DY PLANTS LED FO CLOSE

-

Carry on Under Competition.

from London says:nts of the effects of n competition on the British toy manufacented en Friday at mmittee, which is emthe Safeguarding of make adjustments. g made by the manure the imposition of : duty of 33 1-3 per wing to the depreci-

in Gleat Britain i minulothers were in a imited scale. The

the exchange, it was ermans unfair adpared with conditions ritish makers to sucthe disparity in costs German production.



The wisdem of his ed by prominent Engwould be to assist inearrying out laborive Investigations

e kiast bacon 25 c; cottage rolls, Out of pickle, Ic less

heavy, \$31; mess Tit - Long clear, 16 ks, 14 to 16c. 13 a to 14e: tubs. 14 4'2 to 15c; prints, ning tierces, 121/2 o 13'20; pails, 121/2 eers. \$7.50 to \$8;

pickled

butcher steers, ; do. good \$5.75 \$5 to \$5.50; do 200d. \$4 to e, good, \$4 to \$5; hog., fed and o.b. \$11.25; do,

No. 2, 63c; do. er. Man. Spring wheat Rolled oats, bag 32 M. Bran, \$28.25.

a creamery, 35 to 36c. 35 to 36c. Potatoes, 3, \$1.29 to \$1.25. thin bulls, \$3 to \$4; 812; good light sheep \$10: hogs, \$13

WOMEN AND GIRLS WANT ROSY CHEEKS

Blood Rich and Pure

Every woman every girl-wants beauty, but good health. When a wo- economy results. man's blood is scanty or anaemic her color fades, she looks debilitated, is severe headaches, or pains in the back or sides. This condition is entirely due to weak, watery blood, and can only be cured by making the blood rich, red and pure. For this purpose try Dr. Williams' Pink Pills, which act directly upon the blood, and in this way bring new health and strength to weak, ailing people. Mrs. Isaac W. Howell, Petitcodiac, N.B., tells of what Dr. Williams' Pink Pills did for her as follows: - "For some time I had not been feeling well. I had been gradualy growing weaker, and found it constantly growing harder to do my housework. I was very pale and had frequent headaches. I consulted a doctor and took his medicine for some time, but it did me no good. I found myself growing weaker, and taking called. faint and dizzy spells. A friend advised me to try Dr. Williams' Pink Pills, and although I had nearly lost faith in all medicine, I got a supply and began their use. After a time I found they were helping me, and I gladly continued taking them, and ultimately found that the troubles that brain?" had afflicted me had vanished. I am giving this statement in the hope that my experience will be of benefit

You can get Dr. Williams' Pink Pills

Cheese That Chose a Bride.

While the expression "cheese paring" is a recognized equivalent for thrift or economy in the management of household affairs, it is apparent the cheese depends entirely upon the man-manent habitation. ner in which the operation is conduct

was a man who was in love with three live during the summer. short of breath, and her heart palpt sisters at the same time. He could not tate after slight exertion. Some make up his mind which of them he make up his mind which of them he a dozen, are Tibetan Custom House of sented each of them with a large than there is at sea-level.

Two of them removed the rind in such a manner that a considerable por- the great Tibetan plateau, the inhabition of the cheese was thrown away, tants of which themselves seem to live but the youngest pared it with a very sharp knife, and did not waste a scrap. The man decided that she would make the best wife, and they were married.

The Doctor's Revenge.

A young doctor was summoned as a witness in a case that depended on technical evidence. The opposing counsel was inclined to be sarcastic at the idea of so young a doctor being

"You are familiar," he said, "with the symptoms of concussion of the

"Yes," replied the doctor. "Then, if Mr. Smith and myself col-

lided, and banged our heads together, should we get concussion of the "Mr. Smith might," said the doctor.

HEALTH EDUCATION BY DR. J. J. MIDDLETON

Provincial Board of Health, Ontario Or Middleton will be glad to answer questions on Public Health matters through this column. Address him at Spadina House, Spadina Crescent. Toronto.

In our efforts to find at least some diseases are transmitted through the table. It is not only bad table man-

thing that we do not do at present. It is in the dining-room that one with the cutting machine. The next gives you a well, playful child again. One of the first of these things is to probably thinks least about the spread man does the same. In this way the cigar cutter may become a source for the same of infectious disease, and yet how cigar cutter may become a source for the same of the

have learned them to put them into often do we see dirty and slovenly the spread of disease. There are numpractice in our daily life. It is all habits at the table, that sooner or beriess ways in which infection may morrow. Ask your druggist for genutice in our daily life. It is all habits at the table, that sooner or beriess ways in which infection may inc "California Fig Syrup" which has very well for us to be interested in later will lead to trouble. Have you be transmitted, but dirty hands and directions for habiter and children of Child Welfare clinics, autritional ever noticed anyone lift the jam-spoon, dirty habits are two of the worst. If classes, and the other means we now lick off the jam and then put the mothers and fathers would set a good Wan must saw "California" or you may have at our disposal for the better spoon back in the dish? That is unexample in the home, if the teacher in the teacher in the say "California" or you may care and upbringing of children. Every fortunately done in many homes, school would do the same, and instruct get an imitation fig syrup. person who understands what good especially by the younger members of children in the simple laws of hygiene health means to himself, to his fam- the family, and yet it is a bad, un- and sanitation, much good would reily and friends, as well as to the hygienic practice. There is also the sult. The family doctor could also falls off in efficiency, and the car ownentire community, will sooner or later dangerous habit of putting dirty hands do excellent work in this regard, for er can help his battery considerably take an interest in, and appreciate the into the mouth, thus introducing dis- he comes into contact with the home by turning over the engine a few times efforts now being put forward to lower ease germs at the same time Just life of the people more than any other with the starting crank, before throwthe infant mortality rate and pro- how much disease is actually trans- class of citizen. Besides, he knows ing the starting motor into operation. mote a healthier childhood in this ferred by direct infection of this kind the danger of infection and can issue The cranking by hand serves to break it would be hard to say, but one thing a warning that will likely be heeded. solidified eil around the pistons. All these efforts will fall far short is certain that disease can be trans- Habits of cleanliness while preventof what they aim at if the ordinary mitted in this way. I recently saw ing disease transmission, are easily rules of hygiene or sanitation in every a man use the knife for eating food, formed, and are no more difficult to and without washing the knife, dip it carry out than dirty, slovenly habits. a Dominion Express Money Order. Nearly everyone is now well aware into the butter dish. This is a dis- Besides, cleanliness comes next to Godthat the great majority of infectious graceful procedure and should be liness.

Who Lives Highest? What is the greatest height at which

people live on the earth? There is, it seems, a sheriferd living with his family in the Andes at a moment we dissect the term that the height of 17,100 feet, and this has been They Can be Had by Keeping the saving effected by the paring of a claimed to be a record, that is, for per-

When it comes to a question of temed. If one removes the rind of the porary abode, however, this allitude rosy cheeks. They mean not only cheese carelessly waste instead of great as it is, is easily beaten, for on According to a French legend, there feet high, a small hand of hardy men one of the Himalayan passes, 18:400

The men, numbering less than half times this trouble is accompanied by ought to marry. The ability to be a ficers, and are specially selected for thrifty housewife being the principal their powers of endurance, as one requisite of a wife at that time, the would expect them to be, in order to man decided to watch the three care- exist even for a few weeks in air which fully, and in order to make a test pre- must contain so very much less exygen

From such an elevated pass these men must have a magnificent view of comfortably at heights of 15,000 or more feet

It would be interesting to know at what height human beings could accustom themselves to live. There is no reason to suppose that 18,400 feet

HIRD ON LITTLE ONES

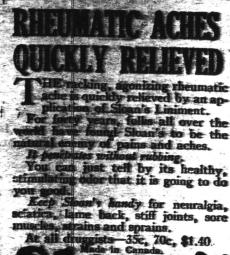
Our Canadian winters are exceedingly hard on the health of little ones The weather is often so severe that the mother cannot take the little ones out for an airing. The consequence is that baby is confined to overheated. badly ventilated rooms; takes cold and becomes cross and peevish. We once knew a printer who set up Baby's Own Tablets should be given "battle-scarred veteran" so that it to keep the little ones healthy. They read "battle-scared veteran." He had are a mild laxative which regulate the through any dealer in medicine, or by to stay home for a week. His brother stomach and bowels and thus prevent mail at 50 cents a box or six boxes made "a much feted bride" read "a colds. The Tablets are sold by medifor \$2.50, from The Dr. Williams' much faded bride," and he never did cine dealers or by mail at 25 cents a the Sunday School, and explaining the box from The Dr. Williams' Medicine significance of white. "Why," he asked, Co., Brockville, Ont.

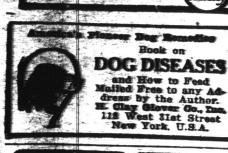
The best time to teach habits of thrift is when habits for life are being formed.

Minard's Liniment for Distemper.

A medal has just been presented by the British authorities to the captain of a German steamer for rescuing Mother, Quick! Give

of the paths by which communicable nose and mouth, yet we do not take ners, but an actual menace to health. diseases are spread, helpful sugges- enough safeguards against such a path Only a little while ago a man working tions often come from thinking peo- of infection. For instance, we some in a parcel office in Toronto became taste of "California Fig Syrup." If ple. A prominent gentleman of this times see children biting and chewing infected with a dangerous malady beprovince recently drew the attention the ends of lead pencils and erasers cause he put in his mouth the end child is listless, cross, feverish, full of of the Provincial Board of Health to that possibly may have been in a dirty of a string which had shortly before cold, or has colic, a teaspoonful will an anon the howeign lines. the menace of bad and unhygienic mouth just a short time before. Or been in the mouth of a fellow-worker never fail to open the boweis. In a







Lumbago, Neuralgia, or any other pain, apply Minard's Liniment to the aching apply Minard's Liniment to the aching spot and get quick relief. Minard's is the remedy your grandmother used. There is nothing to equal it.'

with the aching weeks use, when you see new hair—fine and downy at first—yes—

Doubly Significant.

Small boys often ask embarrassing 'does a bride desire to be clothed in white at her marrage?" As no one answered, he went on, "Because white stands for joy, and the wedding day is the most joyous occasion in a woman's life.'

Immediately a little fellow piped up: "Please, sir, why do the men all

California Fig Syrup For Child's Bowels

If we as a people are going to be been used to scratch its own or some-healthier in the future than we have body e'se's head, and in infection thus some smokers who put their cigars from the tender, little bowels and in their mouths and then clip the end from the tender, little bowels and

----MONEY ORDERS. When ordering goods by mail send

Whaleskin Boots.

Until recently blubber and whalebone were regarded as the only things worth obtaining from the whale; but now we get another important product from the sea monster's great carcass. It has been found that whaleskin when tanned makes excellent leather, and a great whale tannery has been started at Puget Sound

The most important thing about the whale is that the whole of his skin is good. The skins of cows, horses, and other land animals furnish a comparatively small quantity of leather for only the back parts are of the right quality.

Whaleskin is so thick that it can be split into several layers, each as stout as ox-hide, and it is excellent for making boots, bags harness, or belting. The whale's usefulness is not confined to his outer skin. The stomach furnishes a leather as soft and as strong as the best kid.

Not only whales but porpoises and sharks are being used at the Puget Sound factory, and in every case the leather produced is excellent.

Feminine Punctuation. Returning from school the other afternoon a little girl proudly informed

her mother that she had learned to "punchtate." "You see, mother," explained the

child, "when you write 'Hark!' you put a hatpin after it, and when you ask a question you put a buttonhook."

What Commas Do. Here is an exemple of odd punctua-"That that is is that that is not is not is not that it it is." To avoid sares, we immediately punctuate thus: "That that is, is, that that is not, is not that it? It is."

Chasifier Adventisements MISS RAY ELATED C. ANADIAN MATRIMONIAL PAPER. C. 25c. No other fee. A. McCreery, custham, Ont.

BELTING FOR BALE ALL KINDS OF LEW AND USED beiting pulleys, saws, cable, hose, packing, etc., shipped subject to approval at lowest grices in Causda. FORM BELTING CO. 115 YORK, STREET, TORONTO.

Mildred went for a walk. When she returned she told her mother what she had seen. "I saw some swallows," said the little girl. "How did you know they were swallows?" "Cause 'stinctly heard them swallow," was the earnest reply.

"Sugar is the curse of the nation's teeth," said a famous dental surgeon recently. "At ten, we should eat sugary cakes first and bread and but- ing my health," said Miss Yvonne ter last, to keep our teeth healthy." Ray, 3 Hotel de Villex St., Montreal.

THIN, FLAT HAIR **GROWS LONG, THICK**

AND ABUNDANT

"Danderine" only 35 cents a bottle. One application ends all dandruff, stops itching and falling hair, and, in a few moments, you have doubled beauty of your hair. It will appear a mass, so soft, lustrous, and easy to do up. But what will please you most will be after a few but really new hair

growing all over the scalp. "Danderine" is to the hair what fresh showers of rain and sunshine are to vegetation. It goes right to the roots, invigorates and strengthens them. This delightful. stimulating tonic kelps thin. lifeless, faded hair to grow long, thick, heavy and luxuriant.



FOR HAIR AND SKIN

For promoting and maintaining beauty of skin and hair Cuticura Soap and Ointment are unexcelled. Cuticura Talcum is an ideal powder, refreshing and cooling to most delicate skins.

Scap 25c. Cintment 25 and 50c. Talcum 25c. Sold throughout the Dominion. Canadian Depot: Lymens, Limited, 344 St. Paul St., W., Hontresl.

COARSE SALT LAND'SALT

Bulk Carlots TORONTO SALT WORKS C. J. CLIFF - TORONTO

OVER FINE RESULT

MONTREAL GIRL SAYS EVERY ONE OF HER TROUBLES HAVE DISAPPEARED.

Nerves Steady, Eats Anything and Sleeps Like a Log Since Taking Tanlac.

"It was certainly a happy surprise to me when I saw Taniac was restor-

"For a year and a half before I got Taniac my health was simply awful. I slept so fitfully I gained no real rest and I woke up mornings feeling all tired out. My nervous system just collapsed and I would jump at any bittle noise. I frequently turned so dizzy and sick I could hardly stand the smell of food cooking. My condition seemed to get worse constantly and I worried all the time.

"Well, the first thing Tanlac did for me was to give me a splendid appetite. Then all my troubles gradually disappeared, my nerves got better and I could enjoy a good night's sleep. My whole system is now in excellent condition and I'm enjoying the best of health. Tanlac is certainly a wonderful medicine."

Tanlac is sold by all good druggists.

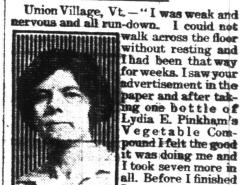
Ambassadors represent Great Britain in twenty-seven foreign countries.

Minard's Liniment for Garget in Cows.

Consider the pin-its head keeps it from going too far.

WOMAN TOO WEAK TO WALK

Now Works Nine Hours a Day. --Lydia E. Pinkham's Vegetable Compound Restored Her Strength



ound I felt the good it was doing me and I took seven more all. Before I finished I was able to work nine hours a day in a steam laundry. I cannot say too much in favor of your medicine. I trust all sick and suffering women will take it. It has been two years

since I took it and I am strong and well.

Mrs. L. A. Guimann, Union Village, Vermont. This is only one of such letters we are continually publishing showing what Lydia E. Pinkham has done for women,

and whether you work or not Mrs. Guimann's letter should interest you. Many women get into a weak, nervous

run down condition because of ailments they often have. Such women should take Lydia E. Pinkham's Vegetable Compound at the first sign of trouble. Good health is necessary and this splendid medicine will help you to keep it.

CASCARETS

For Constipated Bowels—Bilious Liver

The nicest cathartic-laxative to to-night will empty your bowels com-

physic your bowels when you have Headache Biliousness Colds Indigestion Dizziness Sour Stomach

pletely by morning and you will feel splendid. "They work while you sleep." Cascarets never stir you up or gripe like salts, Pills, Calomel, or Oil, and they cost only ten cents a is candy-like Cascarets. One or two box. Children love Cascarets too.



WARNING! Say "Bayer" when you buy Aspirin. Unless you see the name "Bayer" on tablets, you are not getting Aspirin at all. Why take chances?

Accept only an "unbroken package" of "Bayer Tablets of Aspirin," which contains directions and dose worked out by physicians during 22 years and proved safe by millions for

Colds Toothache Earache

Headache Neuralgia Lumbago

Rheumatism **Neuritis** Pain, Pain

Handy "Bayer" boxes of 12 tablets—Also bottles of 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Mono-aceticacidester of Salicylicacid. While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

Save the bird in hand-The others may be hard to catch

With enough money, enough time and enough luck, a man may get back the health he has lost-or part of it.

It takes patience, too.

And then there may be no success, or only a little.

than hunt for what you've lost-as the most successful health-restorers will tell you.

It's better to save what you have

Much of the loss of health is due to faulty, careless diet. Wrong meals at all times and right meals at wrong times load the long-suffering digestive

organs with elements of destruction, or starve the tissues and glands of needed elements.

Grape-Nuts is a delicious cereal food which has the qualities of scientific nutrition. It supplies the full richness of those splendid food grains, wheat and malted barley, together with the vital mineral elements, so often lacking from foods. Served with cream or good milk, Grape-Nuts gives full nourishment without over-loading the stomach.

A splendid thought for breakfast or lunch, for those who would keep health-

Grape Nuts-the Body Builder

"There's a Reason"

by Canadian Postum Cereal Company, Limited, Windsor, Ontario