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STRAWBERRY DAINTIES.

THE AWKWARD POSE, FOOT TROUBLE.

match the dress material. Nothing detracts so much from one's personal appearance as an awkward or ungainly pose. It is curious,

Sagging isn't pretty. There's a cookery has given us. The only convast difference in looks between ease cession the shortcake has made to and sloppiness, relaxation and slouchi- present day customs is in size. ness. To be sure, the woman who sits To-day the individual shortcake is bolt upright and along toward the preferred. To make this standby, use edge of her chair, is an uneasy sort any good biscuit formula, adding medium between these two poses— bake. When done, quickly split each your mother won't marry him—not tiful. After they were married, she What unseen power hath wrought this

I would not give the threadbare ad- hot shortcake a pitcher of thick sauce her, but Hugo and Alice turned to vice, "Forget yourself; be natural," made from berries sweetened, crush- her the bland smiles of perfect inno- away from the villa—"Going for a because naturalness, in too many ed and strained to which a little meltcases, is only awkwardness. They ed butter has been added. have grown away from natural grace, English Strawberry Tart. Line a "And you're to have a frock made alone with God, for the scattered nature as they grew up—do you know brim with well sweetened fruit. Place the crosspatch!"

why? Because they lost the perfect latticed strips across the top, taking control of their muscles, the thing care to moisten each strip so that it physiologists call "perfect co-ordination." They have to acquire it all granulated sugar over the top and the control of their muscles, the thing care to moisten each strip so that it can run it up in time for your wed-busy priests coming and going, the perfume of the incense, the dim altar sponsor. Shouldn't you lie down and rest light, the soft shuffle of footsteps on the footsteps of the children, the chants, the busy priests coming and going, the sponsor. Shouldn't you lie down and rest light, the soft shuffle of footsteps on the chants, the busy priests coming and going, the sponsor. Shouldn't you lie down and rest light, the soft shuffle of footsteps on the chants, the busy priests coming and going, the sponsor. Shouldn't you lie down and rest light, the soft shuffle of footsteps on the chants. nature as they grew up-do you know brim with well sweetened fruit. Place tle crosspatch! artificial for a time. Then gradually send to the table in the dish in which She took him by the hand and led ing of exhibitantion commingled with

But of course, it's not so simple Strawberry Dumplings. Roll out Oh, why did she need always to be so as it sounds. The first thing to do rich pastry crust and cut in pieces "You are kind Hung door". as it sounds. The first thing to do rich pastry crust and cut in pieces is to watch yourself for awkward po_ about five inches square. Put well—whispered when they were out of ear-sitions—ways of sitting humped up, sugared strawberries in the centre of shot. "But suppose something hap—finally Tuesdo."

Finally Tuesdo. or of standing hunched in bending each square, moisten the edges with pens and you don't get that money can correct yourself gradually, the top of each dumpling and bake her. straightening into a prettiest position in a moderate oven for half an hour.

Serve with the sauce used for short
ing to research the top of each dumpling and bake her.

All through tea he sat and watched letter. Gaunt came down in the afternoon to confirm the arrangements.

He had brought a present for Alice.

the heels. Rise and repeat. At first the help of the rail will be necessary, but as the muscles grow more elastic but as the muscles grow more elastic with one cumful of milk to the cream.

fuls of baking powder and one-eighth he might say before Alice.

But Alice was now living in a dream shouldn't give me this. It's—it's too world, and not nearly so attentive to valuable. And your mother's! I don't little things as she had been. Alice's feel I ought to take it." it can be dispensed with and the ex- with one cupful of milk to the cream- world was made of pearls and lace. Hugo quivered jealously. Was the room. Begin by rising and bending Stir in lightly one cupful of very letters, of the ring on her finger, and lace?

for five minutes, and gradually in
ripe strawberries, turn into buttered that other ring soon to be added to "I always meant Jean's daughter to

A foot specialist recently remarked white of one egg. Whisk to a foam. day." that "No woman is beautiful who has uncomfortable feet." I would say that "No woman or girl can be either graceful or beautiful if her feet are uncomfortable."

If your shoes trouble you, consider the style of shoes you are wearing, for shoes are usually responsible for corns, bunions, and such disfigurements. You may not like the round toe, low-heel shoes, but you must wear them, for a time at least. After while, they'll come in style again and then you'll wonder how you ever thought the pointed toes good looking. Select shoes that allow the large toe to lie straight—as it lies when a child is barefoot. When the feet are crowdhoels, short vamps and the blunt, French, round toes, they look shorter, but they also look broader, deformed, in fact. Such shoes are responsible for a teetering sort of gait resembling that of the unfortunate foot-bound women of China, to say nothing of more serious complications.

HIDDEN POCKETS. Good-sized patch pockets on the front of the child's gingham knickers are good carrying places for the "hanky"-not to mention wee land turtles, snail shells, pollywogs, and other treasures. And, best of all, when the dress gets torn, one of these pockets can be ripped off in a jiffy

CHOOSE YOUR HUSBAND

frock, and has a roomy pocket.

yard of 86-inch material

"When Hearts Command"

By BLIZABETH YORK MILLER

CHAPTER XXII-(Cont'd.)

"she's bound to be lonely when I'm "There's me," snapped Hugo, his voice shrilly defensive. "Yes, of course. But after

you're only her brother and mightn't care to stay with her for "Humph!" he exclaimed. "I know

Alice laughed merrily.
"But I thought you were a great and form a patch properly faded to

"But I thought you was not pre-admirer of Mr. Gaunt's Don't pre-tend you're not Uncle John. You know you simply worship him."
"Do you?" Hugo asked jealously. Individual Strawberry Shortcake.

Mumsey and he are such lonely people and once I'm sure they were tremendously fond of each other. Mr. Gaunt is in love with her now. I'm sure of it." And your mother?

"She likes him, doesn't she?" of person to be with; she rests neither slightly more shortening. Cut the thing the matter with Gaunt. Nothing Every day it seemed to her that Philherself nor you. But there is a happy dough into generous sized biscuits and really the matter with him at all. But ip's letters grew more and more beau-

on her backbone doesn't look comfort ries crushed in sugar, place the valler, were alone together, intruded upon a little carved box with sprigs of the key to the whole situation.)

cover with berries and top with plain she, herself, been so nearly caught by woman I will take them out and read to a such intimate distance. "When I am an old the springs of the special strains and top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top with plain she, herself, been so nearly caught by woman I will take them out and read top will be with the shear to be someone under such intimate discusthem again and again," she promised obtain graceful lines and pretty poses, Many cooks send to the table with sion, her face would have betrayed herself.

though they had it when they were deep pie dish with short pastry crust of the two ivory colored shawls," sup-worshippers took no notice of her. children. Clumsiness became second and fill to within half an inch of its plemented Hugo, adding coyly: "Lit- Like herself, all were intent upon

over your work, or "sagging," to use a little water and press together. Now she was beginning all over from the bank that the money had a more descriptive word. Then you With a knife make two incisions in again, and Hugo refused to speak to come through to him. But as usual,

Strawberry Puffs. Cream half a about. He might have told her, and it great, ugly diamond tiara which had To keep the body muscles in good cupful of butter with a quarter cupmight so easily be something that she condition, stand at the foot of a bed, ful of sugar. Gradually add two well-did not want him to say before Alice. been to the bank to fetch it. place the hands lightly on the foot- beaten eggs and whisk to a fluff. Put For over two weeks she had been Alice held it in fear and trembling. board or rail and bend until sitting on two cupfuls of flour, three teaspoon- spared the particular worry of what She was terribly awe-stricken.

and yards of soft white satin, of love- tiara more desirable than his neckcrease the time to ten or fifteen min- molds and steam half an hour. Serve it, of wedding bells and all things have it," Gaunt said gravely. with foamy sauce made from half a bright and beautiful. And in that Then Alice understood. Mr. Gaunt,

the muscles in perfect condition, and quarter teaspoonful of lemon. Just causing him quite a lot of annoy and kissed her first on one cheek and It in invariably the woman who is in- before serving, slowly stir into this ance. "This is Saturday. I suppose then on the other. clined to take things too easily who mixture a quarter cupful of boiling I'll hear from Mercer's Bank long be Hugo looked like a dog just about allows herself to grow old in this way. water, then add the stiffly beaten fore Wednesday. Probably on Tues- to howl. Jean remained stolid. To

> not be able to get a wink of sleep until Presently they all simmered down they heard.

CHAPTER XXIII.

gathering impetus as the day drew a bit of a fuss over him as well. Alice lived in her dream, and Jean

made some very clever little rosettes minute to have dawned upon her. black lace hat for Jean which was the stone table in a fit of sobbing. wonderfully becoming. On the surface they were a happy

if somewhat overworked family. Gaunt helped with the rather haphazard housekeeping which went on during this period. That is, he saw that they had enough to eat and he was always bobbing in and out. The farmer of Monte Nero could no longer PRETTY PLAY APRON FOR be called a recluse. His interest in the Villa Charmil did not pess until the Villa Charmil did not 4735. Blue linen was selected for remarked in the English colony, which this design with flower motifs and would have been giad to see a little stitchery or in red floss for decoration. This style is also good for pontiable. Consequently Jean was more bothered with callers than she liked. gee, crepe, sateen or chambrey. It For Louisa always to say that she was protects the back and front of the "not at home" had its difficulties. So generally Jean would show herself The Pattern is cut in 4 Sizes: 2, 3, and give the visitor a cup of tea and 4 and 5 years. A 8-year size requires half an hour of her society, but was fretted all the while for the things Pattern mailed to any address on she ought to be doing or had been count of 15c in allows by the with miterrupted in.

receipt of 15c in silver, by the Wilson
People she had met at the hotel
Publishing Co., 73 West Adeleide St.

Came to see her, too, notably Colonel
They Toronto. Allow two weeks for receipt Derwent, and Count Praga. They Send 15c in silver for our up-to- Hugo and the conversation concerning date Spring and Summer 1924 Book money between him and Mrs. Egan, of Feshions.

Which had been overheard by the knitting brigands. They wanted to know The dome of St. Paul's Cathedral, so many things, but there was no one kind enough to relieve their curiosity.

Hugo allowed himself to be kept in the background, which was as werry-

something on his mind, and as the "Because—" Alice went on, finger days passed he drooped more and ing one of the exquisitely embroidered corner of the tayrage with the words shawls, her dreamy gase wandering corner of the terrace with the yards out across the palm trees to the sea hem. corner of the terrace with the yards

been impossible for him to worry any I mix my lightest cakes in my handy more than she herself was doing.

More and more she was convinced that he had run them into a financial noose from which there would be no possible means of escape.

outrageous expenditure, she thought are indeed satisfactory. I mix brown that in some way she ought to have bread, johnnycakes, cookies, dough-been able to prevent him. A word in nuts, pie crust—in fact, anything and private to one of the bank officials would have been sufficient. Of course ward or ungainly pose. It is curious, individual Scrawberry Shortcase, too, that so many girls affect such The old-fashioned warm shortcake "I think he's awfully nice. There's something about him—I can't describe neyed to Genoa and settled all the exiting about that we busy housewives neyed to Genoa and settled all the exiting about that we busy housewives neyed to Genoa and settled all the exiting about the makes me feel a little wistful penses incident to the trip there can hardly keep house without our would be little of it left.

from Alice and also from Hector Gaunt. But Alice presented no great dipper! difficulty. The girl was too wonder-Hugo looked pained. "So do I. Now with which she was surrounded. sufficiently relaxed to be graceful, to biscuit and spread with soft butter.

Sine:

At this point Jean, who was never miss those letters. Of course she kept easy a moment when Hugo and Alice every one and they were put away in the speculations as to her future Had died to the future of the speculations as to her future Had died to the future of the speculations as to her future Had died to the future of the speculations as to her future Had died to the future of the speculations as to her future Had died to the future of the speculations as to her future as to her future of the speculations as t

"We're just dividing all the pretty mind"—and climbed up to the church artificial for a time. Then gradually send to the table in the dish in which She took nim by the nand and led ing or exhibitation comminged with gracefulness will become second native with the serve with plain or him away. There were tears in her deep humility without which her life eyes and her lips twitched nervously. just now would have been incomplete.

She was approaching marriage, and "You are kind, Hugo dear," she him in preparation for that great act

A woman is as old (in appearance) cupful of butter creamed with one world she moved and had her being. poor dear man, was in love with her A woman is as old (in appearance) cupful of butter creamed with one as her muscles allow her to be. Exwith one teaspoonful of venille and a wednesday," mused Hugo, forgetting thanke him. Then, impulsively, she ercise alone will succeed in keeping with one teaspoonful of vanilla and a that Jean in one way and another was raised her arms and Gaunt bent down

keep this scene from breaking her up So it was worrying him too. Jean she fixed her mind determinedly was convinced that she herself would Hugo's mad monetary escapade. she fixed her mind determinedly on

to the commonplace of tea in the arbor, Alice wearing the tiara for fun, and also Uncle John's necklace, The wedding preparations rolled on, because it seemed necessary to make Jean tried to be very gay.

And then her bright voice broke. in a whirlwind. A talent for needle- Alice would not be coming back to the work was discovered in Hugo, who Villa Charmil. It seemed only this of ribbon for Alice's frocks and helped to drape the embroidered shawls ful scene. Jean's strained nerves for Jean's dress. He also made a big snapped and her head went down on

(To be continued.)

Easymming Mowers that cut with receite your lawn trim and neat of Atyour bard-JAMES SMART PLANT

THE HANDY TIN DIPPER. bit late and hurrially began to se breakfast. On my way to the for the usual curthenware bowl h which to mix my pancakes, I espled a short-handled, heavy tin three-p dipper which had been hought the day before for use in the barn. I had never used one in my kitchen, but now I lifted this shining new dipper, and its handiness and lightness appealed to me at once. I washed and scalded it, and in it my pancakes are mixed for breakfast. Since then that handy dipper has been in constant

use in my kitchen as a mixing utenail. In an old cookbook of my grandmother's I had often read, "Never mix Jean thought she knew what he was cake in a tin basin. Butter and sugar worrying about, and it would have will be much darkened by the tin."

tin dipper and can see no difference whatever in the color; but the texture of my cakes is much finer than when mixed in my earthenware bowl. what you're thinking. You're thinking that that old windbag, Gaunt, has he had committed himself to all that
batter without fatigue and the results This dreadful fear had to be kept try the short-handled, handy tin earthen bowls, but for mixing just

Minard's Liniment for Headaci

wondrous change? was but vestermorn the dull brown mold Grew by some sudden magic, new and

strange. Bright with these starry flakes of living gold.

can it be that olden take is true? Hath Phrygian Midas journeyed through the land. while men slumbered and the

south-wind blew,

Let fall these golden discs from out his hand?

-James B. Kenyon.

Waste-Land.

Here the lichens cling To the gray rocks, Like the faltering Ragged locks Of an old she-fox.

Here a narrow band Of water flowe No broader than a hand: A black crow's Quill salling goes.

Here's a wrinkled grape, Like a blue knot On a thread—the shape Of life caught In the death-rot.

Here listen long By windy word Of reed, nor lacy song Of wild bird Is the dumb air stirred.

Here a man may own His bare soul instead Of a beauty blown Rose. 'tis said. But his soul is dead.



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the wear there is in such a wash board! There is the same wearing qualities in all articles in SMP Pearl Ware. Try out the wash board and be convinced.



LENGTH 8 SPEED

Great Saving by Burning

The British go to author we big airships htry and one b as led natura What will the how will they day Zeppelins ar ng series of Med airchips t earth-bound man of their capability etand his desire new ships should than those to them.

It is known th liners wil have a £.000,000 cubic them about twice endoah. They **fatter** in propert than the Shena the designers bel therefore be stro desired it may b posed ships will long, 115 feet in and 125 feet in he place 150 tons of for a speed of eig Capacity

Such a craft.



the ancient ceren ing the bounds" :

Endurand Life imposes te endurance that non upon whom the st parently blazes a through a vale of s world knows it thing is that much cympathy, with its the downcast, com ere best able to comfort because the

found experience of We are tempted ft imposes burdens chould be singled ous distinction of rest seem happy an could we not be ran and thoughtless com would observe, we w that felicity is wift and sudden moonday radiance. ▲ boy at school

handsome and clever every good thing in admired and env the of either senting position, he dispel came. Soon after phile he was "learnir banking business. aringing a resolute te problem he turn beeping, with a courag Arthur Pearson.

But there were man; shand in his shoes be time befell him who c a tithe of his fartity

There is, of course, character in prosperit teserve to be comin thoughful stewards of ere not vainglorious. sent because of the troi. But the severer burden that the powposs. If you had mo f rou had health : world harns your char you rise to face th n. The man or w

