

TONE UP THE BLOOD AND NERVES NOW

Dr. Williams' Pink Pills Have No Equal for This Purpose.

Anemia, or lack of good blood, causes not only pale faces and white lips; it is the root of many pains and miseries. It is the cause of shattered nerves, headaches and backaches, and the always tired feeling from which so many women and girls suffer. To regain new health and strength the blood should be enriched through the tonic treatment with Dr. Williams' Pink Pills. This medicine has brought new health and strength to thousands of weak, despondent people.

Among those who have found new health through the use of this medicine is Mrs. Gregory J. Murphy, East Ship Harbor, N.S., who says:—"I bless the day I heard of Dr. Williams' Pink Pills. Before I began their use I was in a run-down and very weak condition. The least exertion would leave me breathless and tired out. Housework was a trial, and at times I felt very despondent. A friend advised me to try Dr. Williams' Pink Pills and I got six boxes. I had not been taking the pills very long until I began to improve in health, and continuing their use they restored me to my former good health. I also gave the pills to my daughter, who was anemic and run-down, with the same good results. Now I always have the pills in the house, and would not like to be without them."

Get a box of Dr. Williams' Pink Pills from your druggist to-day, or send 50 cents to The Dr. Williams' Medicine Co., Brockville, Ont., and a box will be sent you post paid. A little book, "Building Up the Blood," which explains the treatment, will be sent free on request.

The Mennonite Farmer.

While a party of guests were stopping at an inn they were interested in listening in on the transactions between a Mennonite farmer and the manager. The farmer had come to sell vegetables, and some especially fine potatoes were displayed.

"Sixty cents a bushel for them," he said.

The price in the market was only 50 cents, but it was finally agreed that inasmuch as he had gone to the trouble of delivering them he might as well leave five bushels.

A week later the farmer returned with another load of vegetables, but his first move was quietly to unload a bushel of potatoes. "Just to square accounts," he said very simply.

Things taste of good we can't help eating too much, now and then. Don't suffer for it. Take Seigel's Syrup. Any drug store.



Poker Parties.

"Do you attend poker parties?" "Yes—sitting in with the furnace, you know."

Letters are delivered to some islands in the Pacific by means of a rocket apparatus operated from passing boats.

Successful Baking!

It depends largely on the flour you use. We believe you'll welcome this suggestion—try Purity Flour—made from the finest Western wheat. Thousands of cooks say Purity Flour is best for cakes, pies, buns and bread.

PURITY FLOUR

Send 30c in stamps for our 700-recipe Purity Flour Cook Book. Western Canada Flour Mills Co. Limited. Toronto, Montreal, Ottawa, Saint John.

Well-Known Home Builder Quickly Restored to Health

Victim of Nervous Indigestion, Loss of Sleep and Intolerable Pain, Father of 8 Children Finds Long-Sought Relief. Strength Restored. Praises Tanlac

Joseph A. Brunet, a well-known Montreal building contractor, 7053 Boyer Street, says: "The brawn, muscle and splendid health of the strongest man will break under the strain of modern living."

"I was suffering untold agonies when I began taking Tanlac. My strength had vanished. I couldn't work efficiently, I couldn't enjoy life as other men did. I had lost weight and was wracked by knife-like pains. I was completely discouraged when Tanlac was recommended to me and I took it. I recommend it to anyone who is ailing."

"This tonic worked wonders with me. Quickly my old strength returned. I began to have a great appetite and ate everything without a sign of pain. Once more I knew what it was to have a good night's sleep. Tanlac certainly put me on my feet, made me stronger and gave me better health than I have had in years."

Tanlac usually banishes pain. Conquers ailments and builds up strength in famished bodies. It relieves the system of poison caused by constipation and sluggish liver. It is nature's own remedy made from roots, herbs and herbs according to the famous Tanlac formula.

Banish sickness from your life and enjoy the benefits of golden health. Begin taking Tanlac. The first bottle usually brings results that will surprise you. Ask your druggist for Tanlac today!

SMILES

Happy Feet.

A little girl who was warming her feet, heard her mother call for her to go to bed.

"There, now!" she exclaimed; "you called me just as my feet were getting happy."

Think What Adam Escaped.

"I wish I had lived three hundred years ago."

"Why?"

"I shouldn't have had so much history to learn."

Nothing on Aunt.

Uncle Mark—"You young lads of today want too much. Do you know what I was getting when I married your aunt?"

Maurice (his nephew)—"No; and I'll bet she didn't, either."

Two-foot Shirt.

Shop Assistant—"What size shirt, sir?"

Customer (a boulder)—"Oh, about a two-foot frontage."

A Problem.

"Above all," said the mistress to the new maid, "I want obedience and truthfulness."

"Yes, madam," replied the girl, "and if anybody calls when you are in and you say you are out, which shall come first, obedience or truthfulness?"

His Good Deed.

Johnny was unusually gleeful over breakfast.

"I've done my good turn for to-day," he said.

"What! Already?" inquired his father.

"Yes. I was at the gate and heard Mr. and Mrs. Brown say they were doubtful whether they would catch the 8.15, so I set the bulldog after them and they arrived just in time."

Just a Good Turn.

The Association of the Boy Scouts of America have presented to the Boy Scouts of Britain a bronze statue of an American bison, dedicated to the "Unknown Scout," that is, the Boy Scout who did a service for an American tourist in London which moved that gentleman to inquire into the Boy Scout movement and its ideas and then to start it in America.

The American asked the boy his way in a busy street and was at once conducted to his destination. When he offered the boy a tip, he received the reply, "No, sir, I am a Scout."

From the little good turn done by that boy in London the movement has grown until it numbers 750,000 in the United States and will probably number a million before long.

Sea.

Careless forever, beautiful proud sea, You laugh in happy thunder all alone,

You fold upon yourself, you dance your dance

Impartially on drift-wood, sand or stone.

—Sara Teasdale, in London Mercury.

Cod liver oil is going out of fashion, save in the case of rickety children, as doctors are now finding that a properly balanced diet is just as effective, and the cod liver oil is apt to upset delicate digestions.

Surnames and Their Origin

O'ROURKE

Variations—O'Rourke, O'Ruair, Rourke, Rooke, Rorke.
Racial Origin—Irish.
Source—A given name.

The Clan O'Rourke, from which the Clan O'Reilly took its origin, and which in its turn was an offshoot of the Clan O'Connor, is listed among the oldest of clan organizations among the Irish.

As a clan name, which virtually was the same thing as a family name, this surname probably antedates anything in the way of an English family name by some three to four centuries.

The founder of the O'Rourke clan was a chieftain named Roar O'Connor, the youngest of the twelve sons of the famous Tiernan O'Connor. The date was some time prior to 893 A.D.

A grandson of Roar, Feargal O'Rourke, was the thirty-ninth Christian king of Connaught. This monarch died in 954, and for a period of several centuries afterward this clan contributed many monarchs to the royal list of this kingdom.

Like most of the Irish names, this one has suffered rather drastic changes in spelling through its translation into the English language.

The given name of "Roar" is derived from ancient Gaelic words meaning "very swift."

O'BEIRNE

Variations—Beirne, Beirnes, Bern, Barnes, Barwell, Barnewell, Bennell.
Racial Origin—Irish.
Source—A given name.

This Irish family name is not the same as Byrnes and Barnes, though there are many instances in which it has been confused with them through variation into the English language.

But it comes from an entirely different source. The Gaelic spelling of the clan name from which it has been developed is "O'Beirne," which in turn was derived from the given name of "Beirne." The meaning of this name was "fit to carry."

This was, of course, the given name of the chieftain who founded the clan about the eleventh or twelfth century. Records of the exact date do not seem to be available.

The clan had its origin as a branch or division of the O'Connors of Connaught.

Neither must this family name be confused with the English family name of Barnes, though it sometimes takes the same spelling. The latter is either of Norman origin or of local English origin, according to the individual case, coming either from the locality of Berners or Berniers in Normandy, or from the place of the same name in Surrey.

MOTHERS PRAISE BABY'S OWN TABLETS

Mrs. L. M. Brown, Walton, N.S., says:—"I cannot recommend Baby's Own Tablets too highly. I have found them invaluable for the ailments of little ones." Mrs. Brown's testimony is the same as that of thousands of other mothers who have used the Tablets. To use them once is a sure guarantee that they will always be kept in the home as long as there are babies or young children to be cared for. The Tablets are a laxative—mild but thorough in action—which never fail to regulate the stomach and bowels; relieve constipation and indigestion; break up colds and simple fevers and make the dreaded teething period easy. In fact you banish all the minor ills from which little ones suffer. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Nicknames.

"Little Boots," or "Bootsy," is a comical name for a great emperor, but that is the meaning of Caligula, and Caligula was the ruler of the whole civilized world.

The nickname was given to him when he was a little boy, by the soldiers of his father's army, as soon as they saw him come into camp wearing a pair of military boots made to suit his diminutive size. It stuck to him, and he is known by it now, after more than eighteen hundred years have passed away.

But his nickname was not quite as ridiculous as that of another famous man of ancient Rome, who also had to adopt it as his regular title. This was Scipio Nasica, which means, "Scipio Longnose."

A great many celebrated men are known in history by their nicknames, but most of these nicknames were given to them when they were older than little Caligula.

The Emperor of Germany who is called Barbarossa, or "Red-beard," have been first called so when he was old enough to employ a barber, though it is not likely that he ever did give one of them a job, unless he let them cut his hair, or bleed him, for the old-fashioned German barbers did a great deal of bleeding, cupping and leeching.

King Edward I. of England, probably received his nickname of "Longshanks" after he had gotten his full growth; and Edmund Ironsides, Ethelred the Unready, Richard Lionheart, John Lackland and Edward the Black Prince all gained theirs after they had become men.

But Harold Harefoot may have earned that title by beating his playmates in foot-races, and Henry Beauchamp certainly won his honorable nickname by actually learning to write his own name, which was considered a very wonderful thing to do in his time.

As so many of the French kings were named Louis, it is very convenient to have nicknames to remember them by, and it is a great deal easier to tell Louis the Fat from Louis the Bald or Louis the Saint than to keep the run of their numbers.

Many of our own surnames just have been given to our ancestors just as boys nickname each other at school. Little and Long, Short and Tall, Black, White, Green, Brown, and a dozen other colors, all began as nicknames, and a great many of us are now called by the names of animals or birds because some of our forefathers were thought to look like such creatures.

Such names as "Barebones," must have been applied to rather strange-looking people, and their descendants would be excusable for having them changed by act of legislature.

When we see a very thin gentleman or lady named Stout, or a very short one named Long, it seems as if there



Woman Diplomat's Novel.

Madame Alexandra Kollontay, Soviet envoy to Mexico, the world's only woman ambassador, has written a novel called "Red Love," just published, which is described as an authentic representation of love in present-day Soviet Russia. Mme. Kollontay, who is a noted writer on problems confronting modern women, has included in her novel a background of free marriage, free divorce, motherhood, standards of morals, and the problem of career vs. love.

Nothing Was Ever Lost—

—By sacrificing our business for the sake of our children.
—By being loyal to our conscience.
—By understanding our case when we are selling goods.
—By delivering a better quality of goods than we agreed to.
—By taking the side on which there was no doubt.
—By keeping your mouth shut when you were angry.
—By doing your work the best of which you were capable.

Beware of the Man—

—Who speaks ill of his mother.
—Who says all men are liars. He is confessing.
—Who laughs at things sacred to other men.
—Who grows too confidential on first acquaintance.
—Who always complains that the boss has it in for him.
—Who lays all the blame on the other party.
—Who cannot laugh when the joke is on him.

Queen Mary Brings Lorgnette Popularity.

Queen Mary has popularized the lorgnette this year by carrying a handsome one of the Louis XV. type, which she uses freely at the theatre. The lorgnette is sadly out of harmony with extremely modern gowns, but the Queen is so conservative in her dress that the lorgnette of a period when trunks and powdered wigs were in style is not inharmonious with her stately toilettes.

Animal War Dead Honored.

To the animal war dead, a memorial, the first of its kind, is being established at Wanstead, England. It will be in the form of a large sanatorium for the treatment of horses, mules, dogs, monkeys, goats, pigeons and canaries, representing the principal animal and bird life which met death in service. No domestic animal or bird, however, will be refused treatment.

Rosewood in Brazil.

Rosewood is not the wood of any kind of rose tree. It is obtained chiefly from certain kinds of Brazilian trees. The name is due to a faint smell of roses when the wood is freshly cut.

In clean, bright Aluminum

RED ROSE TEA

"is good tea"

When you serve RED ROSE ORANGE PEKOE to your family you are giving them the best tea you can buy.

must be a mistake somewhere. But the great American poet, who died in 1892, was tall enough to make the name of Longfellow a very appropriate one.

Perhaps some boy who reads this paper may become a famous man, and be called everywhere by a nickname which he hasn't yet received.

Spring Opening.

Usually the song of the robin announces the beginning of Spring, but this year an entirely different tune heralds the passing of Old Man Winter. The hum of the motorcycle on the open road is a sure sign that Summer in all its glory is just around the corner. When the dyed-in-the-wool devotee of the motorcycle bestirs himself and hits for the open road, it is an assured fact that it's safe to follow him. This year, more than ever, the motorcycle will be seen in ever increasing numbers on the highways and byways. The recent introduction of the Single Cylinder model has sold the motorcycle to thousands who heretofore were content to leave that pleasurable form of touring to the younger generation. Because of the ease with which the Single is handled the older element have taken to the two-wheeler and now it is a common sight to see father and son, and yes, mother too, enjoying an outing via motorcycle. Because of the joy which Spring brings to all, and particularly the motorcycleist, all Harley-Davidson dealers have organized a "Spring Opening Week" which is designed to celebrate the beginning of the riding and touring season. Walter Andrews, Toronto Harley-Davidson Dealer, has arranged quite an elaborate program for "Spring Opening Week," May 2nd to 7th. Open house will be the order both day and evening for the entire period. Brand new 1927 models will be on display at the store and the public are invited to inspect the machines and if desired to ride them.

Button 10 Miles Away

Guards Bank of England

Not content with the usual precautions against burglars, the Bank of England is making provision even for emergencies when, for some reason or other, the bank's staff might be unable to lock the underground treasury vaults. In the rebuilt "Old Lady of Threadneedle Street" the vaults will be so constructed that they can be flooded by the pressure of a button at any one of three different points—one within the bank, one elsewhere in London and one in the country ten miles outside London.

Women in the Wilds.

Women are now taking up British Government posts in the Straits Settlements, Nigeria, the Gold Coast, and various isolated islands as medical officers, education officials, etc.

Being well read, avoiding black

looks, doing your work up brown, treating everyone white, and never showing a yellow streak, or feeling blue, will help to keep one in the pink of condition.

Free Treatments For DEAFNESS

Head Noises from Nasal Catarrh

Hearing Restored

This is FREE

I feel so sure that this treatment will restore hearing and end head noises from nasal catarrh that I want every sufferer to try it free. I want to prove at my expense that the results are quick and convincing.

It is the best treatment that I have found in 42 years' practice as eye, ear, nose and throat specialist.

25,000 Treatments To Be GIVEN AWAY This Month

These treatments cost you nothing. The results are quick and convincing. You will feel the difference the first day. I have found that 90 per cent of the cases of deafness and head noises are caused primarily by nasal catarrh. If the catarrh is not cured, the deafness and head noises will continue to trouble you. My original home treatment will stop all this. I have restored hearing in many extreme cases; one woman had been growing deaf for 40 years; a man 25 years old who had been deaf for many years can now hear again. Hundreds going to give away 25,000 free treatments.

DR. W. G. COFFEY, Suite 2111, St. James Hotel Bldg., Davenport, Ia.

TRY IT FREE

In addition, I will send you absolutely free my new book on Deafness, Head Noises and Catarrh. It discusses fully the curable and incurable kinds of deafness.

Write today for this free test treatment. State if you are deaf, have head noises or just need catarrh or head catarrh. Write or print your name plainly. Do not delay. This notice may not appear again. For 30 days I am going to give away 25,000 free treatments.

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CHICKS

That Pay

All that the name implies. From healthy, free range parent flocks, bred to lay. S. C. W. Leghorns and Barred Plymouth Rocks from nationally known strains. Get more poultry profits from these healthy, vigorous, Smith Hatched Chicks.

Write for circular FREE

ONTARIO QUALITY HATCHERY

1000 Richmond St., London, Ontario

TIRED FEET

Minard's soothes sore and tired feet. Bathe—then rub well with Minard's.

MINARD'S

"KING OF PAIN"

LINIMENT

Being well read, avoiding black

looks, doing your work up brown,

treating everyone white, and never

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