

through this column. Addr. Crescent, Toronto.

Keeping school children up to a nor- be obtained. It is, consequently, now the result of a profus, mixing of this Pills. The appetite revives, food can mal standard of health and efficiency the aim of sil complete schemes for gas, very probably unbrenthable, with be taken without discomfort and the is an important part of public health the workers to keep in touch with the our air. work at the present time. One reason children aged one year to five years for the urgent necessity of this work and to endeavor to conserve their would seem to be due to the fact that, health during the early years of se a rule, very little medical or nurs- growth and development, when so ing supervision is given to the pre- many chronic and disabling diseases ol child, and consequently it ar- are apt to originate, if there is a failrives at school age with its physical ture to observe the early signs of per-defects, if any, uncorrected. The verted health.

The movement in favor of conserv-

Within the past year or two, an attempt has been made in all well-proper. in all well-organ- ing year in and year out against destiised health centres, to continue the tution and want. work of child welfare through the presool period. In the early days of the movement, the scope of the work Minard's Liniment for Rheumatism. was largely limited to infants and the period from birth to the attainment of me year of age. It is now recognized, the biggest "playground" in the world.

Next comes the Vellowstone National supervision if the best results are to square miles.

HEALTH EDUCATION BY DR. J. J. MIDDLETON

is at the present time much more in ing infant and child life is now viewed hard on little ones. One day it is vogue than the supervision of the pre- on even broader grounds. The desirschool child. This is, in a sense, reability of watching over the health of cold. These sudden changes bring on the expectant mother, of bringing to colds, cramps and colic, and unless baby's little stomach is kept right the from a robust, healthy girl to a comcause so much trouble, and it often mature births that are known to occur, result may be serious. There is nothhappens that when the child has arrived at school age, the defects have the time of birth is everywhere recogsileady caused irreparable damage. A nized. The solution of the problem of squint, for instance, unattended to in infant mortality is to be found sarely childhood will result in defection. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the limit of the problem of sweeten the stomach, regulate the limit of the problem of sweeten the stomach, regulate the limit of the problem of sweeten the stomach, regulate the limit of the problem of sweeten the stomach, regulate the limit of the problem of sarely childhood will result in defection. sarly childhood, will result in defective through a variety of means. One is bowels, break up colds and make baby vision which often cannot be success- increased educational facilities for thrive. The Tablets are sold by medifully treated after the child has reachmothers, and especially young mothers, and especially young mothers, to learn the art of child-craft, another out cases have come to the attention is broast fooding another in the property of the pro ous cases have come to the attention is breast-feeding, another is regular Co., Brockville, Ont. of child welfare workers where a and periodic examination by the famsquint was alowed "to right itself," ily physician. Some means must be and in consequence the child a year or found for providing the necessities of two later has practically the use of life in the way of wholesome food and healthful surroundings for the moth-

fancy and school age cannot be ex- Next comes the Yellowstone National studed from any system of control and Park in the United States, 3,848

amount of wax on

the mop and apply

to the floor with a

natural mopping

motion, being sure

to spread the wax

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floors beautiful, easy to care for—they won't be slippery—and will not

\$3.55 Floor Polishing Outfit \$3.00

Johnson's Liquid Wax and a Johnson Liquid Wax Mop.

If the Comet Came.

The astronomical hunters of the sky I looked into the sky, at night, are after big same. They are looking for the arrival of a monster comet.

Not one of the "hairy stars" (as the ancients call them) that journey around the sun in vast elliptical orbits. Then, further down the slope of blue, lar intervals, but a visitor from the outer void of space.

Just about once in every ten years such a stranger comet of large size makes its appearance in the heavens. The next one is almost due, and the comet-hunters are watching for it. Some astronomers specialize in hunting for comets. They use for this purpose a peculiar kind of telescope; of low power but wide field of view.

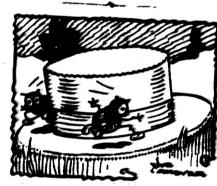
There is more than a purely scientific interest in the discovery of a new comet. Astronomers have long since concluded by purely mathematical reckoning that a comet is likely to hit the earth "head on" sooner or later. Novelists have dealt with this possibility and have drawn fantastic pictures of what would happen to our earth if it collided with a comet. And from indigestion is a tonic to enrich scientists agree that in the event of the blood. Pain and distress after such a catastrophe the entire popula eating is the way the stomach shows tion of the world might be destroyed that it is too weak to perform the by the poisoning of our atmosphere work of digesting the food taken. In from the gas carried by the comet.

consists of a relatively solid "nucleus" further aggravate the trouble. which looks like a star—in some cases New strength is given weak stomthousands of miles in diameter, sur ache by Dr. Williams' Pink Pills berounded by an immene envelope of cause these pills enrich and purify the

comet may not probably be greater ach, and it accounts for the speedy than the earth's entire atmosphere, relief in stomach disorders that fol-

HARD ON LITTLE ONES

Canadian fall weather is extremely



Just the Thing. Bug Marathon Runner-"Gee, but this is a dandy track to train on for those Olympic tryouts!"

suggested as the best means of find. Basil King in "Harper's." ing one.

the Norwegian, composed by the poet America craves for its sustenance, no Brazil; although the ex-Kaiser an tremely diverse among themselves, apnounced during the war that he had propriating a whole literature not written a new hymn for the German their own, which they had no part in nation. Apparently, however, it was producing, and living on it as they never published.

The famous Russian national anthem is noteworthy in that the tune, by the composer Lvoff, was written before the words, which were composed pllenation. afterwards by command of the CERT.

The authorship of our own National Anthem has never been definitely settled. Its tune has been appropriated by both Germany and Denmark for national hymns.

Whatever his vocation or station in life, the thing which each should strive for most earnestly is the unqualified approval of his own soul. This will outweigh all honors, all rishes, all fame, and will give him that power and courage which will enable him to outride in safety all the storms which may assail him on life's voyage.



TOILET FIXTURES FOR SALE

ing equipment, including piping cotle, 236 h.p. take better, used lighting equipment, such so conduits, switch zee, etc., all in building being sites od at 78 Adelaide Street West. This material must be sold at once. Estates Corporation, Limited, Top Floor, 73 Adelaids St. West, Toronte. Telephone Eight \$101.

188UE No. 44-24.

And saw how, horde on horde, The stars came forth, in ordered bands Obedient to their Lord.

Along the West, I saw A flery meteor pase a fool That sins against the Law.

He left a line of sputtering red To vex the quiet skies, Brief as an atheist's doubt of God That makes a show and dies. -Claribel Weeks Avery.

NEW STRENGTH FOR WEAK STOTICHS

Indigestion Disappears When the Blood is Enriched.

The urgent need of all who suffer this condition some people foolishly The head of a comet is gas-lit. It resort to purgatives, but these only

blood. This is the natural process of The quantity of gas carried by a big giving strength and tone to the stomburden and pains of indigestion are dispelled. Miss Mollie Averill. Clanwilliam, Man., proves the value of these pills in cases of this kind. She says: "Some years ago I had a terrible attack of stomach trouble. My stomach rejected all food and I could not even keep down a light custard. I tried some tablets recommended for use. After taking them for a short time I began to feel better and con-Pink Pills and they never disappoint and 18in. in circumference. me. Most members of our family have at some time taken the pills with good huma, which yields a milky fluid, while results, so I now always recommend in the forests of Para grows the mass them to all in need of a reliable tonic." You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

Demand for Bible Proves People's Real Need.

At the moment of writing I read in the newspapers that the presses which print the Bible cannot peep pace with the demand. How did this demand arise? What maintains it? Why do. Wanted A National Anthem when they can buy and read so much The Government of the Irish Free that is newer, fresher and on the sur-State is seeking a national anthem for face at least, more directly suited to Ireland, and a competition has been their twentieth century needs? writes

Of one thing we can be certain, that Curtouly enough, the only European unless these books supplied somenational anthem written to order was thing which the heart of Europe and Bjornson. The old Portuguese na such demand would continue. Notional hymn is unique in that it was where else in history, to my knowwritten by an emperor, Dom Pedro of ledge, do we find a group of people, exnever live on the most vital works of their own children.

The phenomenon calls attention to itself, and is perhaps its own best ex-

Demand is always in proportion to the quality of the supply. That is all. There is no further mystery. It is with the Bible as with everything else. Where there is that which meets a need, those who feel the need will turn to it. No fictitious sentiment would keep the printing presses of the Bible working overtime. No pietistic or sectarian or ecclesiastical incitement could, year in and year out, support a sale which possibly equals that of all the rest of the books of the world put together.

Life does not work that way. Nothing is continually and eagerly bought and paid for which is not worth its price to the purchasers. Deception or overestimaion may rule for a time, but it is discovered in the long run. If in the long run the demand for any article is greater than it ever was, we may depend upon it that there is value is that article winch is not to be found elsewhere

There, then, is the basic reason for the Bible's authority—its vallue. Make all the allowances you like for the unread Bibles on the shelves of homes, schools and churches, and there still must remain a vast number of persons in the world studying these books and finding in them truths' essential to their welfare.

Payment for articles advertised in this column should be made with Deminion Express Money Orders—a safe way of sending money by mail.

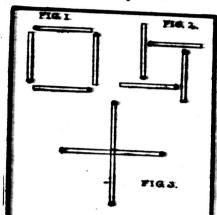
Great men have purposes; other

TEA is good tea

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EASY TRICKS

Three Squares



Arrange four matches as in Figure 1 and tell your friends that that is the easiest way to form a square by using four matches. Tell them that another square can be formed by using four matches only. They will not have much difficulty in discovering that the matches may be arranged as in Figure 2. Tell them, however, that the matches may be arranged in an entirely different way and another square formed. They will have difficulty in finding the third methwhich is that illustrated in Figure 2. The square is formed by the ends of the matches.

(Clip this out and paste it, with other of the series, in a scrapbook.)

Milk From Trees.

It is generally supposed that only animals give milk, but in tropical countries the dairyman has competition from the vegetable kingdom. A tree in the West Indies, known to the natives as the hyahya, yields from

rare occasions when I have felt the its juice as we use milk. The tree need of a tonic, I turn to Dr. Williams' when full grown is almost 40ft. high

senodendron, another species of milktree. The milk of the massendendron can be kept for an indefinite length of time and shows no tendency to sour.

Success is usually due to holding on, and failure to letting go.



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Could Not Sleep Nights

Dublin, Ontario. - "I was weak and irregular, with pains and headaches, and could not sleep nights. I learned about Lydia E. Pinkham's Vegetable Compound by reading the letters in the newspapers and tried it because I wanted to get better. I have got good results from it and I feel a lot stronger and am not troubled with such bad headaches as I used to be and am more regular. I am gaining in weight all the time and I tell my friends what kind of medicine I am taking. You may use my letter as a help to others."—Mrs. James Racho, Box 12, Dublin, Ontario.

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m op sepecially

adapted for ap-

plying wax to

floors and linol-

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a great time and

floors and lineleum.

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