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# "SALADA"

Used in Millions of Tea-Pots Daily

## OUR BOYS' AND GIRLS' CORNER

By Aunt June

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DEDICATED TO EVERY BOY AND GIRL IN CANADA



**LITTLE** Miss Donnet wears a huge bonnet, With dozens and dozens of pink roses on it; Her dress is spread wide by the hoop-skirt inside. And she looks in her mirror with evident pride.

I do not think there was ever a time when I enjoyed opening my mail so much as now when there are always so many interesting letters to read from my many nephews and nieces. How I love to read about your pets and the work you do, and about your home and friends!

For several weeks now I have been going to tell you of some new games and other things but if I take up much time with my letters to you there will be very little room for your letters, so the games must wait for a time. By the time you read this holiday will be here again, the Easter season with its thoughts of wee fluffy chicks and baby rabbits, and gardening time, the time when we begin to think how we will plan out those summer gardens—which brings me to the question—

### How Many of You Will Have a Garden This Summer?

I should like to hear all about it—what you intend to plant. I have not forgotten the splendid service some of our Helpers did with their gardens.

### Our Letter Box.

**Dundalk.** Dear Aunt June—I am enclosing the Pledge signed, which was in the paper this week. I enclosed a stamp for a badge a few weeks ago and am hoping to get it soon.—Mildred Warner.

**Dundalk.** Dear Aunt June—I am afraid there are one or two of my little friends who have not received their badges as soon as I would have liked them to have had them. Aunt June has had a very bad cold and has spent a few days in bed so could not look after your letter right away. I will certainly send you a badge if one has not already been sent off to you. Thank you for the pledge. Let me know if you get your badge alright this time.

**Paisley.** Dear Aunt June—I wish to join your League. I enjoy reading the boys' and girls' letters very much. I am ten years old and am in the junior third class at school. I go to school every day until a few weeks ago when I had an operation for appendicitis. I liked the nurses very much. I was in hospital for ten days. Before I was operated on I used to help them milk the cows, feed the cattle and get in the coal and wood, but now when I can't do anything I put out a baby to sleep and read books. I have five sisters and two brothers. For pets I have a calf named Daisy, a dog named Teddy and a Banty rooster. I live on a farm of two hundred acres. We have sixty-nine cattle, ten pigs and eleven horses. I guess I will close.—Please send me a badge.—D. J. McKenzie.

**Dundalk.** Dear Little Helper—I did not sign your Christian name to the letter so I do not know your name and am wondering if it is Dorothy or Doris or some other pretty name like that. I know all the other Helpers will be very sorry to read of your illness and hope, with me, that you will soon be quite well again. I am sending you a badge and think you will be a splendid little Helper. Write to me again and tell me when you are better and able to go to school again. I shall be anxious to hear.

**Laurel.** Dear Aunt June—I am 12 on the 25th of May, 1921. I would like to write to other members and them write to me. Although we live 24 miles from the place where the paper was printed we used to live in Dundalk. I will tell you of one of our near towns. It is Orangeville. They call their paper the "Banner" and another is the "Shelburne Free Press." I hope to see a corner in Free. I am

### PLEDGE FOR HELPERS.

"Do a little kindness to someone every day. Scavenge ravs of sunshine all along the way."

I pledge myself in the service of my King and Country to do my best in my daily work, whenever it may be, to help others whenever possible, and to endeavor in every way to make myself a good citizen.

Name .....  
Age .....  
Address .....  
Date .....

enclosing a stamp and the pledge for which I hope to receive a badge.—Fred Harrison.

**Rossville P. O.** Dear Fred—I enjoyed your letter very much and would like to send you a badge but you forgot to tell me of the many things I know you do to help mother and father every day. Write and tell me some of them and then I will send you a badge right away. I am keeping your stamp until I hear again from you.

**N. E. Margaree, C.B., N.S.** Dear Aunt June—As I saw the boys and girls writing to you I thought I would write too. I enjoy reading the boys' and girls' letters. I have four brothers and four sisters. My oldest brother and sister are married. I go to school nearly every day and am in grade ten. I would like to receive a badge. I guess I will close now as my brother and sister are going to write.—Gertrude Crowdis.

**Rossville P. O.** Dear Aunt June—As my sister is writing I thought I would write too. I go to school every day that is fine. I am nine years old and am in the second book. I would like to receive a badge. We have two cats and one dog. The dog's name is Spot. I will close now and write again some other time.—Elizabeth Crowdis.

**Harold Crowdis.** Dear Aunt June—I saw the boys' and girls' letters in the paper and I thought I would write too. My father is a miller, he has three mills. I saw mill, a grist mill, and a planer. I like to work in the mills. I go to school and am in the third grade. I would like to get a badge.—Harold Crowdis.

**My dear little Helpers three.** A sad little tale I hold for thee. You send me letters and do not say what you do for others every day. If you will write and let me know if you help in the mill, wash sweep or sew. And send a three-cent stamp to me. I'll gladly send you badges three.

**Perth.** Dear Aunt June—I have signed the pledge and am going to try and help my mother and others. The things I do for my mother are the following: Wash dishes, sweep the floor and scrub, sometimes bake bread when my mother isn't at home. I go to school which is one mile from home and am in the third book. My age is twelve years and I have four brothers and one sister. Two of the boys go to school and my sister is small. We don't live on a farm so any spare time I skate on the ice and sleigh ride. I am enclosing a three-cent stamp hoping to receive a badge.—Olive McTonegal.

**Dear Olive—**What a splendid little Helper you are to be sure. I am very glad to be able to send you a badge as I most certainly think you have earned it and I know you will live up to the Pledge. Write to me

again some time and let me know how you are getting on at school and if you go away for any summer holidays.

**West Bay.** Dear Aunt June—I would like to join your happy corner. My name is Katherine MacKenzie, West Bay C.B., N.S. I am going to school every day and like it fine. I am in grade IV. For pets I have four cats and one pretty black dog. His name is Buster and he is a Water spaniel and he coats on the little sleigh with me. Dear Katherine—you did not tell me of the different things you do during the day to help mother or father so I cannot send you a badge, although I would like very much to have you as a member of the League. I am keeping the three-cent stamp until I get a letter from you telling me or some of the Helping things you do and then I will send you a badge at once.

**Pense, Sask.** Dear Aunt June—I have been reading the letters in the Boys and Girls' paper and thought I would like to join. I go to school every day and when I come home I help do the chores and get water for the house and every little job I can. In the summer I work on the land such as plowing with six or four horses and harrowing. Yours truly, RALPH McSAREN.

**Rossville P. O.** Dear Ralph—You forgot to enclose three cents in your letter so I cannot send you a badge. If you send me a stamp I will send you a badge as I think such a splendid Helper as you would be a splendid Member for the League. I am glad you like the corner.

**Sarnia.** Dear Aunt June—This is my second letter. I have not seen my other one in print. I guess you have not got around to it yet. Our school is not very big but we have about 32 on the roll. I like school and have great fun in winter.

**RUBY ELSOM.** Duh Dear—What must you think your Aunt June for not writing to you sooner. I am so glad you wrote to me again. And I expect you thought your letter was not going to appear this time so far down the column is it. But you see what a lot I have to answer. I am sending you a badge and hope you will like it.

**Jeanettes Creek.** Dear Little Helper—Thank you for writing to me again. I could not quite read your name on your letter, and I have hardly room to print your letter this time as I have so many new members to welcome. Write to me again, will you dear, and then perhaps I can put your letter in print next time. Thank you for sending in the little pledge all signed.

**Campbells Bay, Que.** Dear Aunt June—I am nine years old and in third book. The work I do is help to bring the wood and water and mind the baby, and dust, wash dishes and sweep the floor. I have four sisters and two brothers. I have a number of friends and will ask them to join. Wishing success to all members of the club. SARAH SMITH.

**Dear Aunt June—**I am twelve years old and in the fourth class. I have three sisters and two brothers. For pets I have two cats and a dog. My father travels a great deal. I help bring in the wood and water, wash dishes. I think it would be great fun to correspond with someone of my age. I am fair and five foot one and very thin. I am very fond of sports and I am sure there are not many that are not.

**VERA SMITH.** Dear Sarah and Vera—I am glad to be able to send you both a badge and welcome you as members of the League. I am sure some other Helper will be very glad to write to you and I shall be so pleased if you will write and tell me if you hear from any other members of the League.

**Kitchener.** Dear Aunt June—I have been a reader for some time of your corner and I am signing the pledge. I go to

much you pass your Entrance this summer and shall look anxiously for a letter from you telling me if you are successful. I like very much to hear of my Helpers meeting with success in the things they try to do and hope you will always find time to send me a letter about yourself.

**Maberley.** Dear Aunt June—Here I am again. I wrote you just after I got my badge but I guess the W. P. B. must have got it. I am enclosing a three-cent stamp and please send me another badge. I was unlucky enough to lose my first and I feel lost without it. I go to school every day. It has been a lovely winter as at home. I am studying with all my might. I am trying for my fourth book in the summer holidays. I am eleven years old. I have so many lessons that I haven't time to do chores only on Saturday. We have great sport at school sleigh-riding and skipping. There are about 50 scholars going to our school and the teacher is nearly worked to death. She has a nice book she reads to us every Friday evening if we are good. We always try our best for we like to hear her read. My daddy is helping to take our sand for a big iron bridge that is to be built this summer at Maberley. I see my letter is getting rather long. I'm apt to write long letters because I love writing. Best luck to the Boys' and Girls' Club.—Ruby Lake.

**Dear Ruby—**I enjoyed reading your very interesting letter and I am sure the other members of the League will enjoy it too. I am very sorry you lost your badge but I am sending you another. Try and not lose this one as I do not usually send a second one. I have so many Helpers wanting them that I am afraid of running short. Write to me again and let me know if you get your fourth book this summer. I hope very much you will be successful.

**Freeman.** Dear Aunt June—I have been reading your Boys' and Girls' corner for some time and enjoy reading them. I go to school every day and am in the junior fourth book. I help mother do dishes and bake cakes and cookies. I do some outside chores besides. I have a pen of White Leg-horn hens. They laid twenty-five eggs today. I took a pair to the school fair and got a prize. I would like to correspond with any girl my own age, twelve. Wishing the corner success.—Fudge.

**Dear Fudge—**I think if you read last week's corner you will find a Little Helper there aged thirteen who could write to her and perhaps when some of the other Helpers see your letter they will write to you. But where, oh where, is the stamp for the badge. I want to send you a badge as you are such a splendid Helper for mother but I cannot until you send me a stamp. So will you send me right away and I will post the badge off to you.

**Magnetawan.** Dear Aunt June—I am a boy twelve years old. I will be thirteen in the Spring. I help to wash dishes and do chores. I go to school and am in the third class. I have a cat for a pet. I also have a twenty-two, a camera and a fountain pen. I live on a farm and I helped to plow last summer. On our farm there is a creek, a fall and a cliff about twenty-five feet and down the creek there is a rapids. Below our house there is a pond and I have a raft on it. As my letter is getting long I will close.

**Dear Farmer—**What a very interesting letter from your farm sounds as though it must be very pretty. I see that you have a camera and I should so very much like you to take a picture of the creek and the falls and send to me. I am sending you a badge and hope you will always wear it. Write to me again and tell me what you do this summer.

**Moorefield.** Dear Aunt June—I have been reading the children's letters for some time. I am a girl thirteen years old. I go to school every day and am in the fourth class. I expect to try my entrance this summer. We are having a carnival at Moorefield next week and I intend to dress as an old witch. At home we wash the dishes and milk the cows and always help papa with the chores. I help milk nearly all the time. I have signed the little tag and would like to become a member.—Nellie G. Holborn.

**Dear Nellie—**I am sending you the long looked for badge and hope you get it safely this time. I hope very

will some other Helpers aged twelve and ten please write to Fudge and Bubbles. Fudge is Winnifred and Bubbles is Muriel Watson, R. R. No. 1, Freeman, Ont.

Now once more a very happy holiday to all my faithful Helpers. I shall look forward to hearing how you spent the days. Yours lovingly, AUNT JUNE. Box 516, Station F, Toronto.

### EPIDEMIC OF DYSENTERY

It affects many people more in winter than in summer—in the case it is due to improper eating—the other, to congestion excited by cold. A small dose of good old Nerviline repeated a couple of times usually removes the trouble very promptly. If there is pain, relief is almost immediate. For cramps, colic, stomach pain, and the like, Nerviline in sweetened water is certainly a wonder. 35c at all dealers.

The oldest city in Canada, founded when its site was in British territory, is Halifax. It was founded in July, 1749, and its first settlers were disbanded British soldiers, who, with their wives and children, numbered 2,500.

A Corrector of Pulmonary Troubles. Many testimonials could be presented showing the great efficacy of Dr. Thomas' Electric Oil in curing disorders of the respiratory processes, but the best testimonial is experience and the Oil is recommended to all who suffer from these disorders with the certainty that they will find relief. It will allay inflammation in the bronchial tubes.

Minard's Liniment for Sore Throat.



### Cuticura Girls Are Sweet and Dainty

Nothing so laudable a healthy, clear complexion, soft, white hands, and glossy, luxuriant hair as Cuticura Soap, assisted by Cuticura Ointment when necessary. Cuticura is delicate, delightful, distingué. It imparts to the person a charm incomparable and peculiar to itself.

### YOUR EYES AND THEIR CARE

Many people put off getting glasses even when vision becomes dim for reading or sewing, fearing that they will weaken their eyes by wearing glasses. This is a mistake, because if you do not wear glasses for the relief of this defect, you are imposing a severe strain on the delicate muscles of the eye and this, if carried too far, may develop serious disorders.

When you find print blurring at reading distance or a tendency to hold things further away from you in order to see clearly, do not delay; visit your Optometrist or eye specialist and have him fit you with a proper pair of glasses for your work. You will be more than pleased with the results.

Muscular imbalance causes lack of union in the working of the two eyes together. All of these defects show serious eye-strain and cause extensive waste of nerve energy and its effects, probably the most common of which is severe headache.

If you wish to have a question answered regarding your eyes, write direct to Dr. Brown, 1 Adelaide Street East, Toronto, and the answer will be given in this department.

What is the "sight" of the eye?—The pupil of the eye is often called the sight. It is the round blue, black or brown centre of the eye through which light passes to the retina or nerve coat of sight.

### CHILDHOOD CONSTIPATION

Constipation is one of the most common ailments of childhood and the child suffering from it cannot thrive. To keep the children well the bowels must be kept regular and the stomach sweet. To do this nothing can equal Baby's Own Tablets. They are a mild but thorough laxative, are absolutely safe and never fail to relieve constipation and indigestion, colds and simple fever. Concerning them Mr. Jules Paquerot, Nominique, Que., writes:—"My baby was terribly constipated and suffered day and night. I was advised to give him Baby's Own Tablets and from the first they helped him and now at the age of thirteen months he is a big healthy, happy boy."

The Tablets are sold by medicine dealers or by mail at 25 cents a box from Dr. Williams' Medicine Co., Brockville, Ont.

### BRITISH AND BELGIAN FORCES ALONG RHINE

Great Britain's contribution to the forces of occupation along the Rhine for the present is to be confined to cavalry, tanks, and a small flotilla of boats, in addition to a small complement of infantry. It is officially announced that no troops will be sent from Britain to the Rhine.

Premier De Wiart of Belgium, today told the Chamber of Deputies that a regiment of grenadiers was going to the Rhineland to reinforce the troops of occupation, and that possibly a regiment of cavalry would join the forces later.

No need to suffer with corns, or to run the risk of paring them. Remove them surely and painlessly with Holloway's Corn Remover.

Minard's Liniment for sale everywhere

**Pickins Outa Hotel**  
WHEN I choose a Hotel, I consider a number of things. I like a clean, comfortable room, a good breakfast, and a friendly staff. Pickins Outa Hotel has all these things and more. It is a first-class hotel in every way. I highly recommend it to all my friends and family.

**The Walker House**  
never been equalled for every hamlet, town or Favorite Prescription. Another of this great Dr. Pierce's Golden Balm is now sold by tablets. The list of me successfully used it for builder, makes an amazing list.

No Cake Wasted  
In 2, 5, and 10-lb. tins

Gives a wonderfully fresh flavor to every kind of cake, pie and pudding—the last morsel is as moist and digestible as the first. It does lower the cost of baking.  
By far the most popular table syrup, for cooking, baking and candy-making.

THE CANADA STARCH CO., LIMITED, MONTREAL.  
**Crown Brand Syrup**  
"The Great Sweetener"

Grandfather smiles while Baby tells him how nice his beard feels and how sweet it smells.  
The secret is the morning wash with Baby's Own Soap—the soap Mother uses for herself and for the children.  
Roses of France and other natural perfumes give their aroma to  
**BABY'S OWN SOAP**  
Best for Baby Best for You