

ward, if he had been... fly dismissed him. He chatted with the boy as he drove.

"You go to school?" "Not this year. Father has been too sick. Of course, this is holidays, and he says he'll be all right before they're over."

Dave smiled grimly. "The incurable optimism of it," he murmured to himself. Then, outwardly, "Of course he will. We'll fix him up in no time with a good doctor and a good nurse."

They drove on through the calm night, leaving the city streets behind and following what was little more than a country trail. This was crossed in every direction, and at every possible angle, by just such other country trails, unravelling themselves into the darkness. Here and there they bumped over pieces of graded street, infinitely rougher than the natural prairie; once Dave dropped his front wheels into a seeping water trench; once he grazed an isolated hydrant. The city lights were cut off by a shoulder of foothill; only their dull glow hung in the distant sky.

"And this is one of our choice residential subdivisions," said Dave to himself, as with Charlie's guidance and his own inborn sense of location he threaded his way through the maze of diverging trails. "Fine business—fine business."

Whispering like a thing that had been mortally hurt. He groped toward him, and at length his fingers found his shock of hair. He drew the boy slowly into his arms; then very, very tight. After all, they were orphans together.

"You will come with me," he said, at length. "I will see that you are provided for. The doctor will soon be here, or we will meet him on the way and he will make the arrangements for the arrangements that have to be made, you know."

They retraced their steps toward the town, meeting the doctor at the broken bridge. Dave exchanged a few words with him in low tones, and they passed on. Soon they were swinging again through the city streets, this time through the busy thoroughfares, which were almost blocked with tense, excited crowds about the bulletin boards. Even the developments of the evening pressing heavily upon his mind, Dave could not resist the temptation to stop and listen for a moment to bulletins being read through a megaphone.

"The Kaiser has stripped off his British regalia," said the announcer. "He says he will never again wear a British uniform."

A chuckle of derisive laughter ran through the mob; then someone struck up a well-known refrain—

meat and poultry is small. Summing up these differences poultry shows a slightly higher proportion actually available for nourishment than other meats. As fats furnish more heat per unit weight than proteins or carbohydrates and since poultry meat is somewhat lower in fat than other meats its fuel value is correspondingly less. To state this in another way, poultry meat furnishes more tissue forming but less of the heat forming elements and it must be borne in mind that as a rule the former are the more expensive.

Common or domestic fowl contains more refuse than average poultry, is about average in protein but richer in fat. Turkey contains relatively little refuse, about 2 per cent. more protein and the same proportion of fat. Goose shows the lowest proportion of refuse of the poultry meats, a lower proportion of protein but much higher fat content. Combined with this is a certain prejudice against geese which has a tendency to lower the market price. This has resulted to make goose one of the cheapest, most wholesome and nutritious foods on the market. Duck contains relatively large amounts of refuse, little protein and large quantities of fat.

Poultry as a whole (especially chickens and geese) with the low price and high muscle-forming properties, the easily digested and palatable qualities makes the ideal meat food for everybody, particularly for those in offices and for invalids and children.

Labor Saving Hints.

How many stew pumpkin in the old way of cutting up and peeling while raw? I have solved the problem by cutting up in pieces small enough to be laid into a kettle and nearly covered with water. Put on cover and let cook until tender. Drain, cool and peel off thin skin. Mash with potato masher and pumpkin is ready for use.

For lamp chimneys I take a damp cloth and dip it into powdered window cleaner and smear chimneys inside and out. Later in the day when I find time I polish with a dry cloth in about a quarter of the time needed to dry a wet chimney.

Painted floors and small rugs for bedrooms save a lot of hard work and backache. I use an old worn-out garment, put on the mop-stick and occasionally saturate it with furniture polish to keep all the lint and dust down, which is so hard to clean from rugs and carpets.—A. B.

The handiest and most labor and time-saving I have is a wooden wood-box. It holds one-third of a cord of wood and can be filled from the back room or outside. I close with a door, and besides being a labor and time-saver, it saves my summer cushions, too, because it keeps the floor and dirt out of the kitchen. My matches, oil and old papers are kept in a box under the woodbox. I can see a fire in short order, and I can get a good fire all night.—Mrs. H. R. B.

Now that the snappy days are over, they require an ample supply of ready-

ness, from force of habit. Don't exaggerate, but we cannot help wondering how even the people of those times could have given them credit; but numerous cases are to be found where careful tests were applied and truly remarkable results vouched for by reliable witnesses.

In 1357, Cecilia, wife of John de Ryegway, was thrown into Nottingham Prison for the murder of her husband. Whether the lady was guilty or not cannot be ascertained, but she seems to have considered herself ill used, for on trustworthy authority she remained mute and fasting for a period of forty days, at the end of which time she was released and granted a pardon, her power to abstain from food being considered as a gift from heaven and a sign of her innocence.

Another very similar case was that of John Scott, who in 1531, having failed in a law case, abstained, presumably by way of protest, from all meat and drink for thirty days. The King having heard of this and being resolved to test the truth of the report, ordered Scott to be locked up in a cell in Edinburgh Castle with only a small quantity of bread and water. After thirty-two days it was found that the bread and water had not been touched, and from the fact that Scott immediately on his release went out and harangued the crowd that was awaiting his appearance he would not

Thou Carpenter from Bethiehem, Thy blessing give to me, and them; And may Thy strong hand, firm and skilled, Unseen, beside our weak hands build.

—Mary Carolyn Davies.

Dye Dress, Skirt or Faded Curtains in Diamond Dyes

Each package of "Diamond Dyes" contains directions so simple any woman can dye or tint her worn, shabby dresses, skirts, waists, coats, stockings, sweaters, coverings, draperies, hangings, everything, even if she has never dyed before. Buy "Diamond Dyes"—no other kind—then perfect home dyeing is sure because Diamond Dyes are guaranteed not to spot, fade, streak, or run. Tell your druggist whether the material you wish to dye is wool or silk, or whether it is linen, cotton or mixed goods.

Death and the Flying Man.

A flying man went trailing Death; But his intrepid soul, When at last they met and clinched, Was left both gay and whole.

"There are other wings," said Death, "Spread them in the light; Drop the wood and drop the flesh; Try a longer flight!"

"Good!" said the flying man, "I'll go on with you." But the shreds he left behind Were all men had to view.

Something they said in hollow earth, "With a box and a shroud; They could not bear the laugh that dropped."

From a life bright claret, Marion Conhony Smith

Who carried the odious of British Columbia law over the mountains and mountains are mountains of perpetual snow, and the snow is white. The picture shows a famous scene of the Vancouver Island. It is the Thunder Bird. The mouth opens and forms an entrance. Tradition tells that they invited a rival tribe to a "portage" and as the men were admitted one by one through the mouth of the "Thunder Bird" they were introduced by their hosts.

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What the Pony Suffered With.

The owner of a valuable pony that was suffering from the navicular was trying to tell Father James Healy, a famous Irish wit, what ailed the poor animal. The medical term, however, was a little too much for him. He told him, writes Sir Edward Sullivan in The Nineteenth Century, that the pony was suffering with the vernacular.

"God bless me," said the priest, "Think of that now. I thought the only animal that ever suffered with that complaint was Balaam's ass."

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to substantiate.

It was said that her daily fare consisted of nothing more than a piece of bread and butter of the size of a fifty cent piece, or, if it were meat, as much as a pigeon's egg at most. She drank only water or milk, or both mixed, and of these not more than a spoonful a day. Yet she was spoken of as a maiden of fresh complexion and healthy constitution, very religiously disposed and therefore the less likely to practice a deceit.

In confirmation of these remarkable statements it was further mentioned that any food in excess of this or any other liquids always made her sick.

Perhaps the most remarkable case of fasting as also one of the most tragic was that of the "fasting girl" of South Wales, who in 1869 was exhibited by her parents as having eaten nothing for two years. This statement being open to doubt and persistently maintained, certain zealots in the cause of truth arranged that four trained nurses should be in continuous attendance. This was done and after eight days of fasting the unfortunate girl died. The parents were tried and convicted on a charge of manslaughter; but we are not aware that any action was taken either against the nurses or those who employed them.

Last Thing It Needs.

Father was annoyed. His expensive gold watch had failed him. It wouldn't go at all.

"I can't think what's the matter," he complained. "Maybe it needs cleaning."

"Oh, no, daddy," objected four-year-old Henry. "Cause baby and I had it in the bathroom washing it all day yesterday."

The wheelbarrow is a Chinese invention.

Here is a magic triangle which can be used in a manner that will amaze your friends. The problem is to place the numbers from 1 to 9, each in one of the little compartments in the triangle so that each line of the triangle will total 15.

It is not so easy as it seems at first, though it can be done if the experimenter will keep trying. The smaller diagram will show you just how the numbers should be arranged. There are, of course, several solutions because certain of the figures may be transposed.

To keep the arrangement of the figures in your mind so that you can do the trick quickly after your friends have decided that the task is rather difficult, observe the location of "1," "2," "3" and "4." The rest will fall into place without much trouble.

A more advanced puzzle is to discover how the figures may be arranged to form other totals.

(Clip this out and paste it with others of the series in a scrap-book.)

Greeks and Turks.

About the time when William the Conqueror invaded England the Seljuks invaded Asia Minor and conquered the Greeks. Since that time the Greeks of Asia Minor have paid taxes and tribute to the Turks. A part of the ancient payment, and the part that the Greeks hated the most, was the "tribute-children," whom the Turks drafted and trained to form the famous Janizaries. In spite of oppression the Greeks have maintained their national unity, their language and their civilization, and in the coast cities as towns the population is still more Greek than Turk.

"Only eat when you feel you need food," and "Water is the finest drink in the world," are two maxims of a well-known London doctor.

After Every Meal

WRIGLEYS

Top off each meal with a bit of sweet in the form of WRIGLEYS.

It satisfies the sweet tooth and aids digestion.

Pleasure and benefit combined.



FOR THE CHILDREN

Warms you through and through — Hot Bouiril

THE TEST OF TIME FOR RHEUMATIC SUFFERERS HAS PROVEN

Dobson New Life Remedy

Is a positive Remedy for Acute, Chronic and Muscular Rheumatism in all its various forms.

COUNTLESS GRATEFUL TESTIMONIALS and Repeat Orders received during past 25 years.

DOBSON'S NEW LIFE REMEDY is not an experiment but the product of a quarter century of study and research. Pleasant to take. Does not upset the stomach. No harmful drugs.

DO NOT BE PREJUDICED. Dobson's New Life Remedy will give you a new lease on life by freeing you of pain. Thousands of enthusiastic customers have written us stating that after years of failure with other medicines, electric belts, etc., they were cured by Dobson's New Life Remedy.

One bottle for One Dollar. Six bottles for Five Dollars

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