# ENLES

side of the ration. represent feet. Use. on for a head and claws from another inted tail. Arrange g hardens.

may be made from es for this purpose runes which can be t the ordinary ones king overnight and clean cloth. Two are very effective children's plates, ay he used in ane small round vaneach one stand a

cakes. A prosay lead to a tiny erve ice cream is in your favorite When cool scoop

ing a rather thick used plain or jeed Handles for basof strips of orange When ready to with ice cream and

is an edible candle. iced pineapple and and dip bananae vent discoloration. neapple a very litof the banana. like the top of a almond meat to Make a handle or grapefruit peel neapple. Put each d serve with whip-

AFTERNOON.

g had been. Half e James found oput his plan. The !!, however, came or in the evening. the street on his end, Joe, when he ellow far smaller big sack of news-

nger to the other red rather doubt-

u are taking your rry them for you ? -Oh, that'll be

lere we go.

him over the enim throw his pshim home. ut for sure," said t know how giad

help to-morrow

have me home

great! Your see er boy's route, but o-morrow night. so heavy, but his ne'y is big. Didn't

and I'll be with Bye," and lames

n he had finished about to go up-

t know what a have been to me ar I was so wordidn't know how you have been so n the clouds all

y 'Secret Plan'." nt me to tell you

ough," James exgoing to help my gorous embrace ras it had he ped. . "this morning eams dancing to leaves swinging for us, the birds making the sky bogan thinking: doing something happy—and it e a good time t too so why

ing, Dearie, and y. But isn't it saw all those ke others happy, without looking

en't thinking se said his mother e time to think

he agreed, "But eping your eyes help, I think PM

hat do you say,

tand and to lead the show-ring. go through all iges will ask for.

ombing and ded tail, add to the

clothes. This is ich develop from ave laid.

# is good tea" TEA

and because you like good things you'll like Red Rose.

#### Tinker Fires.

Like toadstools on the Common spring A crowd of tented hoofs; fround them in a magic ring Are stamps of horses' hoofs. and goblin-wise upon the air I hear the hammers clinking. The brass and iron and copperware The tinkers come a-tinking.

spra.wis A jumble-colored maze, With gaudy lines of painted walls And little fires abiaze -I see them still, the little fires About the tinker-pitches, With ever-pointing sooty spires Like steeple-crowns of witches.

Chatteriss chimneys softly smoke Against a sunset sky; The cozy hearths of Ramsey folk Becken to passers by: The chimney stacks of Whittlesea Across the dusk are glowing, But none have half the charm for me Of tinker fires a blowing. -Elizabeth S. Fleming.

# A HAPPY CHILDHOOD A MATTER OF HEALTH

Let Baby's Own Tablets Keep Your Children Well.

of sorts. By prompt treatment they larger trees are tackled. can usually just as quickly be set right again. Most of their troubles arise in the first place from the stomach or For, though the artificial coloring apbowels; that is why a good cleaning pears to harden the wood, it neither out is the first thing prescribed by the kills nor injures the tree. doctor. Formerly castor oil was the means used to bring this about; nowa-days Baby's Own Tablets do the same work, but without trouble to the parent or discomfort to the little one. Children take Baby's Own Tablets including Vancouver's Island, lies far and play, and eat and sleep with all the environment in which they have happily because there is no nasty west of Winnipeg, between the Rocky her old-time vigor. These statements been brought up be taken into account. tasts and because no griping after. Mountains and the Pacific. pains follow their use.

tion, vomiting, constipation, colic, tree, the Douglas fir, grows to the If your medicine dealer does not colds, teething pains, etc., there is no height of between 200 and 300 feet, keep these pills, you can get them by thing to equal Baby's Own Tablets, and measures often eight feet in diam- mail at 50c a box from The Dr.: Wil-They never do harm and always do eter. good. The Tablets are sold by medi- There are many first-class sawmills cine dealers or by mail at 25 cents a throughout the province, and the total box from The Dr. Williams' Medicine annual product of these is about 200,-Co., Brockville, Ont.

Oak Lightning Target. It has been noted that the oak is California. struck by lightning more often than any other tree.



No. 21 and "DANDY" With Tinkler Patent Wheels HAVE NO EQUAL

See the nearest Fleury Dealer FLEURY'S SONS, Aurora, Ont.

Go to Europe! It's your slack season here in Canada. but in England, the social season, with all its life and amusements, is just getting into its stride. The lights o'London are beckoning — the theatres and shops offer a diversity of interests and pleasures.

Plan now to make the crossing on a Cunard or Anchor-Donaldson Canadian Service Cabin Class Steamer. You will find the trip itself a most enjoyable experience. Sailing from Montreal means a thousand miles of sheltered river travel before you come to the open sea which is crossed in a few delightful days.

Ask your steamship agent about the St. Laurence route to Europe, or write-

THE ROBERT REFORD CO. LIMITED

CUNARD ANCHOR-DONALDSON CANADIAN SERVICE 184 Died in the Wood

The old phrase, "dyed in the wool, will have to go. Modern science knows a better trick than that, and the new version is "dyed in the wood."

As the result of experiments by an amazing transformation, their notive colors changing to gorgeous Their camp across the Commons orange, his change is nothing if not thorough—the whole wood of the tree. from the outer surface right to the very heart of the trunk, takes on the new hue, and it does it as it grows.

forestry have been absolutely amazed. The girl in her teens cannot develop forced, will mean that the tank water. And as he gathered her in his arms, by the experiments, and the opinion has been expressed that the discovery abundant supply of rich, red bleed in water. may revolutionize te world's hardwood her veins. It is the lack of this that lumber industry.

Will you help in this good work by to me, do you really love me—or are doing your part in carrying out the you merely collecting foreign postage-

a comparatively simple one, and all have achieved world-wide fame for necessity if your own health is not to sorts of articles can be made from the their remarkable blood-making procolored wood. Among these aiready perties. In these pills there is vigorturned out are umbrella-handles, cigar ous health, with glowing cheeks and your shower before stepping into the ette cases, candlesticks, and buttons. sparkling eyes for every weak, pale tank. "The effective cleansing of the They have only to be shiped and girl. The value of the pills in cases of person of all bathers before entering polished, as the coloring has been seen to while the tree was still growing. of Mrs. Winnifred Rutty, Barton of the regulations.

And it is indelible. Neither acid nor Street West, Hamilton, Ont., who And it is indelible. Neither acid nor water will affect it.

Briefly, the dyeing process is as follows: Holes are bored in the trunk, and the dye is introduced through these. It flows down into the trunk, and is then taken all through the tree by the sap. In the case of a small tree, the whole of the wood is colored in two days, but four days are required Little children very quickly get out for the process to be completed when

A tree dyed in this way would continue to grow if it were not cut down.

### East and West Canada.

As a specific for childhood indiges vince is covered with timber. One to perfect health."

000,000 feet, of which 25,000,000 feet is ; exported to other countries, 25,000,000 as a translator to the original, and is used at home, and 15,000,000 sent to confined to the fancy of the first build-

sides by the Atlantic, except where it chance, worse new. But those that is joined to New Brunswick by an raise a new house from the ground are isthmus eight miles wide and twelve blameworthy if they make it not handmiles long. It was probably discover- some, seeing to them method and coned by the Cabots in 1497. It was first fusion are both at a rate.—Thomas settled by the French in 1598, and Fuller (1642). called by them Acadie, the Indian

name being "Acadia." Port Royal, now called Annapolis, was taken possession of by the English governor and colonists of Virginia,



## Saves \$24 A Year

Cooking experts figure that the SMP Enameled Ware Roaster will save the average Canadian family fully \$24.00 a year in meat bills. The secret is, it rossts the meat with very little shrinkage. Also, it makes cheap cuts taste like the best ones.

You place the roast in the roaster, put on the cover: the roaster does the rest. No basting required. Every roast is perfectly cooked.

The cover fits close, so that cooking odors cannot escape. Gresse can't spatter out, which means a sweet clean oven. Prices range from 85c. to \$3.50 each, depending on size and finish—and don't forget the saving of \$24.00 yearly.

Enameled Ware ROASTERS leross the city street

I knew they were Love's bounty, And I rejoiced to be Love's

And everywhere I went Tired faces, men's and women's, Brightened, relaxed. Let go their strain and tension To reforce in the stored sunshine Of those golden balls.

They knew they were Love's bounty, and the doctor, after investigating, Love had grown them, Love had sent declared he got the germ which caused

And they rejoiced to read Love's mes-

#### Isabella T. Faris. until we are free from germs which WHEN YOUNG GIRLS colds, or any other disease. And we all As the result of experiments by scientists, forest trees have undergone GROW PALE AND THE

be Taken to Enrich the Blood.

When girls grow weak, pale and thin, parents should not neglect these Men with a lifelong experience of symptoms; to do so means danger. into robust womanhood without an is at all times as safe as drinking he cried: "Oh, Ada, is it love that The operation of dyeing the tree is out of ten. Dr. Williams' Pink Pills rules; they are not a hardship but a stamps?"

this kind is shown by the statement the poel is compulsory," declares one says:-"About two years ago my using the tank. eldest girl got into very bad health. Is your tank operated according to I took her to a doctor who advised government standards of safety? having her tonsils removed, saying this was the seat of the trouble. We had them removed, but it did not help she did not pick up at all. She could mob, assisted by the Gardes Fran- of water-is invisible. she did take did not digest. Then she troyed the prison fortress of the Basdeveloped a cough that kept her tille. During the years 1790-1792, the awake at night, and went down in anniversary of this event was called weight to 95 pounds. A neighbor said "La Fete de la Federation." The Day to me, 'You have tried so many things of the Bastille is also known as the why not try Dr. Williams' Pink Pills?" "Day of July," and is celebrated by the I got some and before she finished the French as a patriotic holiday. second box she began to show improvement. She continued the use of the pills for some time and is now are not to be considered from the point The province of British Columbia, in the pink of condition, able to work of view of nationality. Neither should can be verified by neighbors who Great men are simply born-Professor Above two-thirds of the whole pro- watched her restored from ill health Einstein.

liams' Medicine Co., Brockville, Ont.

# On Building.

He that alters an old house is tied er. Such a man were unwise to pluck Nova Scotia is surrounded on all down good old building, to erect, per-

#### Occupational Diseases: A Rapid Reference Manual.

Occupational disease constitutes an by right of the discovery of Sebastian enormous problem in modern indus-Cabot. It was ceded to Great Britain trial life. In addition to dangerous in 1713 and erected into a British See trades where special precautions are essential to safeguard the life of the workers, there are many others where substances of lesser danger are in use and are causing minor disabilities. In many cases the connection between cause and effect is not obvious, and it is only accumulated experience which can give the clue to the occupational origin of symptoms and disease among the workers. It is in order to pool such experience that progressive countries interested in preventing industrial sickness compile lists showing occupational poisons, the industries using them, the mode of entrance into the body, and the symptoms to be expected. While much of the material in such lists is of international application, the experience of each country varies according to differences in industrial processes and raw materials available. Thus it is useful for each country to have its own list.

For this reason the Department of Health of Ontario has just issued a small booklet entitled "Occupational Diseases: A Rapid Reference Manual." which contains general information on occupational disease and a correlated list of industries and poisons; a comparative study of legislation in Ontario and elsewhere is included. While the booklet is issued primarily for the use of physicians, it can be obtained by others especially interested in disease traceable to industry, on application to the Division of Industrial Hygiene, Department of Henith of Ontario, Spadina House, Toronto.

Consider Walls and Celling. Before you paint or paper, give the walls and ceilings themselves a thought. Where decoration fails to satisfy, most often it's the material beneath that's at fault. And not only attractiveness, but comfort and durability, are dependent on the construction employed.

Rub your scale with Minard's Linima

"Train for Business" It is a pastime enjoyed by all ages, and at this time of

> tunities to go direct from school to positions that are im nunerative and offer excellent possibilities for

> For more than 25 years Elliott Business Gollege has been a lead school for business training and during that time has star thousands on the road to success

YOU, too, can be textined for business at Elliett Gollaga in less



The Problems

swimming tank is called

hole." Before the indoor

us to consider one or two points re-

garding the health aspect of this ex-

We heard the other day of a small

bey who was suffering from inflamma-

tion of the ear. He is a very enthus-

instic member of the swimming crowd,

For the sake of others, then, we will

resolve to stay away from the tank

wi'll cause sore ears, sore eyes, bad

know that the water can only be kept

clean if each and every bather takes

French Independence Day.

Great men are simply "men"; they

Perfect

Roll

Every roll of Prince Ed-

ward Brand Fox Netting

opens out as a 150 foot

long wall of perfect pro-

tection for your foxes.

"Prince Edward" does not

bag nor sag and has 10%

more meshes than any

other brand of fox netting.

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Allistan

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Write or wire for

Priceville

Protection

With Every

the ent trouble while swimming.

cellent exercise

take the place of the "Ole,

season begins, it is well for

a shower bath, that is, an actual cleansing bath before he enters the She was bidding her lover a fond farewell, for he was going on a proshades of lavender, yellow, blue, and Dr. Williams' Pink Pills Should Because the swimming tank means longed business trip round the world. so much to the people of Ontario, the Tearfully she clung to him and ask. Provincial Dept. of Health wishes to ed: "My darling, will you be true to ensure that it will be a healthful rather me when you are far away? Promise than a harmful recreation, and have me that you will write to me from drawn up regulations which, if en- every town you visit!"

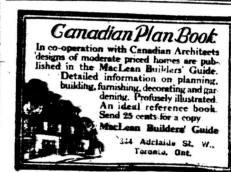
prompts you to say this? Ada, swear Will you help in this good work by to me, do you really love me or are

Minard's Liniment relieves stiffness.

Binghi Feet Are Toughest.

Skin on the feet of Binghi natives in Australia is said to be the thickest found on any human beings, says "The Dearborn Independent." The Binghi have been known to put hobnails in the soles of their feet and proudly exhibit them.

The so-called steam we see issuing The name, "Day of the Bastille," is from a kettle is not steam at all, but her, and she seemed to have absorbed given in French history to the 14th of tiny globules of water condensed from so much poison from the trouble that July, 1789, because on that day the the steam. Steam—the vapor or gas



LADIES We pay \$20 a hundred gilding cards. Oppor-tunity for beginners. No selling. Addressed envelope brings particu-

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Proved safe by millions and prescribed by physicians for

Colds Headache Pain Neuralgia

Neuritis **Toothache** 

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DOES NOT AFFECT THE HEART



Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets Also bottles of 24 and 100—Druggists.

#### Classified Advertisements

either sex; mailed in plain envelope. Paris Specialty Co., Montreal.

ADIES WANTED TO DO PLAIN and light sewing at home, whole or spare time. Good pay. Work sent any distance, charges paid. Send stamp for particulars. National Manufacturing Co., Montreal.

Needed Training.

"Bobby, you should say 'Thank you' when anyone gives you a cookie.' "All right; let's practice."

Two rules we should always have ready—that there is nothing good or evil save in the will; and that we are not to lead events, but to follow them. -Epictetus.

Extra Money This Fall in spare or full time taking orders for "Imperial Art" Xmas Greeting Cards. \$100 easily earned in a month. Liberal commission. Sample

BRITISH GANADIAN
52 Weilington St. West, - Toronto

## HUNTERS.

Pack a bottle of Minard's in your kit. Best remedy for sprains, bruises, flesh wounds, colds and sore feet.



Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario. - "After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so let it go until I was all run-down, weak and nervous, and had a bad displacement. For nearly two years I could not cleep and I would always complain of having 'not a head-ache, but a broin-ache.' My mother is taking Lydia E. Pinkham's Vegetable Compound during the Change of Life and she recommended it to me. After taking two bottles I began to get a little sleep and to feel better and I have never left off since then, except for about three months. I can safely say I have taken thirty bottles since my second haby was born. I think it makes chill-birth easier as I had terrible pains with my first three children and very few with my fourth now able to do my work alone, but I am still taking the Vegetable Compound as I am nursing baby."—Mrs. OMER PAUL, 49 Cherry Street, Stratford, Ontario.

If you are suffering from any weak-

ness which causes such symptoms as pains in the side and back and nervous feelings, give Lydia E. Pink-ham's Vegetable Compound a trial



Warm baths with Cuticura Soap after outdoor exercise, cleanse, cool and freshen the skin. Assisted by Cuticura Ointment they do much to allay irritation, redness and roughness of the face and hands and keep the skin soft and clear under all conditions of exposure.

Sampie Each Pree by Mail. Address Canadian Depot: "Stenhouse, Ltd., Mentreal." Price, Soor 25c. Ointment 25 and 50c. Taleum 25c. Caticura Shaving Stick 25c.

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