

VENILES

side of the raft, represent feet. Use on for a head and claws from another tinted tail. Arrange hardens.

Afternoon. James was as sun-grown had been. Half the James found out his plan.

Oh, that'll be help!" James anger to the other had rather doubt-

James going to help my glorious embrace was it had he ped.

stand and to lead to the showing. I go through all eyes will ask for bombing and de-

RED ROSE
"is good tea" **TEA**

And because you like good things you'll like Red Rose.

Tinker Fires.
Like toddlers on the Common spring
A crowd of tented hoofs;
Around them in a magic ring
Are stamps of horses' hoofs,
And goblin-wise upon the air
I hear the hammers clinking,
The brass and iron and copperware
The tinkers come a-tinkling.

Their camp across the Common
A jumble-colored maze.
With gaudy lines of painted walls
And little fires ablaze
I see them still, the little fires
About the tinkers' pitches,
With ever-pointing sooty spires
Like steeples-crowns of witches.

Chattering chimneys softly smoke
Against a sunset sky;
The cosy hearths of Ramsey folk
Beckon to passers-by;
The chimney stacks of Whittleson
Across the dusk are glowing.
But none have half the charm for me
Of tinker-fires a-blowing.
—Elizabeth S. Flagging.

**A HAPPY CHILDHOOD
A MATTER OF HEALTH**

Let Baby's Own Tablets Keep Your Children Well.

Little children very quickly get out of sorts. By prompt treatment they can usually just as quickly be set right again. Most of their troubles arise in the first place from the stomach or bowels; that is why a good cleansing-out is the first thing prescribed by the doctor. Formerly castor oil was the means used to bring this about; now-a-days Baby's Own Tablets do the same work, but without trouble to the parent or discomfort to the little one. Children take Baby's Own Tablets happily because there is no nasty taste and because no gripping afterwards follows their use.

Oak Lightning Target.
It has been noted that the oak is struck by lightning more often than any other tree.

For Plowing Affairs
No. 21 and "DANDY"
With Tinkler Patent Wheels
HAVE NO EQUAL
See the nearest Fleury Dealer
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Take a REAL HOLIDAY this FALL!

Go to Europe! It's your slack season here in Canada, but in England, the social season, with all its life and amusements, is just getting into its stride. The lights of London are beckoning—the theatres and shops offer a diversity of interests and pleasures.

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Died in the Wood.
The old phrase, "died in the wood," will have to go. Modern science knows a better trick than that, and the new version is "dyed in the wood."

As the result of experiments by scientists, forest trees have undergone an amazing transformation, their native colors changing to gorgeous shades of lavender, yellow, blue, and orange. His change is nothing if not thorough—the whole wood of the tree, from the outer surface right to the very heart of the trunk, takes on the new hue, and it does it as it grows.

Men with a lifelong experience of forestry have been absolutely amazed by the experiments, and the opinion has been expressed that the discovery may revolutionize the world's hardwood lumber industry.

The operation of dyeing the tree is a comparatively simple one, and all sorts of articles can be made from the colored wood. Among these already turned out are umbrella-handles, cigarette cases, candlesticks, and buttons. They have only to be shipped and polished, as the coloring has been seen to while the tree was still growing. And it is indelible. Neither acid nor water will affect it.

East and West Canada.
The province of British Columbia, including Vancouver's Island, lies far west of Winnipeg, between the Rocky Mountains and the Pacific.

SMP
Saves \$24 A Year

Cooking experts figure that the SMP Enameled Ware Roaster will save the average Canadian family fully \$24.00 a year in meat bills. The secret is, it roasts the meat with very little shrinkage. Also, it makes cheap cuts taste like the best ones.

You place the roaster in the roaster, put on the cover; the roaster does the rest. No heating required. Every roast is perfectly cooked.

The cover fits close, so that cooking odors cannot escape. Gasps don't spatter out, which means a roaster, clean oven. Prices range from \$5. to \$25.50, depending on size and finish—and don't forget the saving of \$24.00 yearly.

SMP Enameled Ware ROASTERS

SMP Enameled Ware ROASTERS

Rub your scalp with Minard's Liniment

Cherry Blossoms
I carried them home to you
Yourself on like a lovely flower
Across the city streets.
I knew they were Love's bounty,
Love had grown them, Love had sent them.
And I rejoiced to be Love's messenger.

When Young Girls Grow Pale and Thin

Dr. Williams' Pink Pills Should be Taken to Enrich the Blood.

When girls grow weak, pale and thin, parents should not neglect these symptoms; to do so means danger. The girl in her teens cannot develop into robust womanhood without an abundant supply of rich, red blood in her veins. It is the lack of this that is the great trouble with nine girls out of ten. Dr. Williams' Pink Pills have achieved world-wide fame for their remarkable blood-making properties. In these pills there is vigorous health, with glowing cheeks and sparkling eyes for every weak, pale girl. The value of the pills in cases of this kind is shown by the statement of Mrs. Winifred Rutty, Barton Street West, Hamilton, Ont., who says: "About two years ago my eldest girl got into very bad health. I took her to a doctor who advised having her tonsils removed, saying this was the seat of the trouble. We had them removed, but it did not help her, and she seemed to have absorbed so much poison from the trouble that she did not pick up at all. She could neither eat nor sleep, and what food she did take did not digest. Then she developed a cough that kept her awake at night, and went down in weight to 95 pounds. A neighbor said to me, 'You have tried so many things why not try Dr. Williams' Pink Pills?' I got some and before she finished the second box she began to show improvement. She continued the use of the pills for some time and is now in the pink of condition, able to work and play, and eat and sleep with all her old-time vigor. These statements can be verified by neighbors who watched her restored from ill health to perfect health."

On Building.
He that alters an old house is tied as a translator to the original, and is confined to the fancy of the first builder. Such a man were unwise to pluck down good old building to erect, perchance, worse new. But those that raise a new house from the ground are blameworthy if they make it not handsome, seeing to them method and confusion are both at a rate.—Thomas Fuller (1642).

Occupational Diseases: A Rapid Reference Manual.
Occupational disease constitutes an enormous problem in modern industrial life. In addition to dangerous trades where special precautions are essential to safeguard the life of the workers, there are many others where substances of lesser danger are in use and are causing minor disabilities. In many cases the connection between cause and effect is not obvious, and it is only accumulated experience which can give the clue to the occupational origin of symptoms and disease among the workers. It is in order to pool such experience that progressive countries interested in preventing industrial sickness compile lists showing occupational poisons, the industries using them, the mode of entrance into the body, and the symptoms to be expected. While much of the material in such lists is of international application, the experience of each country varies according to differences in industrial processes and raw materials available. Thus it is useful for each country to have its own list.

For this reason the Department of Health of Ontario has just issued a small booklet entitled "Occupational Diseases: A Rapid Reference Manual," which contains general information on occupational disease and a correlated list of industries and poisons; a comparative study of legislation in Ontario and elsewhere is included. While the booklet is issued primarily for the use of physicians, it can be obtained by others especially interested in disease traceable to industry, on application to the Division of Industrial Hygiene, Department of Health of Ontario, Spadina House, Toronto.

Consider Walls and Ceiling.
Before you paint or paper, give the walls and ceilings themselves a thought. Where decoration fails to satisfy, most often it's the material beneath that's at fault. And not only attractiveness, but comfort and durability, are dependent on the construction employed.

Swimming Tank.
It is a pastime enjoyed by people of all ages, and at this time of year the swimming tank is called upon to take the place of the "Ole swimming hole." Before the indoor swimming season begins, it is well for us to consider one or two points regarding the health aspect of this exciting exercise.

We heard the other day of a small boy who was suffering from inflammation of the ear. He is a very enthusiastic member of the swimming crowd, and the doctor, after investigating, declared he got the germ which caused the ear trouble while swimming.

Because the swimming tank means so much to the people of Ontario, the Provincial Dept. of Health wishes to ensure that it will be a healthful rather than a harmful recreation, and have drawn up regulations which, if enforced, will mean that the tank water is at all times as safe as drinking water.

French Independence Day.
The name, "Day of the Bastille," is given in French history to the 14th of July, 1789, because on that day the mob, assisted by the Gardes Francaise, rose in insurrection and destroyed the prison fortress of the Bastille. During the years 1790-1792, the anniversary of this event was called "La Fete de la Federation." The Day of the Bastille is also known as the "Day of July," and is celebrated by the French as a patriotic holiday.

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"Train for Business"

While all avenues leading to professions have been becoming overcrowded, the field of business has been constantly expanding and calling for more men and women. To-day young people who are graduates from reliable and thoroughly practical business schools have opportunities to go direct from school to positions that are immediately remunerative and offer excellent possibilities for advancement.

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The Problem
She was bidding her lover a fond farewell, for he was going on a prolonged business trip round the world. Tearfully she clung to him and asked: "My darling, will you be true to me when you are far away? Promise me that you will write to me from every town you visit!"

And as he gathered her in his arms, she cried: "Oh, Ada, is it love that prompts you to say this? Ada, swear to me, do you really love me—or are you merely collecting foreign postage-stamps?"

Minard's Liniment relieves stiffness.
Binghi Feet Are Toughest.
Skin on the feet of Binghi natives in Australia is said to be the thickest found on any human beings, says "The Dearborn Independent." The Binghi have been known to put hobnails in the soles of their feet and proudly exhibit them.

Canadian Plan Book
In cooperation with Canadian Architects designs of modern trend houses are published in the MacLean Builders' Guide. Detailed information on planning, building, furnishing, decorating and painting. Profusely illustrated. An ideal reference book. Sent 25 cents for a copy. "MacLean Builders' Guide" 24 Adelaide St. W., Toronto, Ont.

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MINARD'S "KING OF PAIN" LINIMENT

STRATFORD WOMAN

Restored to Health by Lydia E. Pinkham's Vegetable Compound

Stratford, Ontario.—"After my first baby was born I started to work on the tenth day and did a big washing on the twelfth day. Being so young (I was married at 19) I did not know what was the matter, so let it go until I was all run-down, weak, and nervous, and had a bad displacement. For nearly two years I could not sleep and I would always complain of having 'not a head-ache, but taking two bottles I began to get a little sleep and to feel better and I have never felt off since then, except for about three months. I can safely say I have taken thirty bottles since my second baby was born. I think it makes child-birth easier as I had terrible pains with my first three children and very few with my fourth as I was so much stronger. I am now able to do my work alone, but I am still taking the Vegetable Compound as I am nursing baby."—Mrs. OMER PAUL, 49 Cherry Street, Stratford, Ontario.

Cuticura Soap
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Warm baths with Cuticura Soap, after outdoor exercise, cleanse, cool and freshen the skin. Assisted by Cuticura Ointment they do much to allay irritation, redness and roughness of the face and hands and keep the skin soft and clear under all conditions of exposure.

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