the last is biteth like deals with the imf intemperance. This the final results of hen it is all too late lizes that the cup is These words we.a s of years ago, but ever to-day. The perance are always eeded by the world one reason that jus-We are dealing d treacherous for n seeking to protecthe weak from themat interpretation of is total protection. eld the child and the results of intemrotect the drunkard he difficulties of enall must admit, do etter by legislation amber that so long e liquor traffic we ine heart shall In the concluditer points out how roys the whole nor-Mind and tongue out of joint. They aright. I will seek t he has power to his course of life. well as poisoned.

kagiving day Esther d but could not be

minute, while she's over to tell you-Well! Hush, let me eve, but I can make in-love her pretty. I told Richard we'd today -when you roing to have a real g. We had to have too. I sent him to for one. Nell. do ve that baby up afgged its little soft ds! And went to he laid her hand "And-we'd kissed let me go! Don's y I am so happyspered Ne.l later, liké holy incense floated through the on think a Thanksvery thankful?" wiped her mothere corner of the big

hat since 1914 the

g Day give special

lessings of friend-

of Russia has dehalf. It is said 16,000,000 of the aten by the people.

for water faucets ardboard than of d'umber, "for the then wet and pre-

ks, oh, Heart of mirth for meed lo egbstwonk su the seed. growing and the

the harvest from

the Spring." heodosia Garrison. .

to drive nails into ach as white oak, Hard job, wasn's that axle grease pplied freely to the will make it drive e grease also preing in the timber. oil or grease, just be careful to get ad, for your ham-

# HEALTH EDUCATION

BY DR. J. J. MIDDLETON Provincial Board of Health, Ontario

hers through this column. Address him at Synding House, Synding Crescent, Toronto.

There are various kinds of coughs, stomach and bowels gets into a state

irritating cough is set up.

day, and that is in the morning on getretches in the mornings when he gets that my mother and two of my sisters extent, and about fifteen feet deep. Its ting up, and particularly just after up, and at no other time, should reand induces retching and hawking up over-indulgence. If it is allowed to are never without them in the house."

On account of the deadly fumes it is of mucus. But there is no expectoracontinue there will be in time enlarge. If you are suffering from any conpossible to live on the island only betion at all. Quite a number of attacks ment of the liver. If he alters his dition due to poor, watery blood, or tween November and March. Then

prevalent It may occur at any time a few doses of bismuth and pepsin You can get these pills through any blows in one direction, making it posfuring adult life, but is most com- mixture, and above all no more over- dealer in medicine, or by mail, at 50 sible to get at the valuable chemicals. nonly in middle-aged men who lead indulgence in alcohol or such stimu- cents a box from The Dr. Williams' rather indulgent lives, eating and lants for a time, and the congestion of Medicine Co., Brockville, Ont. a result, the lining membrane of the cough will disappear.

**EASY TRICKS** 

No. 50

Brush It Off

A travelling salesman, so the story

coes, discovered this little stung.

Pernaps you can try it on your

friends. You'll need a coin and a

Hand the whisk broom to a friend

and put the coin on the palm of

your right hand. Extend the palm

-and coin-toward your friend and

It is not necessary for you to pre-

pare the coin and there is no trick

about it. All that you have to do is

to place the coin in the centre of

the paim. Of course, your friend

can shove or drag the coin off-but

-be done with a clothes brush.

The trick can also or can't also

(Clip this out and paste it, with

other of the series, in a scrapbook.)

Corfu, prominent in the news as a re-

sult of Signor Mussolini's ultimatum

to Greece, is living up to its reputa-

tion in being once more the scene of

conflict. Probably no island in the

world has had a more chequered his-

One of the lovellest of all the Greek

isies, it has changed hands more than

a score of times, and has had as many

· Known originally as Corcyra, it was

the site of the first naval battle fought

in the annals of Greece, the engage-

ment taking place nearly seven hun-

dred years before the birth of Christ.

Since then it has figured in innumer-

able Near Eastern crises an island

which has been the cause of almost

Pirates of old Illyria, Romans,

French, Sicilians, English, Italians,

Corsairs, Turks, and, of course, Greeks

have all had a hand in its affairs at

some time or other. Great Britain

ruled it for not quite fifty years, when

it passed under Greek control at the

To-day its future is as uncertain as

ever it was. It is a beautiful dream is-

land which many want and none can

That nasty, irritating, tickling cough

that keeps you awake at night, makes

His miserable, will not stay when Dr.

Howard's Gum Balsam is used. The

first dose relieves. Every 50c bottle

guaranteed satisfactory or money re-

funded. Refuse substitutes and avoid

disappointment. All Drug Stores.

Manufactured Taylor Pharmacal Co.,

It is a reproach to any woman of

any class not to be able to darn well.

The whites of eggs will beat much

and the second s

faster if thoroughly chilled.

different owners.

endless bloodshed.

wish of its inhabitants.

Birchcliffe, Ont.

-Lady Nott-Bower.

Isle of Bitter Memories.

He won't be able to do it.

whish broom.

"Brush it off."

he can't brush it off.

There are true coughs that are caused of slight chronic congestion, a mild by some disease of the lungs or bron- gastro-enteritis being set up, the irri- and is fatal. chial tubes; there are also coughs that tation of the bowels sometimes proare due to some condition outside the ducing diarrhoea which may be slight

flex action, and the same nerve supply—act, the liver begins to get congested rheumatic matter is driven out of the Lake, a vast natural deposit of soda. ing both the lungs and the part irri- too. And later, the trouble may ex- system as nature intended. Miss Ger- The lake is ten miles long, two to three tated causes a cough, though the lungs tend and assume a serious and indeed the Denne, Washago, Ont., was attack-miles in width, and seen from the

The two places where this kind of brought about by over-stimulation of says:—"About a year ago I was at white sheet. cough may be set up are the throat and the stomach, the former being the stomach cough," and the latter a "stomach cough," What causes a stomach cough? Any congestion or irritation of the lining of the stomach is very liable to affect the order of the stomach it unally they take a little more than is will cause and stomach cough and stomach cough. Williams' Pink Pills in the house and store that the order of the stomach cough. Williams' Pink Pills in the house and store that the order of the stomach cough. is very liable to affect the ends of the itually they take a little more than is Williams' Pink Pills in the house and and every year something like 150,000 preumogastric nerve there, and that good for their stomachs, and the stomthought they might help me. I began tons of soda reach us from this won-

Then it occurs in paroxysms gard it as a warning and give up his ments with equal success, and now we hydrochloric and sulphur acids. of coughing may occur before breakhabits the cough will very soon disfast time, but after that meal it is all
appear. No cough mixture is needed
liams' Pink Pills now, and note how
habits the cough will very soon disappear. No cough mixture is needed
liams' Pink Pills now, and note how
habits the cough will very soon disappear. No cough mixture is needed
liams' Pink Pills now, and note how
habits the cough will very soon disappear. No cough mixture is needed appear. No cough mixture is needed liams' Pink Pills now, and note how phur are mined and exported. Be-At what age is this cough most liver pill at intervals of a few days, your strength and health will improve. tween these dates the wind always

# Is An Indication That the Blood is Thin and Watery.

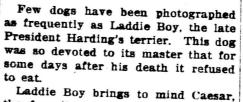
The first sign of rheumatism is fre natural reservoir of valuable mineral quently a pain and swelling of one of pitch, a hundred acres in extent, from the joints. If this is not treated which 200,000 tons of asphalt are exthrough the blood, which is the seat ported annually. of the disease, the poison spreads, af- Althought the asphalt appears soft, fecting other joints and tissues some one can easily walk about on the lake. times rheumatism attacks the heart Any excavations made during the day

cases of rheumatism is Dr. Williams' the lake is slowly sinking. This condition is generally one of But if the cough is neglected, and Pink Pills. These pills enrich and About half-way across Kenya Coltritation; this irritation sets up rether cause of it allowed to continue to purify the blood so that the poisonous one, in British East Africa, is Magadi themselves are perfectly sound and often incurable condition of affairs. ed with rheumatism and found relief mountains that surround it, it has the Congestion of the stomach is through Dr. Williams' Pink Pills. She appearance of an immense rufiled pneumogastric nerve there, and that achs resent it. The same applies to achs resent it. The same applies to taking them, and when I had taken der lake in East Africa.

White Island, off New Zealand, continued the same applies to these pills got a further supply, with This "stomach cough" is a peculiar stead of a blessing.

The result that the result that the result that the result that the minental deposits. It is sixty acres in the result that my mother and two of my sisters extent, and about fifteen feet deep. Its

Dumb Friends of the Famous.



The Empire's Wonder Lakes.

In the thirteen odd million square miles of territory which comprises the British Empire, there are many re-

markable phenomens, one of the most

interesting being the Pitch Lake of

Trinidad, in the West Indies. It is a

are mysteriously filled up at night by

The tenderest friendship existed between the King and his dog, and Caesar always slept in his master's bedroom.

When the King was taken ill Caesar fretted so much that he, too, became ill, and when the King died Caesar's and wandered miserably about the driven by a special motor. palace. It was only with difficulty No noise is made by the train, and

There are many cases on record of dogs actually dying of grief. A recent one was of the pet of Mistral, the French poet. It refused food and for five dollars costs three cents. Lytway, the butcher, had been busy would not move from the study. Exdictionary. Suddenly he closed it with lying dead beneath its master's writ-

ing table. "That Mrs. Smarte is getting too Mr. Lloyd George is rarely seen without Ruffles, the great sable and "What's the matter?" asked the good white St. Bernard which he brought lady, surprised at this criticism of a home from Switzerland in 1920. What is more, the then Prime Minister broke "When she came in just now she the law by bringing the dog straight in quarantine.

By S. W. Knife.

A short time ago an article appeared in the "Pickering News" stating that "E. W. Ruddy, who has a country re-When food sticks to the cooking sidence there, cleared \$4,600 profit utensils, use a clothespin to loosen it, from 1,000 hens for the preceding twelve months," and employed all help required to look after them. This certainly shows there is money to be made from hens. How? By proper feeding, good care and attention. Poultry raisingn is as much a business as any other business and to make a success one must understand what he is doing and why.

The winter is not the natural laying season, therefore to get good egg production, when prices are high, the hens must be fed with that object always in view. They need exercise to keep the body warm, which should be provided by making them work (scratch) for every grain of feed. The feed should be stimulating and bodybuilding, such as wheat and corn, say 40% of each, making up the other package or on tablets you are not getpeas, etc. It is best just to feed safe by millions and prescribed by bird always ready for the next meal.

A lot has been said for and against "hot mash." Mr. Ruddy fed hot mash as a mid-day mead all through the winter. In the average home there is usually a considerable amount of only. Each unbroken package contable scrap which can profitably be tains proper directions. Handy boxes utilized, mixing it along with the lay- of twelve tablets cost few cents. Druging mash and fed in a "crumbly" congists also sell bottles of 24 and 100. dition, not sloppy. Feed at mid-day Aspirin is the trade wark (registered and just enough; if you feed too much in Canada) of Bayer Manufacture of the birds will go to roost, which is not Monoaceticacidester o' Salicylicacid. desirable. Why not feed hot mash in While it is well known that Aspirin the morning? Because birds will means Bayer Manufacture, to assist easily fill their "crops," stand around the public against imitations, the Taband get chilled, whereas grain first lets of Bayer Company will be stampthing makes them active and keeps ed with their general trade mark, the them warm. Grain should also be fed "Eayer Cross." in the evening. Soft feed being more easily digested, the birds' crops are empty long before daylight and you cannot expect man or beast to do their best on an empty stomach

Human beings owe a debt of love to one another, because there is no other method of paying the debt of love and care which all of us owe to Providence.—Ruskin.

Two-pronged forks were introduced. into England in 1608. They were first made in Sheffield. Three-pronged forks came into use in 1750.

# SMOKE CHUM/

The Tobacco of Quality
2 LB. TINS and in packages

Manufactured by Imperial Tobacco Company of Canada Limited

# Trains That Never Stop.

A never-stop railway, the trains of which require neither driver, conductor, nor signals, is being experimented with at the Kursaal, Southend, England, where yards of track have been

laid for testing purposes. The speed of the train is automatically increased and decreased. When the favorite terrier of King Edward. it arrives at a station the train slows down to about one mile and a half an hour, so that passengers can step to a "landing stage" level with the station platform. The principle is similar to that of the escalator. But once past a station the train gathers speed up to twenty-four miles an hour. Its speed grief was intense. He would not eat is controlled by a screw, which is

the wheels have rubber tyres.

MONEY ORDERS. A Dominion Express Money order

Light and Heat. The light and heat that make life possible are flashed to us in eight and one-half minutes over the 90,000,000 odd miles that separate us from the sun. But the nearest of the stars is so far away that its light needs more than four years to reach us.

To achieve success not by heritage joy of life .-- J. P. Morgan.

Remarkably rich radium bearing mineral deposits have been discovered in Madagascar.

Say "Bayer" and Insist!



20% with Western oats, buckwheat, ting the genuine Bayer product proved ham's Vegetable Compound enough at a time so as to keep the physicians over twenty-three years for

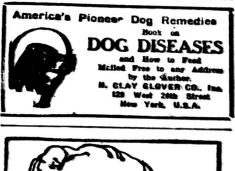
Colds Headache Toothache Lumbago Earache Rheumatism Neuralgia Pain, Pain

Keep your health. Always keep Minard's handy. The universal remedy for every ill.



Farthings. Round farthings were not coined until the year 1210; before then pennies broken into four pieces made farthings (fourthings).







In the treatment of all skin troubles bathe freely with Cuticura Soap and hot water, dry gently, and apply Cuticum Continent to the affected parts. Do not fail to include the

in your toilet preparations. Sonp 25c. Cintment 25 and Sec. Taleum 25c. Sold throughout the Dominion. Canadian Depot: Lyuna, Limited, 346 St. Paul St., W., Mestreal.

exquisitely scented Cuticura Taicum

# MOTHER OF LARGE FAMILY

to Other Mothers

Hemford, N. S.-"I am the mother of four children and I was so weak after my last baby came that I could not do my work and suffered for months until a friend induced me to try Lydia E. Pinkham's Vegetable Compound. Since taking the Vegetable Compound my weakness has left me and the pain in my back has gone. I tell all my friends who are troubled with female weakness to take Lydia E. Pinkham's Vegetable Compound, for ! think it is the best medicine ever sold. You may advertise my letter."—Mrs. GEORGE L. CROUSE. Hemford, N. S.

My First Child

Glen Allen, Alabama. - "I have be greatly benefited by taking Lydia E. Pinkham's Vegetable Compound for bearing-down feelings and pains. I was troubled in this way for nearly four years following the birth of my first child, and at times could hardly stand on my feet. A neighbor recommended the Vegetable Compound to me after I had taken doctor's medicines without much benefit. It has relieved my pains and gives me strength. I recommend it and give you permission to use my testi-monial letter."—Mrs. IDA RYE, Glass Allen, Alabama.

Women who suffer should write to the Lydia E. Pinkham Medicine Co., Cobo Onterio, for a free copy of Lydin E. Pinkham's Private Text-Book upon Ailments Peculiar to Women."

135UE No. 43-123

# THE FALL WEATHER HARD ON LITTLE ONES

Too Strenuous

"Not gettin' along at all," snapped good customer. the new man disgustedly; "how do you expect me to hold a plow with

# New Pest.

is attacking white pine nursery stock in localities from the Atlantic to the

lightning bug was recently accomplished by letting the bug crawl over a photographic plate.

Canadian fall weather is extremely hard on little ones. One day is warm and bright, and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., ville, Ont.

field and started him at plowing be-

hind two horses. Two hours later the new farmhand returned to the house utterly exhaust elever," he howled. ed. The farmer asked him how he

was getting along. two big, strong horses trying to pull it away from me all the time?"

A pest called white pine blister rust lie in wait!"

Photographing the flashes of a



told me I ought to rename my scales to Downing Street before it was placed but by individual effort is the greatest "Well, why-?"

"I've just looked up the word," went \$4.60 Profit From Each Hen. on the infuriated man, "and the dictionary says that ambush means 'to

Save Your Pans.

Ask for Minard's and take no other.

ecratch your pan.

instead of a knife, and you will not



Canadian Pacific Railway, and well-known sportsman and race-horse owner. this tuna weighed 712 pounds, a world's record, fish via the rod and reel. The surest way of making fools of Using a Von Holt tuna rod and reel, No. 39 thread line and mackerel for yourselves is to be frightened of doing bait, Mr. Ross landed the big fellow in three and a quarter hours. It was

Mr. Ross for many years has been an ardent tuna hunter. He has haded many large ones, some weighing over 600 pounds, but until this summer he was unable to beat the record of Captain Laurie Mitchell, who caught a 710 pound tune off the Nova Scotia coast many years ago.

WORLD'S RECORD FISH

Captured off St. Ann's Bay, N.S., by Mr. J. K. L. Ross, Director of the 9 feet 2 inches in length, and 6 feet in girth.