

# BEST CANCER

## Great Success of Cantassium Treatment

A well-known London surgeon and recognized authority on Cancer has created world-wide interest in the discovery that Cancer is due to a deficiency of potassium "salt" in the body, which causes the cells to break down and become malignant.

### The Real Cause of Cancer

This book will be sent free to patients or any one who is interested in the most successful method of fighting "THE CANCER SOURCE."

The following is a list of the chapters:

- 1. The Limitations of Surgery; 2. Some Doctors' Opinions; 3. What Cancer Is; 4. Why the Body Cells Break Down; 5. Potassium Deficiency; 6. Common Errors in Diet; 7. What Elements of Food; 8. Medical Endorsement of Potassium; 9. The Great Miracle of the Body; 10. The Thyroid Gland; 11. Age When Life Begins to Accumulate; 12. Potassium Cures Liver Disorders; 13. Great Value of Potassium; 14. Parts of Body Liable to Cancer; 15. Parts Which Are Not; 16. How a Doctor Can Help; 17. How to Avoid Cancer; 18. Death-rate From Cancer; 19. Arterial Sclerosis and Old Age; 20. Rheumatism, Gout and Kidney Complaints.

With this book are a number of interesting experiments, proving the great value of "Cancer Cure Treatment" in various cases. The treatment is simple and inexpensive, and can be easily followed in one's own home.

Apply for Free Book to

Charles Walter

31 BRUNSWICK AVE., TORONTO 4, ONT.

### The Violin's Varying Moods.

It is an old saying that a thoroughly healthy person is "fit as a fiddle," and, like many other old sayings, it contains an essential fallacy.

The health of a violin, or any other instrument, varies according to circumstances, and every player will tell you that there are days when his instrument fails to respond to his demands, often just when he himself is at his best.

The violin, in particular, is a delicate instrument that requires to be wrapped in silk or some other fine dry material to prevent it getting cold or being seriously affected by the heat.

It will become almost seriously indisposed in the course of an hour when being played in a hot room; it gets tired and out of sorts if it is played too continuously or too strenuously.

Good violinists prefer to have at least two reliable instruments, because they know that holidays are as necessary for the fiddles as for themselves, and sometimes just when they are busiest one of the fiddles gets overworked and must have a few days off. Keep "fit as a fiddle" if you can; but most of us wish to be fitter than a fiddle.

### Cleaning Molds.

Cake tins and molds are frequently very difficult to get clean after they have been used. A reliable method of thoroughly cleaning them is to mix a quantity of whitening and water to a smooth paste. This should be smeared well over the tin and then left to dry. Rub with a chamois leather or a very soft cloth and a beautiful polish will result. Any of the powder which sticks should be brushed off. If the tins are very soiled or greasy, rub them with powdered bath-brick mixed with water.

### Germless Spitzbergen.

Spitzbergen is the one place in the world where it is possible to live in comfort without illness, for, owing to the Arctic air, it has been found that no disease can exist there.

When a man tells you that if you want a thing well done you must do it yourself, tell him to go and cut his hair.

### AGENTS WANTED

Men and women desirous of earning good income, full or part time, wanted to sell our Linoleum direct from maker to wearer. Liberal commission, attractive prizes made sales and repeat orders easy. For full particulars, apply:

LADIES' HOSIERY AND LINGERIE CO., 315 Bay Street, Room 118, Toronto

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See us for guaranteed Used Ford Cars. We can save you money. Ten Trucks at prices that cannot be equalled.

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### Only a Smile.

Only a smile that was given me  
On the crowded street one day.  
But it pierced the gloom of my saddened heart  
Like a sudden sunbeam's ray.  
The shadow doubt hung over me,  
And the burden of pain I bore,  
And a voice or hope I could not hear,  
Though I listened o'er and o'er.

But there came a rift in the crowd about,  
And a face that I knew passed by;  
And the smile that I caught was brighter to me  
Than the blue of a summer sky;  
For it gave me back the sunshine,  
And it scattered each, sombre thought,  
And my heart rejoiced in the kindly warmth  
Which that kind smile had brought.

Only a smile from a kindly face  
On the busy street that day!  
Forgotten as soon as given, perhaps,  
As the donor went her way,  
But straight to my heart it went speeding,  
To glid the clouds that were there,  
And I found that of sunshine and life's blue skies  
I also may take my share.

### Password.

"Falls from a cloud the singing bird  
Into her nest of grass;  
Say to me but a single word  
And I will let you pass.

"Between her winking stars the moon  
Pauses beyond the hill;  
Whisper that word—oh, whisper soon  
And pass me if you will.

"The wood grows darker, quieter  
Than ever yet it was;  
One word amid the whisperless air  
And I will let you pass."

Listened the waiting leaves all night,  
Shadow and bush and mound;  
The high moon shed a softer light—  
There was no sound.

—Edward Davidson, in Poetry.

### WEAK AND NERVOUS

#### A Condition Always Due to Thin, Watery Blood.

Thin blood and weak nerves generally are found together. Red blooded people seldom complain of nervousness. The reason is that the blood feeds the nerves and keeps them toned up to do the work nature intended.

When the blood is thin and weak it fails in this important function and nervous troubles follow. The following case will interest those who need a tonic for the blood and nerves. Mrs. D. Veno, Union Square, N.S., says:—

"With a feeling of gratitude I write to tell you what Dr. Williams' Pink Pills did for me. I had become badly run down, and reached the stage when I could not do my housework. I was not only weak, but my nerves seemed completely shattered. The least noise would startle me and I was subject to nervous headaches. Worse still, I could not sleep at night. Perhaps I would get an hour or two sleep, and then be awake for the rest of the night. I had reached a stage when I actually feared I would lose my mind. Up to the time I decided to take Dr. Williams' Pink Pills, nothing I had taken seemed to do me any good. I got a few boxes of these and soon there was no doubt they were the medicine to help me. As I continued the use of the pills I gradually grew stronger, ate better and could sleep at night, and now I am as well and strong as a woman could wish to be. I hope some other weak, nervous person will be benefitted by my experience."

Dr. Williams' Pink Pills are sold by all medicine dealers or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Developments.

"Does your boy Josh know anything about a farm?"

"He has found one thing about the dear old home that I never dreamed of," answered Farmer Contessal. "It took him only one morning to show me where we could put a golf course, a tennis court and a motion picture studio."

### Where Eves Score.

Nature, for some reason or other—possibly because women are not endowed with the same degree of physical strength as men—favors Eve in many other ways.

A woman's brain, for instance, although smaller than that of the average male, is of much higher quality. That is an absolute scientific fact.

Further, little Eves are much stronger and healthier than little Adams. Statistics of infantile mortality prove conclusively that girl babies have a much better chance of life than boy babies. Again, while the average Adam generally attains his full height at twenty-one, and in any event has no chance of adding to it after he is twenty-five, Eve will continue to add to her stature up to thirty, or even beyond. And, as distinct from putting on weight, she grows (in bone development, and so on) for some years after the sterner sex has finished.

And for every hundred men who go bald, there is but one Eve! And she lives longer. These women have many "natural rights."

### Varieties of Apples.

There are well over one thousand different varieties of apples grown in various parts of the world. Of this number however, only about one hundred are of commercial value.



BACK TO BONNIE SCOTLAND

This fine looking group are the children of Scottish parents born in Canada, who are on their way to visit for the first time the homeland of their parents. The picture was taken on board the Anchor Donaldson liner Letitia on her last trip from Montreal.

### A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets Should be in Every Home Where There Are Children.

The perfect medicine for little ones is found in Baby's Own Tablets. They are a gentle but thorough laxative which regulate the bowels, sweeten the stomach; drive out constipation and indigestion; break up colds and simple fevers and promote healthful refreshing sleep. It is impossible for Baby's Own Tablets to harm even the new-born babe, as they are absolutely guaranteed free from opiates or any other injurious drug.

Concerning the Tablets, Mrs. Alice J. Perry, Atlantic, N.S., writes:—"I always keep Baby's Own Tablets in the house for the children, as I have found them a perfect medicine for little ones."

Baby's Own Tablets are sold by Medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Schubert's Serenade.

Franz Schubert, like Beethoven, was accustomed to carry with him a note book in which he could jot down musical ideas as they happened to occur to him. Many a beautiful theme would have been lost had it not been for this practical habit of these great composers. There are times when the muse is asleep, when the ideas will not come; then it is that such a note-book becomes valuable and the inspirations of other times may rouse the dormant muse.

Wherever Schubert happened to be, in the city or in the fields, in the tavern or the beer garden, did a valuable idea occur to him, out came the note-book, and it was hastily scratched down for further treatment. When he was seized by an idea it must go down on the first scrap of paper that came to hand. This was the manner in which that beautiful and well-known "Serenade" first appeared, though it is also told of "Hark, the Lark."

One Sunday, during the Summer of 1828, Schubert, with several friends, was strolling about among the suburban villages in the vicinity of Vienna. As was their custom, they stopped at a beer garden, where they sat chatting and enjoying the good company they found. Schubert picked up a book of poetry one of his acquaintances had laid down, and, after turning over a few leaves, suddenly stopped and, pointing out a poem, explained: "Such a delightful melody has just come into my head; if I but had a sheet of music paper with me!"

One of his companions hastily drew a few staves on the back of the bill-of-fare and passed it to him, and in the midst of the hubbub of a German beer garden Schubert wrote out that beautiful melody, Schubert's Serenade, that has pleased such a multitude of music lovers since his day.

### AN INTERNAL BATH DAILY RECOMMENDED

A prominent physician made the remark recently that if people were half as particular in regard to internal cleanliness as they are about external appearance three quarters of our ordinary ailments would be eliminated. This medical man said people did not stop to think of the importance of keeping the system just as clean as one is careful to keep hands, face and body. The result is that the intestinal tract becomes clogged and waste material which should leave the body daily stays there for an indefinite period doing a harm few people realize. So many ills are traceable to these clogging poisons! An internal bath sounds novel, but it is much easier to take than any other kind! A spoonful of Sal Lithofos before breakfast (or any other meal), dissolved in a glass of tepid water acts as a gentle cleanser of the bowels—provides a soothing internal bath that rids the body of dangerous toxic poisons and gives one that feeling of freshness, vigor and well-being. A further advantage of the internal bath lies in the fact that a healthy body ensures an alert and active mind which makes for greater efficiency and happiness in one's daily work.

### Chinese Typewriters.

A typewriter has been developed capable of transcribing 3,700 Chinese characters. Instead of each character being mounted on a separate key, a single key arms drops down and picks up the letter desired, and after it is used, drops it back to its special slot.

### Minard's Liniment King of Pain.

## RED ROSE TEA

"is good tea" TEA

Perhaps you use good tea. We think Red Rose extra good.

### From the Foam.

The seaweed lies like discarded wreaths of playful nymphs and streamers, or frayed garlands tossed upon the shore by water-babies with laughter like waterfalls, who gambled on the shore, then straddled phantom dolphins and sped away during the night in caravans through the phosphorescent foam, to their home in the deep sea waves. Upon the shore the weed lies unruffled, left by these departing play-fellows who sped with the tide. Some leaf-like weeds, bits of ribbon not yet green, nestle on the shore, their thick plain leaves transparent, touched but faintly by a hint of brown. They cling where they have floated with the incoming tide that boomed upon the beach.

Draped by the dripping fingers of the foam around the pebbly shore, some form graceful, curving patterns; others rest in pools of water that exist only in the interim, the tranquil intermission between the surging fore and aft of the singing tide.

The sun beats down upon the wide strips of seaweed, merging its yellow into the folds of green as they float leisurely and aquarium-like in the pools that stretch immeasurably across a sea bordering the utmost reach of low-tide. Other fragments of green on the sun-dried beach become animate with the whispering of the wind. They are touched lightly by its magic as they lie upon the gray but glittering beach, with its rim of diamond and sapphire sea.

Responsively, they quiver to this slight encouragement of the playful breeze, sensing a delightfully dry change from the accustomed urging of the cloying waters.

Dreamily, half-dormantly, they hide the promised and inevitable returning of the tide which is never late, for it awaits not time nor man. In this all-enveloping vehicle they are once more launched upon a transport that merges into a fathomless ocean, where they will again float among the playful jellies.

### Flower-Lit.

In June and early July, the most constant lights of the night are the pale midsummer blossoms. The glory of the moon and stars is cut short by late sunsets and early dawns; and the Plough, which is the genius of night in our northern skies, has scarcely begun to swing low across the north, as best we know it, before it is eclipsed out by morning. But as soon as the twilight falls, whether the night be fair or cloudy, the white flowers shine forth in the meadows and about the wood-sides, and earth stands lit till morning with their drowsier stars and moons.—Anthony Collett, in "The Changing Year."

### To Keep Cranberries.

Fresh cranberries may be kept almost indefinitely if put in crocks and covered with cold water.

### "MINNICOG HOTEL"

On one of the Islands of the Georgian Bay  
OPEN JUNE 24th, 1928  
Excellent Cuisine. High class in every respect. High altitude. Daily program from Midland. Direct connection from Toronto. Write for Booklet and Terms. (Opp. J. MALCOLMSON, Midland, Ont.)

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### Minard's Liniment King of Pain.

Minard's Liniment is King of Pain. It is a sure cure for all kinds of pain, including rheumatism, neuralgia, and all other forms of nerve pain. It is also a good remedy for all kinds of skin diseases, including eczema, psoriasis, and all other forms of skin irritation. It is a sure cure for all kinds of pain, including rheumatism, neuralgia, and all other forms of nerve pain. It is also a good remedy for all kinds of skin diseases, including eczema, psoriasis, and all other forms of skin irritation.

### Classified Advertisements.

SILVER PRIZES  
W. HOLLEBALE, LAMMER, SUMMERBELL, Canada.  
FARM WANTED.  
WANTED: I WANT FARM FOR CASH. I have money. Desirable and also price. E. Watson, 115 Royal, New Westminster, B.C.

### Majolica Plate.

Yellow and green, with garlands gay; Pale Madonnas on fields of blue; Plump bambini with birds at play; Coat-of-arms on Italian hue; Pergian Griffin with Lion of Guelph, Fighting to prove their civic pride; Just at this point—I help myself. A crack runs down where the Mayor decides.

Which of the cities has won the fight? Majolica chronicles have this plight. —Ruth Mason Rice, in "The Golden Quill."

It's no good suffering in silence if you're going to talk a lot about it afterwards.

### WE BUY FLEECE WOOL

Harris Abattoir Co., Limited  
Strachan Ave., Toronto

### TOOTHACHE

Bathe the face with Minard's and water. Place a piece of cotton wool saturated with Minard's in the cavity of the tooth.

## MINARD'S LINIMENT

"KING OF PAIN"

### HAD TO TIE CHILD'S HANDS

Eczema on Head Itched Badly. Cuticura Healed.

"Eczema broke out in pimples on my little girl's head. It itched badly and she scratched causing sore eruptions. Her hair fell out and she was very fretful. We had to tie her hands to keep her from scratching, and she could not sleep. We had her treated but the trouble kept getting worse."

"We began using Cuticura Soap and Ointment and in a short time continued the treatment and in less than six weeks she was healed." (Signed) Mrs. A. G. Awcock, 706 Notre Dame Ave., Winnipeg, Man.

Cuticura Talcum is cooling, soothing and comforting to tender, aching, burning feet.

Sample Soap Free by Mail. Address Canadian Agents: "Cuticura," Montreal, Quebec. The "Cuticura" Co. and Dr. Talcum Co., 1000 Cuticura Shaving Stick 25c.

### STRATFORD WOMAN

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario. "After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so I let it go until I was all run-down, weak and nervous, and had a bad displacement. For nearly two years I could not sleep and I would always complain of having 'not a head-ache, but a brain-ache.' My mother is taking Lydia E. Pinkham's Vegetable Compound during the Change of Life and she recommended it to me. After taking two bottles I began to get a little sleep and to feel better and I have never felt off since then, except for about three months. I can safely say I have taken thirty bottles since my second baby was born. I think it made child-birth easier as I had terrible pains with my first three children and very few with my fourth as I was so much stronger. I am now able to do my work alone, but I am still taking the Vegetable Compound as I am nursing baby. I think OMER PAUL, 49 Cherry Street, Stratford, Ontario.

If you are suffering from any weakness which causes such symptoms as pains in the side and back and nervous feelings, give Lydia E. Pinkham's Vegetable Compound a trial now.

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