OVE CANADA'S RTHER PARLEYS

, it is considered certain, will he Mother Country in op- excessive allowance of sub- nnage. Canada's position on ion is understood to be that e advantageous to the world an could be reached of dis- ogether of the U-boat meth- fare.

Far Eastern section of the Canada's voice will be ugh no indication has been o details of policy. It is ed that the Dominion has ts in the Far East distinct rest of the Empire—apart, m Canada's position on the nese Alliance, which is not some of the sister domin- s not considered likely at that the question of immi- ll be brought before the but if it is, Canada of be one of the vitally inter- ns.

iversity Spirit.

no use betting on a uni- n. University boys always ," said a more or less pro- portsman" apropos of the s played at the University stadium. This man has nto the spirit which is pro- niversity athletics. Uni- play hard, are glad to d losers, if they lose, and resort to "shady" tricks. ined to be above that sort Not the winning of the rily, but good, clean sport tive. And what a valu- hat spirit is to an indi- e people of Ontario are eir provincial university, ent teaching, of its suc- arch, of its widespread rvice, and they do not t that university, young en are being trained to the highest order, un- d above suspicion, honest and that the training eneral athletics is help- e that type of citizen.

n Paid for Hail Losses

from Regina says:— s of a million dollars in e been distributed by Hail Insurance Associa- ayment of Saskatoon enced five days ago.

ort

s, 23 to 32c; turkeys, se, 25 to 27c. 23 to 25c. storage, 45 to 46c; se 51 to 52c; new laid o 88c; new laid, in car-

hand-picked, bushel., mes $3.50 to $3.75. ct.—Syrup, per imp. T. 5 imp. gals., $2.35; b., 19 to 22c. 0-lb. tins, 14½ to 15c lb. tins, 16 to 17c per omb honey, per doz.,

teers, $6 to $7; butcher 6 to $6.50; do, good, $5 $4 to $4.50; do, com., butcher heifers, choice, tcher cows, choice, $4 ed., $3 to $4; canners .50 to $2.50; butcher 0 to $4; do, com., $2.50 s, good, 900 lbs., $5 to $4.50 to $5; stocke 50; do fair, $3 to 0 $80; springers, $ choice, $10 to $11; do, ; do, com., $3 to $ 50 to $9; do, com., choice, $4 to $4.50; to $4; do, heavy and hogs, fed and watered, $9.50; do, f.o.b., $8.50; ts, $8.25.

lontreal

st. No. 2, 56½ to 57c; to 56c. Flour, Man. ts., firsts, $7.40. Roll- lbs., $2.80 to $2.95. horts, $24.25. Hay, ar lots, $27 to $28. Easterns, 17½ to 18c. creamery, 40 to 41c. 50 to 52c. 5; poor, $2 to $3.50; ood veal calves, $10; $7 to $8; grassers, ets, $9.35.

WOULD NOT BE WITHOUT BABY'S OWN TABLETS

Mrs. W. Beesley, Mille Roche, Ont., writes: "I have used Baby's Own Tablets for the past eight months and would not be without them. I used them for indigestion and teething and my baby is cutting his teeth without any trouble whatever. I can highly recommend the Tablets to other mothers." What Mrs. Beesley says thousands of other mothers say. The Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach, thus driving out constipation and indigestion and making teething easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Black Rain.

While showers of tiny frogs and even fishes are not unknown, how many people are aware that at various times the old country has experienced such peculiarities as "black rain," "blood rain," and "milk rain?"

These are caused by such impurities as soot, plant-pollen, finely-divided sulphur, and sand. In 1903 there was a downfall of "blood rain" in England, and this, on examination, was shown to have been impregnated with mineral substances carried by air-drifts from the Sahara.

The fine dust discharged in volcanic eruptions has been known to remain in suspension in the air for several years.

Such phenomena as "frog showers" and "fish showers" are due to strong ascending air currents, such as local whirlwinds, which carry these light objects away from the ground and transport them through the atmosphere until the force of gravity brings them to earth.

Smallest Increase.

While Scotland now has more residents than ever before, the increase in the last ten years was the smallest ever recorded in a similar period.

The best cure for the body is to quiet the mind.

Minard's Liniment for Distemper.

Those Cheery Chairmen.

The other evening Mr. Stephen Leacock, the world-famous humorist, of Montreal, told some of his experiences with certain chairmen he had met at his lectures.

One of them, in introducing him, said those present knew the first series of lectures was a complete failure, so they were trying a new experiment—they were seeing what they could do with cheaper talent!

"Here's one that happened in Toronto," continued Mr. Leacock:

"I was to speak in Toronto for the second time. I was invited to come back. That practically never happens to me—sometimes they dare me to come back. I felt awfully elated. But I was afraid I should say some things the second time I had said the first time. I mentioned it to the chairman, but the latter replied: "I don't think you need be afraid of that, because the people who heard you before won't be here to-night."

Mr. Leacock also mentioned a chairman with a very bad memory, who, in introducing him to the audience, said:

"I can assure Mr.—er—I can assure Mr.—er—the lecturer— er—of the evening, that his name has been a household word for years."

You're Constipated! Take "Cascarets" for Liver, Bowels

Sick headache, biliousness, coated tongue, or sour, gassy stomach—always trace this to torpid liver and delayed fermenting food in the bowels. Cascarets work while you sleep. They immediately cleanse the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry out all the constipated waste matter and poisons in the bowels. Get a 10-cent box now and let "Cascarets" straighten you out by morning.

The best education in the world is that got by struggling to get a living. What is defeat? Nothing but the first step to something better.—Wendell Phillips.

The weight of the human brain is said to double in the first nine months of life and treble before the end of the third year.

Surnames and Their Origin

O'DOWD

Variations—Dowd, Dowde, O'Dowda, Doody.
Racial Origin—Irish.
Source—A given name.

The family name of O'Dowd and its variations are but Anglicized developments of the Irish clan name of "O'Dudhda," and such names as Hetherington, De 'eauharnais or Van Rensselaer "have nothing on it" from the viewpoint either of antiquity or importance in the dim ages of the past.

At best the use of these others as hereditary family names can go back to but about the eleventh century. Five hundred years before this the chieftain of the Clan O'Dowd stood high in the councils of the Irish kings and high-kings.

It was about the year 650 A.D. that the organization of the clan took place under the leadership of the chieftain "Dubhda," whose given name had a meaning not dissimilar to "Donald." That is, it meant "dark complexioned."

The O'Dowds were one of the numerous clans which were in the first place septs or divisions of the still more ancient clan of the O'Connors, which together with the O'Neills furnished a very large number of the succession of "High-Kings" who ruled the ancient Irish civilization from about 1700 B.C. until it finally went to pieces under the terrific and persistent onslaughts of the Anglo-Normans.

LAMB

Variations—Lambden, Lamson, Lampkyn, Lambert, Lambertson.
Racial Origin—English.
Source—A given name.

How did such a family name as Lamb come into being?

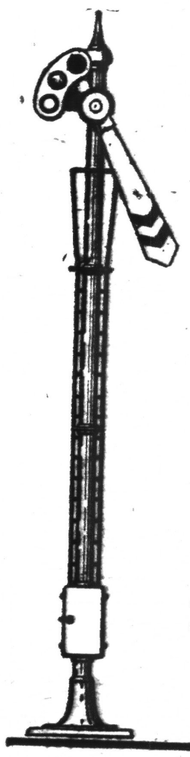
Through the resemblance of a man to a sheep? Possibly, in some instances. Through the inn or shop sign, as "At the Sign of the Lamb?" Yes, in a great number of instances.

But for by far the most part the family names in this group were formed with no idea of any zoological connection, but were based in regular fashion upon a given name, and in the first cases were significant of parentage.

Lambert was this name. It was the name borne by the patron saint of Liege, and was brought into England from Flanders, for all through the Middle Ages trade and communication between these countries was close.

Though to-day Lambert is more frequently met with as a family name than a given name, and in many instances it is given to children to-day because it is a surname borne by some branch of the family, it is truly a given name. It is Teutonic, but not of the pre-Christian era, for its meaning is "lamb-bright" or "fair lamb," clearly not the type of name to be chosen by the war-loving pagan Teutons.

The Block Signals Are Working—



In some respects, human experience is like railroading.

Every moment of the business and social day the block signals are giving right of way to keenness and alertness—while the slow and the heavy must wait on the sidetrack for their chance to move forward.

The ability to "go through" and to "get there" depends much on the poise of body, brain and nerves that comes with correct diet and proper nourishment.

That's why so many choose Grape-Nuts for breakfast and lunch. Served with cream or milk it is completely nourishing, partly pre-digested, and it supplies the vital mineral salts so necessary to full nutrition.

Grape-Nuts has a rich, delightful flavor, is ready to serve on the instant—and is distinctly the food for mental and physical alertness and speed. At all grocers.

"There's a Reason" for Grape-Nuts

Don't Run Auto Engine in Closed Garage.

During the approaching winter quite a good many people will be poisoned to death by exhaust from their own automobiles. They will run the engines in the garage, with door and windows closed, and before they know it, will be overcome by the deadly carbon monoxide.

If accidents of this kind are to be avoided motorists should see that the garage is well ventilated before permitting an engine to run for any length of time.

This advice is urgently offered by the United States Public Health Service, which has been making a special study of the subject, with experiments on human beings, dogs and other animals. To make the tests as practical as possible, a building about the size of an average private garage was erected—10 by 10 by 20 feet—and the engine of a small car was set going inside of it.

It was found that the engine discharged approximately twenty-five cubic feet of exhaust gas per minute, and that 6 per cent. of it was carbon monoxide.

The "hemoglobin," or red coloring matter of the blood, contains iron, and owes to that metal its power to take up oxygen from the air breathed into the lungs. There is enough hemoglobin in the body of an average man to hold thirteen pints of oxygen. But every molecule of carbon monoxide taken into the lungs and absorbed by the blood replaces a molecule of oxygen.

Hemoglobin attracts carbon monoxide 300 times as strongly as it does oxygen. Thus the poison gas, when breathed, rapidly crowds the oxygen out of the blood, and in a remarkably short time the victim is overcome.

Experiments made by the U.S. Public Health Service showed that three parts of the gas in 10,000 of air produced no perceptible effect. Six parts caused discomfort. Nine parts induced headache and nausea. Fifteen parts or more meant danger of death.

If a car, while "warming up," should give off only one cubic foot of carbon monoxide in a closed room of the size above mentioned, the atmosphere would become dangerous to life in three minutes.

When a person is overcome by carbon monoxide, don't send for a pulmotor. Get him into the open air. Fresh air and lots of it is what he needs. If he is not too far gone the oxygen he takes into his lungs will drive out the poison gas in an hour or two.

Mother! Move Child's Bowels With California Fig Syrup

Hurry mother! Even a sick child loves the "fruity" taste of "California Fig Syrup" and it never fails to open the bowels. A teaspoonful to-day may prevent a sick child to-morrow. If constipated, bilious, feverish, fretful, has cold, colic, or if stomach is sour, tongue coated, breath bad, remember a good cleansing of the little bowels is often all that is necessary.

Ask your druggist for genuine "California Fig Syrup" which has directions for babies and children of all ages printed on bottle. Mother! You must say "California" or you may get an imitation fig syrup.

Carnegie's First Million.

Here is a story that has never been told in print. It tells how Andrew Carnegie made his first million dollars.

He was the first ironmaster to hire a chemist. We all know how much chemistry has had to do with the development of steels, but at that period, when the shrewd Scotchman was young, possibilities in that direction had not begun to be realized.

In Europe there was introduced the so-called "Thomas basic process," which made possible the use of high-phosphorus iron. Previously iron that contained much phosphorus was not available for making steel because the product was brittle.

The process in question overcame the difficulty. Carnegie, through his chemist, got news of it, and he lost no time in securing exclusive rights to its use in the United States.

At that time deposits of the Lake Superior region had not been discovered and the States was getting most of its iron ores from Pennsylvania and New Jersey. Carnegie saw that the new process would make available the iron beds of the Appalachians, where the ores are high in phosphorus, and he secured options on all the best of them. Soon afterwards he sold these options at a clear profit of $1,000,000.

It was simply a matter of being one jump ahead of everybody else, and Carnegie was able to accomplish this through his wisdom in hiring a chemist.

Oyster is Strong.

The oyster ranks as one of the ten strongest things to be found on earth. When this dainty shell-fish is in its prime a force of nine hundred times its own weight is necessary to force open its shell.

Electric Tannery.

Using electric tanning machines, what is claimed to be the largest and most up-to-date tannery in South America, has been put in operation in Brazil.

Ages of Birds.

While a goose may live thirty years, a sparrow twenty-five, and a crow as many as one hundred, ducks, poultry and turkeys die of old age at twelve years.

KEEP HEALTHY DURING WINTER

Colds and Diseases May be Avoided if the Blood is Kept Pure.

Do not let your blood get thin this winter. For people who have a tendency towards anaemia, or bloodlessness, winter is a trying season. Lack of exercise and fresh air, and the more restricted diet, are among the many things that combine to lower the tone of the body and deplete the blood.

As soon as you notice the tired feeling, lack of appetite and shortness of breath that are warning symptoms of thin blood, take a short course of treatment with Dr. Williams' Pink Pills. Do not wait until the color has entirely left your cheeks, until your lips are white and your eyes dull. It is so much easier to correct thinning of the blood in the earlier stages than later. This is well illustrated in the case of Mrs. E. Williams, Elk Lake, Ont., who says: "I take great pleasure in letting you know the benefit I have found in the use of Dr. Williams' Pink Pills. I was in an anaemic condition, and was very weak and run down. The least exertion would leave me breathless and it was with difficulty that I did household work. I was advised to try Dr. Williams' Pink Pills, and after the use of four boxes I felt like a new person. In fact my system seemed filled with new energy and new life. I strongly recommend this medicine to all who feel weak or run down."

The purpose of Dr. Williams' Pink Pills is to build up the blood. They do this one thing and they do it well. They are for this reason an invaluable remedy in diseases arising from bad or deficient blood, as rheumatism, neuralgia, after-effects of the grip or fevers. The pills are guaranteed to be free from opiates or any harmful drug and cannot injure the most delicate system.

You can procure Dr. Williams' Pink Pills through any dealer in medicine, or they will be sent you by mail at 50 cents a box or six boxes for $2.50 by writing direct to The Dr. Williams' Medicine Co., Brockville, Ont.

Silver Burnishing.

Silverware can be burnished by a machine invented by a Swiss in much less than the time required for hand work by expert workers.

If a man empties his purse into his head no man can take it from him. An investment in knowledge always pays the best interest.—Franklin.

Halifax, N. S.

Minard's Liniment Co., Ltd.,

Gentlemen—I have used Minard's Liniment and have found it a good remedy. After the explosion I was pretty well shaken up, having quite a number of bruises and cuts, but thanks to Minard's Liniment I am my old self again. It healed the sores and bruises and gave me much relief. It is true to its name as the King of Pain, for it stopped the pain almost at once. I first noticed the ad. in the Montreal Standard and decided to invest in a bottle, for which I am not sorry, but can say with truth that I am thankful for it having done all it claimed to do, and in my case much more, and a satisfied customer is the best ad. one can possibly find. That is my view of it and I think you will agree with me too. Yours very truly,

(Signed) ALFRED BLAIN,
184 Agricola St., Halifax, N.S.

COARSE SALT
LAND SALT
Bulk Carlots
TORONTO SALT WORKS
C. J. CLIFF - TORONTO

America's Pioneer Dog Remedies
Book on
DOG DISEASES
and How to Feed
Mailed Free to any Address by the Author.
H. Clay Glover Co., Inc.
118 West 31st Street
New York, U.S.A.

BITS OF HUMOR FROM HERE & THERE

Poor Daddy!

A tiny maid, held up to hear her father's voice on the telephone, burst into tears.

"Why are you crying?" asked her mother.

"Oh, mamma," sobbed the child, "how ever can we get daddy out of that little hole?"

His Punishment.

"Doctor," said Johnny, half out of breath from running, "come up to our house, quick."

"Who's sick there?" asked the doctor.

"Everybody but me. I was naughty, so they wouldn't give me any of the nice mushrooms pa picked in the woods."

For Personal Use Only.

A small boy who was sitting next to a very haughty woman in a crowded car, kept sniffling in a most annoying way until the woman could stand it no longer.

"Boy, have you got a handkerchief?" she demanded.

The small boy looked at her for a few seconds and then, in a dignified tone, came the answer:

"Yes, I 'ave, but I don't lend it to strangers."

A Belated Insult.

Manuel a colored fellow with a record previously clean, was arraigned before the justice of the peace for assault and battery.

"Why did you beat that man up?" questioned the squire.

"He called me a rhinoceros, sah."

"A rhinoceros? When did this occur?"

"'Bout three years ago, jedge."

"Three years ago! Then why did you wait so long to resent it?"

"Jedge, I ain't never seen no rhinoceros till dis mawnin'."

MONEY ORDERS.

When ordering goods by mail send a Dominion Express Money Order.

Unemployment is one of the greatest factors in bringing about diseases of the mind.

MOTHER SEIGEL'S SYRUP
is excellent for indigestion because it assists stomach and liver to do their work naturally and efficiently. With the organs in perfect working order—indigestion is impossible. Try it today
FOR INDIGESTION
Mother Seigel's Syrup is sold in 50c. and $1.00 bottles.

DID PAIN DISTURB YOUR SLEEP?

THE pain and torture of rheumatism can be quickly relieved by an application of Sloan's Liniment. It brings warmth, ease and comfort and lets you sleep soundly.

Always have a bottle *handy* and apply when you feel the first twinge.

It penetrates without rubbing.

It's splendid to take the pain out of tired, aching muscles, sprains and strains, stiff joints, and lame backs.

For forty years pain's enemy. Ask your neighbor.

At all druggists—35c, 70c, $1.40.

Made in Canada.
Sloan's Liniment Pain's enemy

Genuine
BAYER
ASPIRIN

Never say "Aspirin" without saying "Bayer."

WARNING! Unless you see name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 21 years and proved safe by millions for

Colds	Headache	Rheumatism
Toothache	Neuralgia	Neuritis
Earache	Lumbago	Pain, Pain

Handy tin boxes of 12 tablets—Bottles of 24 and 100—All Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Com; any will be stamped with their general trade mark, the "Bayer Cross."

WONDERFUL GAIN IN WEIGHT REPORTED

YOUNG WOMAN WEIGHED ONLY 75 POUNDS.

She Now Weighs Over One Hundred and Is Improving Every Day.

"Before I began taking Tanlac I only weighed 76 pounds. I now weigh over one hundred and am gaining every day," said Miss LaRue Davis, of Chattanooga, Tenn.

"I bought my first bottle of Tanlac at Gas City, Ind., and it helped me so much that I continued using it. I have always been very delicate and suffered a great deal from stomach trouble and rheumatism. I rarely ever had any appetite and simply could not relish anything. I fell off until I only weighed 76 pounds and was so thin I looked perfectly awful. This is the condition I was in when I began taking Tanlac.

"Oh, I feel so different now. Even my complexion is improved. My appetite is good and I can hardly get enough to eat. Tanlac is simply grand, and I can truthfully say it is the only medicine that has ever done me any good."

Tanlac is sold by leading druggists everywhere. Adv.

Building Joint Railroad.

Brazil and Paraguay are planning to build a railroad linking those countries and giving the latter an outlet to the Atlantic independent of Argentina.

Minard's Liniment for Garget in Cows.

Foot-binding, which resulted in women having feet so small as to be practically useless, has been discontinued in enlightened China.

Classified Advertisements.

PLAYER PIANO FOR SALE.

BELL PLAYER PIANO IN GOOD condition, with a large number of music rolls, for sale at a bargain. L. Costello, 73 West Adelaide Street, Toronto.

BELTING FOR SALE

ALL KINDS OF NEW AND USED belting, pulleys, saws, cable, hose, packing, etc., shipped subject to approval at lowest prices in Canada. YORK BELTING CO., 115 YORK, STREET, TORONTO.

HELP WANTED.

LADIES WANTED—TO DO PLAIN and light sewing at home, whole or spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

DANDERINE

Stops Hair Coming Out; Thickens, Beautifies.

35-cents buys a bottle of "Danderine" at any drug store. After one application you can not find a particle of dandruff or a falling hair. Besides, every hair shows new life, vigor, brightness, more color and abundance.

WOMEN OF MIDDLE AGE

May Pass the Critical Period Safely and Comfortably by Taking Lydia E. Pinkham's Vegetable Compound.

Regina, Sask.—"I was going through Change of Life and suffered for two years with headache, nervousness, sleepless nights and general weakness. Some days I felt tired and unfit to do my work. I gave Lydia E. Pinkham's Vegetable Compound a trial and found good results, and I also find it a very helpful Spring tonic and useful for constipation from which I suffer much. I have recommended Vegetable Compound to several friends, and am willing you should publish this."—Mrs. MARTHA W. LINDSAY, 810 Robinson St., Regina, Sask.

If you have warning symptoms such as a sense of suffocation, hot flashes, headaches, backache, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness, get a bottle of Lydia E. Pinkham's Vegetable Compound and begin taking the medicine at once. We know it will help you as it did Mrs. Lindsay.