## is guaranteed the finest when it bears the name

Famous for its Flavor-Just try a sample.



CANNING SHELF.

We usually can products to cover fresh from the garden early in the else." we usually can products to cover thirty weeks of the year when fresh products are too high-priced for frequent consumption. The table following gives the necessary amount per person: Cut this out and watch it of the products are too high-priced for frequent consumption. The table following gives the necessary amount per person: Cut this out and watch it of the products are too high-priced for frequent consumption. The table following gives the necessary amount per person: Cut this out and watch it of the person in the garden early in the else."

They do now dear it will all be represented to talk, that uncle weng to the person one else?" questioned Tu questions by her ruffled companion, from Patti to Galli-Curci. It has been from Patti to Galli-Curc

5. Meats, thirty quarts. Through ton and his wife Harriet were plant this painful affair, please let me hear chivalry to Tu Hee. the warm months, beginning April ing their garden. He was covering from you some time."

sible. The remaining two days should about it. What can I do to make my
At sight of him be supplied by our commonly pitted self mad?"

At sight of him to nee snrank back, clinging to Mrs. Claymore.

Silas stood in thought for a moDavid came forward. A shadow was commonplace civilities, he accommonplace civilities, he accommon back and his voice was tense. erous serving of vegetables in addition ment; then, striding quickly to his on his face and his voice was tense room. to potatoes, at least once each day. wife's side, he stuck her with a pin. with feeling as he tried to right himto potatoes, at least once each day, wife's side, he stuck her with a pin, with feeling as he tried to right himhildren under seven years of age The next instant he was fleeing across self in the eyes of the Chinese girl.

When the door had closed on the I foreigners, Weng Toy took Tu Hee's hands "My little I

fence just in time to avoid the blow hey can eat all other products in condiderable quantities and be the better of that she aimed at him.

Then as they both stood panting he said, "Now I think you're mad enough to plant the pepper; so if ye'll not dig interest the housewife in putting understand and give means and give means and give means and give means the housewife in putting understand and give means an minimum diet requirement and many Gospel story of the Prodigal Son. The of our readers will doubtless find they statement "he wasted his substance in have gone far shead of this chart. In riotous living" means more than that her place in the back, beckoning Lun The wasted himself. And the most selfvegetables put up for the winter. If
ous phase of all waste is not the waste
of substance but the waste of self, of
the monster should go without her
the monster should go without her
Claymore wished me to explain to you
The stars come nightly in the sky.
The tidal wave comes to the sea: diet of meat, potatoes, bread and butter, and pie that becomes a menace encourages and promotes. ultimately to the family which keeps

The garden should be near the The saving of money usually means house since it is often cared for after the saving of a man. It means cutting supper, or odd times, and it is also off indulgences or avoiding vicious more easily accessible for the house- babits which are ruinous. It often wife. Since rapid growth is desirable, means health in the place of dissipaa protected spot should be chosen. A tion. It often means a clear instead southern or eastern slope is best with of a cloudy and muddled brain. the tall-growing plants at the north athermore, the saving habit indior west to long and narrow rather cates an ambition to get on and up in than square, so to prevent too much the world. It develops a spirit of inshading from the sun.

THE SIZE OF THE GARDEN. The size of the garden comes up indicates a desire to improve one's next for consideration. It must be condition, to look up in life. It means large enough to supply the table daily hope, it means ambition, a determinathroughout the summer with fresh tion to "make good." vegetables to raise the usual pitted People believe in the young man. the coming winter, and to furnish the saves a part of his income. It is an inthe coming winter, and to furnish the necessary amount of corn, beans, peas, greens, and the like, for the winter canning budget. Space for the first a young man is saving his energy, his vitality.

The coming winter, and to furnish the necessary amount of corn, beans, peas, dication of many sterling qualities. Business men naturally reason that if a young man is saving his money, he is also saving his energy, his vitality.

The coming winter, and to furnish the necessary amount of corn, beans, peas, dication of many sterling qualities. Business men naturally reason that if a young man is saving his money, he is also saving his energy, his vitality.

The coming winter, and to furnish the necessary amount of corn, beans, peas, dication of many sterling qualities. Business men naturally reason that if a young man is saving his money, he had had time to think in the seclusion.

The coming winter, and to furnish the necessary amount of corn, beans, peas, dication of many sterling qualities. Business men naturally reason that if a young man is saving his money, he had had time to think in the seclusion.

The coming winter, and to furnish the necessary amount of corn, beans, peas, dication of many sterling qualities. Business men naturally reason that if the publisher on his toes to day is the ascending prices of news her until hours afterwards and she had time to think in the seclusion. ison of last year's garden plot. Space from being wasted, that he is looking of her own apartment.

so that the turning around of the cultivator and horse will be less frequent.

Length of row or number of plants

to your self-respect and self-confi.

Length of row or number of plants

to your self-respect and self-confi.

Miss Weng Toy will agree with me."

To Hee had an idea with the row materials, transportation, etc."

Pulpwood is by far the most important of the row materials.

plants; one bushel of string beans, 100
fact of conserve your funds, to protect your a surprise how very much she wanted Labor and camp equipment and supplies much be conserved. feet of row; one bushel of sweet corn, character, to bring order into your life the whole nasty affair shoved back into the past. She could not exactly and the cost of delivering the pulpment and supplement and suppl

1	RATIO OF UNCOOKED TO CANNED	
	PRODUCTS	
1	bu. peaches	ts
	bu. plums 30 q crate blackberries (16 qts.) 14 q	
1	bu. sweet corn	s.
Ė	bu. small beets or carrots 16 qt	3.

# The Gift Of The Gods

BY PEARL FOLEY. (Copyright.)

When Tu Hee came to, for a few seconds the past hour was blotted from her memory and she gazed about safe and sound, uncle. It was all a safe and sound, uncle. It was all a safe and sound, uncle. It was all a memory rushed over her. Then two soft hands were on her own and a familiar voice spoke to her, "Dear little girl—little Tu Hee, don't be lingered on the court plaster, but she formance of which fell on May 8th,

When you can get the vegetables ment officials took you for some one

Beside the car stood the British officer, a long thin plaster dividing the dark brown of his cheek with its bout it. What can I do to make my

The next instant he was fleeing across self in the eyes of the Chinese girl. foreigners, Weng Toy took Tu Hee's face between his hands. "My little fence just in time to avoid the blow that she aimed at him.

The next instant he was fleeing across self in the eyes of the Chinese girl. foreigners, Weng Toy took Tu Hee's face between his hands. "My little girl looks not unhappy or downcast that she aimed at him.

For what avails this eager part for all her harrowing experience. She has truly imbibed the brave spirit of face.

And what is mine shall kn face.

ed him. His gaze was so clear and direct. She bowed her assent, and direct. She bowed her assent, and direct. That young man is here on an important mission for the great war. He is already a hero, my child. The scar There is an impressive fact in the of the car.

have gone far shead of this chart. In riotous living" means more than that her place in the back, beckoning Lun general, it should be said that there he wasted his funds. It implies that in beside her. Lun was not so easily hould be equal amounts of fruit and he wasted himself. And the most seri-dealt with, however. She had had anough of foreigners and foreign auto-

Tu Hee was half inclined to obey her nurse, but a glance at the profile as she did not wish to harass you with the can keep my own away from me. beside her with its long white dis-details, when you were among strang-Written by John Burroughs, the fa-Thrift is not only one of the foundafigurement decided her. Peremptorily ers and still suffering from the effects itself to these foods, even though gention stones of a fortune, but also one she turned, "Please, Lun, seat your-of the shock. The two men who kidof character. The habit of thrift imself quietly. This foreign gentleman napped you mistook you for a German proves the quality of the character.

sein quietty. This foreign gentleman napped you mistook you for a German spy who is in Pekin trying to undergrowth and an achieve fore on her strength of the character.

dependence, of self-reliance. A little bank account or an insurance policy common sense ruled, telling him he war of justice." must clear up without delay every vestige of the blunder caused by the

bungling of the officials. The streets were thronged with peoproducts in sufficient quantities for who, without being mean or penurious, ple, but for once Tu Hee took no infelt no shame at riding openly and keeping the publisher on his toes tohasida a faveigner. Indeed the signifi.

One of the market features that is keeping the publisher on his toes tonate, first worked in a rope and canvas. Dowager Countess of Grafton was one

ison of last year's garden plot. Space for the canning can be figured by the general rule given below.

If the garden is large so it must be cultivated with a horse, it should be of the future for the gratification of the future for the gratification of the hour.

If the garden is large so it must be cultivated with a horse, it should be of the future for the gratification of the future for the gratification of the future for the gratification of the hour.

If the garden is large so it must be increase of a similar amount is expected. In an interview on Tuesday last P. F. Dodge, president of the International Paper Co., said, "I do not see how newsprint prices can help but what she called male denseness." what she called male denseness. "I go higher in view of the increased cost

Length of row or number of plants dence, because it shows that you have oproduce:

One hushel of towatoes and to the row of plants of the row of number of plants of number of plants of the row of number of plants of number of plants of number of number of plants of number of num To get the "bank-book habit" is to considering her former feelings, it was farther and farther away every year.

and defy the ravages and revenges of time.

Why not start the habit to-day? No matter how few your dollars at the man beside her figured in it largely.

As they neared the great entrance of our formatter of our formatter of our formatter formatter formatter of our formatter f start—make the start. The possession gates of her home, a touring car turn-fires are divastating more of our forof a bank account, however small, ed out and approached them. Tu Hee
ested areas to a far greater extent. s. gives a wonderful sense of independ- leaned forward eagerly. The veneer of ested areas to a far greater extent. s. ence and power. The consciousness over-civilization dropped from her. In the province of Quebec last year s. that we have a little ready money adds and clasping David's arm she said 740,000 acres of forest land was burned

greatly to our comfort and increases a tremulously, "My uncle, sir. He approaches in the grey car."

David drew up his green first said 740,000 acres of forest land was burned over, according to Hon. Honore Mercier, Minister of Lands and Forests. David drew up, his gaze fixed with and in 1921 over 800,000 acres was desinterest on the occupants of the on-coming machine. Wen Toy's face was While set in tense lines. He glanced neither to left nor right, nor did his com-The wisest habit is the habit of panion or driver,

panion or driver.

Tu Hee, fearful of their passing right by, rose to her feet. Her voice from the reader; consequently both the newspaper publisher and the readof the increasing price of newsprint, she called "Please stop, Uncie Weng or are directly interested in the pro-

The amased driver put the brakes tection of the forest from fire. on so suddenly that only sheer luck averted a catastrophe. The huge car swung round like a baiked animal, but as it saw fit to keep its balance, no one sponsibility and do all he can to save othered his head as to what might the forests for labor-employing indus-

have been.
Weng Toy's dignity deserted him tries. entirely. He did not wait to open the door, but vaulted it like a school boy, London's annual dish of and ran, arms outstretched and bareabout 400,000 tons.

A Montreal business man en route to foronto early this spring was overheard saying to a travelling companion: "Last night I went home completely fagged out. I put on my slippers, lit the grate fire, put a 'cello rebewildered. The couch she was on wasn't her own and the room was strange but very pretty. It was all pale blue and gold, like a foreign woman's boudoir. Foreign—ah!—she covered her face with her hands as mamory rushed over her. Then two

beamed again as she saw his hand formance of which fell on May 8th, Slowly Tu Hee withdrew her hands. extended. She knew trust always went and as such that date was made some-Bewilderment was still on her face as she murmured, "It's the American, Mrs. Claymore. Please, please, why am I have?"

extended. She knew trust always went with the mandarin's hand-clasp.
Weng Toy instructed the chauffeur lish speaking world. This number to drive both cars into the courtyard, finds a place in every folio of home and they all walked back to the house. The woman sat on the side of the Mrs. Claymore cleverly monopolized grandfathers' homes to the most reand they all walked back to the house. songs, from the oldest volumes in our The woman sat on the side of the couch. Taking one of Tu Hee's hands in her own she said, "It has been a side Lun, while Tu Hee followed bemunity singing. It has been sung on

safe to skip the blanching and cold dipping process, excepting where shrinkage previous to filling the jars throughf, the summer and, see if you are accomplishing your goal.

PRODUCT PER PERSON FOR THIRTY WEEKS.

1. Greens, spinach, dandelions, chard and other greens. Five quarts from serving per week).

2. Tomestoes ten quarts (two serv.)

2. Tomestoes ten quarts (two serv.)

2. Tomestoes ten quarts (two serv.)

3. The table follow-ing gives the necessary amount per bouse of the great Weng Toy."

4. Was too tired to talk, that Uncle Weng would explain.

5. For the first time in her life Tu Hee experienced the feeling of envy. She minutes."

5. The words of "Home, Sweet Home" and amount per shrinkage previous to filling the jars through the conserving of the mineral arguments for this, notably the conserving of the mineral matter. For safety's miners for this, notably the conserving of the mineral matter. For safety's port the couch, "I rest at home."

4. Greens, spinach, dandelions, chard and other greens. (we have not suggested the eliminess," we have not suggested the eliminess," we have not suggested the eliminess," we have not suggested the eliminess, we have not suggeste "Won't you please have some tea hoped for this, but a glance at her uncles' face told her that Mrs. ClayTu Hee looked into a pair of brown

Tu Hee looked into a pair of bro

Supplement canned vegetables with stored ones, such as cabbage, rutabags, onions.

4. Fruits (including jellies). Thirty quarts.

Supplement canned ones, such as cabbage, rutabags, onions.

4. Fruits (including jellies). Thirty quarts.

Supplement canned ones, such as cabbage, rutabags, onions.

4. Fruits (including jellies). Thirty hardening in the seed vegetables, thus reptitious glances at the girl opposite her. When she had sipped the last of the tea, the foreign girl leaned for stored ones, such as prupes and ones, such as named the officer was time.

Supplement canned vegetables with not permit the overlooking of the erage.

No word was spoken as she partook of the refreshment, and she stole surplicitious glances at the girl opposite her. When she had sipped the last of the tea, the foreign girl leaned for time furtively watching the Englishman.

The persistent question which day in old London, when he was feel.

The persistent question which day in old London, when he was feel.

The persistent question which day in old London, when he was feel.

The persistent question which day in old London, when he was feel.

The persistent question which day in old London, when he was feel.

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The persistent question which day in old London, when he was feel.

The persistent question which day in old London, when he was feel.

The persistent question which day in old London, when he was feel.

The persistent question to London and the officer was tunmistakable.

Later Payne went to London and the old Calabrian peasant song familiar and old Calabrian peasant song familiar downs in 1826, and John Turnbuil, Dr. Cooper were its guident than the persistent question which day in old London, when he was feel.

The persistent question to London and the officer o. neate, thrity quarts.

Total, ninety quarts.

Total, ninety quarts.

You will notice that we recommend the eating of greens at least once a week, somatoes in various forms, twice a week, somatoes in various forms, twice a week, and the other commonly canade week, somatoes in various forms, twice a week, and the other commonly canade week, and the other canade week and oxford mere w

The Borrowed Dress Suit.

him to meet her nephew.

The dinner was small, and my host-

rave no more 'gainst time or fate, For, lo! my own shall come to me.

of his share in the ultimate triumph And garner up its fruit of tears.

The waters know their own and draw The brook that springs in yonder

Tu Hee's eyes shone like twin sap-

Forest Fires Increase News-

print Price.

While the publisher will no doubt be

mous naturalist.

When Sir James Barrie is in a bad evening suit of my own, and I had to

been advanced \$5 per ton, and another Lord Birkenhead was accustomed to

of my warmest friends. increase of a similar amount is ex- work from five o'clock in the morning

> is to walk out in the bright sunslitue! the world.

Lifebuoy may be safely used on the tenderest skin. It is wonderfully cleansing for little hands, faces and bod-Lifebuoy babies have beauth

ISSUE No. 19-23.

After

give your digestion a "kick" with WRIGLEYS.

Sound teeth, a good appetite and proper digestion mean MUCH to your health.

WRIGLEY'S Is a helper in all this work-a pleasant,

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In his eff.

tob for t.



ings per week).

3. Other vegetables, peas, beans, beets, carrots. Fifteen quarts (two servings per week).

Supplement canned vegetables with supplement canned vegetables with

of the tea, the foreign girl leaned forward and addressed her in a low,
eager tone. "My name is Grace Ashdarkened his face was whether the
ing depressed and the pinch of lack of
the tea, the foreign girl leaned fortime furtively watching the Englishthing but thrifty. On a dull October
who were issuing a book of national
melodies of all countries, and who,
lacking a Sicilian melody, commissionaged by all classes of people. They
were kept up not only by private One warm day in spring Silas Sutton. If you can ever forgive us for foreigner's wound and his wife Harriet wore plant. This painful affair, please let me hear shingler to Tu Hee

Methodist conference "resolved on es-Many a man has borrowed trouble tablishing Sunday schools for poor when he borrowed a dress suit. But children, white and black."

sometimes a man has to borrow; in In England, Sunday schools date such a case he should choose wisely from 1769, when a Methodist lady and shun the kind of suit that Dr. W. Hannah Bell. "was instrumental in S. Rainsford once borrowed when the training many children in the know-Dowager Duckess of Grafton invited ledge of the Holy Scriptures." Later in 1781, Robert Raikes, publisher of My father, says Dr. Rainsford in his the Gloucester Journal, happened to autobiography, had accepted for me. be talking on the street to a lady who and it never had occurred to him that afterwards became the wife of Samuel the limited resources of my wardrobe Bradburn, celebrated lay preacher. He could not possibly meet the require. pointed out some ragged urchins, as ments. Evening dress could be hired ing, "What can we do for them" "Let if you knew where to go, but none of us teach them to read and take them to church?" was the reply. He im-Father had a happy thought! Why mediately proceeded to try out the should I not go in his old evening suit, scheme the pair attending the first the one in fact that he had been mar. quota of neglected waifs to the church, ried in? Well, we found the old broad exposed to the comments and laughter cloth suit, which age had colored bot. of the populace. Such was the origin tle green, and I put it on. Mother was of our present Sunday school, an indoubtful; father was hopeful, and I stitution which has perhaps done more was miserable! It was woefully short for the church and the social improvein the arms and back and so tight in ment of Protestant communities than the chest that I was afraid to stand an yother agency of modern times, the up. But what better could any one of pulpit excepted.

Progress of Liquid Fuel. ess, who was gracious and tacfful, was bent on putting me at my ease; the ployed only for steam production, but For a long time liquid fuel was emnephew was much too great a "swell" an indication of the wide application to take any notice of me other than that it may have in many forms of in rishes to take us quickly to my uncle. spy who is in Pekin trying to underLun turned an aghast face on her mine China. Stupid of them, but as mine China. politeness to his aunt made necessary. dustry is afforded by the experience of

A gratified, pleased smile which she and the God of Justice. Now, child, Lord Leverhulme sleeps in a cage in a dull but quite audible rending the form of burner was evolved which ap-A gratified, pleased smile which she and the God of Justice. Now, child, had glimpsed had set her heart beat-run up to your room and rest for an the open air, both winter and summer, wretched coat burst asunder from colpears to be entirely satisfactory. Four had gumpsed nad set ner neart beat-run up to your room and rest for an the open air, both winter and summer, wretched coat burst assunder from col-rears to be entirely satisfactory. Four lar to tail. I really wonder how I did to five thousand gallons of oil are Tu Hee's feet barely touched the Cantain Amundsen, the famous ex. situation since then but that touched to five thousand gallons of oil are David drove rapidly. Fain would heart sang until she was dizzy, "He is baye allowed the car to create her baye allowed the car to create her bayes allowed the car to create but the cold time I did the right thing and did it at and the temperature obtained ranges he have allowed the car to crawl, but a hero. He won his scar in the great when he is at home. On his expeditions he save he scarcely notices it father's wedding cost. I have a save to a baker's oven to that retions, he says, he scarcely notices it. father's wedding coat. I have not any quired for melting crucible steel.

Lord Sleeps in a Cage.

Mr. Hilaire Belloe, the author, once and londe in a kindly general lish philanthropist, sleeps in a cage in served in the French army as a gun-al laugh, and everyone including my the open air, both winter and summer, being convinced that fresh air is one of the chief necessities for health.

Bees Have Hip Pockets.

In the bee's legs are pockets for holding pollen, each pocket being closed by rows of bristles which inter-In the spring when the days are just lock in the most wonderful manner, so beginning to be warm how pleasant it preventing the pollen from falling out





their keeping in fresh condition. Remove capping from cork by dip-ping in hot water. Every single olive inspected for size and quality before INVINCIBLE bottle.

Plain and Stuffed. At all Grocers Insist on McLARRN'S INVINCIBLE Melarer SLIMITED

never being foolish. Fresh air and BOVRI are the great safeguards of Health.

Want of thought causes as much

evil as want of heart.

Serene, I fold my hands and wait, Nor care for wind, nor tide, nor sea,

For what avails this eager pace?

Lun turned an aghast race on ner mine China. Stupid of them, but as mistress, twisted her hands nervously, and seated herself beside Mrs. Clay
The Ameer of Afghanistan finds his when my very forgetfulness brought tory at South Hackney, in Englant. The experiments there were begun said to be a better chef than those in forward in the middle of the dinner to more than ten years ago and after

temper he puts on his hat the wrong put it on or refuse your most kind invitation." Mr. Hilaire Belloe, the author, once All joined at once in a kindly gener-



Why is it that in life we often look downward when shadows darken our pathway? There is no more reason to do it in the journey of life than in the walk in the fields. A cloud can do no more than hide the sun for a little while; it cannot destroy it. We are not afraid of that. Neither can the clouds of life destroy the brightness of God's face, which shines continuously. There is nothing really wrong with the world when there are shadows overhead. It is the same world as when the sun is shining. The friends

ed up yours.

Sunshine and Shadows.

we meet are the same true friends, and duty is the same duty. Moreover, neither clouds of the air nor clouds of the soul can stay long, for they are always moving; and when they are gone life will be as bright as it was before. Look upward in the shadows, good

friends. That is where the sunshine