### OUTDOOR RECREATION CONFERENCE

### Importance of Recreation From National Health Standpoint -Canada Participates in Washington Meeting,

servation, and one that affects Canada into great urban centres on the one profoundly, was inaugurated by Presi- hand and the development of the autodent Coolidge in the convoking at mobile on the other have changed the Washington, May 22 to 24, of the first outlook of the people of North Ameri-National Outdoor Recreation Confer- ca in regard to outdoor recreation in ence. At this conference, which em- one generation. braced national and state organiza-tions, Canada was represented upon songer have, as they had thirty years the special invitation of the President ago, open spaces near at hand for reof the United States. It was intended creation, and the automobile has prothat Canada should be represented by vided the means by which they may Mr. W. W. Cory, Deputy Minister of escape into the forests, the mountains, the Department of the Interior, and and along the watercourses. The hold-Mr. J. B. Harkin, Commissioner of ing of this conference indicates that Canadian National Parks. Owing to people have suddenly awakened to the unforcemen circumstances Mr. Har- fact of which leaders in both Canada kin was prevented from attending and and the United States have been to Mr. Cory feil the duty of acting for aware for some years that the health Canada at the various meetings of the and efficiency of the nation are going

various forms of outdoor recreation never been as great in Canada as it is Two of the common abrasive minwill be fully represented on the per- at the present time, it is intended that erals, corunium and garnet, when however, and concentration and precountry of properly directed sport and tion.

throng

Uplift our prayer and evensong, Dost thou, with heaven in Thy ken, Seek still a dwelling place with men, Wandering the world in ceaseless quest?

O Man of Nazareth, be our guest!

found The fox is sheltered in his ground.

But dost Thou still this dark earth tread And have no place to lie Thy head?

Shepherd of mortals, here behold A little flock, a wayside fold, That wait Thy presence to be blest-

O Man of Nazareth, be our guest! -Daniel Henderson.

### Unofficial Bird-Bands.

The Canadian National Parks Branch, of the Department of the Interior, which is keeping the file of Canadian Bird Banding Records, has recently received a band of a kind differing from the official bird-bands used in Canada and the United States. and an endeavor is being made to trace its origin. It is made of aluminum and has the number "57" stamped on it. Mr. Arthur Shuttleworth, of Plummer, Ontario, found the band on a young teal duck which he shot on tario on September 12, 1923. The sons who consider that they may be for a space. able to furnish information concerning it. Application should be made to the French say—and blessings on the feet wide, and traceable for a con-



and hands and feet 'neverything and larger gardens are more content-

"I'm giad you do child, and why?" ".'Cause you always make me git in the tub.

### City in the Abyes.

There is a quickstiver mine in Peru \$70 fathems in circumference and 480 complete in the country. They have seet deep. In this profound abyes are an eye specientist, a throat specialist, streets, squares and a chapel where a nose specialist, and they even have religious worrhip is held.

A great forward movement in con-| recreation. The crowding of people

to depend in no small degree upon the Canada could not remain aloof from maintenance of national parks, game a conference of this kind even should preserves, game sanctuaries, forest she desire to do so, because outdoor reserves, and other open areas, and recreation, in the broad terms in which upon the wise administration of proit was dealt with on this occasion, in- per laws respecting the protection of volves the international guardianship game animals, game and insectivorous of fish, migratory birds, boundary birds, and fish. The view taken a few waters, pollution of streams, interna- years ago was that national parks tional games, and international recrea- with their beautiful scenery and their tional travel. The Dominion is al- wild animals living in a state of naready in touch with these subjects at ture ministered only to the sentiment a dozen points and the chief work of al side of life, but it is now seen that

BEAUTIFUL GENS ARE the conference was to emphasize and the very stamina of the nation is deorganize the activities they involve. pendent upon these playgrounds, and Canada has shown that she does not dicates the important place the sub-intend to be benind any part of the ject occupies in the minds of the lead- continent in developing these safecalled and opened by President Cool- evidenced by what has been done in idge, and the executive chairman was the establishment of national parks. Hon. Theodore Roosevelt, Assistant in the creation of game preserves and Many of our most beautiful and valu- two inches or more in diameter, which Secretary of the Navy. Other mem- sanctuaries, both in the settled parts able gem stones are varieties of com- gradually decrease to the size of a bers of the United States cabinet who of Canada and for the protection of paratively common minerals. The pin-head as the contacts are approachtook part were: Hon. J. W. Weeks, natives in the far north, in the pre-diamond-one of the hardest sub-ed. Secretary of War; Hon. Hubert Work, servation of the buffalo as well as stances known, and the most highly- At Chogoggin Point, near Yarmouth, Secretary of the Interior; Hon. H. C. other large and small game animals prized of the precious stones—is a Nova Scotia, a 35-foot dike, with a Wallace, Secretary of Agriculture; and migratory birds, in the establish form of the common soft black graph- garnet content of approximately 46 Hon. Herbert Hoover, Secretary of ment of national forests, and in the ite, which occurs abundantly in Na- per cent., outcrops on the sea shore Commerce; and Hon. J. J. Davis, Sec- holding of Empire and National Con- ture. Emerald is a rare variety of and has been traced inland for several Arrangements were completed by ests, wild life, and public health. Accowes its beautiful green color to known that are both rich and suitable pests. which the people interested in the tivity in these different spheres has traces of chromium.

### Old Home Town Week.

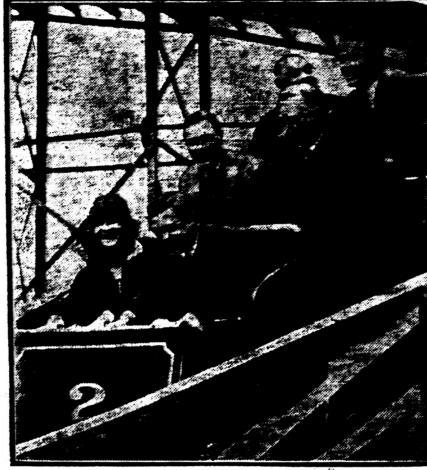
old home town weeks this summer. Old boys and old girls, who have been of abrasive materials, both natural away from the place which saw their and artificial, has greatly increased, birth, which attended to their school and there are now very few articles, in ing or gave them memorable years in factory or home, other than textiles, their early days, return after absences that have not been subjected to the varying from one to sixty years and action of abrasives. On account of from distances running in some cases this increase in demand, the Mines to thousands of miles. Those who Branch of the Department of Mines is have been a long time away open their making special investigations of Cana-Lord Christ, the bird his nest has eyes with surprise at what they see, dian abrasive minerals, including garin the years that have intervened the net. the houses and physiographical fear emery, corundum, or garnet. tures of the old town better than he does some of the old boys and girls. While trees have grown in the town, Cariboo-Lake, District of Algoma, On- many a head. Yet it makes no differ- lower garnet content at Parry Sound sockeye yearlings were migrating band will be lent to responsible per- by magic and old times walk again probably become an economic pro-

the Commissioner, Canadian National man who first thought of it. Alto- siderable distance. The centre of the be collected in a pile it would cover duce to dignity and will not distance. of it. I do not thing most towns and small cities could employ their money better in advertising their manifold attractions than in calling back those with most reason to love them, because these, seeing how much the old town has accomplished in their obsence, will bruit it abroad without pay

or thought of it. These occasions have brought home to many people from the large cities that the small towns and cities have overtaken them in the matter of advantages. Except for theatres and concerts and the University these small towns offer to the dwellers therein every advantage that the city can and for less money. Land costs are lower and therefore rents and building costs are not so high. Taxes as a consequence on industries are lighter Gee, I hate t' git my face and workingmen with better houses ed.-From Saturday Night.

> Fully Equipped. A disabled soldier had been so long in one hospital that it seemed like home and he was anxious to impress

its ments on all callers. "Why," he exclaimed, "it's the most internes for internal diseases."



Above are shown the Duchese of York, the Prince of Wales, and the Duke of York (behind Prince), photographed in a moment of fun on one of the roller-coasters at Wembley.

# BUT COMMON MINERALS

## ing men of the United States. It was guards for her people. This has been Garnet Finds its Chief Use as An Abrasive Found in Many

ferences on the conservation of for the not uncommon mineral beryl, and miles. Several other deposits are

manent organization by their acknow- there shall be no slackening but an clear and flawless, give us beautiful paration are important factors. The ledged leaders. These details need increase of effort, and that the work gems; the ruby is a red variety of Mines Branch has paid considerable not be gone into here, the point being already begun shall be extended and corunium, and the sapphire a deep attention to the preparation of Canathis: that people everywhere now re- made more far-reaching and effective blue variety of the same mineral, dian garnets for market, and has made cognize the importance to the whole by further organization and co-opera while many of the variously colored tests to determine the best processes garnets are extensively used in jewel. for different classes of ore. ry and are classed as nomi-precious If a steady demand for garnet should stones. Both corundum and garnet develop many new deposits of suitable

rocking cradle has never been idle and Garnet is really a very common in spite of the constant drain by large mineral, and occurs in several variecities of the continent most of them ties, having slightly different composihave either maintained or increased tion and color, and varying considertheir population. More than that the abiy in hardness, toughness, and macadam roads and board sidewalks method of breaking. For abrasive purhave given way to concrete pavements poses the mineral should be very and cement walks, the back-yard pump hard-harder than quart or sand; and shabby stables to waterworks sys- and it should break into sharp angutems and garages. The trees, which lar fragments without curves, or were always beautiful, have grown rounded edges, so that it will easily higher, and as the old fences have cut or abrade the articles under treatin the old town appeals to the jaded the garnet mined throughout the world ed that they had enjoyed fifty-eight of the art of Tubal-Cain." The mareyes of the old-timer as a much bet is used on paper or cloth, and the years of happy married life with never ble tablet records the building of the ter thing than anything he has come term "sand paper" is often applied, a cloud of discord darkening their temple of the goddess Nin, in the time across outside it. But he recognizes generally, to papers coated with sand;

Little is yet known about the exist-It is hard to discern in the stout body sive garnet in, Canada. In Ontario, the staff of the Cultus Lake Hatchery, Mackay points out in his commentary and rubicund features of one man the the Bancroft Mining Syndicate has B.C., is announced by the Department on Gen. iv., 22. slim stripling one knew at school been producing a good type of garnet of Marine and Fisheries. This work hair has fallen off or grown white on promising deposit of larger extent but vestigations that were made when the ence. The years fall away as though has been well prospected and will from Cultus lake to the sea. It was It is a good idea—a beau geste, as another promising exposure, about 50 amination of the stomachs of a num-

Boys Reunion held in the northern mining town recently.

for abrasive purposes.

Lord Christ, beneath thy starry dome

Various villages, towns and small occur in Canada, but no material of material will probably be found, as the winkling lamp of home, cities have been, are or will be holding gem quality has yet been found. their probable occurrence.

### About As Usual.

Uncle Tybalt and Aunt Fretty led a regular and normal life. They quarreled steadily and, you might say, mechanically, for many years, and doubtless loved each other devotedly all the time they were doing so. Of the family some members habitually sided with him and others with her, and thus aided in keeping the row going whenever uncle or aunt seemed likely to slow down or give out.

There was also an eccentric brother. in-law who lived with them the most of the time for several years and for munique." There is also a marble some reason took sides with neitherbut he died rather young.

They went on thus till their races were run and they were laid away. whereafter in due course their sorrowiny relatives erected a handsome stone over them, on which it was proclaim-

Destroying Predatory Fish.

ence of commercial deposits of abra- coarse fish, principally squawfish, by hioned the first plowshare," as Charles from a rich vein near Bancroft. A was undertaken as a result of the inducer. Near Sudbury, Ont., there is ing on the young salmon and an ex-

Competitors are shown in the hand-drilling contest at Cobalt, which was one of the many features of the Oid

# THE MENACE OF THE CIPSY MOTH

Boundary to prohibit the shipment of quarantined area. Christmas trees and Christmas greens The Entomological Branch of the state legislation.

from this part of Quebec. No ship- lished. ment from such area will be allowed Few insectes have been so costly as entry into the United States of the has the gipsy moth. Millions of dol. following: spruce, fir, hemiock, pine, lars have been spent in its control durjuniper, and cedar; and holly and ing the last fifteen years in the New

pest as the dreaded sipey moth has trees have been killed outright in of Agriculture for many years, and in Apple, oak, birch, alder, and willow addition to introducing into Eastern are the favored trees upon which the Canada large numbers of parasites of caterpillars feed. Other trees such as the insect, collected in infested areas beech, poplar, hickory, etc., have been in the New England States, Dominion seriously injured. In the New Eng. officers have carried on scouting to a land States too, pine and other conj. limited extent in the province of Que-ferous trees mixed with deciduous hec. Without going into details it may growth have suffered severely. be explained that insects like the gip- Citizens who desire to receive fur. sy moth have their parasites which at their information regarding this feet tack and destroy them, and the breed- should communicate either with the ing of these parasites and the releas- Dominion Entomologist, Department ing of them in infected areas is one of Agriculture, Ottawa, or the Provinof the means used in fighting these cial Entomologist, Department of Ag-

The appearance of the gips with the present situation the Department of Agriculture will (Porthetria dispar) near Alberta the Department of Agriculture will most, about half a mile souther the present situation the Department of Agriculture on most, about half a mile souther the present situation. mont, about nair a mue souther, has the same area. In addition to the area. given rise to conditions affecting as upon which the embargo will be tural resources and their utilization placed, there will, it is expected, be a of which the Government of Canada, restricted area, also about 10 miles as well as that of the province of Que in width, immediately adjoining. Un. bec, ever on the alert to protect the der the proposed regulation Christmas interests of citizens, have taken cog- trees and Christmas greens may be nizance. As a result of the discovery moved from the restricted area proof this infestation, the United States vided the shipments are accompanied Government intend to place an em- by a Dominion certificate of origin bargo on that area of southern Quebec/ which states that the trees or greens in general about 10 miles in width im- were grown at some point within the mediately adjoining the International restricted area or outside of the

to the United States. The shipping of Department of Agriculture will this such trees or greens from the Ver- summer and autumn, in close co-operamont area to other parts of the United tion with the Department of Lands States has already been prohibited by and Forests of the Quebec Governtate legislation. ment, conduct intensive scouting.

The consequences which arise from throughout southern Quebec. Federal this situation are important. In the and provincial officers will combine to first place there is the danger to our form small crews to examine trees. resources should the pest really gain fences, posts, etc., along roads, rail. a footbold in Canada and there is the ways, in orchards, as well as scout immediate stoppage of the sale of other places where it is thought the Christmas trees and Christmas greens gipsy moth may have become estab

England States, and it would indeed The importance of protecting our be serious if infestations are found in forest and other trees from such a Canada. Impertant areas of woodland been appreciated by the Department areas where it has gained a foothold

riculture, Quebec.



Of Course They Have Wheels. Johnny - "Dad, have basebal coaches got wheels?" Dad-"Most of 'em have, John."

#### Oldest Handwriting of Man. One small temple has been found

in "Ur of the Chaldees" (whence est works of art in metal yet known." says a recent British Museum "comtablet, in the old Samerian language, giving a chronicle of kings and dynasties suggesting the date 4500 B.C. The report adds: "Even if that chronology has to be modified, we have now the oldest-dated example of man's handwriting and the oldest known triumphs Ur. after Noah's deluge. Tubal-Cain was "the man of might in the days The destruction of nearly 28,000 when the earth was young" who "fas-

> Kind Boy. Acable Visitor-"Well, and do you

do a good deed every day, Tommy?" visited my aunt in the country, and it. The garment of habit is one of imshe was glad. To-day I came back mense comfort and delicious home again, and she was glad again!" Only it behoeves us to see that the

Westminster Abbey.

### The Garment of Habit. Our lives are a mass of hibits. If it

were not so, we could not live at all. We wake and get up and dress, we eat and walk and work, we speak and think and love and hate and fall eleep again largely by habit. If we were forced to perform all this independently, originally, the effort of living would be intolerable. A mercifully small part of our action depends upon voilition and deliberate reasoning. In the main we do what our fathers did, as they imitated their fathers, and so back to the beginning of time Education is the forming of halfits

They begin in the cradle, or before we get to it. The one great business of parents and teachers is to see that our habits are what they should be and with all the mighty effort and cogliation that are put into the task how often they turn out to be what they should not! How immense, how rigid and constraining, even in its subile Abraham sprang) containing the old- pexibility, this encompassing mould of habit is we realize only when we endeavor to change it or break it or throw it off. Get a bad habit fastened apon you, appreciate its badness, set all the energy you have to getting aid of it, and you learn the might of label We have all tried, and we have all failed, and we all know.

The intensity of such an effert and its too frequent futility impress upon us the terrible danger of habit. It is a fine thing to be on your guard against it, to keep your life and character as fluid as possible, responsive to outward calls and stimuli, realy to answer in an instant to the controllers demands of the intelligent will. Many people preach against habits, and some seem to have a far better tery of them than others.

All the same, habit is a beautiful thing, and above all, a restful. Mr. Pepys's mother had an old dressing gown, which she called her kingdom, Tommy "Yes, sir. Yesterday I because she took so much comission made of substantial stuff and that ma If London's soot for one year could cut and fashion be such as will and us in the eyes of those we love

### World's Fastest Trains.

The highest train speed, 120 miles an hour, is said to have been made by a train running from Fleming to Jack sonville, on the plant system, in the United States, a distance of five states. in 2 minutes 30 seconds, representing a speed of over 115 miles an ! The record speed for a British tail

way was a run on the Great Wear in May, 1909, when, after passing through the Whitehall Tunnel. the Plymouth to Paddington mail train for a time ran at a speed of 102.3 miles an hour.

This run was properly clockthat is, it was recorded by an expert taking the time with a split want chronometer, which gives the speed within a decimal.

British railways hold the greatest number of habitually high speed runs over short distances, regularly clacked by experts.

Carn Grows High. Corn s.ows near La Paz, Bolivia, at elevations of 12,600 feet above sea devel.

Whales Kill Seals. Thousands of fur seals are litted anmually by killer whales

Why B Busy wome

The blen

of choice

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Drinl

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Three thousand pe

chiefly with cudgels

made an organized atta town of Teano, near (

Rome despatch. The

Municipality, flung out

bcoks and documents !

eprinkled them with be

had a gigantic bonfire l

in charge, was scized a

managed afterward to e in a haystack until the

After the Municipality

of the Customs Office,

Postoffice, but here th foiled by the courageo

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in and did not leave the

by telephone and telegr

called for help from ne

offices. There were on

binieri in Teano. Most

presiding at the horse

ers had chosen their d

and the remainder was

ucceeded in barricadi

The Royal Commissi

because it w twice as fas pletes the wash SMP than utens and scoured

Three fini pearly-grey Ware, three side, white coats, pure Blue edging

FTHE SHE MONTREAL EDMONTON