

TIPES

Put the bowl into the
of boiling water
minute or two over

and Nut Pie.
Red squash or pump-
of sugar, one tea-
one teaspoon of
teaspoon of salt, two
and one cup of
In the order given,
In a pan lined with
then cold cover with
hipped cream favor-
Sprinkle finely chop-
a top.

Sugar Pie.
Two cups water and
war for five minutes,
ful of butter and
Mix two table-
with a little water
smooth paste. Add
on salt and two
or egg mixture into
thickens and bake
before serving heap
each portion.

or Soup.
ve seeds from gross
boiling water until
sation with salt and
through a sieve. To
two cups of the water
ere cooked. Blend
teaspoons butter and
of flour and add
et milk. Stir this
mixture, cook until

Doughnuts.
Three cups rye meal,
four and one-half
neal. Add one-half
teaspoon cin-
sugar, two
powder, one table-
ana molasses, one
teet milk to make a
up by spoonful in
until brown. Roll in
nd sprinkle lightly
een confectioner's



WORKED IT
to many Christmas
know what to do
n't you wish yet
hem for birthday
out the coming

er Speeches
umanitarian Mem-
are forming a
ers of which are
eak in the House
than fifteen min-
man, organizer, de-
200 adherents, and
of the House will
of the long-wind-

manager of the
ays it will not be
professional baseball
all their traveling
ld this ever be the
pitchers presuma-
t by train, as the
ver be allowed to

ortory company in
ded to give morn-
"Twelfth Night,"
eting after lunch,
with, "Good after-
twelfth Night" this

Stung.

"I reckon," said a farmer, "that I
got up earlier than anybody in this
neighborhood. I am always up be-
fore three o'clock in the morning."
Another farmer said he always had
part of his work done by that time.
The first farmer thought he was not
speaking the truth, and decided to
test him. A few mornings later he
got up at two o'clock, and went to
the neighbor's house. He rapped at
the back door, and the neighbor's
wife opened it. "Where is your hus-
band?" asked the farmer, expecting
to hear that he was in bed. "He was
around here early in the morning,"
answered his wife. "but I don't know
where he is now!"

All sin is at bottom selfishness, as
all righteousness is in its essence
love.
Encourage the fellow who is down to-
day.
To relieve him of his sorrow,
Th' "old world" has funny ways,
You may be down to-morrow.
Keep Minard's Lintment in the house.

EFFICIENCY IMPAIRED AUTOMATIC RADIO IN ENGLISH HOSPITAL

Why Many Men and Women Are Bodily Handicapped.

When you are so run down in health that it impairs the efficiency of your work as well as your power to enjoy your leisure hours, or obtain rest, it is time you looked to the cause. If you do not, a serious breakdown is almost sure to result sooner or later. In nearly all cases this condition, which doctors usually describe as general debility, is due to poor blood—blood that is deficient in red corpuscles. When the blood is thin and weak your whole system suffers. You lose appetite, have no energy, your nerves trouble you and you feel restless.

What you need is help to build up your blood and you should begin at once to make your blood rich and red by taking Dr. Williams' Pink Pills. You will soon notice the difference in your health by a better appetite and increased vigor. The reason is that the new blood created by Dr. Williams' Pink Pills stimulates all the organs of the body to healthy activity, and so the system gains nourishment and strength. If you are weak or out of sorts begin gaining new strength to-day by taking Dr. Williams' Pink Pills.

You can get these pills from your druggist or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Reflection

Do you remember when you said you cared?
The sequent years have folded tenderly
About the raptured miracle you bared
In simple meaning, woven slenderly
Upon a thread of sound—and yet
That day
Seems now—it is so luminously near
In its eternal beauty. Autumn lay
In pools of brittle color, deeply
clear
Across the sunburned earth, a smooth
wind merged
Light vapors in an elongated cloud
Restraining the dilated skies, that
surged
Against the stern horizon, tall and
proud,
Life walked between us for a little
while
Along the rustling path—gave me
your hand—
And then your lips, young with a love-
ly smile,
Breathed quiet words for me to
understand.
—Jerry Evans.

Teeth of Mastodon Found in Transvaal

Standerton, Transvaal—Twenty thousand to 50,000 years ago gigantic mammoths, far bigger than any African elephant, wandered about the banks of the Vaal River, the boundary between the Transvaal and the Orange Free State. This statement is the outcome of Prof. Raymond Dart's investigation into two huge teeth assumed to have been those of mastodons, recently discovered by a diamond digger at Bloemhof. This is the first time that mammoths have been found south of the Equator in the Old World.

The two teeth have been classified as belonging to the Pleistocene Age, and, says Professor Dart, "add greatly to the knowledge of the antiquity of man in this country. What he was like no one can tell, but he existed even before the time of the Bushmen."

British Prestige

London Times (Ind.): Great Britain, without committing herself to any further guarantees such as those involved in the moribund Protocol proposals, is now in a position to take diplomatic action with very considerable effect if at any point the European situation should again become acute. Not for a long time has British prestige abroad stood as high as it is to-day. That is an asset which the present Government has carefully built up and which it has taken great care to not dissipate by any form of extravagance. There has been no departure from the policy of patient effort on the basis of real achievement.

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Lambeth Hospital, London, has introduced automatic wireless to Britain. Isolated in an old watertower in a corner of the grounds stands an installation which switches on and off of its own accord and changes the program from London to Daventry "Junior." The apparatus, moreover, starts electric generators which supply the filament and high-tension current required by the seventeen tubes. Its total capacity is 2,000 pairs of headphones and 80 loud-speakers. Actually it is supplying 400 headphones and 67 speakers. When the apparatus was first installed two nurses came to inspect it. They entered the old tower cautiously and peered at the banks of valves. It was as silent as the grave. But it was due to start about two minutes after their arrival. The nurses talked in subdued tones, their voices reverberating round the whitewashed walls and gloomy ceiling. With startling suddenness came a click, one of the generators whirled and whined into motion, the banks of valves lit up as if by magic, and the two visitors screamed and ran.

The only human attention required by this equipment is the winding of two time switch clocks, once a fortnight, a process which takes about three minutes. These switch clocks are set to specified times at which patients are permitted to hear programs; one controls a receiver tuned to London and the other a receiver tuned to Daventry "Junior." When the time switch "makes" it operates a self-starting motor generator and brings the receiver into action, and a little pilot lamp indicates that all is well. Further, the amplifiers and generators may be used independently of the receivers, that is to say, for the purpose of broadcasting services from the chapel throughout the building or concerts from the dining hall, microphones having been installed at these points.

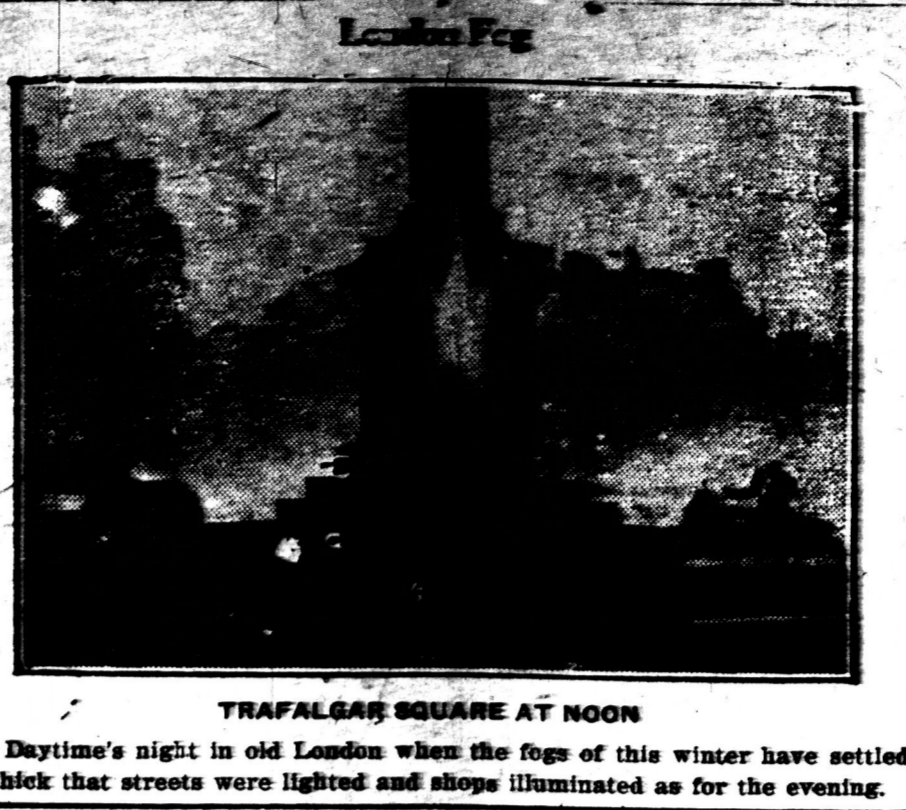
It is possible for the steward to make announcements from his room to all the patients. All the essential apparatus is in duplicate and the risk of a breakdown is said to be negligible. Each tube of the amplifying panel supplies one circuit only, so if a tube blows out only a limited number of headphones are affected. An additional advantage is that the high-tension current does not reach the line and patients are therefore protected from any possibility of shock, while the absence of standing current also prolongs the life of the headphones and loud-speakers. Nine and a half miles of lead-covered wire have been carried throughout the buildings to the reception points, and every patient has a pair of headphones over his bed.

A sum of \$5,000 was raised through local subscription for the purposes of this installation. Lambeth Hospital is a Poor Law institution and a great part of the money was subscribed through the pennies of visitors to the hospital.

CONSTIPATED CHILDREN

Constipation is one of the most common ailments of childhood and the child suffering from it positively cannot thrive. To keep the little one well the bowels must be kept regular and the stomach sweet. To do this nothing can equal Baby's Own Tablets. They are a mild but thorough laxative; are pleasant to take and can be given to the newborn babe with perfect safety. Thousands of mothers use no other medicine for their little ones but Baby's Own Tablets. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Christianity . . . introduced a love higher, deeper and broader than anything the profoundest Greeks dreamed of.



TRAFALGAR SQUARE AT NOON
Daytime's night in old London when the fogs of this winter have settled so thick that streets were lighted and shops illuminated as for the evening.

NEW AUTOMATIC SOS.

Marconi's Latest Device Automatic, Warning Crews of Receiving Vessels When Wireless Operator is off Duty; Tested on Phila-Norfolk Trip

Norfolk, Va.—William Marconi, the inventor of wireless telegraphy, has contributed another invention to science for the saving of human life at sea. It is the radio alarm. This invention promises to be the greatest mechanical life saver ever devised by man, shipping men here said recently. It should be the means of reducing the loss of life at sea—from wrecked or sinking vessels—by 50 per cent., marine experts asserted.

The radio alarm is a mechanical device for the summoning of one ship to another in answering SOS or distress calls. It works mechanically and the presence of a wireless operator on board the receiving ship is not necessary, it is claimed.

The radio alarm has been installed on the British steamship Mahseer, which arrived here from Baltimore and Philadelphia.

Captain T. A. Tyson, master of the Mahseer, says it has worked perfectly so far, and he believes it will be only a question of time before every ship will be compelled to carry the new

Vienna Honors Centenary Of Inventor of Propellor

Technical College Pays Belated Honor to J. Ressel, Austrian Forester, Who Sought in Vain for Backing to Give to World Idea He Had Discovered

Vienna—The Technical College in Vienna recently commemorated the centenary of the invention of the propeller, which is ascribed to Joseph Ressel, an Austrian forester. Son of poor parents, Ressel never reaped the fruits of his discovery, but died in modest circumstances.

As a surveyor of the Austrian governmental forests he was sent to Trieste in his youth and there saw the first paddle steamer plying between Trieste and Venice. That is to say, the steamer only went when it was fine weather, for when the sea was rough the passengers could not stand the rolling. This brought to Ressel the idea to replace the paddles by a screw. He approached a banker for funds with which to begin practical experiments, but when he demonstrated to him the advantages of a screw with the help of a cork-screw, which he let glide through the fingers of the left hand, the financier failed to understand the point and refused the money. Ressel had to expend \$20 of his own scanty means for the construction of a small screw, which he fastened to a rowing boat to give people a clearer idea of what he was out for.

This was in 1827 and he succeeded in getting a patent and the permission to build a small screw steamer, which was to replace the paddle boat of the Trieste-Venice service. A year later the vessel made its trial trip with forty persons on board, and everything would have been all right if there had not occurred some trouble with a steam pipe, which burst before the ship had covered many miles.

This gave the Austrian authorities a welcome pretext to forbid these experiments for good, largely at the instigation of the Trieste shipowners. Ressel was finished and done with, but not so the screw, which was gradually improved by other naval constructors until it assumed the form in which it conquered the seas and, as an aeroplane propeller, also the air.

Salt in Every Province
Salt, either in natural brines or in beds of rock, is found in every province of Canada, although commercial production is confined to Ontario, Nova Scotia, and Alberta.

Dogmatic orthodoxy is Christianity in need of Plato's search-light of sincerity.

Canada At Washington



THE SMILES OF NEIGHBORLYNESS
Vicent Massey, Canadian Minister to Washington, Viscount Willingdon and Sec'y Kellogg, of the United States.

7 Reasons Why You Should Buy The Standard

- (1) 21 coloured comica.
- (2) Up-to-date rotogravure section.
- (3) Latest news from the Old Country.
- (4) Coloured magazine section.
- (5) Best Short Stories.
- (6) Scotland Yard disclosures.
- (7) Vignettes of Life.

The perfect weekly newspaper is colourful, informative and entertaining—that is why you should buy the Montreal Standard. It has these qualifications in unlimited degree.

The finest comic strip artists in the world are its contributors. Its rotogravure section carries photos of international as well as national interest. Famous correspondents supply it with the latest Old Country news. Its coloured magazine section has articles by well-known writers on all questions of current interest. Each edition publishes a new story by Fannie Hurst, the world's highest paid short story writer. The foremost authority on Scotland Yard makes an amazing disclosure on the operations of that famous force every week; and Norman Lynd contributes a series of amusing Vignettes of Life. And these are just a few of the many features.

- The following 21 Comics appear in every edition:
- | | |
|--------------------------------|--------------------------------------|
| (1) Bringing up Father (Jiggs) | (11) The Van Swaggers |
| (2) Tillie the Toiler | (12) Rosie's Beau |
| (3) Mutt and Jeff | (13) Happy Hooligan |
| (4) The Gumps | (14) The Katzenjammer Kids |
| (5) Little Orphan Ann | (15) Texas Slim |
| (6) The Nobby | (16) Just Kids |
| (7) Moon Mullins | (17) Smitty |
| (8) Winnie Winkle | (18) Dime Hooper and His Der. Adolph |
| (9) Tonerville Folks | (19) And Her Name Was Maud |
| (10) Harold Teen | (20) Nicodemus O'Malley |
| | (21) Gasoline Alley |

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Turkey Regenerated

"The regeneration of the Turkish nation through the inspiration of Mustafa Kemal, a patriot in whom the very soul of the nation is incarnate, is proceeding at a rapid rate," asserts Ibrahim A. Khalilallah, former Chief of the Political Office of the Egyptian Ministry of the Interior, in December "Current History." "Separation of religion and the State is absolute in the new Government, and the law has been completely secularized, with penal, criminal, commercial and civil codes modeled after the most modern and advanced European systems. Polygamy and the laws of inheritance which sanctioned woman's inferiority have been suppressed and the liberty of each individual to adopt the religion of his choice proclaimed. . . . In the press as well as in the fields of literature and the fine arts earnest efforts are being made to break away from the past. A unified system of unified free and obligatory primary education has been established with religious instruction reduced to a minimum; there are now 5,882 primary schools as against 2,632 in 1914 and 285,458 students as against 250,000. . . . The Department of Public Health is a recent creation of the republic, and it has already established 150 dispensaries and four model hospitals; a vigorous campaign against malaria and trachoma is now being carried on. . . . As three-fourths of the population of Turkey is engaged in farming most of the economic reform has been in this industry, free land is now granted by the State and a moderate land tax has been substituted for the pernicious tithes system. Military service has been reduced to eighteen months and during the harvest season soldiers are given leave to work in the fields."

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EGGS AND POULTRY WANTED.
We pay highest market prices and guarantee complete satisfaction with each transaction. C. A. Mann & Co., King St., London, Ont.

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Many ardent souls bent upon uplifting their neighbors do not seem to have climbed very far themselves.

The Championship Winner
J. W. Gosling's Foxes were extensive winners at the Royal Winter Fair, Toronto. They were pre-eminent for their quality, color and texture. They brought the first trophy to the Ontario Silver Black Fox Industry. They won the Miniature Trophy contributed by the Canadian Fur Auctioneers Co. Limited, Montreal, for the best matched pair of foxes at the show. When you buy Vespra Foxes you buy the best. Write: J. W. GOSLING, Box 188, Brantford, Ontario.

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Best for Baby

Frost Bites
Minard's will quicken circulation and prevent further trouble. Also cures the burning pain.
MINARD'S
OF THE
LINIMENT
Life itself is neither good or evil, but only a place for good and evil.
Minard's Liniment for Colds.
ISSUE No. 21-22