

HEAP FOR SALE
and Dwelling on
down as the Rod-
Also
House on Church
CARTER

Market
EATS AND
ABLES
Cured
Meats
for Eggs
ation given
orders
E NO. 50
Thursdays
lock

Jackson
NEER
meet owners'
approval
see me me
6-13
PORT DOVER

L CARDS

Arrell
Mc.
Life Building
er's Block
WELL, K.C.
Attorney
Arrell
Stabbe

& Kelly
Notaries, Inc.
J. FOSTER
County Treas.
ELLY
County Council
TARIO
lowest Rates

AN
le, M.D.
URS
to 4 p.m.
ONTARIO

B.Sc., M.D.
RES
to 4 p.m.
ONTARIO

RY
Phone 34
TES
A. V.D.
LE
Up-to-date
Home 37—
de
L.L. to
Seed Store
SVILLE
NG
MILPON
information
to Room
SERVICE
field Jo.
7.40 a.m.
7.55 a.m.
8.05 a.m.
8.15 a.m.
11.00 a.m.
11.35 a.m.
8.40 p.m.
8.45 p.m.
1.00 a.m.
2.30 a.m.
3.30 a.m.
4.30 p.m.
West
12.00 p.m.
12.45 p.m.



FOR SALE—Choice bacon sows from Duff & Son. Apply Carl Smith, RR 4, Jarvis. 31p

THRESHING—Open for old and new custom work; silo filling. Grain 3c straight; silo, \$1.00 per hour. Oliver Hanna, RR 4, Jarvis. 27-3tc

FOR SALE—Pure bred Oxford Down rams, lambs and a few shearlings. T. H. Peacock, Jarvis. 28c

CIDER—Bring your apples; grinding every day. Bert Ineson, R.R. 3, Jarvis. Phone 10-33. 28c

WANTED—Good alfalfa hay for baling. G. A. Bowman, Hagersville, Phone 157. 30-2p

FOR SALE—House and lot on Monsoon Street, Jarvis. Apply to Mrs. C. Leslie. 30p

FOR SALE—Pure bred Yorkshire boar, bacon type. Apply John Meade, Port Dover, RR 3. 31-p

CIDER MADE on Mondays and Fridays. Will make until Dec 1st. Anson A. Edwards, 1 mile south of Rockford. Phone 13-11. 32p

The New Radio

DeForest & Crosley

— THE GREATEST BUY IN CANADA —

R-2—Two Tube with headset, good range. \$36.45

R-3—Three Tube. This three-tube receiver employs a coupled circuit tuner, regenerative detection and two stages of audio frequency amplification. Set complete for \$137.45

R-4—Four Tube. Rich in tone and with wide range. Price complete \$188.45

R-5—Five Tube receiver using two stages, tuned R. F. Amplification. Very wide range. Price complete \$288.45

Authorized Distributors
Booth & Allen
Jarvis, Ont.

YOUNG AT 50

YOUTH REGAINED

Dr. Legard's New Life Tablets

Impart to the Old and Middle-aged Youthfulness, Energy and Fitness, retards mental and physical decay, thus promoting longevity. Preserves the arteries and tissues. Sufferers from Deafness, with its many distressing accompanying ailments such as Head noises, derive almost immediate benefit. Calmness and peace is assured. Gloom, Depression, and Nervousness is banished under the influence of these Life-giving Tablets. Wrinkles and lines of the complexion bright and smooth. The skin becomes clear, tight, and plastic. A blemish disappears. The joy of a clear, youthful appearance and tingling of blood, radiant life and the realization that Time has put back Ten Years to the envy and admiration of your friends, and the unbounded satisfaction of yourself. Can you allow a golden opportunity like this to pass? Remember there are no arduous rules to follow, no restriction in diet, nor are there any ill effects after. On the contrary, it gives the entire system a feeling of exhilaration with increased mental and bodily vigor. Why not look and feel 30 at 50? Do not delay, commence the treatment at once. You will never regret the slight cost incurred for such incalculable benefits. The price of such marvellous Tablets, including Mail Charges, is Two Dollars per Bottle (or 3 Bottles \$5.00), despatched in plain wrapper on receipt of amount.

DR. LEGARD'S LABORATORIES,
106, Liverpool Road, Barnsbury,
London, England.

A restful night on Lake Erie

Make a pleasant break in your journey. A good bed in a clean, cool room, a long cool sleep and an appetizing breakfast in the morning.

Seasons "SEABOARD" "CITY OF BUFFALO" "CITY OF BUFFALO" Daily May 1st to November 15th

Leave Buffalo: 6:00 P. M.	Leave Cleveland: 9:00 P. M.
Arrive Cleveland: 7:00 A. M.	Arrive Buffalo: 7:00 A. M.

Connections for Cedar Point, Painesville, Toledo, Detroit and other points. Ask your ticket agent or contact agency for details via C. & N. E. Lines. More facilities.

Send for free booklet, "A restful night on Lake Erie" to The Great Lakes "SEABOARD" and "CITY OF BUFFALO" Lines, Cleveland, Ohio.

The Great Lakes "SEABOARD" Line, Cleveland, Ohio. 12 days weekly. The Cleveland & Buffalo Transit Co. Cleveland, Ohio.

Fare, \$5.50

Your Rail Ticket is Good on the Boat

FACTS ABOUT MEAT

INTERESTING TO THOSE WHO RAISE AND THOSE WHO EAT.

Why Meat Is Tough — Sources of Meat — Nutritive Value — Inspection — Late Blight of Potato.

(Contributed by Ontario Department of Agriculture, Toronto.)

The annual per capita consumption of meat has almost doubled during the past fifty years. Refrigeration, canning and increased facilities for transportation have been important factors in the development. In the United States and Canada as late as 1765 the slaughter of cattle for the supply of the public markets was unknown. Meat was used of course, but only to a limited extent as the animal industry was in its infancy.

Why Is Meat Tough?

The toughness of meat is due to the thickness of the walls of the muscle tubes and excess of connective tissue, which binds them together. The young animal will, for this reason, usually supply a meat that is more tender than that from old animals. Connective tissue, fascia and nerves are tough to chew, and the thinner the animal, fascia and nerves are tough to chew, and the thinner the animal, the larger proportion of these structures there will be in the meat. Blood vessels, lymphatic vessels and adipose tissue also make up part of the meat, but do not add to its toughness.

Sources of Meat.

In Ontario the principal source of meat is from our farm animals—cattle, sheep, swine, rabbits and poultry. In many places, the flesh of horses, dogs and cats is used. This is particularly true of European and Asiatic countries, where the people are flesh-hungry, and the meats of cattle and sheep are expensive to purchase.

Meat, immediately after slaughter has an alkaline reaction, and has a sweetish unpleasant flavor. It is also quite tough. The hardening of muscles or rigor mortis that follows slaughter, is accompanied by a number of changes that fortunately improve the meat. The principal of these changes are as follows: the development of sarcosin, the softening of the muscle fibers, and connective tissue as the result of bacterial and antolytic enzymes, the development of more pleasant flavors. It is not advisable to use meat immediately after slaughter, if ice refrigeration, or other proper storage is at hand. Two or three weeks in cold storage at a temperature of 36-38 degrees Fahrenheit is well worth while in improving the edible quality of meat.

Nutritive Value.

The nutritive value of meat depends upon the presence of proteins. The meat bases, or nitro-streins, have little food value. The meat bases are the principal substances in beef extracts. Beef extracts, while of no great nutritive importance, are valued because their ingredients are in a state of solution and therefore easily absorbed by people whose digestion is at fault.

Meat Inspection.

So long as animals are permitted to be slaughtered in any barn or cellar, it is impossible to exercise proper control over meat as sold by butcher shops in the smaller cities and towns. In the large city abattoirs in Toronto and Montreal, the Government inspectors send to the tank carcasses that are not fit for human food, approximately one per cent. of all slaughtered. No one is inspecting the cut in the country, or small town kill, and apparently everything goes to market. It is unpleasant to close one's teeth on a carcase, tubercular lesion, or on the cystic form of a tape worm, while eating dinner. But we are doing it, and for our ignorance do not seem to mind. If all meats were Government inspected, the per capita consumption of meat would increase. People must have meat, all like it, and all are interested in the conditions under which it is prepared.—L. Stevenson, Dept. of Extension, O.A.C., Guelph.

Late Blight of Potato.

The damage done by this destructive vine disease is largely dependent upon weather conditions. During cool or wet seasons it spreads rapidly, doing great destruction to the potato foliage if not checked through the timely application of Bordeaux Bordeaux spray.

The first symptoms of the disease show up as small, irregular, yellowish green spots on the leaves which quickly turn brown, and may cover the leaf in two days. On the under surface a white mildew-like growth appears bearing the spores which spread the disease to other plants. With climatic conditions just right a crop may be destroyed in three or four days. One infested plant will infect a field if the weather is wet and cool and watch for symptoms and, if noted, spray with Bordeaux at ten day intervals.—Dept. of Extension, O.A.C., Guelph.

Mineral Additions to Ration of Hogs.

Some valuable information relative to the importance of adding mineral matter to the usual grain rations of hogs has been secured at the Agri-Experimental Farm during the last two winters.

The mineral mixture used was composed of ground bone meal, 8 pounds; ground charcoal, 5 pounds; ground rock phosphate, 5 pounds; and salt, 3 pounds, at a cost of 2.7 cents per pound. It was fed at the rate of 3 pounds to each 100 pounds of meal.

LILIAN A. SHERWIN CHIROPRACTIC

Modern Chiropractic Methods—Combined with 20 years Nursing Experience enable me to give you the utmost in Health.

New Paths—Recently installed—Locate instantly the misplaced vertebrae while are the cause of your trouble. This permits a scientific adjustment of health follows quickly. Try Chiropractic NOW. Free consultation.

Office—21 Robinson St. Simcoe; in Hagersville on Wednesdays, Office, The Alwood Hotel.

CORRESPONDENTS

(Continued from Page 1)

carry our very sincerest and loving remembrance.

Signed, on behalf of the "Buds of Promise."

RENTON

(Oct. 12.)

Ezra Burch's sale was a great success. Cows brought \$95 to \$105 each.

A farewell party for Ezra Burch was well attended on Tuesday night. He is going to reside in Detroit.

The top surface is being put on from Renton, east; the road from the quarry, east, is nearly completed.

Mr. Oliver Shingler is moving into a house west of Tyrrell.

(Oct. 19.)

Mr. M. Schiltz, Jr., has returned from a two weeks' visit with his brother in Michigan.

Mr. and Mrs. D. Burch and Mr. and Mrs. Edgar Burch motored to Aylmer to attend the funeral of the late Mrs. John Johnson.

Thieving seems to be the order of the day in some localities. It is a pity it cannot be stopped. It would serve to check if more severe sentences were imposed.

(Oct. 20)

Mr. Samuel Potts, of Detroit, returned home after visiting friends here for the past month.

Mr. and Mrs. M. Tisdale are visiting friends at Grand Island Forest, Michigan at time of writing.

Mr. and Mrs. Ezra Burch gave a party at their home one evening last week, before Mr. Burch leaving for Detroit. All had a good time.

Mr. and Mrs. Ed. McInally moved to Simcoe this week into their new home recently purchased.

Mr. and Mrs. Percy Potts are visiting his brother Will in Toronto this week.

Mr. and Mrs. Geo. Potts spent Saturday last in Brantford and attended a wedding anniversary.

The farmers are busy these days, some filling silos, digging potatoes, picking apples, and some have started fall plowing.

Mrs. Fred Carter had the misfortune to fall and break her leg one day last week. We hope for a speedy recovery.

(Oct. 27)

Mr. Geo. Fisher and two sons, of Toronto, and Mrs. Ira Fisher of Bealton, were guests on Sunday last of Mr. and Mrs. D. Secord at East Lynn Farm.

Election is near at hand and things begin to warm up, but the snow storm on Monday cooled the weather down to normal.

Mr. and Mrs. R. Haggerd and Mrs. Beecraft of Charlotteville, spent Sunday with Mr. Percy Collins.

Mr. and Mrs. John Rowatree and children, of Nelles Corners, were the guests one day last week of Mrs. E. Lishman and Mr. and Mrs. D. Secord.

Mrs. W. D. Peace spent the week-end with friends in Hamilton.

Mr. and Mrs. Ward, Mrs. E. Ward and Mr. and Mrs. L. E. Burley, of Hamilton, were guests on Sunday last of Mr. P. Collins.

Mr. and Mrs. W. Waters, of Port Dover, were visiting with Mr. and Mrs. James Wright on Sunday last.

Mr. F. L. Secord, of Hamilton, was the guest of his brother, Mr. Daniel Secord of East Lynn Farm, last week.

SANDUSK W. I.

The Sandusk W. I. held their regular meeting on Thursday, Oct. 1st, at the home of Mrs. Wm. Mattice, with the president in the chair.

The meeting opened in the usual manner. It was moved by Mrs. Mattice, seconded by Mrs. Walker, that material used in quilts be paid for.

An interesting report was given by the ladies who visited the Sandusk school and suggestions for improvements are to be brought before the trustees and our meeting at some future date. It was then moved by Mrs. J. Peacock, seconded by Mrs. Mattice, that one dollar be paid to the scholar making highest points at the school fair. Moved by Mrs. Sternaman, seconded by Mrs. A. W. Doughty, that instead of the regular meeting a social evening be held on November 6th, at the home of Mrs. H. Bradley. It was moved by Mrs. Sternaman and seconded by Mrs. Mattice, that Mrs. Werner and Mrs. Walker act as lunch committee for the social evening.

The afternoon was spent in quilting. The meeting then closed with singing "God Save the King."

The hostess served a dainty lunch and a vote of thanks was tendered her for her hospitality.

The next meeting is to be held on the evening of November 6th at the home of Mrs. Bradley.

SIMCOE

Has better stores than you will find in many of the smaller cities --- Travellers are unanimous as to that.

"KING WINTER MAKES HIS BOW"

Says a new headline—telling of early snow squalls in the Northwest and Great Lakes region. Falls' Fur Coat Department is ready with beautiful Fur Coats, picked and chosen for quality and reliability from the best makers. Prices as low as it is possible for a good store regularly to sell such fine coats.

—Hudson Seal —Persian Lamb
—Silver Muskrat —Natural Rat
—Electric Seal

GIRLS' WINTER COATS

with Fur Collars, most of them. All from splendid Coatings, lined throughout most of them. Coats for School and "best" wear.

LOVELY WINTER HATS — First Showing Saturday

Every Hat what Fashion considers smart. Many delightful new shapes for street, sports, formal and informal wear. Dance Hats and Hats to be worn with Fur-Coats. All the new colors and materials that will be worn this winter.

\$7.00 TO \$12.00

TWO SPECIALS IN WOMEN'S HOSIERY

97c Pair—In silk and wool. Ribbed in various widths. Seven of the season's newest shades. Seamless and wide garter tops. Flawlessly knitted to "fit" without bunching or binding. Just the weight and styles you will like and worth \$1.50 pair. Specialled, pair 97c

2 Pairs for 75c—Women's Heather Ribbed, heavy winter weight, soft knitted Cotton Hose. Very attractive looking and excellent wear. Sizes to 10½. Two pairs for the price of one 2 Pairs 75c

More New Frocks from Paris—for Afternoons, Evenings and the Dance — \$18.50 to \$50.00

Coats of Unusual Beauty — \$25 to \$75. Suede and all the new deep pile fabrics—and the new season's shades

Sale Unusual — 200 Ready-to-Wear Hats \$1.68 AND \$2.68 Worth \$3 to \$7.50

Maker had to realize on materials. New styles Hats just made up last week, Felts, Satins, Silk Velvets. Every new shape—every color—every headsize. Selling begins Friday morning.

Flannelette Blankets \$2.28 a pair. They are the LARGEST and BEST quality made—white or grey. It's a good time to fill your requirements. \$4.95 to \$17.50

NEW BLANKETS

"Kenwood" and other good English and Canadian makes. Choice of all white or solid colors including Rose, Blue, Green, Gold, Orchid and Pink—also in check and block designs.

—Blankets in pairs \$5.75 to \$7.50
—Blankets in singles \$7.50 to \$22.50

CHILDREN'S SLEEPING GARMENTS on Display and Sale in the Men's Store

Dr. Denton's Sleeping Garments to fit ages 1 to 7 years. Other desirable Sleeping Suits in white and grey to fit ages up to 14.

MAGNIFICENT SHOWING OF NEW FLOOR RUGS — GREAT PILES OF THEM

This is probably the most beautiful collection of Rugs ever made by the Falls' Store. Qualities throughout are unusually good—the colorings are marvellous. From the standard of quality, our special prices present wonderful opportunities.

(Homefurnishing Department, 3rd Floor)

LEAVE IT TO THE BOY TO TEST A SUIT

Falls' Boys' Suits are made to stand the test that only a boy can subject his clothes to—they are made to stand every other test as well. Just now the selections are exceptionally fine—to fit Boys 5 to 17 years at \$7.50, \$10.00, \$12.00 and \$15. "Most of them have two pairs of Bloomers."

