

NATURE'S WARNINGS

Danger Signals That Everyone Should Take Seriously.

Pain is one of Nature's warnings that something is wrong with the body. Indigestion, for instance, is characterized by pains in the stomach, and often about the heart; rheumatism by sharp pains in the limbs and joints; headaches are a sign that the nerves or stomach are out of order. In some ailments, such as anaemia, pain is not so prominent. In this case Nature's warning takes the form of pallor, breathlessness after slight exertion, palpitation of the heart, and loss of appetite. Whatever form these warnings take, wise people will not ignore the fact that many diseases have their origin in poor blood, and that when the blood is enriched the trouble disappears. Dr. Williams' Pink Pills are most helpful in such cases because they purify and build up the blood to its normal strength. In this way it tones up the nerves, restores the appetite and gives perfect health. Miss Hazel Berndt, of Arranport, Ont., has proved the great value of this medicine and says: "I am a young girl and have been working in a factory for the past four years. For two years I had been in such poor health that at times I could not work. I was thin and pale, and troubled with headaches and fainting spells. I doctored nearly all this time, but it did not help me. My mother advised me to take Dr. Williams' Pink Pills, and after using them for a while I could notice an improvement in my condition. I used nine boxes and can truthfully say that my health is restored. When I began taking the pills I weighed 97 pounds and now I weigh 114. I feel that I owe my good health to Dr. Williams' Pink Pills and hope other ailing people will give them a fair trial."

You can get these pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Long Words in Court.

The inability of illiterate witnesses to understand the questions put to them often makes trouble for the court. Experienced cross-examiners learn to simplify their English to discard "prior" and "previous" for "before" and "subsequently" for "after." Simultaneous" is another word, frequently convenient, but to be used with care and only when it is certain that the witness understands its meaning. In a murder case, a negro was asked if two shots were simultaneous—a matter of prime importance. He answered promptly and decidedly: "Yes, boss, dat's it—zackly simultaneous."

Then, to further emphasize his statement, he added in another form a repetition of what he supposed it to mean: "Zippety-zip! Plung! Dat's how dey come, boss—one right arter de other!"

More rarely, it is not the echoed words of the lawyer's questions but the original language of an uneducated witness with a taste for long words that creates trouble, or mirth or both. Such a witness is also often a colored person. Only a short time ago an industrious and respectable laundress whose worthless husband had abused her was forced to appeal for protection to the law. But in the very beginning of her testimony she surprised and somewhat puzzled the court by repeated complaints of incompatibility. "What do you mean by incompatibility?" she was asked. "Do you mean that the only trouble between you and Jonas was incompatibility of temper?" "Ninkumpatibility, dat's just what I said," she assented. "We been m'k'id three years, Judge. De fust year der wasn't no ninkumpatibility at all. De nex' year Jonas began ninkumpatting, but twan't more'n I could stan'. But dis year, Judge,—and dis las' month in particular, Judge,—he's tuk to ninkumpatting wid his boots an' de flahwood an' sech; and so I's here."

Might Have Been Better. MacTavish had been invited to spend an evening at a friend's house listening to a wireless programme. "At its conclusion the host said, 'Well, Mac, what could a Scotsman desire better than that? Singing, instrumentalists, a talk on bluebottles, opera, news and dance music—all for nothing.'"

"Aye," said MacTavish, "but we didna have any acrobats."

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To obtain the top price, Cream must be free from bad flavors and contain not less than 20 per cent. Butter Fat.

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Everyday Nobility.

"The way I figure it, Uncle Turner, the greater part of my life has been lost," said Bob Hampton reflectively. "What's happened to give you such a sudden grudge against yourself, Bob?" inquired old Turner Gill.

"A quotation that I read: 'Count that day lost whose low descending sun views from thy hand no noble action done, or something like that. As I look back over my life I cannot recall a single thing that is entitled to be called a noble act.'"

"What is a noble act, Bob?" "Why I—I don't know. Something big and fine, I suppose; saving a life, thwarting the schemes of a villain, endowing a college or a hospital—something like that."

"Um. Try to give your employer an honest day's work for his money, do you, Bob?"

"Oh, yes."

"Pay your bills when they're due?" "Of course."

"Try to do the right thing by your children in the way of food, clothing, education, moral training, and so forth?"

"Certainly."

"Remember to praise your wife's cooking occasionally—tell her what a good wife she is and give meaning to your words by acting accordingly?"

"Yes."

"Ever lend a hand to help a fellow traveler up a grade that's a little too stiff for his motor?"

"Sometimes."

"Dig up a dollar or two now and then to help the charitable organizations?"

"I never turn down such an appeal."

"Well, Bob, I shouldn't worry much about those noble actions if I were you. A rainbow is a beautiful sight, but a sky that is all rainbows would be ridiculous. A world that is populated altogether with heroes and geniuses without any insignificant plodders like you and me to keep the wood chopped and such things would be very unsatisfactory place. The man who willows the path of duty as God gives him to see it keeps his hands clean, his head clear, his heart warm and his soul in tune with his Maker has not lived in vain."

Prehistoric Skull Found Near Lake Galilee.

Excavations have been completed at the cave near Lake Galilee wherein a skull approximating that of the Neanderthal type in Europe was recently discovered. A number of other bones have been found. Some of them are human, and may belong to the skeleton whereof the skull is a part. Others are remains of extinct animals. The Neanderthal character of the deposits is confirmed by comparison with earlier types. Two sections in the cave, showing prehistoric stratifications, are being left visible, especially in view of the proposed international congress next spring.

The Taungs skull recently discovered in Africa by Prof. Dart is not that missing link between ape and man, in the opinion of Sir Arthur Keith, the well-known anthropologist. Writing in the current issue of Nature, he describes the claim that the skull is the missing link as preposterous, and declares it to be that of a young anthropoid ape in the fourth year of its growth. It shows so many points of affinity with the African gorilla and chimpanzee, he says, that there cannot be a moment's hesitation in placing the skull in this group.

Their Tea Always Ready. Tea drinking is a constant occupation for a Tibetan. In every tent and in every house the tea kettle is always on the fire. The laws of hospitality bind all to present tea to their guests, and every Tibetan carries with him a wooden bowl of Himalayan maple by way of a tea cup.

Diplomacy. Little Guest (saying good-bye)—"I've had the most lovely time I've ever had."

Hostess—"Oh, Bobbie, you don't say so."

Little Guest—"Yes, I always do say so."

The Great City. "Where the city of the healthiest father stands, Where the city of the best bodied mother stands, There the great city stands."

—Walt Whitman.

An engine for fire fighting, especially in forests, has been constructed as a side car of a motorcycle.

Surnames and Their Origin

TUPPER.

Variations—Taubmann. Surname—English and German. Source—An occupation.

In the middle ages, when there was no complicated and automatic machinery for the manufacture of such receptacles as barrels, tubs, cups and the like, these very necessary articles had to be made by hand, and no little skill was required on the part of the artisans who turned them out.

As industry was organized in those days these men were skilled craftsmen, not incomparable with the gold and silversmiths of to-day, and their guilds or associations ranked high in the social and business life of the communities in which they lived.

Just as the occupation of "cupper," or maker of cups, has given us the modern family name of Cooper (which, incidentally, has nothing to do with the modern trade of barrel making), so the "tubber," or maker of tubs, has given us the modern family name of Tupper.

Quite typical of difference in the tendencies of speech development in Germany and England is the variation in the forms of this same family name as found in the two countries. In both German and English speech the terminations "er" and "man" were quite common. But the English tended to the more frequent use of the former, and the German of the latter. Otherwise the German word which was applied to English form might have been "Tupman" and the German "Taubner." It should be noted that this German name has nothing to do with the pe-

culinary birdlike alpheas known as the "Tauben."

PENROSE.

Racial Origin—Welsh. Source—Geographical.

There are numerous and varied explanations offered for the origin of this name, but none of them appear to stand the test of comparison with the laws established by the development of family names in general, with the exception of one.

Penrose is the name of what is today a mere hamlet near Land's End, in Cornwall, though there are indications that in medieval and early modern times it was a more important place than it is today, when the growth of modern cities has overshadowed the prominence of many localities which were prominent landmarks in older times.

There is a Penrose family living in Penrose today with large estates which have been in the possession of the family since the fifteenth century, a time at which the formation of family names, though well under way, had not yet been completed. Naturally this particular family took its name from the place in the form "de Penrose." But undoubtedly the name, in the same form, sprang up in other parts of the country in the case of former residents of Penrose, who may or may not have been related to the owners of the estates, but who used "de Penrose" as a distinguishing name in the sense of "from" Penrose rather than "of" in its possessive meaning.

"Water, water everywhere, Nor any drop to drink."

These words of the Ancient Mariner must have recurred many times to the men and women who traveled the broad and briny Atlantic in the days of sailing vessels when the voyage lasted for many weeks and drinking water was carefully treasured and sparingly doled out. This experience of privation doubtless remained in their memory when later they pushed on to the Ontario bush and helps to explain why the site chosen for the log cabin was invariably convenient to an abundant supply of pure water.

In the year 1925, were it not for the activities of the health authorities in this province, we who live in cities, in towns or on the farm might also quote these words. The greatest health hazard in this immense saving of lives has been the protection of drinking water. Protect your water supply. Write for free bottle and instructions for taking of sample to the "Provincial Laboratories" in the centre nearest your home—Toronto, London, Kingston, North Bay, Fort William, Owen Sound, Peterboro and Sault Ste. Marie. Examination is free for citizens of the Province.



Practice Makes Perfect. Percival—"Do you love me better than you did any of your former sweethearts?"

Phillips—"O, much better! You see, every experience I have adds to my technique."

Making Dull Days Bright. Umbrellas are now being sold in brighter colors than ever; scarlet and emerald are both favorite shades. Handies are also being adorned with china beads.



The Don Cossack choir of Russian officers gather at the Cenotaph in London to lay a wreath in token of their respect and friendship, unbroken in death.

If you'd like a better better tea than you are using, please try "Red Rose"

RED ROSE TEA "is good tea"

The same good tea for 30 years. Try it!

The Feast of Youth.

Midsummer Day, June 24th, while it is now the Church Festival of the Nativity of St. John the Baptist, was kept as a holiday for thousands of years before the Christian Era. The modern observance, most of them now passing into oblivion, are a curious intermingling of old heathen and more recent Christian beliefs.

In the Middle Ages Midsummer Eve was the festival of the young men and maidens. On this day they gathered flowers and plants, such as vervain, rue, and St. John's wort, which were believed to possess magical properties. At midnight the young men went out to collect fern seed, those they apocryphally were supposed to have the property of making the picker invisible.

St. John's Eve was the great night of the year for bonfires, which, according to some authorities, should be written "bonfires." It was the custom on this particular night to build three separate fires—one of clean wood, one of bones, and one of wood and bones mixed. The last was called St. John's Fire.

In those superstitious days the belief was widespread that upon the eve of St. John's Day the souls of the living left their bodies during sleep and travelled away to visit the spot where, in the fullness of time, they should finally abandon their earthly tenement.

Another belief was that the souls of all who were doomed to die during the ensuing year came at midnight on St. John's Eve and knoched upon the church door. Those who sat up, fasting, in the church porch were supposed to be privileged to see these spirits.

In order to dream, each of her true love, young girls used to make "dumb" cakes on Midsummer Eve. It took three maidens to make a cake, and while it was being prepared and baked, not one word had to be spoken. The cake, when made, was broken into three, and a piece put under the pillow of each of the makers.

Making a Pest Pay.

The prickly pear is not popular in Australia. Wherever it grows the land is useless, and there are over fifty million acres of it in New South Wales and Queensland. Worse, it is estimated, cost \$1,250,000,000, or even more. Even then there could be no certainty of final success.

When it was discovered that power alcohol could be distilled from the pear there was a glimmer of hope. But the return was only a gallon and a half per ton, and this was too small to cover the expense of cutting and crushing.

Now, however, a method has been discovered which gives a yield of fourteen gallons of power alcohol per ton, which makes distillation a commercial proposition. It is hoped that by this method power alcohol can be provided for the whole Australia and at the same time the great acreage now waste be cleared for settlers.

For Every Ill—Minard's Liniment.

Some Shot.

Mike, the new night watchman at the university, had observed someone using the big telescope. Just then a star fell.

"Well," soliloquized Mike, "that feller is sure a crack shot."

What we suspect often affects our conduct more than what we know.



Say "Bayer" - Insist! Unless you see the "Bayer Cross" on tablets you are not getting the genuine Bayer product proved safe by millions and prescribed by physicians for 25 years.

Safe Accept only a Bayer package which contains proven directions. 24 and 100—Druggists. Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocristallin of Salleritheim.

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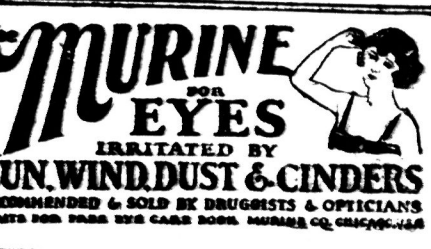
THE SOUTHERN FURNITURE STORES. 100-102 Adelaide St. W. Toronto. (Cut this out.)

The Glory of Trees.

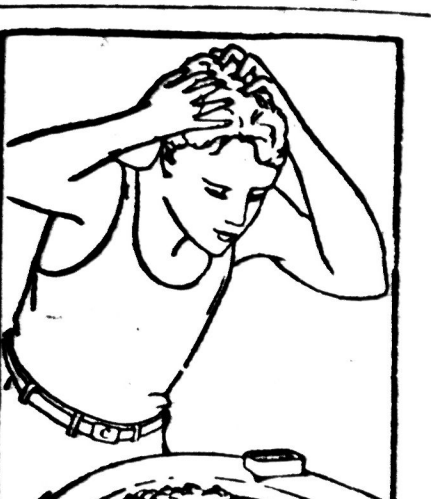
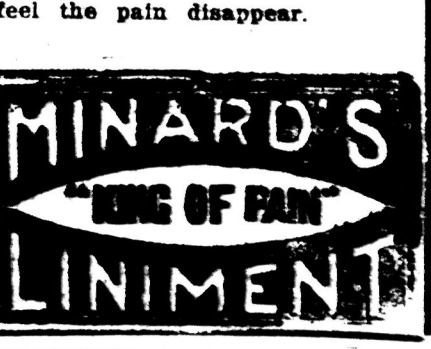
But the glory of trees is more than their gifts: 'Tis a beautiful wonder of life that lifts, From a wrinkled seed in an earth-bound clod, A column, an arch in the temple of God. A pillar of power, a dome of delight, A shrine of song, and a joy of sight! —Henry Van Dyke.

As It May Happen.

To show little Johnny that he could not add feet and yards together without changing the yards to feet, she asked him the question: "If I add five cats to ten dogs, what will I get?" To which Johnny answered, "One h—l of a fight!"



OH! MY BACK! Massage with Minard's and feel the pain disappear.



Cuticura Clears The Scalp Of Dandruff. Regular shampoo with Cuticura Soap, preceded by light applications of Cuticura Ointment, do much to cleanse the scalp of dandruff and promote a healthy condition necessary to producing thick hair. Cuticura Soap and Ointment are ideal for every-day toilet uses meeting every want of the skin and scalp.

MISERABLE AND ALWAYS IN PAIN

Lydia E. Pinkham's Vegetable Compound a Dependable Help for Mothers

Port Greville, Nova Scotia. "I took your medicine for a terrible pain in my side and for weakness and headaches. I seemed to float all over, too, and my feet and hands were the worst. I am the mother of four children and I am nursing my baby—the first one of four I could nurse. I took Lydia E. Pinkham's Vegetable Compound before the baby's birth, so you can see how much it helped me. I cannot praise it too highly for what it has done for me. I took all kinds of medicine, but the Vegetable Compound is the only one that has helped me for any length of time. I recommend it to any one with troubles like mine, and you may use my letter for a testimonial." Mrs. ROBERT McCULLLEY, Port Greville, Nova Scotia.

Before and after child-birth the mother will find Lydia E. Pinkham's Vegetable Compound a blessing. Many, many letters are received giving the same sort of experience as is given in this letter. Not only is the mother benefited, but these good results pass on to the child.

No harmful drugs are used in the preparation of this medicine—just roots and herbs—and it can be taken in safety by the nursing mother.

88 out of every 100 women reported benefit from its use in a recent canvass among women users of this medicine. G