

TONIC TREATMENT FOR INDIGESTION

Indigestion Comes With a Run-down Condition—Relief Comes Through Enriching the Blood—Dr. Williams' Pink Pills Make New Blood.

There are many symptoms of indigestion such as acute pain after eating, belching of wind, nausea and vomiting, bloating and pains in the region of the heart, a dread of food for the misery it causes. Dieting and the use of pre-digested foods may give ease, but that is all, and meanwhile the stomach grows steadily weaker. The work of digestion depends upon the blood and nerves and the only way to get rid of indigestion is to tone up the stomach through the blood, to do the work nature intended it should do. The one thorough way to do this is through the use of Dr. Williams' Pink Pills, which renew the blood, strengthen the nerves and enable the stomach to do its work with ease and comfort. Neglected indigestion means prolonged misery. If you have any of the symptoms of this trouble try the tonic treatment with Dr. Williams' Pink Pills at once and you will be gratified with the results.

Among the many who have found new health through the use of Dr. Williams' Pink Pills is Mrs. Ada Webb, R.R. No. 3, Prescott, Ont., who says:—"For a long time I went through the tortures of nervous indigestion. I call it torture because no other word can describe what I endured. If I took food I vomited. I did not sleep, and I was steadily growing weaker. I doctored for months but with no benefit. One day my husband said, 'As the treatment you have had has not helped you, why not try Dr. Williams' Pink Pills?' I consented and he got me a supply. After I had been taking the pills for a while I knew they were helping me as the pains and retching grew less and I slept better. I gladly continued the use of the pills and in a few months I felt like a new woman better than I had felt for years, and able to work for my husband and children again. After such a wonderful experience how can I do anything else but recommend Dr. Williams' Pink Pills?"

If you need a blood-building tonic begin taking Dr. Williams' Pink Pills today. Sold by all medicine dealers or sent by mail at 50 cents a box by writing The Dr. Williams' Medicine Co., Brockville, Ont.

Oh Mother! What Can I Do?
How many times a day do your babies ask you that question? And how often are you able to suggest some interesting game for them to play, some amusing occupation for a rainy day? If you'd like always to have a practical, helpful suggestion for them, read this snappy new feature.



While big sister and brother are at school you can make them each an orange jack-o-lantern for lunch. Paste these bits of black paper on the oranges to look like eyes and nose and mouth. Won't they be surprised when they come home?

A Bottle Brain Wave.
The latest aid to commerce is an automatic machine that fills, seals, and labels bottles at great speed and with unflinching accuracy.

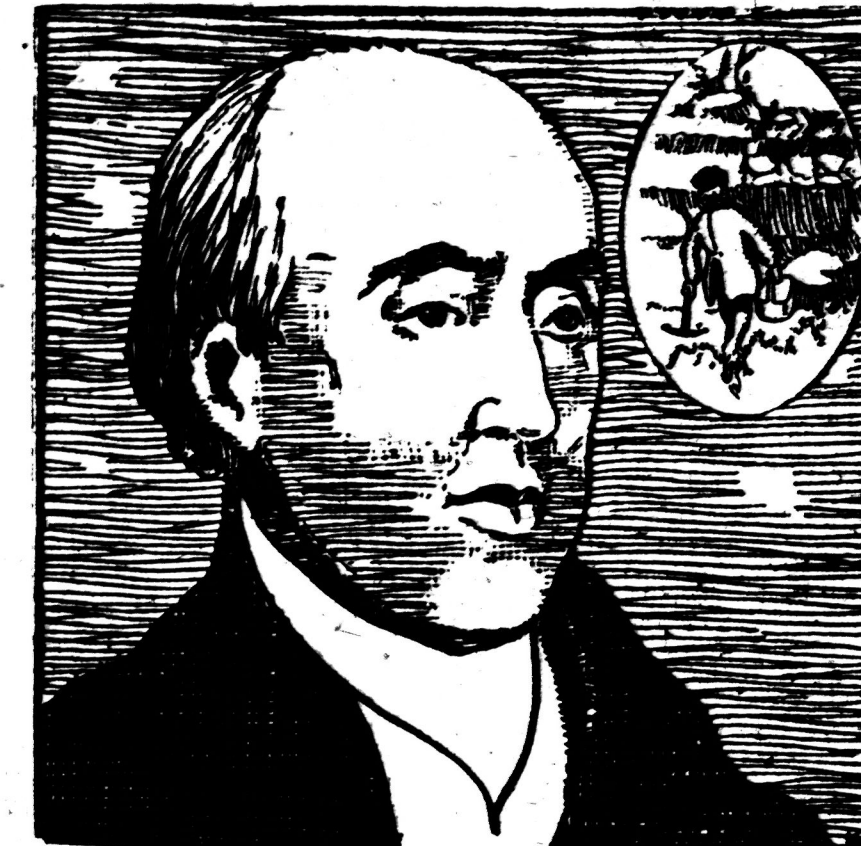
A machine of this kind, which has just been placed on the market, can fill and seal over 7,000 bottles in an hour. Liquids of any consistency, including syrups, sauces, and salad dressing, can be bottled in this way. Each container is filled only to the height required, and bottles that are cracked or otherwise unsuitable are rejected by the machine.

Perhaps the most wonderful part of the mechanism is the labelling apparatus. This picks up a label, moistens it, sticks it firmly round the jar or bottle, and then wipes it clean and dry. The sealing is done with new hermetic caps, which can be removed by the fingers.

COUGHS and COLDS
Are Just The Beginning
DON'T GAMBLE WITH YOUR HEALTH TO FIND THE END
STOP THEM QUICKLY WITH
GRAY'S SYRUP
RED SPRUCE GUM

WIND AND RAIN ATTACK ROCKS

Elements Cause the "Eternal Hills" to Crumble Away.



James Hutton, a doctor by profession, laid the cornerstone of modern geological thought when he declared that all changes in the earth's surface must be explained in terms of such forces as can now be observed at work. He was born in 1726 and died in 1797.

Secrets of Science.
By David Dietz.

The first agent which attacks the rocks is the atmosphere. Its action is both chemical and mechanical. The structure of a rock is a very complicated affair. The elements which compose the rock are first united into a number of minerals. These minerals in turn unite to form the rock. Granite, for example, is a mixture of three minerals known as quartz, feldspar and mica.

The oxygen, the carbon dioxide and the water vapor in the atmosphere enter into chemical combination with various minerals found in the different rocks. This action increases the volume of mineral matter in the rock. As a result strains are set up in the rock and it cracks and crumbles, just as iron crumbles when it rusts.

Temperature changes also hasten the decay of the rocks. When the sun shines upon a rock, the outer portion is heated and expanded. This sets up strains in the rock which result in large cracks. Temperature changes between day and night cause expansion and contraction of rocks and consequent cracking.

Certain products formed in rocks as a result of the chemical action of the atmosphere are soluble in water. Consequently when it rains they are dissolved by the water, leaving the rock in a porous condition.

The mechanical work of the atmosphere is performed by the winds. The wind blows the particles resulting from the decay of the rocks

against the rocks themselves, thus wearing them away still further.

The falling rain also does a certain amount of mechanical wearing down of the rocks.

The wind also serves as a transportation agent, moving the products of rock decay from one place to another. The transportation of the finest particles—dust—is nearly universal. Much dust is carried far out to sea, where it falls upon the water and settles down upon the sea floor.

In the great eruption of the Krakatoa Volcano in the East Indies in 1883, volcanic dust was carried all around the world by the winds in 15 days.

The wind also moves the larger particles of rock decay known as sand. Except in the case of severe windstorms, it does not lift the sand into the atmosphere, but merely moves it along the earth's surface.

As a result of this, great sand hills known as dunes are often formed. These are found along the eastern coast of the United States to-day, and along certain parts of the coast of England and continental Europe. Also in the arid regions of Kansas, Nebraska, Colorado, Wyoming, Arizona and in the Sahara and the vast plains of Central Asia.

Dunes range from 10 to 300 feet in height. Due to the fact that the wind blows the sand up one slope of the dune and down the other, the dunes gradually shift their positions where there are strong prevailing winds. Frequently they bury fertile lands and forests beneath them as they shift their positions.

A New Gold Ore.

An Italian engineer whose name seems to be a secret so far is understood to have made the discovery of a new gold ore which will greatly increase the world supply of gold. Dufornite is the name given to the new mineral, which is to be found in rocky formations both in Europe and in the United States, Mexico and South America. It comes under the head of a super-refractory ore, and gold can only be extracted by special processes. Unless the ore contains at least thirty to fifty grams of gold per ton, the process of refining is of no use, but the inventor claims that the deposits of dufornite already discovered contain higher quantities than those just mentioned. As much as a kilogram of gold has been obtained from a ton of dufornite after the refining process. The inventor, who has already obtained patents from several governments for his process of refinement, proposes to go shortly to the United States to start prospecting there.

COLOR IT NEW WITH "DIAMOND DYES"

Just Dip to Tint or Boil to Dye

Each 15-cent package contains directions so simple any woman can tint soft, delicate shades of eye rich, permanent colors in lingerie, silks, ribbons, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings—everything!

Buy Diamond Dyes—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods.

Funny Name.
Mr. Spouter—"An heirloom, Johnnie, is something that's handed down from father to son."

Little Johnnie "Huh! That's a funny name for pants."

Pimples come from blood that's not just right. If you want to get rid of facial blemishes try Seigel's Syrup. Any drug store.

Costly Styles.
Although there are more than a million unemployed men in England, there is one trade which needs to draw nothing from the dole. Barbers and hairdressers have their hands full since the women took to bob and shingle. One London barber says that the new styles cause the women to spend \$100,000,000 a year more on their hair than they used to.

Part of the wall of a Chinese rug factory had to be taken down before an immense rug that had been woven there could be removed. It covers 920 square feet of floor space.

Beetles will disappear if a mixture of borax and white sugar is sprinkled near their haunts.

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Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

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O Very Soon, Now.
O very soon, now, over earth and sky, Will come a special light, till it will seem
That hills and dim horizons where they lie
Wear once again some quality of dream.
And cool, keen odors where the ploughlands are
Will seek us out and make us strange and still,
Till we shall grow too thoughtful of a star
In dreamy splendor hung above a hill.
—David Morton, in "Harvest."

An Island on the Move.
A French officer, Commander Helbronner, who has been making a survey of the island of Corsica, recently made the startling announcement that it was floating away. In the last hundred years, he estimates, it has moved eastwards a distance of about 33 feet. This curious discovery would fit in with the theory of geologists who suggest that the earth's crust is shifting horizontally.

An Italian humorist has suggested that the people of Corsica would rather be Italians than French, and therefore are riding towards the land of their preference.

The world's highest aerial tramway, from 15,000 to 17,000 feet above the sea level and more than five miles in length, is used at a Bolivian tin mine.

What CITIES Are These?

ORO	TO	AL
HAL	WIN	AL

First Prize RADIO SET
10 Prizes of a Watch
10 Prizes of a Camera
20 Prizes of a Camera
HUNDREDS OF OTHER PRIZES

Every person who sends a correct answer to the above puzzle and also fills 30 packets of my Dental Remedy at 10 cents a packet will win one of these beautiful prizes. This is very easy to do, so send in your answer NOW and get the Dental Remedy to fight away.
Dainty Dora, 100 St. Waterford, Ont.

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Her Opinion.
A little girl, on arriving late at school for the third time, was scolded by her teacher and told to write a composition on "Punctuality."
After a strenuous quarter of an hour she produced the following: "Punctuality is knowing where to make stops."

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Every pain yields quickly to the soothing influence of Minard's.

MINARD'S "KING OF PAIN" LINIMENT

OPERATION LEFT HER VERY WEAK

Letter Tells of Wonderful Relief After Taking Lydia E. Pinkham's Vegetable Compound

Coniston, Ontario—"After a severe operation and a three weeks' stay in a hospital I returned home so weak that I was unable to move a chair. For four months I was almost frantic with pains and sufferings until I thought sure there could not be any cure for me. I had very severe pains in my left side and suffered agony every month. One day when I was not able to get up my mother begged me to try your medicine. My husband got me a bottle of Vegetable Compound at once and I took it. I started a second bottle, and to my surprise and joy the pain in my side left me completely and I am able to do all my work without help. I am a farmer's wife, so you see I can't be idle long. In all, I have taken six bottles of Lydia E. Pinkham's Vegetable Compound, five boxes of the Compound Tablets, two bottles of Lydia E. Pinkham's Blood Medicine, and have also used the Sanguine Wash."—Mrs. L. LAJUNESS, Box 103, Coniston, Ontario.

CUTICURA HEALS RED PIMPLES
On Face. Scaled Over and Itched and Burned Terribly. Could Not Sleep.
"My face broke out with small pimples which later grew larger and were very red. The pimples scaled over and itched and burned terribly, and I could not sleep at night because of the irritation. The trouble lasted about six weeks."
"My mother recommended Cuticura Soap and Ointment so I sent for a free sample. It helped me so I purchased more, and after using three cakes of Cuticura Soap and two boxes of Cuticura Ointment I was completely healed." (Signed) Miss Stella Dudley, Stratford, Wash., June 7, 1924.
Cuticura Soap, Ointment and Talcum promote and maintain skin purity, skin comfort and skin health often when all else fails.
Dept.: "Cuticura," 146 N. 4th St., St. Paul, Minn.
50¢ Cuticura Soap, 25¢ Cuticura Ointment, 25¢.

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