VASHING
DAILY TASK

Date Pie.

pie is unusual
Bake a rich pie-
ans. In the bot-
ust put a cup of
es. Then for
e one cup of
e tablespoon of
em well and add
g water and boil
stirring hard.
uice of one large
e tablespoon of
one minue and
aten egg. Pour
ates. Beat one
, add to it a
sugar; pile on
wn in oven.

gues—Pay for
em.

of year I like to
to the fireplace and
gues. Some seeds-
de planters "cata-
e nurserymen and
blame. First, they
alogues attractive;
ve made it easy for
ogues.
fit my garden,
split my purchase
rms would not be
, nor sensible for
t many catalogues.
delight in looking,
anticipating, as
g and harvesting.
ed my seed from
the corner store—
grew and produc-
the pleasure was
he grocer was tap-
with his pencil,
e too long reading

going to do with
m? Hundreds of
llars are annually
o read but don't
or the florist and
ish me with pleas-
to my education
k so, and perhaps
his opinion.
to England for a
r it. I found my-
Strict orders were
rom the itinerant
nderful catalogue,
and illustration,
n many I have re-
ost me something
I do the books in
ot borrowed.
ion: that I sho
If everybody
would get bigger
ith more instruc-
k it over, nursery-
—E. F. Kelsey.

rs for Pin
ey.

the way I make
thers from my 35
eque for at least
, or over $100 a
town I noticed a
buying feathers
at determined me
g venture. My
me; we had only
rm had no natural
g pond. But I had
ter. At the back
small creek, too
to swim. I laid
ream, securing it
bank. When the
ater, rushing over
t a hole large
date a flock of
h wire netting I
pen around the
twenty-five more
-five in all, and
s. I average a
rom every thres
ells for a dollar
—Mrs. J. O. C.

Ago Too.

SMILES

What's the Use?

Uncle—"You should work and earn money."

Boy—"But what do I want with money?"

Uncle—"Why, save and be independent, and then you won't have to work!"

Boy—"But I don't have to work now."

Leaky.

A little boy had his first dip in the sea, but came out quickly looking indignant.

"I'm not going in there," he said to his mother; "this bathing dress lets water in."

Jack—"May I call you 'Revenge'?"

"Why?"

"Because revenge is sweet."

"Certainly, if you will let me call you 'Vengeance'!"

"And why 'Vengeance'?"

"Because 'vengeance' is mine."

The world is full of nuisances and the worst of them is worry.

Many people miss the train—of kindly thought.

A man we heard of is worth $10,000. That is the size of the reward the sheriff has offered for him, dead or alive.

The Two Sides.

Wife—"There are two sides to every question, you know."

Hubby (sadly)—"Yes, I know—your side and the wrong side."

Old Cheese.

Diner—"Waiter, there's a gray hair on this cheese."

Waiter—"Well, sir, didn't you ask for old English cheese?"

Newspaper-Boy Knight.

Sir Percival Bower, the ex-Lord Mayor of Birmingham, who was knighted in the New Year Honors, faced the world, an orphan, at the age of eleven, when he sold newspapers in the streets of Hythe, Kent, where he was born of Yorkshire parents. He afterwards worked on a farm, which he left to become apprenticed to an engineer and blacksmith. He became the first Socialist Lord Mayor of Birmingham in 1924, and served with such distinction during his year of office that the request, to which he acceded, to continue a second year was supported by even his opponents.

Don't Neglect Bronchial Colds

Pneumonia, "Flu" and other dangerous maladies develop from common colds. To prevent trouble take Buckley's Mixture. It quickly relieves the Cough and removes the cause. Different from old-fashioned syrups. It's a scientific combination of proven virtues. Sold by all druggists and guaranteed.

W. K. Buckley, Limited, 142 Mutual St., Toronto 2 836

BUCKLEY'S MIXTURE
Acts like a flash—a single sip proves it.

FELT VERY WEAK

Had No Ambition and Had to Rest Frequently.

Mrs. Wm. J. Griffin, Tehkummah, Manitoulin Island, Ont., is one of the many thousands of women who was run-down and bloodless, and who has found new health through Dr. Williams' Pink Pills. She says:—"For a number of years I felt very weak and had no ambition. I found it very difficult to do my housework and had to rest frequently. As time passed my condition grew decidedly worse, and my feet and legs were badly swollen. My husband told the doctor of my condition, and he gave me medicine. Then my baby came and the doctor attended me. He said I had scarcely any blood in my body—that it had turned to water. I continued taking his medicine for a time, but did not feel that it was doing me any good. Then I started to take Dr. Williams' Pink Pills. In a short while I felt better, and after taking the pills for a couple of months I felt like a new person. Where my work used to be a drag upon my strength I enjoy doing it now, and I will always recommend Dr. Williams' Pink Pills to weak people."

If you will send your name and address to The Dr. Williams' Medicine Co., they will mail you a little book called "Building Up the Blood," which contains many health hints. You can get the pills through any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The World's Best Farmer.

A young Alberta engineer who, with no capital, turned to the land ten years ago when dissatisfied with his profession is to-day the most famous farmer in North America.

He is the first man in history to win the "world's championship" in both wheat and oats for the same farmer—a feat he accomplished with his exhibits at the international hay and grain show at Chicago.

The new grain king's name is Herman Trelle, and his farm is at Wembley, in the far-northern Peace River country in Alberta.

Ten years ago he did not know the difference between wheat and oats; now he is adjudged to have produced better wheat and better oats than anyone else in the world. The homestead of 160 acres which he first took up was extended to 480 acres while he developed his wonder grains.

Mr. Trelle, who is only thirty-one years old, has attained success by using all available Government bulletins, studying reports of experimental farms, and carefully following instructions.

His victory means that Canada is predominant by right of title in the two most important grains for another year.

Do you get a sensation of pressure on the heart? Don't be frightened it's not heart trouble—it's indigestion. Seigel's Syrup will fix it. Any drug store.

Nursed the Prince of Wales.

Mme. Blanche Marchesi, the great prima donna, who recently emerged from her retirement to give a recital in London, once nursed the Prince of Wales, then a little fellow of three, and warmed up Princess Mary's feeding-bottle. The Duke of York looked on from a high chair.

Minard's Liniment for rheumatism.

A woman's whole life is a history of the affections. The heart is her world: it is there her ambition strives for empire; it is there her avarice seeks for hidden treasure. She sends forth her sympathies on adventure; she embarks her whole soul in the traffic of affection; and, if shipwrecked her case is hopeless—for it is a bankruptcy of the heart.—Irving.

Aeroplanes have been used for sowing rice over suitable marshes in Manitoba, the object being to attract more game by the extra food supply.

The girl with dreamy eyes is usually wide awake.

Seeing through an idea is good—seeing an idea through is better.

Surnames and Their Origin

KEELER.

Racial Origin—English.
Source—An occupation.

This family name is one of the class which originated in the occupations of their original bearers, and it has, apparently, no connection with the somewhat similar name of Keller.

But what was the occupation of "keeler" in medieval England? It was either one of two callings, and there is nothing much in the way of direct evidence to settle the question of which.

In more modern times a certain type of burden-bearing vessel has navigated the River Tyne, known as a "Keel." It is a low, flat vessel, virtually of barge construction, and there is reason to believe that it was used on the Tyne at a very early date. The skipper of such a craft, or its hands, were known as "keelers." The question lies in whether the existence of this craft reaches back so far as the period in which family names were formed.

The other explanation would be more obvious. A "keeler" was also the artisan of the ancient shipyards who specialized in shaping the keels of the medieval craft.

The chances are that this family name is derived from neither one nor the other of these sources exclusively, but from both; with the latter course explaining the existence of the name in the majority of cases.

THURSTON.

Racial Origin—English.
Source—A locality.

The family name of Thurston is one which traces back to very ancient times and constitutes one of those relics of pagan England which the rush of our modern civilization has not succeeded in obliterating.

The antiquity of the name, however, is as a place name rather than a family name. It was turned to the latter usage about the same period when the bulk of family names came into being in England, namely, between the twelfth and fifteenth centuries. Before that it existed only as the name of a place.

In the speech of the ancient pagan Saxon inhabitants of England, Thurston meant "Thor's town" or "Thor's fortress." Thor was that god of might whose name runs through the sagas of the Vikings, of the Swedes, Norwegians, Icelanders, Danes, Saxons and all the northern branches of the Teutonic race.

Of course, in its first use to designate the individual, the name was used to indicate the place from which the bearer had come and was prefixed, either in the Norman or Saxon tongue, by the word "of."

Heart Disease in Children.

Disturbances of the heart in children, automatically divide themselves into two groups, those which were present at the time of birth, and are due to defects in development, and those which are acquired after birth.

Congenital heart conditions, or those present at birth, are not uncommon. They are, as a rule, easily recognizable, and while they vary materially in extent, the majority of them terminate fatally within a given period of time.

Acquired heart disease is rarely present before the second or third year of life, and when found in extremely young children, is almost always due to a rheumatic infection.

Careful examination of school age children shows about one per cent. to be suffering from some disturbance of the heart. In many instances the presence of this disease was unknown to the parents or child affected. Rheumatism in some of its forms, St. Vitus' Dance, Diphtheria or some other infection was usually found to be the cause.

Many of the existing cases of heart disease could have been avoided if adequate care had been taken at the time of the onset of the disease responsible. Rheumatism does not necessarily have to be present in the form of acute rheumatic fever in order to damage the heart. Such slight manifestations of its presence as "growing pains" are sufficient warrant for careful supervision of the child's activities. Slight pain or swelling in the joints, of a transient character, should be taken very seriously by the parents and physician.

The early recognition of such diseases as diphtheria and scarlet fever, and the prompt action of adequate treatment, will do much to limit the possibility of the infection involving the heart.

Tonsilitis and disease of the tonsils is another common contributing factor in the cause of heart disturbances in children, not perhaps directly, but as possible lodging places for organisms which may grow and spread to the heart itself.

The usual symptoms associated with early heart disease in children are not as definite as one would like. These children tire easily, may have palpitation, pain over the region of the heart, or shortness of breath on exertion. Loss of weight or anaemia may be present. The disease is, as a rule, brought to light on examination by the school physician, or when the condition has become exaggerated by some intercurrent illness.

The avoidance of unnecessary exposure, the wearing of sufficient warm clothing in extreme weather, careful attention to defects of the throat, and sufficient rest during convalescence from infectious diseases, with regular complete physical examination of all children, are measures which will do much to lessen the amount of heart disease now existing among children.

MOTHERS PRAISE BABY'S OWN TABLETS

Mrs. L. M. Brown, Walton, N.S., says:—"I cannot recommend Baby's Own Tablets too highly. I have found them invaluable for the ailments of little ones." Mrs. Brown's testimony is the same as that of thousands of other mothers who have used the Tablets. To use them once is a sure guarantee that they will always be kept in the home as long as there are babies or young children to be cared for. The Tablets are a laxative—mild but thorough in action—which never fail to regulate the stomach and bowels; relieve constipation and indigestion; break up colds and simple fevers and make the dreaded teething period easy. In fact you banish all the minor ills from which little ones suffer. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Vacations Can Be Overdone.

Any properly-organized business should run efficiently during the temporary absence of its head. But if it could run permanently without him as well as with him, then it would mean that he was utterly useless, a mere barnacle extracting substance from the organization.

The following sentences are from an announcement received from a New York dentist: "I wish to announce that I am again practising at my former location in ———. I am planning to attend personally to my patients and not employ assistants as heretofore."

This dentist prospered. He began to take more interest in hunting and in open-door life in the West than in his business. He employed first one and then another assistant. By and by he ceased showing up at all. Not once did his patients receive unsatisfactory treatment while he was on the job; but after one experience with an assistant they went elsewhere.

In time the dentist awoke to the fact that if he were to continue the business he would have to pack up his gun and get back on his job.

Vacations are useful. There may be sound sense in the recent declaration of a professional authority that busy men of affairs in these modern, high-pressure days require a winter as well as a summer vacation. But vacations can be overdone. A business can be neglected overmuch. Play, taken in proper doses, fits a man for more and better work. But too much play will play the deuce with any enterprise.

"CASCARETS" FOR BOWELS, STOMACH, HEADACHE, COLDS

Clean your liver and constipated bowels to-night and feel fine

Get a 10-cent box now.

Are you keeping your liver, stomach and bowels clean, pure and fresh with Cascarets—or merely forcing a passage way every few days with salts, cathartic pills or castor oil? This is important.

Cascarets immediately cleanse the stomach, remove the sour, undigested and fermenting food and foul gases; take the excess bile from the liver and carry out of the system the constipated waste matter and poison in the bowels.

No odds how sick, headachy, bilious and constipated you feel, a Cascaret to-night will straighten you out by morning. They work while you sleep. A 10-cent box from your druggist will keep your head clear, stomach sweet and your liver and bowels regular for months. Don't forget the children—their little insides need a gentle cleansing, too.

ISSUE No. 9—'27.

Grown in the best gardens in the Orient.

Blended by men trained in the world's greatest tea market.

RED ROSE TEA "is good tea"

H.O.B.

Packed in the best packet yet found for tea—*Aluminum.*

While you play, remember that your competitors are energetically at work.

We hear a good deal of the Leisure Class. Those in the leisure class I know are mainly poor people.

How It Was.

"Believe me or not, I was waiting for a street car."

"Get out!' Can that noise!"

"Sure! And then her husband happened to see us!"

No man ever lived a right life who had not been chastened by woman's love, strengthened by her courage and guided by her discretion.—Ruskin.

Gorillas and chimpanzees are left-handed, while the orang-outang is right-handed.

BUNIONS GONE IN 48 HOURS

Lord Dundreary Corn Cure will cure Bunions without inconvenience. Its marvelous healing properties are astonishing. Actual sufferers of this cruel affliction are amazed at the speed with which it relieves the pain. Lord Dundreary Corn Cure is a clear, colorless, non-poisonous liquid. Apply it with the cork attached to the bottle. Painless! Quick! Sure! Lord Dundreary Corn Cure leaves no ugly marks or blemishes. Guaranteed to cure Corns, Bunions, Warts, Callous Spots, Chilblains, Sore Toes, Tender Feet, etc. Sold everywhere, or sent postpaid on receipt of price, 35c. Lord Dundreary Corn Cure. Lord Dundreary Bunion Plasters, Lord Dundreary Cuticle Remover, Lord Dundreary Foot Powder, Lord Dundreary Foot Bath Salts. Lord Dundreary Corn Cure is the best of all foot preparations. Try it. No disappointment. Refunds. MAY LABORATORIES, Dept. A-100 68 Front St., W., Toronto, Ont.

Distemper

Responds to treatment with Minard's. Mix with molasses and pour over a bran mash.

MINARD'S "KING OF PAIN" LINIMENT

Classified Advertisements.

FOR SALE.

VICTROLA STYLE, FULL CABINET, PLAYS all records, 48 selections, automatic. Value $85.00 for $35.00 guaranteed. Folsom, 840 Mount Royal East, Montreal.

FARM, 225 ACRES, 20 HEAD STOCK, HORSES, poultry, turkeys, hogs, crops, equipment, $7,500, $2,000 down, balance $200 yearly. FARM 250 acres, buildings, ONLY $2,500 cash, or terms. Last call. Write Mr. Douglas, Herkimer, N.Y.

PUPILS WANTED.

THE TRAINING SCHOOL OF THE HOWE Memorial Hospital, New London, Connecticut—delightfully situated on the banks of the Thames River where it flows into Long Island Sound—desires pupils. Competent Instructors, Technicians and Supervisors insure excellent training. The course is 33 months, 6 of which is affiliation in Bellevue Hospital, New York City.

SOUTHERN CALIFORNIA! QUESTIONS ANSWERED, $1.00 each. Latest facts. Send cash or P.O. Money Order only. Independent Bureau, Box 1664, Arcada, Los Angeles, California.

ONLY STEEL RIM PNEUMATIC AND STRAW horse collar business, advertised over Canada and United States; harness in connection; is now for sale. WILLIAM SPAETZEL, Pneumatic Collar Co., New Dundee, Ont.

You can rely on SHILOH FOR COUGHS

Are You Sick?

CALIFORNIA MARVELINE, "Nature's Prescription" for Chronic Diseases, often succeeds after all other remedies and methods fail. Money-back guarantee. Particulars free. MARVELINE CO., 1456 Dunsmuir Avenue, Los Angeles, California.

PUT STOMACH IN ORDER AT ONCE

"Pape's Diapepsin" for Gas, Indigestion or Sour Stomach

Instantly! Stomach corrected! You never feel the slightest distress from indigestion or a sour, acid, gassy stomach, after you eat a tablet of "Pape's Diapepsin." The moment it reaches the stomach all sourness, flatulence, heartburn, gases, palpitation and pain disappear. Druggists guarantee each package to correct digestion at once. End your stomach trouble for few cents.

Proved safe by millions and prescribed by physicians for

Colds	Neuralgia
Pain	Neuritis
Headache	Lumbago
Toothache	Rheumatism

DOES NOT AFFECT THE HEART

WARNING!
Beware of Counterfeits
There is only one genuine "ASPIRIN" tablet. If a tablet is offered as "ASPIRIN" and is not stamped with the "Bayer Cross"—refuse it with contempt—it is not "ASPIRIN" at all! Don't take chances!

Safe

Accept only "Bayer" package which contains proven directions.
Handy "Bayer" boxes of 12 tablets
Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monoaceticacidester of Salicylicacid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

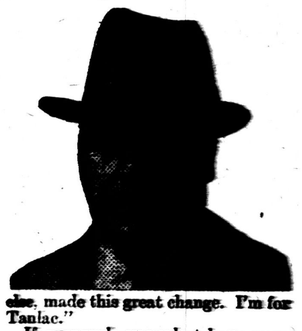
"I want to help" says Allen Boudria

Tells facts from own experience to help others. Almost wild with pain, weak and rundown, he won new health and strength through Tanlac

Allen Boudria, engineer, of 432 St. Patrick St., is one of Ottawa's best known citizens. "My purpose in telling the facts of my experience," he said, "is to help others who suffer as I did.

"For five years I was in misery. My whole system seemed out of gear, but my stomach troubled most. Even a drink of cold water would cause my stomach to bloat and swell abnormally. Gas would prevent me from sleeping at night so that I had to get up and walk the floor for hours. Violent stomach pains nearly drove me wild. I've seen times when I was doubled over, unable to straighten up.

"My friend M. Laponte told me how Tanlac had helped him out of similar trouble, so I got some and used 9 bottles in all. It just made me over. I feel 30 years younger than I am, and weigh 214 lbs. My appetite and sleep are both fine. I eat what I like and sleep like a top. Tanlac and nothing else, made this great change. I'm for Tanlac."



If overwork or neglect have worn you down get Tanlac, the great natural tonic made from roots, herbs and barks. Your druggist has it. Over 52 million bottles sold.

Blackbird.

He comes on chosen evenings,
My blackbird bountiful, and sings
Over the gardens of the town
Just at the hour the sun goes down.
His flight across the chimneys thick,
By some divine arithmetic,
Comes to his customary stack,
And couches there his plumage black,
And there he lifts his yellow bill,
Kindled against the sunset, till
These suburbs are like Dymock woods
Where music has her solitudes,
And while he mocks the winter's wrong
Rapt on his pinnacle of song,
Figured above our garden plots
Those are celestial chimney-pots.
—John Drinkwater.

Polish new copper and brass with good furniture cream instead of metal polish, and the lacquer will not wear off.

A generation ago there were a thousand men to every opportunity, while to-day there are a thousand opportunities to every man.—Henry Ford.

Keep Minard's Liniment in the stable.