The Sunday School Lesson

Lesson XIII. March 27

THE LIVING CHRIST.

Lesson—Matt. 28: 1-20. Printed Text—Matt. 28: 1-10, 16-20.

Eastern Lesson.

Golden Text.—"I am with you always, even unto the end of the world" (Matt. 28: 20).

Historical Setting.

Time.—Apr. 9, A. D. 30. Place.—Jerusalem and vicinity.

The Lesson Text.

1 Now late on the Sabbath day, as it began to dawn toward the first day of the week, came Mary Magdalene and the other Mary to see the sepulchre.

2 And behold, there was a great earthquake; for an angel of the Lord descended from heaven, and came and rolled away the stone, and sat upon it.

3 His appearance was as lightning, and his raiment white as snow:

4 and for fear of him the watchers did quake, and became as dead men.

5 And the angel answered and said unto the women, Fear not ye; for I know that ye seek Jesus, who hath been crucified.

6 He is not here; for he is risen, even as he said. Come, see the place where the Lord lay.

7 And go quickly, and tell his disciples, He is risen from the dead; and lo, he goeth before you into Galilee; there shall ye see him; lo, I have told you.

8 And they departed quickly from the tomb with fear and great joy, and ran to bring his disciples word.

9 And behold, Jesus met them, saying, All hail. And they came and took hold of his feet, and worshipped him.

10 Then saith Jesus unto them, Fear not: go tell my brethren that they shall see me.

. . . . . .

16 But the eleven disciples went into Galilee unto the mountains where Jesus had appointed them.

17 And when they saw him, they worshipped him; and some doubted.

17 And Jesus came to them and spake unto them, saying, All authority hath been given unto me in heaven and on earth.

19 Go ye therefore, and make disciples of all the nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit:

20 teaching them to observe all things whatsoever I commander you: and lo, I am with you always, even unto the end of the world.

Comments.

Verse 1. The resurrection lesson is studied today because today is Easter. The Romans measured the day from sunset. The evidence of all the Gospel accounts together points to the former: therefore the time was about daybreak Sunday morning. The two Marys were Mary of Magdala (Luke 8: 2; Matt. 27: 61; Mark 15: 47) and probably Mark, the mother of James the Less (27: 56). Mark says Salome was present (16: 1), and Luke adds Joanna (24: 10; 8: 3).

Verse 2. The description here plainly indicates a miracle. The Roman authorities had shut and sealed the door to the tomb.

Verse 3. The other accounts of the resurrection are in Mark 16: 1-11; Luke 24: 1-12; John 20: 1-8. The language of verse 3 suggests the transfiguration scene.

Verse 4. The men of the Roman guard, probably through fright, "swooned into unconsciousness."

Verse 5. In reconciling the seeming differences in the four accounts, all that it necessary is to accept all of them as true. The guard had reason to be alarmed; not so these women.

Verse 6. Jesus here recalls a prediction He had made which His disciples did not understand (Matt. 16: 21; 17: :23; Luke 24: 6). The women were invited to look into the tomb where the Lord had been. They were convinced that He had risen.

Verse 7. As soon as the Lord had risen there was work for His disciples to do. There was a wonderful story to tell. That story has been the glory of the ages ever since.

Verse 8. Naturally they were excited with both fear and joy.

Verse 9. "All hail" was a simple form of salutation. The women may have sought to convince themselves, by touching Him, that He was really there.

Verse 10. The Gospel tells of a number of other appearances which the Lord made to His disciples (Luke 24: 34; 24: 13; John 20: 19, 25, 26, 29; John 21: 1-13; Matt. 28: 16-20; 1 Cor. 15: 6, 7; Luke 24: 50, 51; Acts 1: 6-12).

Verses 16-20. Jesus' final interview with H disciples took place in Galilee, May, A. D. 30. The world conception reached in the language of the commission was hitherto unknown to any language. In various forms it was the burden of His conversation with the disciples during the forty days between the resurrection and the ascension. To baptism into the nam of the Father, Jesus adds the name of the Son and of the Holy Spirit. During the forty days Jesus had already taught His disciples how he could be present with them to believe the promise in verse 20. There is a modern tendency to make light of baptism. Would the last words of the Son of God contain a trivial command?

Topics for Research and Discussion.

1. The Radiant Angel (vs. 1-5). 1. Why is the resurrection lesson assigned for today? 2. Just when did the two Marys visit the tomb? 3. Who were these two women? 4: Who elese were present? 5. What are some indisputable evidences that the resurrection was actual and miraculous? 6. Why had the Roman guard cause for alarm? 7. Why were not the women frightened?

11. The Risen Lord (vs. 6-10). 8. What glorious work for the disciples immediately followed the resurrection? 9. Was their privilege any more glorious than ours in this respect?

III. The Great Commission (vs. 16-20). 10. Where and where did Jesus' final interview with His disciples take place? 11. What was peculiar about his commission?

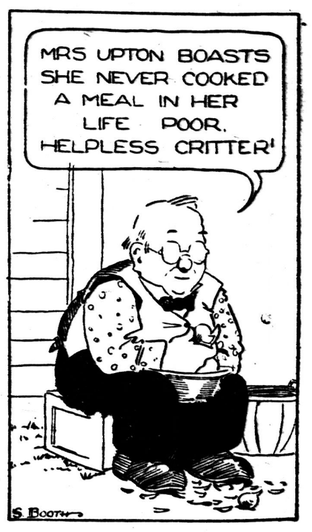
LIFE WAS A MISERY TO HER

Says this Woman Until Relieved by Lydia E. Pinkham's Vegetable Compound.

Owen Sound, Ont.—"I suffered for ten years with female organic trouble, neuralgia and indigestion, and was weak and had such bad pains I could hardly walk or stand up at times. When I would sweep I would have to go and lie down. I could not sleep at night, and would wander around the house half the time. I tried everything but nothing did me any good, and the last doctor I had told me he never expected me to be on my feet again or able to do a day's work. One day one of your little books was left at my door and my husband said I should try a bottle of Lydia E. Pinkham's Vegetable Compound. I thank God I did, for it relieved me, and I am now well and strong. I think there is no remedy like the Vegetable Compound for anyone who has my troubles, and have recommended it to my neighbors. You can publish my letter for the benefit of those I can't reach." —Mrs. HENRY A. MITCHELL, 1767 7th Ave., East, Owen Sound, Ont.

If you have any symptom about which you would like to know write to the Lydia E. Pinkham Medicine Co., Lynn, Mass., for helpful advice given free of charge.

Uncle John's Josh



RHEUMATIC PAINS HAVE DISAPPEARED

AS A RESULT OF TREATING THE TROUBLE THROUGH THE BLOOD.

The chief symptom of rheumatism is pain. The most successful treatment is the one that most quickly relieves and banishes the pain. Many rheumatic people suffer pains that could be avoided by building up the blood; when rheumatism is associated with thin blood it cannot be corrected until the blood is built up.

Mr. Ed. Hall, Main-a-Dieu, N. S., suffered from rheumatism for years, but was more fortunate than many victims of the disease for he found a remedy that so built up his entire system that he is now free from rheumatism. Mr. Hall says: "I was taken down with rheumatism, and at times was under the treatment of several of the best doctors in Cape Breton, but they held out no hope for my recovery from the trou'le. I was confined to bed for three years and a helpless cripple from the trouble. I could not move, and had to be turned in sheets. My legs and fingers were drawn out of shape, and sores developed on my body as the result of my long confinement to bed. I was in this serious condition when a friend advised the use of Dr. Williams' Pink Pills and I began taking them. The first benefit I felt from the pills was an improved appetite, and then I began to feel stronger, and was finally able to get out of bed and go about on crutches. I continued taking the pills for months, slowly but surely getting new strength, and finally I was able to lay the crutches aside. I will always be lame, as the result of my long stay in bed my left leg has shortened somewhat, but otherwise I am feeling fine and able to do my work as Fishery Overseer. I may add that when the rheumatism came on I weighed 140 pounds, and when I began going about on crutches I only weighed 67 pounds, and now I am at normal weight. There are many here who know and can vouch for the truth of these statements."

You can get these pills through any dealer in medicine, or by mail, post paid, at 50 cents a box or six boxes for $2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

TO SEVER RELATIONS WITH ALLIED NATIONS

The London Express correspondent at Berlin understands that German's action in recalling her representatives from London, Paris and Brussels means that a plan is under way for a great diplomatic offensive. It is suggested that Germany is preparing to break off diplomatic relations with the allies on the ground that the Versailles treaty had been violated by the military action taken.

DO YOU FEEL LIKE THIS WHEN YOU WAKEN?

Do you feel blue, sickly, heavy, too tired to get up? If so, it's probably your liver which is slow, and needs to be toned and stimulated by Dr. Hamilton's Pills. It's a wonderful change Dr. Hamilton's Pills will make in a few days. They relieve the system of poisonous wastes, they aid the stomach, improve digestion, increase your appetite. You'll feel like new all over after using this health bringing medicine. Thousands have proved it. Sold everywhere in 25c boxes, or The Catarrhozone Co., Montreal.

The earliest British settlements in New Brunswick were four around the head of Chignecto Bay and one on the St. John River. According to the census of 1767 these five townships then had a population of eleven hundred.

Many mothers can testify to the virtue of Mother Graves' Worm Exterminator, because they know from experience how useful it is.

MURINE FOR YOUR EYES. A Wholesome, Cleansing, Refreshing and Healing Lotion—Murine for Redness, Soreness, Granulation, Itching and Burning of the Eyes or Eyelids. "Just Before the Movies, Motorcar or Golf use your comfortable. Ask Your Druggist for Murine when your Eyes Need Care. Murine Eye Remedy Co., Chicago

ADVICE TO GIRLS

BY MISS ROSALIND

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Miss Rosalind welcomes letters from young women asking for advice on any subject. All you have to do is to address your letter to

MISS ROSALIND,

34 King William St. Hamilton, Ont.

Dear Miss Rosalind—I read your column of Advice to Girls and I've always found it interesting and often I tell my sister is she would only follow some of the advice that it would do her a world of good and she would have less trouble.

The real reason I'm writing to you is that I read of a young lady known as Mickey who stated she would like to correspond with more writers in Ontario; would she be willing to correspond with a boy?" if so, I'd only be glad to write to her as I've a lot of idle time on my hands, but of course if she wishes to correspond with young girls only, I hope you will excuse me for interferring and using your time.

If any other young lady that wishes to write to a young man, I'd only be delighted to write as I find it helps to kill the idle time, and also it helps to broaden one's mind and help him or her in understanding different people who live in this great country of ours. During the years of war that are past, I had many a correspondent writing to me, and I can say truthfully that they helped me through many a weary hour when I stood in the shell-torn trenches of France and they also put new heart in me to fight when things looked black. But since the war is over it seems that we all neglected each other and settled each down in his or her different course of life each forgetting the other.

EUGENE.

I made up a name for you, dear Friend. I have already sent you a number of names. I hope by this time you are very busy and happy answering letters. Come again.

ROSALIND.

Dear Rosalind—I take a great interest in reading your Advice to Girls. I am a girl, 25 years of age, and find it rather lonesome at times, and would like very much if you could put me in touch with some nice boys of my age, 25 or 26 years old.

Your "Advice to Girls" must be a great help to those who have no mother or friend to help them, and I notice you welcome the boys too.

INA.

Same to you, Ina. I have sent you some names. I am especially glad to hear from the twenty-thirty crowd. There are several this week. So many of our members are very young that I welcome the more mature thought and experience.

ROSALIND.

Dear Rosalind—I have been reading your Advice to Girls and I have also seen some young fellows asking advice of you. I am a young fellow about 20 years of age, and I thought I would ask you this question: Is it right for a young fellow to ask a girl to dance with him, without first meeting her, if you have not met her before? Hoping to see my answer in print. I am also very shy when being made acquainted to girls. I live quite a distance from town and as there are not very many girls around here I will be glad to write to any girl who cares to correspond with me, between the ages of 18 and 21. Thanking you for your trouble, I remain,

BASHFUL.

It is not considered correct to ask a girl you do not know to dance with you. No nice girl would dream of accepting such an invitation. Ask somebody you know to introduce you to some girls who like to dance and let them do the talking until you get over your shyness.

ROSALIND.

Dear Miss Rosalind—I have been deeply interested in the advice you give to those who correspond with you and have decided to be one of the great number. I noticed in the last edition that "Tiny" wished to correspond with a young girl. I am seventeen and attend Collegiate, hoping to obtain my Middle School Certificate this year. I am of fair complexion, blue eyes, and medium height.

JUANITA.

Very likely others will want to write also, Juanito. Don't let the letters interfere with study, though.

ROSALIND.

Dear Miss Rosalind—I am a young girl about sixteen, would like your advice on certain subjects, whether a girl my age should wear her hair down or puffs at the ears?

Should she use rouge and powder to any extent? Should she let a young man kiss her more than three or four times in an evening?

Do you think it proper for a girl my age, who has been keeping company with a boy two years older than myself to take him into the house or leave him at the gate?

A young man I think very much of accompanied a girl frind of mine to the show last evening, and it annoyed me very much. Do you think I should let him call on me again or not?

Is there any harm in holding hands at a picture show?

If a man takes an interest in a girl, should the girl have any influence over him?

KITTY.

Your writing and sophistication would lead me to suppose you considerably over sixteen. Therefore I would suggest that you wear your hair puffed at the ears and rolled up at the back.

Rouge and powder have their place but not on the complexion of a sixteen-year-old girl. Of course, you may need such decoration very sadly, but I thing fresh air, cold water and plenty of exercise—and fewer crazy notions about how to act with a young man would be more helpful to yours.

ROSALIND.

Dear Miss Rosalind—I have been an interested reader of your column for a long time. What splendid advice you give, and what crazy questions you are sometimes asked.

I am eighteen years of age and of a very respectable family. I attend Collegiate and hope to enter College soon. I noticed in your column that Tom B. wished to correspond with a young girl. Would you please forward my name and address to him.

TANTRY BOGUS.

Welcome, thrice welcome, sensible stranger. We would really and truly appreciate a long, interesting scrawl from so evidently interesting a correspondent.

ROSALIND.

Dear Miss Rosalind—I have been reading your column since it started. I have a few questions to ask you: First, is it wrong for a boy to kiss a girl au revior after he has paid her a call? What should a person do if he has sent a lot of love letters to a girl and she's got a lot from her? She also has a handkerchief of his and he wants the letters he wrote destroyed and also wants his handkerchief? He has asked the girl for them but she refuses to give them up. What's a fellow to do then? Well I must close now thanking you for your advice. I hope to see my letter in print as I do need your advice.

GLENN.

When you reall need my advice then I am very, very glad to give it. It is not nice for boy and girl chums to ack like grown-up engaged folks.

I'd advise the fellow to forget it and never get into the same fix again.

ROSALIND.

Dear Miss Rosalind—For some time I have been reading your Advice to Girls and would like very much to have your opinion on a few subjects which are puzzling me. Will you answer my letter in private as I do not want it to appear in print, not for any reason only my own wish?

M. W.

Your answer will be as safe and confidential in the paper as through the mail—and easier for me, too. But if you feel you cannot see your query in print, write me all about it.

ROSALIND.

Dear Rosalind—I am sure the girls receiving advice from you ought to be very grateful. I have been reading it for some time, and as I am puzzled a little myself I thought I would write you. I am sixteen years old and am going with a boy eighteen years. We have been chuming together for almost a year now. I like him very much. He has come to our house to see me quite often but since he has met another girl who lives out of town they have been keeping up a correspondence. He told me that he likes me better than this other girl but he keeps on writing to her. Now if I wrote to another boy or even paid the least attention to any boy but himself why he would be peeved and think I was mad at him. I am not old enough to be engaged to anyone, therefore he should not take it for granted that he is the only one I should pay attention to. Don't you think so? What would you do in that case? I would not like to hurt his feelings. Should I let him kiss me good-bye. How old should a girl be before she allows a boy to take her to the show or go out at all with him? What do you think is a decent marriageable age for either sex? Do you think it best to be engaged for a few years or rather a shorter period? How old should a girl be before she becomes engaged. Dear me, I am afraid I have troubled you too much, so I will close thanking you ever so much for your coming advice. Wishing you success in anything you undertake.

BROWN-EYED DORA.

Such a lice little letter, Dora dear, and even if you are only sixteen, you seem to have a head on your shoulders. I wouldn't bother if the boy chum wrote to a dozen girls. If you do not mind and he knows that you do not, he cannot possibly care how many boys you chum with. He may not like it, but he certainly cannot say anything. And he will value your friendship just as highly. You know what I have said a hundred times about kissing. It cannot be discussed in particular cases and so I must make a general statement and say positively it should not be allowed except when men and women are engaged or married.

A girl of sixteen may go to a show with a boy chum as long as her mother knows about it and approves. Twenty-five is a decent marriageable age. One to two years is long enough for an engagement, but if people only knew it, that is the happiest time and should be prolonged as long as possible.

ROSALIND.

Dear Miss Rosalind—Reading your good answers to other girls I also have decided to ask you the following:

1. Is it proper for a girl of 20 to marry a fellow of 35?

2. Does sociability come natural or is it just a habit?

3. Supposing a young girl meets a young, intelligent, more or less respectable man and after knowing each other for a short time he embraces her. Should she object?

SMILES.

If a girl loves a man it does not matter about age—only when she is 50 he will be 65. It may look different then.

One must cultivate the social pleasantries and duties that will make one an entertaining and delightful companion.

No really intelligent, respectable young man embraces a girl until he is engaged to her.

ROSALIND.

Dear Miss Rosalind—A s we are great chums and are very anxious to get some of your motherly advice we will ask you to answer these questions:

1. Do you think there is any harm in dancing?

2. How old should a girl be before she goes out with a boy?

3. If a fellow takes a girl for a drive on returning should she invite him into the house?

4. If a very dear boy friend is leaving for a long while is it right for a girl to let him kiss her good-bye?

5. If a girl goes to a place of amusement and she meets an old friend and goes home with him should her steady fellow be jealous?

6. Is it right for a girl to propose in leap-year?

7. Do you consider kissing a filthy habit among people?

CHUMS.

The easiest way to answer the Chums is by numbers.

First—Of course not. I would rather dance than eat any day.

Second—It depends on the girl and on what her mother thinks about the boy.

Third—See answer to second.

Fourth—See answer to third.

Fifth—Did she go with one boy, and leave him to go home with another? If so, she was very rude. But if she went alone or with another girl—no one has a right to object.

Sixth—Surely you are joking. If not you probably know my answer.

Seventh—Ask your doctor.

ROSALIND.

Dear Miss Rosalind—I have been reading letters that have been answered by you, and take a lot of interest in them and I am sure that any girl that takes your advice will be alright. I am 22 and have never fallen in love with any young man, I do not believe in love at first sight. I am not keeping company with anyone now, and never will until I find a young man that is true. Am not very well, and cannot enjoy life very much, do you think I should marry or not? I am not happy this way—I lovce home, if I had one of my very own. Hoping to see this in print when its turn comes.

CURLY HEAD.

It is a mighty serious question you ask, Curly Head—and one I cannot answer—because I do not know how ill you are. But surely in this world of wonderful doctors and miraculous cures—you should be advised of your recovery—given a chance anyway. I send on your letter and hope its answer may bring comfort and cheer to you. Do you read much? Write to me again and tell me more about yourself.

ROSALIND.

TO REMOVE BAD COLD MEDICINE NOT NECESSARY

THE BALSAMIC VAPOR OF "CATARRHOZONE" WHEN INHALED QUICKLY DISPELS COLDS.

Every breath you draw through Catarrhozone Inhalers fills the whole breathing aparatus with pure piney essences that stop colds at their very beginning. You experience a pleasant sensation of relief at once. Soreness, congestion, and irritation leaves the nose and throat,—the head is cleared, and every trace of cold and Catarrh dissappears. Catarrhozone is so sure, so pleasant, such a safe remedy for winter ills that you can't afford to do without it. Get the dollar outfit, it lasts two months; small size 50c; trial size 25c at all dealers or the Cattarrhozone Co., Montreal.

CANADIAN TRADE WILL NOW BE PROMOTED

CHAMBER OF COMMERCE WILL BE FORMED IN LONDON.

British and Canadian business men have decided to form a Canadian Chamber of Commerce in London with the object of increasing trade with Canada. F. C. Wade, agent-General for British Columbia, who presided at a meeting of business men held recently, said the great question to be determined was whether Canada was to remain a British country or to be lost to Great Britain, owing to the influence of United States money.

"Rheumatism Routers" relieve rheumatics.

During the last fiscal year the imports entered at the ports of Nova Scotia for consumption in that Province and other parts of Canada had a value of $27,863,220; at the ports of New Brunswick, $22,327,177, and at the ports of Prince Edward Island, $917,857, making a total importation for home consumption through the ports of the Maritime Provinces of $51,108,254.

Worms are encouraged by morbid conditions of the stomach and bowels and so subsist. Miller's Worm Powders will alter these conditions almost immediately and will sweep the worms away. No destructive parasite can live in contact with the medicine, which is not only a worm destroyer, but a health-giving medicine most beneficial to the young constitution.

Minard's Liniment Relieves Neuralgia

Simplified spelling has been abolished in the United States navy.

Minard's Liniment For Burns, Etc.

The three Maritime Provinces have an area of 51,597 square miles, being equal to one-fourth the area of France.

A Household Medicine.—They that are acquainted with the sterling properties of Dr. Thomas' Eclectric Oil in the treatment of many ailments would not be without it in the house. It is truly a household medicine and as it is effective in dealing with many ordinary complaints it is an inexpensive medicine. So, keep it at hand, as the call for it may come most unexpectedly.

CANADA'S WAR COST DURING YEAR 1921-2

Canada will have to provide for interest and expenditure resulting from the war during the fiscal year of 1921-22 as follows:

Interest	$140,612,163
Pensions	31,816,923
Soldiers' Land-Settlemet	35,017,000
Soldiers' Civil Re-establishment	19,310,000
Totals	$226,757,087

Asthma Doesn't Wear Off Alone. Do not make the mistake of waiting for asthma to wear away by itself. While you are waiting the disease is surely gathering a stronger foothold and you live in danger of stronger and yet stronger attacks. Dr. J. D. Kellogg's Asthma Remedy taken early, will prevent incipient condition from becoming chronic and saves hours of suffering.

LADIES REMOVE THEIR CORNS IN A VERY SIMPLE WAY

No pain, no trouble, costs only a quarter. It is a very simple thing to paint on a small application of good old "Putnam's" night and morning. To remove corns, to get entirely free from them, use Putnam's Corn and Wart Extractor. It is guaranteed. 25c at all dealers. Refuse a substitute.