

BITS OF HUMOR FROM HERE & THERE



No Chances. Sandy McTavish—"Why, when I was a young man it was nothing for a youngster to get a job in London in some hotel, and it wasn't long before he owned the whole place."

In Haste. At an amateur musical entertainment given in an Ohio town the host was nervous and inexperienced. He arose hurriedly at the conclusion of one song.

An Unjust Teacher. It was the infant-class's alphabet lesson, and the teacher had progressed as far as the letter "B," when she noticed that one little girl was obviously "wool-gathering."

Too Bad of Him. The mother of the young husband went to the bridal nest, and found her daughter-in-law in tears. "My child," she gasped, "what is the matter? Has anything happened to George?"

The danger of blood pressure lies in the weakening of the arteries, due mostly to age.

MUCH ILL HEALTH DUE TO BAD BLOOD

If the Blood is Kept Rich and Red You Will Enjoy Health.

More disturbances to health is caused by weak, watery blood than most people have any idea of. When your blood is impoverished, the nerves suffer from lack of nourishment and you may be troubled with insomnia, neuritis, neuralgia or sciatica.

During school hours, well-ventilated class rooms must be provided, with intervals for deep breathing in the open air allowed regularly during the school day. A scheme of physical culture graded to suit school children of every age should also be made compulsory.

At home the welfare of the children should be fostered by medical inspection of the houses for poor sanitation, ventilation, overcrowding, dampness, insufficient sunlight and any objectionable features that would tend to develop tuberculosis in the young.

HEALTH EDUCATION

BY DR. J. J. MIDDLETON Provincial Board of Health, Ontario

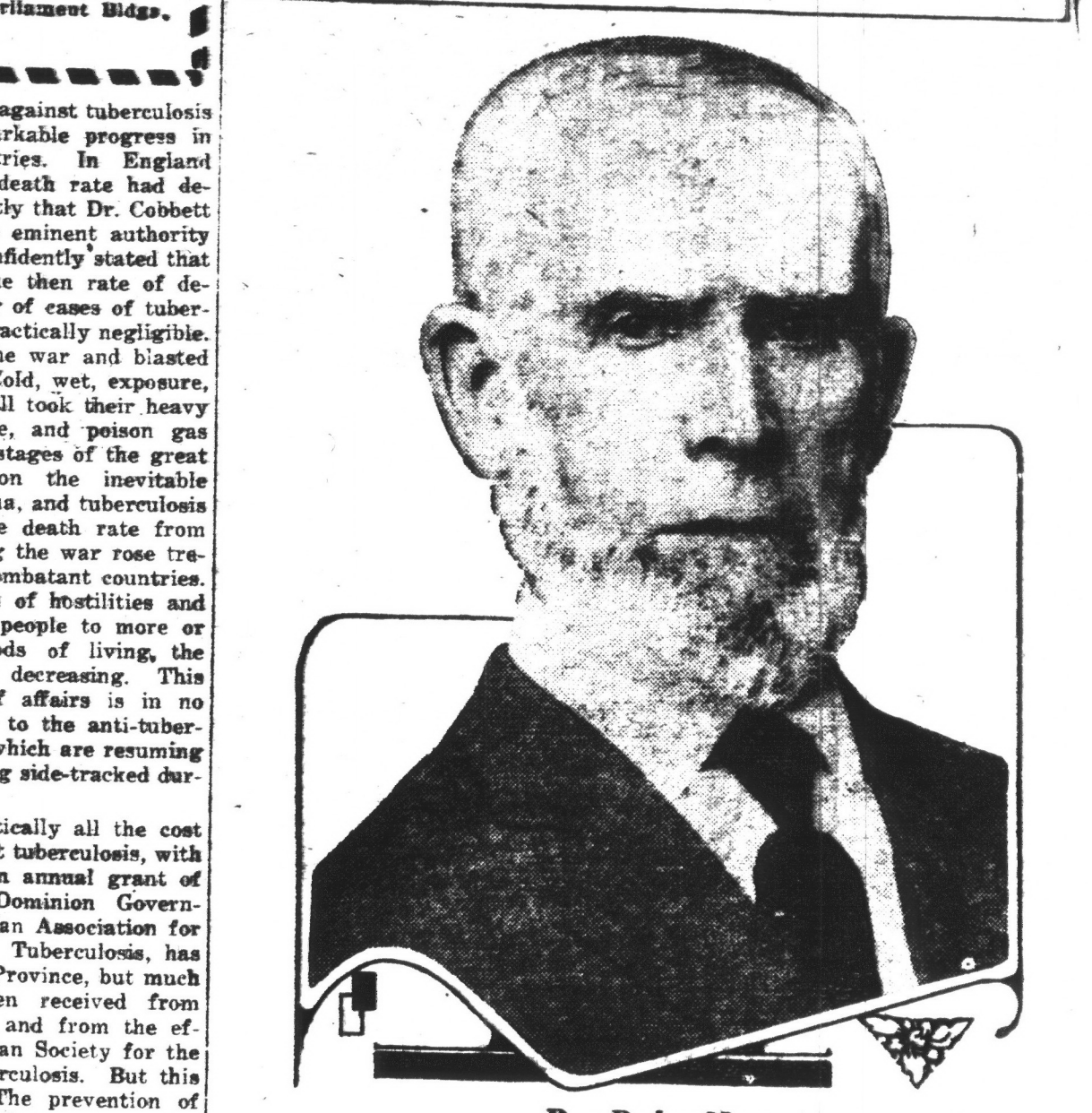
Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at the Parliament Bldg., Toronto.

The fight against tuberculosis is being won. It is now necessary for everyone, whatever his walk in life, to co-operate with the health authorities in their efforts to destroy completely this terrible scourge.

Every chance must be given to children to escape the disease by keeping the milk supply absolutely free from tuberculous germs, and pasteurization—that is, subjecting the milk to a temperature of 65 or 70 deg. C. for five minutes—should be resorted to in every instance where there is the slightest possibility of contamination of the milk supply.

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Quaker Minister Is Grateful to Tanlac



Rev. Parker Moon

Nearly everybody in Southwest Missouri, U.S.A., either knows or has heard of the Rev. Parker Moon, who for a full half century has devoted his life and talents to Sunday school and Friends or Quakers.

Your Height. Whenever a number of persons are gathered together and have enjoyed a good dinner, one is almost sure to remark: "Isn't it extraordinary that a man weighs no more after eating a heavy meal than he did before?"

THE BEST MEDICINE FOR LITTLE ONES. Thousands of mothers state positively that Baby's Own Tablets are the best medicine they know of for little ones.

With the Boy Scouts. Grimsby Boy Scouts recently had their funds augmented to the extent of \$535 through the action of the Village of Grimsby and Township of North Grimsby Councils which made grants to them of \$250 and \$50 respectively.

MONEY ORDERS. Dominion Express Money Orders are on sale in five thousand offices throughout Canada.

Canada has the largest combination elevator in the world, at Port Arthur, Ont., with a capacity of 10,000,000 bushels. It was built by the Canadian Northern Railway, and now belongs to the Canadian National Railway.

Deaths and marriages in England and Wales during 1920 were the highest ever recorded. The number of deaths was the lowest since 1862, when the population was only about 20,000,000.

Warning! Take no chances with substitutes for genuine "Bayer" Tablets of Aspirin! Unless you see the name "Bayer" on package or on tablets you are not getting Aspirin at all.

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Teaching Future Farmers

With agriculture the first industry of Canada and likely to remain so, the farmer is a factor of paramount importance in the Dominion's national life, and the better farmer he is, the greater the benefit to the country.

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ing the child his own plot of soil to cultivate or his own calf or lamb to raise, playing upon the natural instinct of love in possession, and the inherent desire of creating. To further encourage the young idea, special classes are arranged for at provincial exhibitions, at which the youngsters can exhibit the grain and cattle for whose production and growth they are responsible.

But the most valuable feature of this system of education who is present at one of these exhibitions and senses the animation which pervades the atmosphere of the judging events.

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Advertisement for INSTANT POSTUM, A Better Table Drink. Made instantly in the cup by adding hot water. Sold by grocers everywhere!

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With the Boy Scouts

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Toronto Scouts are holding their first annual bicycle road race for the "Ratepayer Cup" and prizes on Victoria Day.

A Brockville merchant offers a very desirable piece of Boy Scout equipment for each of the first twenty boys of the 1st Brockville Troop to qualify as First Class Scouts.

Sudbury Scouts have entered a strong team in the local Junior Football League and are expecting to make a good showing when the playing season commences.

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Advertisement for MINARD'S "KING OF PAIN" LINIMENT. YARMOUTH, N.S. Fishermen and Campers, Quick Relief. PUT A BOTTLE IN YOUR OUTFIT.

Advertisement for ASPIRIN. Only "Bayer" is Genuine. BAYER logo.

Advertisement for Mrs. Lillian Taylor Tells How Cuticura Healed Her Baby. "Our baby was two weeks old when his face became very red and terribly itchy, and he was fairly crazy rubbing and scratching till the skin broke and bled."

Advertisement for American's Pioneer Dog Remedies. Book on DOG DISEASES and How to Feed Mailed Free to any Address by the Author.

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