have room for this week. We are glad the Helpers like their badges. But don't lose them. You must keep them fastened tightly to your dresses and coats, and never lose them. If any other boy or girl asks about them, tell them how you got yours and they will write in to us, too, and then all the little boys and girls will be Helpers and wear UNCLE JIM.

THE SUNDAY SCHOOL LESSON.

Lesson XII. September 19 EVILS OF INTEMPERANCE

Printed Text-Prov. 23: 19-21, 29-35. Golden Text.-"The drunkard and the glutton shall come to poverty.' (Prov. 23: 21). Daily Readings.

Monday, September 13.-Intemperance and Poverty (Prov. 23: 19-25). Tuesday, September 14.—Intemperance and Woe (Prov. 23: 29-35). Wednesday, September 15 .- Intemperance and War (Hab. 2: 9-20). Thursday, September 16.-Temperance and Patriotism (Amos 6: 1-7). Friday, September 17.—Temperance and Health (Dan. 1: 8-19). Saturday, September 18.—Temperance Rewarded (Jer. 35: 1-11, 18,

19). Sunday, September 19.—Person-

a! Liberty and Charity (I. Cor. 8:

Comments

1 13).

Verse 19. Solomon reigned from 1012 to 983 B.C., according to Beecher. The Book of Proverbs is a collection of practical maxims in poetic measure. The literary method is that of antithesis, comparison and imagery. There are couplets, independent sayings, epigrams and sonnets. Two of the compositions are ascribed to Solomon. Some of them are by unknown au-

Verse 20. "Wine-bibbers" have alays gathered in clusters. The modern clace of gathering has been the saloon. The saloon is a passing institution. It will soon be no more. Solitary drinking is not common. The saloon's best contention was that it was social institution. It has been ease, ill health, inefficiency.

Verse 21. Both the drunkard and the glutton are intemperate, but drunkenness leads to poverty and crime with far-reaching results, while gluttony is chiefly injurious to the glutton himself. Drunkenness, poverty and disease form a vicious circle in which the victim goes around and around in the vortex.

Verses 29-31. Besides these results mentioned by the author of Proverbs, ensider the cost of the drink habit. A certain per cent. of the maintenance of well-known institutions is directly neurred because of the drink habit. Liquor's proportion of expense has been figured as follows: Hospitals, \$4,-000,000; insane asylums, \$5,500,000; institutions for feeble-minded, \$5,400,-600; almshouses, \$3,200,000; public orphan homes, \$4,100,000; outdoor relief, 000; prosecution of drink-cause criminals, \$40,000,000; estimated private of drunkards not less than \$220,000, sugar, add the water, and when luke-000. This is a moderate estimate of warm stir in the yeast cake that has the cost of the saloon.

Verses 32, 33. No one who starts to it warm water. Add the salt and drink expects to become a drunkard, enough flour to make a batter that It is "at the last" that the bite and will drop from a spoon. Beat it therthe sting come. In the present day we cughly and stand it in a warm place are curing by prevention. We are overnight.

burden of intemperance rests most it doubles itself. Separate the dough heavily upon laboring people, yet they it half, and roll each half out in a have failed to see it. The great Fng. thin sheet. Spread this with soft butvictims of drunkenness.

said, "When shall I awake?" Our buns about an inch in thickness. Place weight of the head. The water used own beloved nation is getting awake, them flat in a greased pan and stand to boil should be strongly salted, a

the rest of the world.

HOW TO JOIN THE LEAGUE OF Do your cows jump the fence in-mon's reign? 2. Describe the Book

men satisfy their desire for a social meeting place? 7. What has been the general effect of the saloon upon civili-

PLEASE READ CARRYULLY.

mother and help pull weeds for the every man who has a dollar in the ealf, hunt the eggs and let the hens traffic? 11. Do those who start to George Weese. drinking expect to become drunkards?

III. Effects of Intemperance (vs. 33-35). 13. Upon whom does the chief we done this, write a letter to Aunt be able to write his own letters, and What struggles are ahead of us becore gether. Add another one-fourth the through the food chopper, and this side out and smear the inside thickly



Rain, rain, go away, Can't you see it's picnic day? There's a lunch packed in my basket.

Rain, please stop because I ask it.

POEMS

Alfred Tennyson was born in Lincolnshire in 1809. He went to Trinity College, where he met his friend, Arthur Hallam, upon whose death he wrote "In Memoriam." When Wadsworth died in 1850, Tennyson was made poet laureate. He was later made a baron. He died at Aldworth, on the Isle of Wight, in 1892, and was given a resting place in Westminster Abbey, near the grave of Chaucer.

BREAK, BREAK!

Break, break, break, On thy cold gray stones, O sea! And I would that my tongue could utter The thoughts that arise in me.

O, well for the fisherman's boy That he shouts with his sister at play! O, well for the sailor lad That he sings in his boat on the bay!

And the stately ships go on, To the haven under the hill; But O, for the touch of a vanished hand, And the sound of a voice that is still!

Break, break, break, At the foot of thy crags, O sea! But the tender grace of a day that is dead Will never come back to me.

-Alfred Tennyson.

e de l'ausevie

CINNAMON BUN cupful of milk.

cupful of water l cupful of sugar 2 eggs

% cupful of butter and lard yeast cake

l level teaspoonful salt Scald the milk and while it is hot been well dissolved in half a cupful

stopping the leak instead of bailing In the morning add the well-beaten and stand away overnight. On the Verse 34. The drunkard is benumb- dough. Knead lightly and well, put ed so that he sees not his danger. The tack into the bowl and let rise until Lish labor leader, John Burns, said that ter, brown sugar and cinnamon, and and tongue, is boiled until so tender the industrious poor were the worst scatter over it some currants that have that the meat will fall from the bones. been washed and dried. Roll in a long This may take several hours, depend-Verse 35. The author of Proverbs roll, and with a sharp knife cut off ing on the age of the animal and the and we believe that we are arousing them in a warm place until light. Bake cup of salt to a quart of water. The The moral and spiritual stupor utes. If your oven is very hot on the cut into small pieces, seasoned with a

they burn very readily. If you like the buns very sticky, the chopped meat. Herbs, such as I. The Drunkard Warned (vs. 19. make this mixture: Put one table. sage and sweet marjoram, and powspoonful of butter, half a cupful of dered cloves, are usually added brown sugar, half a cupful of sirup or though this is a matter of taste, and corn sirup and half a cupful of water about a half-cup of strong cider vineinto a stewpan and boil until thick. gar is poured over the whole after the Add currants to it. When the buns are final mixture. taked take them out of the pans, turn

> BROWN BETTY. 2 cupfuls of stale bread crumbs 2 tablespoonfuls of butter 3 cupfuls of chopped apples

2 cupful of sugar 1/4 teaspoonful of nutmeg 1/4 teaspoonful of cinnamon 1/2 lemon, juice and rind 14 cupful of water

to the melted butter. Butter a pud-

on the top layer of crumbs, which is the remaining half.

Bake in a moderate oven until the apples are very tender and soft, which

> ORANGE MARMALADE 1 grapefruit 1 orange

Remove the core of grapefruit and rulp three times its bulk of water and writer was self-centred and without stand away overnight.

The entire head, often with the ears in a moderate oven about twenty min- meat or fat should then be chopped or teaspoonful of pepper to every cup of

> The seasoned meat should then be pressed down very firm, with a weighted dinner plate over each cheese to hold the meat firm in place. It may stand in the cellar or other cool place for two or three days, when it should be unmolded and is ready for use. It over just to cover.

All of the fat on the head is gen-Crumb the bread by grating or rub-dissolved out in boiling. The season-ting two pieces together. Add crumbs ing, etc., keeps it from being too rich. The old-fashioned head cheese was cing dish. Cover bottom of dish with drum-shaped, or cylindrical. It was

ADVICE TO GIRLS

Will you please give me your "recipe of true love" at your earliest con-Cutie: This recipe, to be digestible,

must be compounded for each lover separately. "What is one man's meat is another's poison" is truer about the recipe you seek than any other I know. Matrimonial indigestion is serious complaint, so be sure you have the ingredients properly measured and just the proper temperature in your baking or you may find your cake is either scorched—or worse still, that "your cake is dough."

Dear Rosalind:-

I have received several letters from a boy I have never met. I have atways answered them, except the last one. I don't think I should be writing to him. Would it be very impolite not to answer?

I am 17 years old. Please advice me what to do. BROWNIE. Brownie: No, my dear, 1 de not think it would be impolite. I think it would be quite the best thing for you to do. If you did not ask nim to write you it is no fault of yours that he persists, you know.

Dear Resalind:-

I am 25 years of age, and in love with a man 40 years of age. He is a widower with one child.

He seems to love me, and I think I could be happy with him. What would you advise me to do-keep on going with him or stop right where I am. l want your advice.

BLACK EYES. Black Eyes: If you love the man and he loves you and you think you can be happy together and you wish to take the responsibility of caring for the child then go ahead. You might be very happy. It all depends on you

Dear Rosalind:

I am a reader of the paper in which see your letters weekly, and also where you answer them, and, I really think it is a splendid idea when any-one can ask for advice. I am asking advice from you, but you may think it a queer one, but it says in the paper to ask for anything when you want advice. This year I tried my entrance and was promised a bicycle if I passed, but I failed. I really tried to pass, for I thought of the good times I would have on it, but as I didn't pass my mother doesn't seem to want to let me have it, but I would pay for it myself, as have \$50 in the bank.

So please, Rosalind, give me your best advice in any way that I can get a bicycle, and hoping to see your answer in the paper next week,

Marie Dear: I don't believe for one minute that you just wanted to pass because of the good times you might have "on it." You wanted to pass because every gard wants the best education she can get, and one who hasn't passed her entrance isn't supposed to have much ambition And then you wanted to pass to please mother. So just go to it and work as you never worked before, get your entrance next year and your bicycle and the good times will be better than ever. Of course, you may ask my advice about anything. Later, I want water, lemon juice and rind. Now put you to write to me again. And I want the letter to be a composition. Because you have good ideas and you state them clearly, but you are not particular enough about paragraphs or writing. I apples are very tender and soit, which will be about one hour. Cover during the first half hour.

have an idea that it you described it and showed marked improvement at school, mother might let you have the wheel for Christmas or your birthday.

ROSALIND. Dear Girls:-Such a doleful letter-not for publication—as I got from one of you the the seeds of all fruit, cut in pieces and other day, so discouraged and blue and put through a chopper. Add to the lonely and why? Just because the vision.

Does your work drag? eggs and enough flour to make a soft third day to one pint of pulp add a and get a view of the beyond. Seek pound of sugar and boil an hour and a hobby. An outdoor hobby is most desirable, but get one of some kind, something to add zest to your daily routine. Get ready now and plan a garden for next year, flowers and vegetables, too. Now is a good time because you can look at other people's gardens and benefit from riper experience.

Indoor hobbies are music, reading, needlework, a favorite club or a pet

If I can advise you about them I shall be glad indeed. Write Rosalind, 15 Manning Chambers, Toronto.

Cear Rosalind:

My question is not quite the same as most of those you are asked, but it is very important to me, and I am asking it because you said we might ask your advice on any subject that bothered us. What can I do to keep them upside down, and spread this pressed into a cylindrical mold, a l do all the housework and my hands get so red and rough? -POLLY.

Dear Polly:-

The hardest thing to remember about the care of your hands is to dry them thoroughly after every washing. will keep for several weeks, if piaced in a large crock and vinegar poured back the cuticle at the base of each nail every time you dry your hands. I know it is not always easy to take time erally used, except the part that has with housework, but it will pay you to remember. Never threw away a learon skin until it has served it tuen in keeping the nails white and removone-fourth the amount of crumbs, and marbled over with the meat and fat in ing from the hands spots upon which add a layer of chopped apples. Sprinkie with half the amount of sugar and pepper and herbs. For convenience, spices, which have all been mixed to the housekeeper now puts the meat places for ventilation. Turn them inamount of crumbs, then the remaining gives an all-over mottled effect, inwith cold cream. You can prevent amount of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives an all-over mottled effect, inspecial control one-rough the line of crumbs, then the remaining gives and special control one-rough the line of crumbs.

The line of crumbs are control one-rough the line of crumbs and crumbs are crumbs. your nails from cracking and breaking

wrong with our ec dent when in a yes in the orchards a in going to waste and apples in the ers do not get the

Fruit has been

the country since tandled. That

Orchard

Paris, for examp sprayed fruit, only fruit to the consu eible than the pre nor charges the c Prince Edward re barrel on the tr chiefly Spies, went matoes are plentifu have glutted the r plots in the city this. A better dis with early and late to the value of th is much complain Licking fruit. Wa roard, instead of us last year, make the grower. Youn to work for 60 when they have pockets. It ough

More Likely Among other at

organize the harve

roration antagonis ship to discredi system has been t more that the ra street cars were No doubt it is hop will have some the new Hydro-Ra pointed by the Go gate the Muni by such tactics, a mission governs it it will certainly en ready attained. (Sir Adam Beck a casion declared his kecessary parallell tuilt, apparently Adam is inconsiste Toronto and Easte Euburban, and the end Niagara lines. 'epponent of unner service in Canada and the idea that late the principle lay down implies and Amherstburg point. Before th and the operation the Hydro manage ful estimates wer changes would be timates are alway margins. The Win taking care of all ed and unanticipa be made it will be will be the same that Sir Adam und rublic service.

Geddes and

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Toronto at the Ca

the opening of the Fahibition were necessarily restric by the diplomatic upon an ambassado **Club he** emphasize dition in which Eu the impossibility o Furopean nations from the Americ merely Canada and but the whole hem charity that wa work, production materials destroy that must be rep in this way contra than the restabiliz itself. It was obv isnd's words that glimpse of the so through the war c "parliament of of the world." few days later e tance of the opp harvest offered he pointed out t it had been "as nain to a thirs Russia, India, as had tremendous a problem to findian crop. The is also going to difference. Why our financial get accept the Brit par and get the we shall lose? T more to us than slarp practice of

Belfas

British need-a n

tions of Europe.

assistance she len

Belfast riots hav their ferocity and two generations. breaks have proba fatal than several 25 years ago the battle royal in the the Falls district, port, the fatalities greater than the sides conceal their or bodies being bread carts and o hicles are common tle women who batante and supply