

Paul preach and to...

his com-...journeys...

becomes to us a great...unselfish toil...

Application...experiences give point...

I have a duck which laid...she drooped around...

breeding ducks gaps...rough and lacking in...

And the molasses that...men, sleeping, but never...

should not endeavor to...under natural conditions...

HEALTH EDUCATION

BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario

Dr. Middleton will be glad to answer questions on Public Health matters through this column...

One of the commonest causes of death among young adults...

It is very important to notice that there is an increase in the prevalence of typhoid or enteric fever...

Since an increase in the number of cases of typhoid occur in the summer...

Remember to get vaccinated at the earliest possible moment...

Disease germs can be distributed in...

many ways. Sometimes a disease is communicable from one human being to another...

It is only by realizing how serious some of the diseases are...

Let us take a common disease—typhoid fever...

There may be sickness in the family, some one having fever and neglecting to call a doctor...

Another serious malady, typhus fever, may break out on account of personal uncleanness...

Mosquito nets should be provided in the mosquito season...

When infectious disease does break out in a house...

It is not through ill motives that people neglect to use these health safeguards...

Of course there are many ways that germs are transmitted...

Do you know what constitutes a strong constitution?

To have sound, healthy nerves, completely under control...

But an irritable disposition, frequent attacks of indigestion...

Probably you are not eating the proper food. Probably the nutritious elements are not being supplied to your system...

Grape-Nuts is the wholesome, delicious cereal that promotes normal digestion...

You can order Grape-Nuts at any and every hotel, restaurant, and lunch room...

Grape-Nuts—the Body Builder There's a Reason

the Board that the province will be kept as free as possible from all preventable outbreaks of disease...

How Codfish Are Tagged

The United States Fisheries Bureau is catching codfish and releasing them with numbered aluminum tags...

The North Atlantic Ocean is after all only a large pond. In places there are shallow called "banks"...

How much good this has done nobody knows. But it is manifest that in trying to help the preservation of any species of fish...

WHEN BABY IS ILL

When the baby is ill; when he cries a great deal and no amount of attention or petting makes him happy...

Few Centenarians. Of a thousand persons only one reaches the age of one hundred years...

MONEY ORDERS. When ordering goods by mail send a Dominion Express Money Order.

Perfect Confidence. Jones—“Heaven bless him! He showed confidence in me when the clouds were dark and threatening.”

Minard's Liniment Lumberman's Friend

Britain's Mystery Monument. The most perplexing monument in the world is the great circle of mighty stones which we call Stonehenge...

All we know is that the builders were early inhabitants of this country and that Stonehenge was a temple...

These early men were sun worshippers, and they laid out their temple so that at sunrise on Mid-summer Day...

The rising sun does not shine straight on the high altar on June 21st. We know the rate of the earth's wobble...

Wisps of Wisdom. Men are known by the company they keep away from.

You cannot build a reputation on the things you are going to do. If you have a minute to spare, don't worry a man who hasn't.

A POPULAR TONIC

One That Enriches the Blood and Strengthens the Nerves.

Proper food, fresh air and a good tonic will keep most people in good health.

In this condition Dr. Williams' Pink Pills are a popular tonic. They contain no habit-forming drugs...

You can get Dr. Williams' Pink Pills from any medicine dealer or by mail at 50 cents a box or six boxes for \$2.50...

What Boy Scouts Are Doing

Two thousand, two hundred Boy Scouts from thirty-five different Ontario towns and cities participated in this year's Provincial Scout Rally...

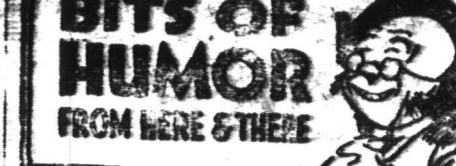
His Excellency Lord Byng, Canada's new Governor-General, has just been gazetted as the "Chief Scout for Canada"...

Reports of over one hundred Boy Scout camps held in different parts of the province during the past summer...

Hon. Manning Doherty, Minister of Agriculture, and Hon. Dr. A. S. Grant, Minister of Education...

The early Fall is the very best time of the year for the formation of new Boy Scout troops.

BITS OF HUMOR



Got His Wish. Mrs. Magun—“I came across one of your old letters to-day, George...”

The Boy Scored. The conjurer was producing eggs from a top-hat. He addressed a boy in the front row.

Why They Quarrelled. The lady of the house ushered the new cook into the dining room...

Pleased to Meet Her. A minister told the story of a strapping fellow who brought his demure young bride to the manse for matrimonial purposes.

A Serious Question. Little Douglas had been told that he must always wait patiently until he was served at meals...

Unhappiness is often an illness, a cure for which may be found in rest or a change.

Rural Route No. 1, Mascouche, Que. The Minard's Liniment People.

Minard's Liniment on a mare for a strained tendon, and am hoping for some results.

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FOREMAN WHITE IS BACK ON JOB

FEELS LIKE ENTIRELY DIFFERENT PERSON.

Had Suffered Complete Break-down—Tanlac Restored Health, He Says.

"I want to give a little history of my case just to let the public know what Tanlac has really done for me."

"Several years ago I suffered a complete breakdown and it was only when I got Tanlac that I recovered my health."

"Well, this finally got the best of me and I just had to go to bed and stay there for a number of days."

Sea-water contains certain ingredients, such as compounds of iodine, which make it useful as an internal medicine in certain illnesses.

Liverpool is now stated to be the softest place in England, Hull and Newcastle-on-Tyne being second and third.

Ask for Minard's and take no other.

Experience is always teaching, and those who are no better are those who think they know better.

Classified Advertisements.

REPRESENTATIVES WANTED TO sell Dresswell Hand Tailored clothes for Men.

WANTED—YOUNG LADIES OF good education to train as nurses.



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