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AUTO REPAIR PARTS

Boy Scout Notes

Sudbury Scouts are playing a fast team in this year's Junior Football League.

Grimsby and New Toronto Scouts have recently been the recipients of grants from their municipal councils.

Brockville Scouts have something more than the very desirable badge awaiting them when they become First Class Scouts.

Toronto Scouts held an eight mile bicycle road race on Victoria Day for a cup and prizes donated by the "Ratepayer" - a weekly newspaper circulating in the Beaches District.

Under the heading "A Boost for the Boy Scouts," Toronto's big weekly paper, "Saturday Night," said the following in a recent issue:

HEALTH EDUCATION BY DR. J. J. MIDDLETON

If there is one feature of life in rural districts that for importance outweighs everything else from a public health point of view, it is maintaining a pure water supply.

A recent example of this kind occurred in Buffalo where a remarkably large number of cases of typhoid were reported. The water supply of Buffalo was examined chemically and bacteriologically, and declared free from typhoid contamination.

Ready to Eat and Every Bit Eatable Grape-Nuts

A WOMAN'S HEALTH NEEDS GREAT CARE

Every woman's health is dependent upon the condition of her blood. How many women suffer with headache, pain in the back, poor appetite, weak digestion, a constant feeling of weariness, palpitation of the heart, shortness of breath, pallor and nervousness?

Campers and Forest Protection

Holiday time is approaching and already some people are getting their tents and canoes and tackle ready for a trip in the woods.

The loss of population in France due to the war has been estimated at 4,000,000.

HEALTH EDUCATION BY DR. J. J. MIDDLETON

Dr. Middleton will be glad to answer questions on Public Health matters through this column.

with typhoid, evidently from one or two flush closets that were in the immediate neighborhood. The Provincial Board of Health forthwith had the offending well closed, and no further cases have occurred.

As a further preventive measure it is wise for everybody to boil their drinking water if obtained from wells during the Fall months of the year.

WHEN THE BLOOD BECOMES WATERY a Breakdown Follows

Every woman's health is dependent upon the condition of her blood. How many women suffer with headache, pain in the back, poor appetite, weak digestion, a constant feeling of weariness, palpitation of the heart, shortness of breath, pallor and nervousness?

Hills of Home

After long days when I come Once more from far roving home, While I watch with eager eyes Old loved landmarks, friendly-wise Sudden bursting into view Sharp etched on the skies' clean blue, Lo, the hills of home arise.

Always round the curve they lie Waiting hid as I draw nigh, Till I pass the angled bend, And the last long slope ascend, And the shortening road runs straight There to welcome me they wait— Hills of home, and journey's end.

Hoof beats quickening on the trail— Grind of train wheels on the rail— Motor swerving sharp and sheer— Steamboat reaching for the pier— Curve or headland, break or bend I must pass, and at the end Stand the home hills, clean and clear.

Thus, when fate my spirit brings To the ordained end of things, I shall come as now I come, Through far spaces wearisome, Through the shrouding veils that lie 'Twixt time and eternity; Till they blaze against the sky Gold and jade—the hills of home.

A War Mystery Solved

The mystery about the "Big Bertha" which shelled Paris from a distance of 75 miles during the war, has been solved. The Allied officers who have been trying to find out why guns of the supposed dimensions were not surrendered by the Germans under the treaty, and why they could find no trace of them anywhere in the war area, have at last discovered that the "super-gun" never existed.

Migratory Birds

An amendment to the Migratory Birds Convention Act increases the penalty for violation of the act from \$100 to \$300. Section 12 now reads as follows: "Every person who violates any provision of this Act or any regulation shall, for each offence, be liable upon summary conviction, to a fine of not more than three hundred dollars and not less than ten dollars, or to imprisonment for a term not exceeding six months, or to both fine and imprisonment."

BITS OF HUMOR FROM HERE & THERE

Nothing New. Irate Visitor—"Mr. Editor, I've been told that you have printed in your sheet that I am the greatest swindler the world has ever known?" "No, sir! Not in my paper. It contains only the latest news."

Housing Problem. The Policeman—"You folks can't stay in the park all night. You'll have to go home." Mr. Doubtless—"But it's not our turn, officer. We share our flat with another family and they occupy it tonight."

Cork to Cork. Three men were travelling in a train in Ireland en route for Cork. The train was very late, and to make matters worse it was held up frequently between the stations.

He Knew How to Do It. A lady took her four-year-old girl to a photographer. The child couldn't be made to keep still. He of the camera was as suave as he could be, and worked every device of gentle persuasion to make the little wriggler sit without moving.

WHEN BABY IS SICK When the baby is sick—when he is cross and peevish;—cries a great deal and is a constant worry to the mother—she needs Baby's Own Tablets.

Canadian Trees for British Forests. The demand for timber during the war aroused interest in Great Britain in the subject of forestry. It was seen that even in the thickly populated Motherland there were very considerable areas which would give a greater return in growing trees than if handed in any other way.

Good Pasture. Smithson called one day on an old school friend, and was shown into a room where his chum's sister was busy arranging some dried grass she had collected.

ASPIRIN "Bayer" is only Genuine

Warning! It's criminal to take a chance on any substitute for genuine "Bayer Tablets of Aspirin," prescribed by physicians for twenty-one years and proved safe by millions.

MONEY ORDERS. Remit by Dominion Express Money Order. If lost or stolen you get your money back.

China make pineapple cloth from the leaf fibres of the plant, extracted by hand labor, obtaining about a pound of fibre from each 100 pounds of leaves.

Besides a salary of \$45,000 a year, the President of the United States has traveling expenses and the upkeep of White House paid for him.

Minard's Liniment for Dandruff.

Prominent Western Man Praises Tanlac



G. W. Logan, Peabody, Kansas, U.S.A.

"Tanlac has completely restored my health and I feel finer than in years," was the straightforward statement made recently by Mr. George W. Logan, of Peabody, Kansas, U.S.A., one of the most prominent stock-dealers in the Middle West.

Nothing seemed to agree with me. At times I would have dizzy spells and at other times my back would ache so bad that I could hardly get up and down in my chair.

When I began taking Tanlac I was in an awfully run-down condition. I was away off in weight, felt weak and nervous all of the time and couldn't take any interest in my work or anything else.

Walk With Your Feet Parallel, Advises Doctor. Mothers who train their children to walk with toes pointing outward and counsel their little girls never to wear high heels when they grow up have been told they were all wrong by Dr. W. H. Hethcote, orthopedic surgeon, in an address at the Institute of Hygiene, in London.

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Lifelong Health Conditions Noted in One Certificate

A very comprehensive form of health certificate is proposed for use in Germany. If adopted, it would form a record of the health of each individual at any stage of life, and at death would furnish a complete history of that individual's whole physical life.

At the Yarmouth Y.M.C.A. Boys' Camp, held at Tuskett Falls in August, I found MINARD'S LINIMENT most beneficial for sunburn, an immediate relief for colic and toothache.

ALFRED STOKES, General Sec'y.

America's Pioneer Dog Remedies Book on DOG DISEASES

ASPIRIN "Bayer" is only Genuine

For Hair And Skin Health Cuticura Is Supreme

The majority of skin and scalp troubles might be prevented by using Cuticura Soap exclusively for all toilet purposes.