

## Needs the Help of Dr. Williams' Pink Pills to Regain Strength.

No mother should allow nervous weakness to get the upper hand of her; if she does worry will mar her work in the home, and torment her in mind and body. The monotony of the average housewife's daily toil is enough to cause depression, but there are other causes, as every mother knows, that tend to weaken and make her nerves run-down. A change and rest might improve her health, but best of all for jaded women is a course of Dr. Williams' Pink Pills. These pills make new blood, rich with the elements on which the body and nerves thrive.

The value of Dr. Williams' Pink Pills when the blood is weak and watery, and the system run-down is shown by the experience of Mrs. C. W. Jackson, R.R. 1, Gifford, Ont., who says: "Before beginning the use of Dr. Williams' Pink Pills I was completely run-down and could hardly walk across the floor. As the mother of young children with the usual household duties to perform, my condition was one of seriousness. I had seen Dr. Williams' Pink Pills advertised and decided to try them. This was a happy decision as I had not been taking the pills very long before I began to feel better both in body and mind. I continued the use of the pills for a couple of months and now feel like a new woman, able to perform all my household duties. I would not be without the pills in the house and I recommend them to all run-down people."

Dr. Williams' Pink Pills are sold by all dealers in medicine, or will be sent by mail at 50 cents a box by The Dr. Williams' Medicine Co., Brockville, Ont.

**Elephants Parade for King.**  
A torchlight parade of 380 elephants was a feature of the entertainment program arranged for the King and Queen of the Belgians on their recent visit to Kandy, Ceylon.

**Sugar Mills for Philippines.**  
Two new sugar mills are being prepared in Honolulu for erection in the Philippines.

Shall I show you the muscular training of a philosopher? What muscles are those? A will undisciplined; evils avoided; powers daily exercised; careful resolutions; unerring decisions.—Epictetus.



**this winter California 5 daily trains including The Chief**

You really enter sunny California the moment you step aboard one of the five famous Santa Fe cross-continent trains.

The new Chief—extra fast—is the finest and fastest of the Santa Fe California trains. Only TWO business days on the way.

No extra fare on the four other daily trains.

Fred Harvey dining service sets the standard in the transportation world.

Enjoy the out-of-doors this winter—take your family. California hotel rates are reasonable.

May I send you our picture folders?

F. T. Hendry, Gen. Agent  
Santa Fe Railway  
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## High School Boards and Boards of Education

Are authorized by law to establish  
**INDUSTRIAL, TECHNICAL AND ART SCHOOLS**

With the approval of the Minister of Education.

**DAY AND EVENING CLASSES** may be conducted in accordance with the regulations issued by the Department of Education.

**THEORETICAL AND PRACTICAL INSTRUCTION** is given in various trades. The schools and classes are under the direction of an ADVISORY COMMITTEE.

Application for attendance should be made to the Principal of the school.

**COMMERCIAL SUBJECTS, MANUAL TRAINING, HOUSEHOLD SCIENCE AND AGRICULTURE AND HORTICULTURE** are provided for in the Courses of Study in Public, Separate, Continuation and High Schools, Collegiate Institutes, Vocational Schools and Departments. Copies of the Regulations issued by the Minister of Education may be obtained from the Deputy Minister, Parliament Buildings, Toronto.

## THE PYRAMIDS OF EGYPT

Down to 1885 the Great Pyramids of Egypt stood as our last word of ancient civilization. Then a few years later the spade of the antiquary changed this view. The first dynasty of Egypt became even more familiar than that of the Saxon kings of England. For two still earlier civilizations preceding the beginning of written record had been mapped out and their growth and decay made plain. Though an absolute dating of years could not be obtained, a relative dating was established, known as "sequence date."

In discovering the remains of this pre-dynastic period, Egyptologists thought they had reached the very beginning of fine works, such as ivory statuettes, glazed figures and heads, well formed pottery and elaborately wrought flint knives. Following the dating given by the Egyptians, these earlier stages might reach back to 8000 B.C. At this point we remained for the past twenty years.

Digging into the Prehistoric.

Suddenly, about three years ago, another stage dawned on our view, writes Sir Flinders Petrie, the famous Egyptologist, in the Forum. It offers us the finest pottery and other arts dating geologically to 12,000 or 15,000 years B.C., yet continuous with the later civilization of Egypt and originating, probably, in Asia. The site of a prehistoric settlement was found and worked on by the diggers in layers of six inches at a time. The two top feet contained only pottery known as the latter prehistoric. Below that lay two feet of the early prehistoric. Below that again lay a two-foot thickness with a civilization entirely unknown to antiquarians, resting on a limestone stratum. This limestone was afterwards found to be concreted rubble, cemented by age and long exposure. Beneath it was yet another layer of the village of exactly the same quality as that overlying the limestone. This shows that the earliest civilization lasted during a long period. For such a bed of lime rubble accumulated on the present surface during the last four or five thousand years does not show any concreting like the old bed. This earliest period is known as the Badarian age, from the district in Egypt, south of Asyut, where the remains were first found. The pottery of the mid-Badarian age is smooth and fine as china with a polished face of black lustre. No later age in Egypt has produced pottery so thin, so regular and so hard as this earliest civilization.

Ivory Combs, Glazed Bells.

Flint supplied all tools and weapons of these people who lived, it seems, 13,000 years before King Tut's time. Two scraps of copper have been found among the remains, probably native metal hammered into shape. The common use of stone beads covered with green glaze takes the art of glazing far, far back. Five large carved heads of hard, transparent serpentine and green jasper prove that they could work hard stones. Ivory combs were found, and cups, large spoons and various carvings show how numerous was the elephant at that time. Three carved figures of humans have survived, giving the types of these ancient people. One looks like a being of Mesopotamian origin. Another is slim and Western, suggestive of Crete. The third is that of a bushman. It seems as though the early peoples of Egypt had come from the north.

Ashes of 12000 B.C.

These interesting discoveries were made in the Fayum basin, adjoining the Nile, and the civilization they represented is now for the most part under 60 feet of Nile mud. It was only by the chance of this village and a graveyard having occupied a site high up in a rocky shelf, then 100 feet above the Nile, at Badari, that the remains were discovered. It is now found that both pottery and flint work are scattered on the Fayum basin at levels which were subsequently under the north.

**Cold Relieved or Money Back.**  
Everywhere men, women and children are finding relief from Coughs and Colds of all kinds by taking Buckley's Little's. Numerous doctors are selling "Buckley's" under positive guarantee. The first dose proves how different it is from others as it does in a 75-cent bottle! Never be without this proven conqueror of colds.

W. E. Buckley, Limited,  
145 Street St., Toronto 2  
**BUCKLEY'S**  
Little's  
A single slip proves it

water for thousands of years. Some months were noted at Karnak, where were discovered by High Nile at 1000 B.C. A trading post and station were discovered at a level of 1000 B.C. Worked flint covered at Karnak, submerged between 12000 and 15000 B.C. Lastly, plenty flint and stone were found at a level corresponding to 13000 B.C. Certain of the Egyptian flint closely resemble those of the Neolithic period in Europe and of no other period.

Book of the Dead.

Two years ago Professor Fournier, of Pittsburgh, suggested that the Egyptian Book of the Dead embodied references to the Caucasus region of southern Russia. The mixture in the book of lakes of fire (oil wells), fierce lands and high mountains typifies the Caucasus. To him it seemed highly likely that the ancient Egyptians had migrated to the Nile from southern Europe and brought their folklore with them. The names employed in that mystic, illustrated guide to the departed, copies of which, beautifully written upon papyrus sheets, may be seen in several museums, are strongly suggestive of northern regions. But at present it is impossible to further corroborate the theory. Exploration in the Caucasus is impossible in the present state of Russia, and past researches there have not reached back farther than the bronze age.

**The Lamp Shop.**

Soft colors and images seem to float in the warm air. Glows of azure and old rose; gold and gossamer threads; silken cords; tassels with crystal pendants; softly suffused pictures!

This is the lamp shop with its lights and shades, its Italian torches, its wrought iron pedestals of the Renaissance, its parchment, silken, crystalline tops like gaudy chapeaux fashioned by glorified Parisian milliners.

Rainbows of only pastel shades light the room. A brown brigantine sails a foamy green sea under a blue and white flecked dome. The soft lights are charmingly muffled by scarab hues, coral, beige, ivory, sea foam and a thousand tints like fragments of moonlight brought within the walls.

In a corner of the shop a jade and crimson shade sways amid tints of begonia, of turquoise, of lavender, of brickdust, salmon, saffron.

Moths in clusters or alone are some of the little shades hovering around the warm, soothing lights. It is a world of quivering color, sheer coverings, gossamer tints that bathe the interior of the shop, but never cross the threshold into the brilliant sunlight of the street.

Vistas, images, forgotten scenes and fragments are brought before the eyes under the spell of the harmonizing glow, playing its symphony; the Minuet, fragmentary bars, a far-away refrain in lilting appoggiatura notes, fragments of a dim map of the Middle Ages, impressed upon the shades.

There is no flickering light; only a refined impression of radiance. So pale are some of the colors reflected through filmy veils that the light is merely suggested, exuded as it were from the warmth. And in this colorful scene, a fluttering lady moves gracefully between artistic tangents, brocades, tinsel and images of the arching bridge and haughty parlor lamps coming toward the one who enters as an animated image from the shades.

Purples come from blood that's not just right. If you want to get rid of facial blemishes try Seigel's Syrup. Any drug store.

**Drawing.**

Singing is very easy. Drawing, though, is much more difficult. I have devoted a good deal of time to drawing, one way and another; I have attended a great many committees and public meetings, and at such functions I find that drawing is almost the only art one can satisfactorily pursue during the speeches. One really cannot sing during the speeches; so as a rule I draw. I do not say that I am an expert yet, but after a few more meetings, I calculate that I shall know drawing as well as it can be known.

The first thing, of course, is to get on to a really good committee; and by a good committee I mean a committee that provides decent materials. An ordinary departmental committee is no use; generally they only give you a couple of pages of lined foolscap and no white blotting-paper, and very often the pencils are quite soft. White blotting-paper is essential.

Much the best committees from the point of view of material are committees about business which meet at business premises—shipping offices, for choice. One of the Pacific Lines has the best white blotting-paper I know; and the pencils there are a dream. I am sure the directors of that firm are drawers; for they always give you two pencils, one hard for noses, and one soft for doing hats.

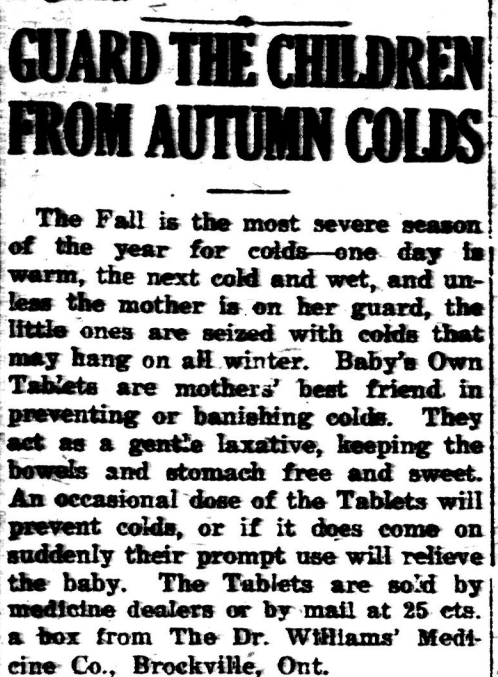
When you have selected your committee and the speeches are well away, the drawing begins. Much the best thing to draw is a man. Not the chairman, or Lord Pomerey Quint, or any member of the committee, but just a man. Many novices make the mistake of selecting a subject for their art before they begin; usually they select the chairman. And when they find it is more like Mr. Gladstone they are discouraged. If they had waited a little, it could have been Mr. Gladstone officially. —A. P. Herbert, in "On Drawing."

Physicians Use Minard's Liniment.

**Peace Music.**  
The night around the end of that first of June, growing weary of it all, I walked with two companions up the hillside toward the summit of an old quarry of the town. Unexpectedly we came upon a dark gigantic mass with two square towers at the front—the church where Knox, and Randall, and the tall stained windows of the steeple showed here and there a gleam of light. We found our way to a great ledge, and, entering that shadowy place, we discovered it empty except for a few who had come to listen like ourselves. For a chorus of two hundred was rehearsing Bach's great mass called "Peace." The chorus was not perfectly trained, but the music was grand to me that night. In tumultuous torrents of life, all the yearnings and longings of the earth rose to the skies. Always changing, wild and free, yet all those many torrents of sound kept rolling and thundering into one. In my mood that evening, there was something tragic in its joy. For I could not help but wonder: when will the nations sing like that? —Ernest Poole, in The Century Magazine.

**GUARD THE CHILDREN FROM AUTUMN COLDS**

The Fall is the most severe season of the year for colds—one day is warm, the next cold and wet, and unless the mother is on her guard, the little ones are seized with colds that may hang on all winter. Baby's Own Tablets are mothers' best friend in preventing or banishing colds. They act as a gentle laxative, keeping the bowels and stomach free and sweet. An occasional dose of the Tablets will prevent colds, or if it does come on suddenly their prompt use will relieve the baby. The Tablets are sold by medicine dealers or by mail at 25 cts. a box from The Dr. Williams' Medicine Co., Brockville, Ont.



"George, I fear you're forgetting yourself."  
"Don't you worry. I'm not that unselfish."

**After Shaving—Minard's Liniment.**

Silencer on Radics.

In the English town of Reading, any one who disturbs his neighbors by a radio may be fined \$25.

**Name of Indian Tribe.**

The San Blas Indians of Panama were named by Columbus in honor of St. Blasius.

**Tokio's Daily Births.**

Every day in Tokio 168 babies are born. Last year 61,498 births were recorded, of which number 31,626 were male and 29,865 female.

**China's Dragon.**

The Chinese dragon is represented as having the head of a lion, the body and limbs of a crocodile, and horns of a deer.

What people actually think, rather than what they ought to think if they were mathematically, philosophically or economically minded, is of primary importance.—Sir Josiah Stamp.

Books relating to the War and stored in a special museum in Paris number 110,000, apart from collections of newspapers and periodicals from all parts of the world.

**PAIN.**

Minard's penetrates, soothes, and relieves pain. Splendid for stiff joints, sore muscles.

**MINARD'S LINIMENT**  
"KING OF PAIN"

Books relating to the War and stored in a special museum in Paris number 110,000, apart from collections of newspapers and periodicals from all parts of the world.



Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago  
Pain Neuralgia Toothache Rheumatism

**DOES NOT AFFECT THE HEART**

**Safe** Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacturing of Hovewelt, Germany. It is the only name of Bayer's Aspirin. While it is well known that Aspirin is a Bayer trademark, to avoid the public confusion, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

**RED ROSE TEA**  
"is good tea" TEA  
Next time try the finest grade  
—Red Rose Orange Pekoe Tea.

## One Scar or Many?

The smallpox menace is ever with us. So many unprotected persons are living in every city, town and village, that one smallpox case, whether in Toronto, Peterboro, or a town in the north, will act as the lighted match to the inflammable material of unvaccinated men, women and children who make up a large part of Ontario's population to-day.

Smallpox is a winter disease. It is true that a few cases are found throughout the year, yet November always sees fresh outbreaks. And the result is that many a young woman or little girl will for the rest of her life have the many scars of an attack of smallpox on her face when she could have prevented them by one scar of vaccination on her arm.

Unfortunately, too, the type of the disease which is showing itself in the Province just now is not mild, but quite virulent; it brings to mind the extremely fatal type which was met in the Windsor epidemic two years ago where only a very small number of unvaccinated patients lived through the attack.

Children and travellers, especially, should be protected by vaccination. But when one case in a bowling alley, on a train, at school or in a shop, at a concert or church service can cause an epidemic which will affect hundreds of people, no one is safe; we must, then, protect ourselves by vaccination, if we have not been successfully done within seven years.

Vaccination does not cost much, usually very little, and that only for the doctor's time, as the vaccine is supplied free for the use of the people of Ontario by the Dept. of Health.

**Purple Martins.**

If we were such and so, the same as these, Maybe we too would be skinkers and silders.

Tumbling half over in the water mirrors, Tumbling half over at the horse heads of the sun,

Tumbling our purple numbers.

Twirl on, you and your satin blue Be water birds, be air birds, Be these purple tumblers you are.

Dip and get away From loops into slip-knots.

Write your own ciphers and figure eights. It is your wooded island here in Lincoln Park.

Everybody knows this belongs to you.

—Carl Sandburg.

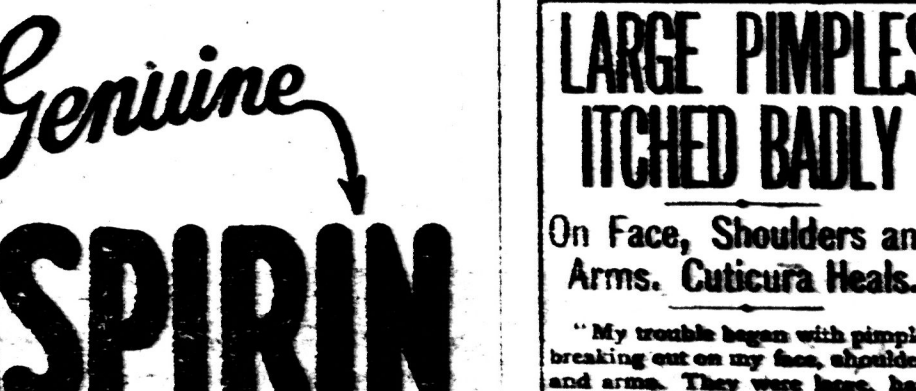
**Give the children SHILOH FOR COUGHS**

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## Classified Advertisements.

**REMNANTS.**

3 LBS. \$2. 5 LBS. PATCHES, \$1.50. A. McCrory, Chatham, Ontario.

**LADIES WANTED TO DO PLAIN** and light sewing at home; whole or spare time; good pay; work sent any distance; charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

**GRATIS (LITTLE FRIEND)** TO either sex; mailed in plain envelope. Paris Specialty Co., Montreal.

**ONE MAN IN EACH COUNTY** to sell Wash. Best seller. Great repeater. Washes clothes without rubbing and cleans everything like magic. Different. Bents everything. \$100 weekly easy. Sample free. P. A. Lefebvre & Co., Alexandria, Ont.

## The Domesday Books.

When Queen Victoria came to the throne the national archives were scattered in about sixty places, but by an act passed in 1838 they were concentrated in the Public Record Office, which now contains records of the Chancery, Exchequer, various courts, and departments of state, such as the Treasury, Home Office, Foreign Office, War Office, Admiralty, Board of Trade and Customs.

Among the principal exhibits are the Domesday books, that are the outcome of a general survey of England ordered by William the Conqueror at the end of 1085.

## Plans For Homes

Last word in builders' aid. Practical, up-to-date suggestions on planning, building, furnishing, decorating and gardening. Profusely illustrated, and scores of actual dollar-saving suggestions. Send 25 cents for current issue. Maclean Builders' Guide, 314 Adelaide St. W., Toronto, Ont.

## RUN-DOWN AFTER BIRTH OF BABY

Ottawa Woman Made Strong by Taking Lydia E. Pinkham's Vegetable Compound

Ottawa, Ontario.—"I was terribly run-down after the birth of my third baby. I had awful bearing-down pains and was afraid I had serious trouble. I was tired all the time and had no appetite. My sister-in-law is taking Lydia E. Pinkham's Vegetable Compound and cannot praise it too highly and asked me to try it. I have had splendid results and feel fine all the time now. Any one who needs a thorough pick-me-up soon learns from me what to take."—Mrs. RENE PAQUIN, 320 Cumberland Street, Ottawa, Ontario.

## Terrible Backache

Hamilton, Ont.—"After my baby was born I had terrible backache and headaches. I could not do my work and felt tired from the first minute I got up. But worst of all were the pains in my sides when I moved about. I had to sit or lie down for a while afterwards. I could keep my house in order, but many things had to go undone at the time, because of my ailments. I was told by a neighbor to take Lydia E. Pinkham's Vegetable Compound, as she said it would build me up. I was relieved before I had taken the first one and have not had any trouble like it since."—Mrs. T. MARBLE, 115 Ferguson Avenue South, Hamilton, Ontario.

## LARGE PIMPLES ITCHED BADLY

On Face, Shoulders and Arms. Cuticura Heals.

"My trouble began with pimples breaking out on my face, shoulders and arms. They were large, hard and red, and itched, and scaled over, causing discomfort. The pimples itched badly and when I scratched them eruptions formed. My clothing irritated the breaking out on my shoulders. The trouble lasted for some time."

"I began using Cuticura Soap and Ointment and they afforded relief in a short time. I continued the treatment and after using four boxes of Soap and four boxes of Ointment I was healed." (Signed) Miss Grace M. Ward, Thorndale Center, Vt., Aug. 12, 1923.

Use Cuticura to heal skin troubles.

Sample Soap Free by Mail. Address: Cuticura Department, "Cuticura, Inc., Boston, Mass. U.S.A." (Cuticura is sold in Canada by The Canadian Cuticura Co., Ltd., Toronto, Ont.)

50¢ Cuticura Soap 25¢ Cuticura Ointment

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