11 to 12e; 5-fb. time. -b. tins, 12% to 13e; doz., No. 1, \$3.75 to

-Hams, med., 25 to s. 36 to 37c: smoked cottage rolls, 22 to acon, 25 to 27e; speast bacon, 30 to 33e;

long clear bacon, 50 70 to 90 lbs., \$18: i lightweight rolls, heavyweight rolls.

ferces. 151/2 to 16e: pails, 161/2 to 17e; shortening, tierces, os, 14 to 15c; pails, nts. 17 to 171/2e. choice. \$7 to \$8: \$6; do, med., \$4.75 \$4.25 to \$4.50; butsice, \$6 to \$6.75: do, 5.25; do, com., \$4.50 ws, choice, \$4.75 to \$3.50 to \$4.00: ers, \$1.25 to \$2.00 milkers and spring-38 to \$10: do, com., assers, \$3 to \$4.50:

nice, \$4.25 to \$5.25; \$3: feeding steers, 6.50; do, fair. \$4 to od. 34 to \$4.75; do, calves, choice, \$11 on. \$14 to \$15: do. 312; do, culls, \$7 to wes. \$7.50 to \$8; de, \$4.50; do, colls, \$2 and watered. \$7.50 to \$7 to \$7.25; do, 75 to \$7; do, selects,

TREAL. est., No. 2, 55 to 5314 to 54c; extra to 53e; No. 2 local Flour-Man. ts., 1sts, \$6.30; do, g bakers, \$5.60: win-5.65 to \$5.75. Rolled ha., \$2.90. Bran-10.25. Middlings . 2, per ton, car lot,

No. 1 pasteurized, o. 1 crenmery, 40 1/4 44c. Eggs-Fresh sh extras, 52c. Pocar lots, \$1.35 to

quality veal calves, thick smooths and ; select bacon hogs.

# **CUICK WAY** TAIN INSULIN

# ists Use Water Alcohol With Two Days.

em London says:t has been aroused ent of a new method without the use of overer of this methodds, chemical pathsex Hospital, and in er of the Lancet he assistant in the bio ment of the hospital, ry communication of

d method required d the process took claimed that Dr. equires only water the process.

d by the new methn used on four cases found quite satis-

knowledge their ine Medical Research pecially to Doctors The discovery is the service of man-

# on's Population els Daily to City

m London says:ble romance of fighe latest Blue Book Registrar General's don's population is region of 7,000,000 k's analysis of the at least a third of e than 2,000,000other in or out of wick still known as

ancient municipalof the London mett has its own muion and is entirely eater London. But he business and finthe British Empire. or working populathereas at night it 9, of whom a large men who guard with t business and finere gathered.

## rip of ac Temperature

from Copenhagen as never experiencwinter as at present. below 12 centigrade enheit). For the s the ice has held hipelago, which is cation with Sweden. ation with Germany suspended.

estimated stock of diamonds, more

# TEA is good tea

Next time try the finest grade-RED ROSE ORANGE PEKOE

# Surnames and Their Origin

PENNINGTON

Racial Origin—English. Source-Geographical.

The first syllable in the name of Racial Origin-Anglo-Saxon. Pennington might lead you to suppose Source—An Occupation. that it is of Weish origin, for the The family name of Fisk, of Fiske, word "pen" in the Cymric tongue is another one of those surnames means a "head" in the geographical which illustrate vividiy the changes Left Weak, Nervous and Broken It held the cream at the evening meal sense. The rest of the name, however, which take place in a language in the belies any Celtic origin.

Penington, as it is sometimes spelled, our modern word "fish" was so proces Hankla, of Plenty, Sask., "my is traceable directly to Pennington as nounced. Virtually all of these "fish" mother, Mrs. Walter Hankla, was a geographical name. And it is found names have arisen from the occupa-stricken with influenza, which was Great-great-grandmotherGertrudeGray as the designation of a township in tions of these to whom they were first then epidemic, and for a time was in a Folded her hands and passed away,

of this sort are likely to denote an or. was as a nickname, denoting a fan-strength. Some weeks later her weak- A Chinese vase of apple green the old Norman feudal chiefs natural. All variations, however, may be which she would almost smother. Not. Like a bubble blown from a jewel rare. ly took as their family names the taken for granted as having been de- withstanding medical aid these spells names of the territories over which rived from either of two occupations, continued and she was constantly The old collector of precious things, they held leadership. As a matter of the selling of fish or the catching of growing weaker, until she was prac- Cups and ewers and coins and rings, of fact one Pennington family does them. These occupations were tre- tically reduced to skin and bone. Her Its weight in gold twice over paid trace directly back to one Camel de mendously important in the middle lips and gums were colorless, she was For the pitcher of lead and copper Pennington, overlord of a place of that ages, for the English nation subsisted nervous, and suffered from indigestion name, who had his seat in Mulcaster largely on fish both as an economic and palpitation of the heart. At this For the atmosphere of the long ago (or Muncaster) county. Certain and religious necessity. Medieval stage a friend of mother's, who lived Clings to the humble metal, lo!

all Penningtons trace back to this or to-day. Indeed, the Fishmongers' greatly helped her in a critical illness. any other of the Norman overlords. In Guild of old London was the most We got these pills and mother began The pewter pitcher is full of dreams many instances humble dwellers in powerful of the merchants' associatiaking them. The improvement was Of bowery woods and crystal streams, the various Penningtons moved to tions for many generations. other parts of England, and there be- The Anglo-Saxon name appears on sinking spells were growing less fre- Rosy apples and golden sheaves, came known by the names of the the old records variously as "le quent, and that strength was return- Amber lamplight and bread and milk, places whence they had come, as Fischere," "le Fyske," "le Fys-cer," "Roger de Pennington," etc. In nearly and sometimes softened into "le Fis- Pink Pills was con inued, and day by Of all his treasures of gems and art, all English family names such presere (the Anglo-Saxon "ch" had the day health and strength returned, un. The pitcher is dearest to his heart. fixes as "de" (of) and "le" (the) have "k" sound). The Norman forms, either been eliminated as superfluous "Pescher" and "Pescheur," and "Pestaxes on the tongue, or have been in- soner" have only a few survivals in corporated into the name. In the case the last mentioned surname, though her case was simply remarkable. of Pennington it is easy to see that originally the Anglo-Saxon and Northe latter would produce a combina- man forms were often used intertion rather hard to pronounce as a changeably by the same family, as in of the greatest benefit. Last winter I

# Love and Life at Vigo.

gaged is the rule in Spain. As a resaged is the rule in Spain. As a result of that comewhat inconvenient custom lovers are driven to strange ALWAYS SLEEP WELL strong and full of vigor as the other girls of my age. I may just add that I expedients to communicate with each other. Consider the gentleman of Vigo whom Mr. Ralph Stock tells during its waking hours is never cross

well-dressed Spanish gentleman peevish. Mothers, if your children do tanding in the middle of one of the not sleep well; if they are cross and main thoroughfares and gazing toward cry a great deal, give them Baby's one of the housetops; he is apparently Own Tablets and they will soon be engaged in practicing the deaf-and well and happy again. The Tablets dumb alphabet. No one of the stream are a mild but thorough laxative which of pedestrians passing along the side- regulate the boweis, sweeten the stomwalks the slightest notice of ach, banish constipation, colic and inhim; neither does the wheeled traffic, digestion and promote healthful sleep. except to swerve obligingly out of his They are absolutely guaranteed free path. It is his affair, and a love af. from opiates and may be given to the fair at that. He is conversing with new-born babe with perfect safety. his inamorata at the third-floor bal. The new sales tax will not increase cony window yonder. It needed three the price of Baby's Own Tablets, as vulgar sightseers such as the crew cf the company pays the tax. You can the Dream Ship to find anything un-still obtain the Tablets through any usual in the proceeding. I am ashamed medicine dealer at 25 cents a box, or to say that the lady caught sight of us. by mail, post paid, from The Dr. Wiland pointed in alarm; whereupon the liams' Medicine Co., Brockville, Ont. gentleman turned with an excusable frown of annoyance, and we hurried on our way



Unless you see the name "Bayer Cross" on package or on tablets you out crocked. are not getting the genuine Bayer Asin proved safe by millions and prescribed by physicians over twentythree years for

Colds Headache Toothache Lumbago Rheumatism Neuritis

Neuralgia Pain, Pain only. Each unbroken package contheir experience, the echo of their distren love to take tains proven directions. Handy boxes cords and the companionship of beauty genuine "Califorof twelve tablets cost few cents. Drug- and terror for their troubled souls. nin Fig Syrap." gists also sell bottles of 24 and 100. They go to literature for life, for more No other azative Aspirin is the trade mark (registered life and keener life, for life as it crys- regulates the tenin Canada) of Bayer Manufacture of tallizes into higher articulateness and der little boweig. Monoscoticacidester of Salicylicacid. deeper significance. The enlargement so nicely. While it is well known that Aspirin and clarification of men's experience sweetens the stomach and starts the means Bayer Manufacture, to assist —that is the function of literature.— liver and bowels acting without gripthe public against imitations, the Tab Ludwig Lewischn lets of Bayer Company will be stampof with their general trade mark, the

Variations-Fiske, Fish, Fisher, Fisherman, Fisker, Pessoner.

matter of twenty-five generations, for As a family name Pennington, or it has been no longer than that since Lancashire, England, and of a tything applied. It is possible, of course, but critical condition. She appeared to And out of her cherished pewter set English geographical family names rare instances in which the first use the trouble but did not regain her It stands in a mansion now between

branches of the family have taken the England was Catholic, and in the mid- at a distance, came to see her and Homely virtues, and simple joys, latter name as their family name. dle ages the fasts of the church were strongly advised her to try Dr. Wil- And the merry prattle of girls and But this does not mean at all that far more rigorous and numerous than liams' Pink Pills, which, she said, had

who was mayor of Gloucester in 1241.

# Love at a distance until you are en-

The healthy child sleeps well and about in the Cruise of the Dream Ship. but always happy and laughing It is Picture if you can, says Mr. Stock, only the sickly child that is cross and

# Words of Wise Men.

Virtue is a quality more admired than rewarded.

When the music plays, the heart is Ships that are badly navigated hit

ships without rudders. It is astonishing how little one feels known florist on the cover. poverty when one loves.

kneading trough, not in the dance. Pluck the rose and leave the

Your Father knoweth what things ye have need of before ye ask Him.

A fine cage won't feed the bird. A little oil may save a deal of fric-

One false move may lose the game. Prudence, looketh unto faith, content to wait solutions. We wisely strip the steed we mean

Cent per cent do we pay for every is secured for fabrics of fine tissue. vicious pleasure.

Loaves put awry in the oven come

He overcomes a stout enemy who overcomes his own anger.

"Men go to books Heaven forbidfor instruction, but for warmth and light, for a thousand new perceptions that struggle inarticulately within ish, or sick, colie Accept "Bayer Tablets of Aspirin" themselves, for the enlargement of Babies and Child-

There is nothing on earth than newly-fallen enow. Sait, added to snow, gives it an ev

lower temperature. Carbonic acid is a component of snow, which is therefore a splendid Porringer, charger, bowls and spoons fertilizer.

Snow on some mountain-tops never And needles flickering in and out melts because the rarefied aid ab Turning a gray yarn heet about.

Down-Health Regained.

hardly likely, that there were a few get over the prominent symptoms of Only the pitcher survives her yet. ness developed into sinking spells in And Venetian glass as thin as air, slow at first, but we could see that the A farmhouse brown with mosey caves, ing. The treatment with Dr. Williams' And yellow cream as smooth as silk. til she was again able to go about, and help with the work of the house. The improvement this medicine made in

"that in my own case these pills were girl applied for the place. single word, which explains why such the case "Egeas Fisher, or Pessoner," was in a badly run-down condition, the first question put. and very nervous. My appetite failed and I had no color. Knowing what Dr. Williams' Pink Pills had done for mother, I began taking them with the its too hard on mah hands." result that they soon made me as think we owe mother's life and my good health to the pills and I hope our experience will be of benefit to some other sufferer."

> You can get these pills from any medicine dealer or by mail at 50c, a box from The Dr. Williams' Medicine smoking?" Co., Brockville, Ont.



"Do you believe that men have descended not only from monkeys, but, farther back, from fishes?" "No-most of 'em are poor fish still."

## -He Knew It.

The bashful young suitor enterer the rocks and human beings are often the home of his sweetheart bearing a large box with the name of a well-

"How sweet and fresh they are!" You must judge a maiden at the cried the young woman, opening the box. "I believe there is still a little dew on them yet."

"Why-er-yes," admitted the youth, "but it's just a little, and I'll pay it to-morrow."

Send a Dominion Express Money Order. They are payable everywhere.

blankets to protect their fleeces. This wispy or fading hair is quickly invig-place is noted for its fine wool and for the purple mussels from which a dye delightful on the hair; a refreshing.

Mother! Give Sick Baby "California Fig Syrup"

Harmiess Laxative to Clean Liver and Bowels of Baby or Child.

ing. Contains no narcoties or soothing drugs. Say "California" to your druggist and avoid counterfeits! In-

Got the set on her wolding day: Pewter graceful of curve and flare As costly and delicate affectware; Not of lead and soft all through,

stracts all the heat from surrounding. While the pewter sugar bowl, plan

Yielded many a luscious lump.

Like a calla lily's lovely tip, And handle looping its fluted side,

For the lovers wedded for woe or weal, And later milk for the babies four

A Modern Maid. "I may also say," adds Miss Hankla, to do general housework and a colored

"Ah cain't cook," was the reply. "Are you a good laundress?" "Ah don't do no washin' an' ironin';

"No, lady; I ain't strong enough to

# "Ah duats," the applicant answered.

Westerman - "Yes-found it too much work to open his tobacco pack-

Keep Minard's Liniment in the house.

Carfare is not needed by school children in Victoria, Australia. They

"Who is that woman?" inquired Strength and Nourishment Out

"That?" answered his friend. "Why. that is Alvira Cross. And rightly



Failing hair.



# The Pewter Pitcher.

iter. Lusterless, and a dead dull blue, But with copper enough in the tin to

A pating rich skin to gold.

To stir the tea of afternoons Snow is white because its crystals. When a gossiping crony came to call, and prisms reflect only the white light. With half knit stocking and woollen

and plump.

But the pewter pitcher with flowering

Was the joy and pride of the happy

"A few years ago," says Miss Fran- That played in turn by the cottage

# -Minna Irving.

"What sort of a cook are you?" was from turning watery, as so often hap-

"Can you sweep "

"What on earth can you do?"

# The Drawback.

Eastman-"So your hired man's quit

Free Rides to School.

are carried in street cars to and from school free of charge. Crossgrained.



itching scalp and the dandruff is The sheep in Taranto, Italy, wear corrected immediately. Thin, dry, stimulating tonic - not sticky or greasy! Any drugstore.



Now Packed in Jacumized Jins Always - fragrant Always - the same Always - in good condition Wherever and whenever you buy it. Ogden's Liverpool.

Size of Lake Winnipeg.

A Captive Tiger's Food.

W OOLGROWERS, YOUR OWN

ed for yarn or blankets. Woollen

For quick relief heat Minard's and

inhale. Splendid for cold in head,

KING OF PAIN"

Cause of

Early Old Age

The celebrated Dr. Michenhoff.

an authority on early old age,

says that it is "caused by poisons

generated in the intestine."

When your stomach digests food

properly it is absorbed without

forming poisonous matter. Pol-

sons bring on early old age and premature death. 15 to 30 drops

makes your digestion sound. 10

MRS. MISENER'S

**ACHES AND PAINS** 

Vanished After Using Lydia

E. Pinkham's Vegetable

of "Seigel's Syrup" after meals

wool manufactured or exchang-



Classified Advertisements FOR SALE

Betty-"Is it had form to appear in knickers?"

Mills, Georgetown, Ontario. M AH JONG, FASCINATING Chinese game. Complete set. Bess-"That depends on the form." with full instructions, one dollar postpaid. W. Aslett, Sarnia, Ont. When making a baked custard the milk should be brought almost to boil-W ONDERFUL DISCOVERY.
Charges batteries in 19 minutes. ing point before it is poured over the

St. Paul, Minn.

CATARRH!

eggs. This will prevent the custard Gallon free to Agents. Radiolite Co.



# Is Your Blood Starving For Want of Iron?

Without Plenty of Iron In Your Blood You Don't Get the

of the Food You Eat. that is Alvira Cross. And rightly named she is too. I haven't a doubt but what that woman would climb a fence, just to be on the other side."

GIRLS! HAIR GROWS
THICK AND BEAUTIFUL

35-Cent "Danderine" Does
Wonders for Lifeless,
Neglected Hair.

A gleary mass

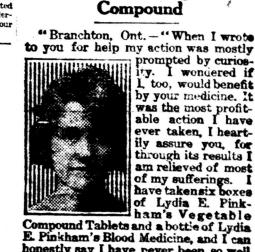
When over-work, lack of sleep, improper food and impure air sap the iron from your blood and make you feel weak, nervous, irritable and out-of-sorts, it is important that you should at once put more iron into your blood. Without iron the blood loses the power to change food into living tissue and therefore nothing that you est does you the proper amount of good because you don't set the full strength out of it. Your food merely passes through your system like corn through a mill with the rollers so wide apart that the mill can't grind. Because of this steady starvation of the blood and nerves people often become weakened, tired-out, nervous and rundown and frequently develop all sorts of symptoma. But the moment organic iron—Nuxated Iron—is supplied a multitude of denger—ous symptoms disappear in most cases, the flesh becomes firmer, the muscles get back their strength and the roses of health bloom in cheeks that were pale and sickly looking.

No matter what other so-called remedies you When over-work, lack of sleep, improper food and

A gleamy mass of luxuriant hair full of gloss, lustre and life shortie ly follows a genutine toning up of neglected scalps with dependablo "Danderdine."

pale and sickly looking.

No matter what other so-called remedies you may have tried. If you are not strong, vigorous, may have tried. If you are not strong vigorous, the carty and well, you owe it to yourself to make the following test: See how leng you can work or how far you can walk without becoming tired. Next, take two five-grain tablets of ordinary Nuxated Iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. You can obtain Nuxated Iron from your druggist on the distinct understanding that if you are not fully satisfied your money will be refunded.



prompted by curiosity. I wondered if L too, would benefit by your medicine. It was the most profitable action I have ever taken, I heartily assure you, for through its results I am relieved of most of my sufferings. I have takensix boxes of Lydia E. Pinkham's Vegetable

E. Pinkham's Blood Medicine, and I can honestly say I have never been so well before. I had suffered from pains and other troubles since I was fifteen years old, and during the 'Great War' period I worked on munitions for two years, and, in the heavy lifting which my work called for, I strained myself, causing pelvic inflammation from which I have suffered untold agony, and I often had to give up and go to bed. I had doctored for several years without getting per-manent relief, when I started to take your medicines."—Mrs. GOLDWIN Mis-

ENER, Branchton, Ont. Write to the Lydia E. Pinkham Medicine Co., Cobourg, Ontario, for a free copy of Lydia E. Pinkham's Private Text Book upon "Ailments of Women."

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