



Partridge Island is the "Public Health watchdog" for St. John, N.B., and incidentally one of the watchdogs for Canada.

HEALTH EDUCATION BY DR. J. J. MIDDLETON

Dr. Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent, Toronto.

TOO LITTLE BLOOD

The Cause of Nearly All Every-Day Ailments of Life. Too little blood is what makes people look pale and feel languid.

Do You Murder English?

There are a few common errors of speech which a little watchfulness would cure. Even well-educated people are guilty of saying "for" for "law" and "me" for "new."

New Life

Be free from pain. Thousands of sufferers have been relieved of Rheumatism, Lumbago and Gout by New Life Remedy.

Blind Motor Driver.

For a blind man to drive a motor-car is a remarkable feat, but when the slightest driver is also without arms the performance becomes even more amazing.

Classified Advertisements

WANTED: PERSONS IN WHOLESALE... WANTED: A FARM IN ONTARIO... WANTED: A CASH PURCHASER...

BELTING FOR SALE

THE LARGEST BELT AND RUBBER HOSE, NEW AND USED, BELTING IN CANADA.

Practically all Central and South American Indians (such as use poisoned arrows) use the same poison—the dried juice of species of Strychnine.

Tree With Strange Flowers.

For many years scientists and explorers have been searching for a drug which was said to be used by the natives of South America to give them courage before going into battle.

Poisoned Arrows.

When moonlight falls on the water, it is like fingers touching the chords of a harp.

When Moonlight Falls.

Every mother knows how fatal the hot summer months are to small children. Cholera, infantum, diarrhoea, dysentery and stomach troubles are rife at this time.

KEEP CHILDREN WELL DURING HOT WEATHER

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Wigs of Wisdom.

How you use to-day determines how to-morrow will use you. Many a man thinks he is a shining light when he is only a flash in the pan.

Random Remarks.

The instinct of curiosity is really at the base of a great deal of our knowledge.—Professor R. Strong.

His Hearing Restored.

The invisible eardrum invented by A. O. Leonard, which is a miniature megaphone, fitting inside the ear entirely out of sight, is restoring the hearing of hundreds of people in New York city.

Envious.

Mrs. Brown was bathing her baby when a neighbor's little girl came into the room, carrying a doll.

No Use.

"Your Honor, must I be tried by a woman jury?" Judge—"Yes, be quiet."

How do you feel? Many people can't drink tea or coffee without punishment. If you are nervous and irritable—if you lie awake at night—if you are troubled with indigestion—try Instant Postum for ten days.

LANGUAGE OF THE HANDSHAKE

A doctor has advanced the rather startling theory that many disease germs are transmitted by handshaking. However this may be, there seems no doubt that physicians can often diagnose illness by a handshake.

Cerk is Cooked!

Cork is the bark of an evergreen tree which grows in Southern Europe. The bark is of great thickness and gets thicker every year.

Work thou for pleasure; paint or sing or carve

The thing thou lovest, though the body starve. Who works for glory misses oft the goal; Who works for money coins his very soul.

Some minds seem to be always growing...

Some minds seem to be always growing, always susceptible to new ideas. These minds never seem to reach the limit of expansion.

Instant Postum

"There's a Reason" Canadian Postum Cereal Co., Ltd., Windsor, Canada.

Advertisement for Instant Postum cereal, featuring an image of a woman and a child, and text describing the benefits of the cereal.

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