Cow Puncher

BY ROBERT J. C. STEAD.

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APTER XVIII -- (Cont'd.)

wer the telephone."

had not yet recovered lay before him. agitation, and made no ef-

in supposing that she had had any Dave had gone, Mrs. Hardy bitlons were for Irene. From her point ngry with him, and almost of view it seemed to Mrs. Hardy that angry with herself, owing to almost anything would be better than a conviction that she had had that Irene should marry a man who that Irene should marry a man who ing the worse of the inter- had sprung from the low estate which had sprung from the low estate in the private to the telephone. She believe to Conward's number.

Mr. Conward," she said, "you ward into the house, by bringing Irene who is speaking? Yes. You under the influence of a close family under the influence of a close family that that who is speaking? Yes. You under the influence of a close family under the influence of a close family under the influence of a close family me up to hight. I do want to acquaintanceship with him, that that the young lady might be led to see the swn house—by that—that El-coly of the road she was choosing. all very terrible. I can't But now her clever purpose had come to nought, and in her vexation she did early in the even- not hesitate to humble herself before m at the door. He Conward by confessing in words that nore cordially than he could not misunderstand, that she nto that soft, confi- had hoped that he would be the suche had found so po- cessful suitor for Irene. And Consomewhat varied ex- He was sufficiently schooled in the had desired. But there was affairs of life to appreciate the adconversation. Mrs. Hardy vantage of open alliance with Mrs. ell, and bustled into Hardy in the short, sharp battle that

"And I suppose I need not conceal my sitting-room, Mr. hopes have been. Those hopes have I am so glad you have grown as my acquaintance with you am so upset. It is has grown. It is reasonably safe to to have someone you judge a daughter by her mother, and someone whose advice by that standard there is one of the noccasions like this. I most adorable of young women."

"I have been called attractive in Heady

must control yourself, rendered, perhaps, a little partial by ough; you leave nothing to chance. must control yourself. rendered, perhaps, a little partial by ough; you leave nothing to make a must control yourself. rendered, perhaps, a little partial by ough; you leave nothing to make a little partial by ough; you leave re you can," she return places, you know. And my deep reover Irene and that—gard for you, Mrs. Hardy—my desire sured her. "There is no time to be spared that cow puncher, that you shall be spared this—ah—lost, and I must plan my campaigns ald have come to this! threatened humiliation, will justify me at once. you are not a mother, in using heroic measures to bring this Ungrateful unfortunate affair to a close.

me him. And the Doc-may trust me, Mrs. Hardy."
wanted him to come "I was sure of that," she returned, that fool trin in that already much comforted. "I was sure of your sympathy, and that you would

"Irena is you will forve me, Mrs. Hardy, but Ire :1- od Jegit, somer



"I have been called attractive in as saving Irene, even if we must pain had been fingering her my day," confessed Mrs. Hardy, as saving Irene, even if we must pain her—and you—in the saving."

Conward laid a soothing "Have been?" said Conward. "Say "It's very dreadful," Mrs. Hardy shoulder. "There, there." rather you are. If I had not been repeated. "But you are very thorpular to chance."

Tendered perhaps a little partial by ough: you leave nothing to chance.

(To be continued.)

More Accurate Than a Watch.

A copper bowl with a hole in it takes "I shall need your co-operation," he the place of a watch in certain parts of peasants of Beni Ferah, normality and ise the bowl for timing ter from the only near-their gardens. So preer, says Mr. W.M. Hil-Among the Hill Folk a few moments more pried of flow is of great mere watch therefore

depended upon. bowl is part of a system of meag time that must be of great anria for countless generations. surrounded with hen gardens are to be irrigated a ember of the riless council accomsuit brings with

ed her in con-merely a silly that way, Mrs. Hardy. We must We must wall of the St ration canal is cut partly because it pleased his whim, and partly because on that same day he had seen Irene, and he was shrewd grough to know that his approach to the girl's affections must be made by way of the acquaintanceship which he acquai

> garden to stem the flow of water by and haphazard methods? filling with mud the hole through Why talk to such people of happiwhich it has been running. Since ness? They are happy. Every man is land-owners are present in person, and happier than he knows. When it comes The Antiquarian Society of Smiththan and a hidden, sinister meaning is does the measuring, it appears that the there must be as many sub-divisions ing, an occasion of much splender and a hidden, sinister meaning is does the measuring, it appears that the there must be as many sub-divisions ing, an occasion of much splender and belief the simple word or quaint method is almost as good as and delicate differences in our conceptimportance.

him. "We must cause Irone to distrust your very appearance that you are inary chase after happiness, are run- but well-preserved spinster, who was out what your normal weight should. Fried apples with so an ordinary qualities that qualities that that that she but if it should fail we must take anontly from this, other course, which I hesitate to men. fel, wide awake, determined to make tiens to learn how to be happy. What "f suppose, Miss Dunkum." the resing, with the work you do, if you were not fee. When the resing with the work you do, if you were not fee. When the resing with the resing with the work you do, if you were not fee. When the resing with the resing with the resing with the work you do, if you were not fee. When the resing with the resing with the work you do, if you were not fee.

pose in opening her home to him as plan two campaigns; one, which I motto he has chosen for himself-"On, he had done; absurd as the hypothe- have already suggested, and one, if on, forever on. Up, up, forever up." There is a best way to do every, he had done, still there was the hypothetat should fail, to cause Elden to dis- Every movement indicates ambition, thing—both important things and lithesis that Mrs. Hardy saw in Con- trust Irene. No. no," he said, raising push, untiring energy. He makes a tle, everyday things. ard a possible comfort to her declin- his hand toward Mrs. Hardy, who had favorable impression, inspires confi-He had no doubt that her started from her seat-"there must be dence wherever he goes. People believe that he is a come", and you hear men say, "Keep your eyes on that fellow. You are going to hear from him

> some day." There is a tremendous difference between being half alive and being wholly alive, a tremendous difference between halfheartedness and wholeheartedness, between being half there and all there in your vocation, between flinging your life into everything you do and taking hold of it with the tips of your fingers. You will never accomplish anything, never do anything worth while until you throw the whole of yourself into your work. When you have learned to do that, you have the secret of success. Your very appearance will be alive with the spirit that wins .- O. S. Marden.

While crossing the Atlantic in a fog recently, the steamer Amlania had to sound her whistle constantly for over 3:000 miles.

The British Houses of Parliament cover an area of eight acres, and have a river frontage of 940 feet. They contain more than five hundred rooms. and about eighteen residences, the resident population being about two

BEING REALLY HAPPY

By Frank Strickland

It is not the fault of happiness to say that many people are so const ucted mentally, morally and spiritually that they can never be happy.)h, I agree that it is possible to arround them with conditions that would bring to them a tolerable degree of what, to them, would be happiness. But real happiness pre-sur

suit freakla pe contribute to th " would be would ad mit a discover. W who would a delighted than

nasty quarrel o tion? And yet th such people. If m to happiness such a tiing with saying the

a neighbor in the little group of land- say that much poverty could be reme- sight. owners will shout to an assistant in died but for this morbid pleasure of A few months before the war a Gerhis garden below to be ready to cut enjoying the abnormal and subnormal, man battleship neglected to reply to an julet into his lard as soon as the Don't you realize that there is many a the salute of a British cargo vessel in an uniet into his larg as scon as the Bont you realize that there is many a the salute of a British cargo vessel in the first crchestra proved so sucsaucepan to keep them bowl has sunk for the last time. Just man who would not for all the earth the Baltic, and her skipper was so The first crchestra proved so sucsaucepan to keep them as the bowf sinks the last time the give up his good old drudgery and angry that he reported the incident. first peasant cries out to a man in his sweating and hard times and debts Bot this is almost the only case of the

differently from this.

If from you, of all men, what hopes for Irene?"

other course, which I hesitate to menical, wide awake, determined to make tiens to learn how to be happy. What tiens to learn how to be happy. It learn how to be happy. What tiens to learn how to be happy. What tiens to learn how to b

EASY TRICKS The Tree Mystery No. 13

Arrange several coins on the table in the form of the "Hindu takir tree" as in the illustration. Ask a friend to start at the foot of the tree ("A") and count, mentally, as many coins as he likes up trunk and up the right hand side of the tree. When he reaches the desired number, he is to start at that coin and count back the same number. Instead of going down the trunk, however, he is to go up the left hand side of the tree.

While he does this, turn your back so that you cannot see at what coin he stops counting. You may even leave the room if he suspects that your presence helps you to solve the mystery.
When he completes counting, you

look at the coins intently and then place your tinger on the coin at which he stopped counting. This trick may be repeated without fear

The secret is that he will stop counting as many coins up the left hand side of the tree as there are coins in the trunk. If the coins are arranged as in the illustration-"A" being the foot of the tree-he will stop at the coin just to the north east of the letter "B."

If you repear the trick rearrange

the coins so that there are more or less coins in the trunk.

(Clip this out and paste it, with others of the series, in a scrapbook.)

How Ships Salute.

to waste on politeness. They are too boys' time during vacation, when the has been wonderfully successful. If busy getting the most out of their coal sole available form of amusement you have a talking machine, you can or oil. When the cargo steamers pass seemed to be 'movies' or baseball?" purchase records made for physical there is not usually any flag-wagging Enthusiasm was manifested from exercises, which will give you comess there is real need of it.

onial-though it does not one liner always salutes captains happen to be luted

And yet these are the eccentric souls salute or not, as she pleases. No one tempt. To his as merely a silly old woman. From the day he had first seen Mrs. Hardy is attitude toward her had been one of subtle flattery;

that way, Mrs. Hardy. We must though sail the water is allowed to that go about like martyrs, yearning that go about like martyrs, yearning to do so. But if there is any saluting to do so. But if there is any saluting to do so. But if there is any saluting the had been one of subtle flattery;

I establish under the guise of adship for her mother. Since his mitted. "The most interesting—and the most profitable—of all studies. Thus each landowner with Jean couples in love dualintances."

I have studied numan nature," he adsended the most profitable—of all studies. Thus each landowner with Jean case may be, to three, four, six or eight sinkings of the dualintances. Thus each landowner with Jean case may be, to three, four, six or eight sinkings of the most profitable—of all studies. And I know that sound couples in love dualintances. The had no compunctions as to his method of attack with the same that is why it is useless. That is why it is useless of a track with feel of attack with the same approaches when the same approaches approaches when the same approaches approache

kind on record.

Not Personality.

cualities, and vices are quite unseen. land-owners are present in person, and happier than he knows. When it comes The Antiquarian Society of Smith-But change that trust to Suspicion, since an elder with the official bowl to endeavoring to make people happy, ville was holding its anniversary meet-

There is a best way to do every, same thing as antiquity.

Encourage: don't discourage.

Womans: Interest

to be realized. Music has the same the juice of haif a lemon to a pint of mind-training value as Latin, Greek hot water, and drink it on arising in and the higher forms of mathematics, the morning, and drink a glassful of hot water just before retiring. be taught in the lower grades and need not be discarded when the student has completed his education.

concentration required in the study of turnips, parsnips, lean meat (no the consensus of opinion seems to be med milk, buttermilk, and all fresh in favor of music in about the ratio fruits except bananas. of 3 to 1. That is, one hour of inten-before satisfying your appetite than is equal to three hours (some authorities place it as high as four hours) or so after a meal. Often the family of intensive application in calculus or higher mathematics.

This does not apply to the mere playing for amusement or in a perfuntory way, but to real reconstrucas would be required in the study of coffee is a cupful of boiling water in etc., or in orchestral or band organizations, when studying works by eminent composers.

In such musical application certain rules must be carried out and followsame creative power and creative ideas exercised which are used in the study of higher mathematics.

The foregoing facts are illuminating, but it is as a mother and a club woman rather than as a musician that in our public schools.

orchestral work in our schools. The are helpful.
eriginal orchestra was formed as a Reducing to music is a delightful possible solution of the problem. "How way of getting thin. It requires from Tramp steamers have not much time should we mothers use or occupy our twelve to twenty minutes daily and

the first, and it was soon proven that plete and definite directions and the the respective vessels belong to a hidden chord in boy nature was music to which you "do" your exerame line, then they will of course touched by giving him an instrument cises. each other, and in this case the to blow, a violin to play or a drum to Exercise is necessary in order to recaptain dips his ensign to the beat-some instrument with which to duce the hips. Exercise out-of-doors, work off the surplus energy of the when possible. A brisk walk, especiadolescent period and at the same time ally if it takes you up hill, is very

> By fall, when the school opened, inthe flag is hoisted terest had increased to such an extent results by exercising in year own ain it is the junior that the boys did not want to drop room night and morning. Even a few to the other ship. their orchestral work. But here was minutes will give you results in time, the practice where the mothers met their first dif- if the exercise is taken regularly. ent nations ficulty. The principal of the school This exercise is very simple, but it foreigners was afraid that outsiducture would you will find it somewhat hard ay take too much time the chil-first: Walk repidly around the row a general take too much time a big Bridren's studies.

> > to_give ther orcnesura trial un Christmas, provided their school av erage did not fall below 85 per cent. aking cold. At night, to 95 per cent. In addition the teach- taken the exercise, d ers reported that the orchestra mem- towel in very het was bers had improved greatly in mental about your hirs, putt alertness, that they apparently outside thought more clearly, were more cour- the hot teous and showed greates power of at least six times. concentration. Ever since that first to close the pores try-out the orchestra has had . the cold. heartiest co-operation of the local board of education, the principals and teachers, with school credits for this musical study to all pupils taking part sugar, 2 cups water. in it. Also the support of our Cham- pare apples. ber of Commerce, Rotary Club, wo- and water and cock on

> > formed, composed of younger pupils, fill cavities with jelly Both orchestras are still playing -- preserved fruit. St From an address by Mrs. J. A. C.

tion of happiness as there are people. A young wemen who acted in the people who wish to reduce in weight, applies it earthen or grave Not to do an injustice to real happi- capacity of society reporter for one of you should first have a thorough phys- a syrup over tin proness by neglecting to mention it, hap- the morning papers of the city, in mak- ical examination by your physician, brown sugar to 84 c. w. of her insight, and the consciousness pleased Be a Winner in Appearance. There is everything in showing by Doubtless many people, in their imag- ance, approached a somewhat ellerly mental principles of nutrition. Find sympowers flerve as

You can watch the calories you got apple and cok until

"I am a member of the Antiquarian every day, then eat 500 calorics less carefully to prevent the ac-The second hopes for Lene? The second hopes for jectively considered, was about the watery, contain very few calories, but Mr. Broke—"I can't ra do contain important mineral salts, all there is to it vitamines and woody fibre. You do from my bank this not need to cut out potatoes, bread everdrawn." and sweets altogether, but count the Mrs. Broke Well. calories, and eat with moderation, bank. They can't all be Eat bran, graham or entire wheat bread instead of white bread.

Water may be taken freely between construct.

Mother Organizes Boys' Orchestra. meals, but the amount of water taken The value of music as a means of with meals should be reduced. The improving the mind is now beginning following will be found helpful: Add

the following: Squash, lettuce, celery, spinach, all cooked greens, asparagus, Authorities have gone far into the cabbage and sauerkraut, cauliflower, comparison of the absolute mental onions, tomatoes, olives, radishes, mathematics and of musical art, and gravy), shrimp, oysters, clams, skim-

It is far better to leave the table has had enough to eat before the dessert is served, but they eat the dessert because it is placed before them and is tempting. When cream is omitted from coffee the drink is not always popular; a good substitute then for solos or etudes upon the piano, violin, the middle of the morning or afternoon, a teaspoonful of beef extract dissolved in boiling water will satisfy that desire for food so often felt by the person who is trying to reduce.

It takes a lot of perseverance to aded, the same order of application, the here strictly to a set of rules and regulations on diet or exercise. I am convinced, however, that regular exercises are very important factors in reducing, but reducing exercises should be used daily without fail and it is advisable to take a hot bath at academic credit for orchestral work night and cold bath in the morning. Swimming, horseback riding and tening our public schools. nis are excellent reducers. A punch-For six years, beginning with pupils ing-bag can be used when outdoor exin the seventh and eighth grades, I ercise is not convenient, while househave carried on an experiment in work provides many movements which

produce beautiful harmonies in con-good. If you have not time to walk or take other exercise out-of-doors

o your tiptoes, raisi

Amble porcupine-

blanched almonis

whinned cream

Baked stuffed appl-

The Suez Canal cost



THE KING AS A FARMER

His Majesty is seen in the picture with his prize-winning Clairvoyar: f. wel," at a recent cattle show in England.



dualintanceship. He had no combune-tions as to his method of attack. White Dave was canfully laying sie to the front gate. Conward prosession to burg-larize the home the second of he was a standard on the second of he was a

w that create distrust. Love is either absurdance ly trustful or absurdly suspicious.

There is no middle course, no bal-

anted judgment. Everything is in ex-

tremes. Everything is seen through

a magnifying lens, or missed alto-

Conward had risen and was walking

HIS ORIC SCENES IN DUBLIN

inaugurated in Ireland when British troops handed over troops of the Irish Free State. The vice regal lodge was new government as the residence of the Governorealey, K.C. The picture shows the changing of the



AVOIDING TROUBLE

Along the road of least resistance I take my calm and cheerful way, and so keep trouble in the distance and have a picnic every day. Some friends of mine are always ranting, they hunt up evils to reform, up some hard read forever panting, a weary and bedraggled swarm. They hope to rend the world asunder and make of it a whiter spot, but it all ends in smoke and thunder, and they're a distillusioned lct. I hold it true that every erfor will some day shrivel up and fall, but if I were a holy terror. I couldn't hasten things at all. So oft I've seen the ardent martyr go forth to hew abuses down, and in the end he hired a carter tohaul his weapons back to town. I've certain rights that should be cherished, men say my vigils I should keep; but if some tinhorn rights have perished, I let them slide, and lose no sleep. I've noticed that the people jealous of all their rights are short of friends, and they are bores who like to tell us a narrative that never ends. Let dauntlese souls go forth to haitle with windmills or chimeras dire; in peace I set and deftly rattle a stream of discorts from my lyre.