

GIRLHOOD DANGERS

Come Through a Weakening of the Blood—A Tonic is Needed.

In their early teens it is quite common for girls to outgrow their strength, and mothers should carefully watch the health of their daughters at this time. It is when the strength is sapped by rapid growth that anaemia develops. The first signs may be noticed by peevishness, languor and headaches. The face grows pale, breathlessness and palpitation become apparent, with low spirits and depression.

Neglected anaemia often leads to a decline, but if you see that your daughter's blood is enriched, there need be no cause for anxiety. The great blood-builder ever discovered is Dr. Williams' Pink Pills. They will build up your girl's health and ensure for her healthy womanhood. In proof of this Mrs. George Justason, Black's Harbor, N.B., says:—"I think Dr. Williams' Pink Pills a wonderful medicine. My daughter, Margaret, was in such a badly run down condition that we feared she was going into a decline. Her face was pale, the least exertion would leave her breathless and she suffered from headaches. She had no appetite and lost in weight. Up to the time we began giving her Dr. Williams' Pink Pills, no treatment had helped her. But thanks to the use of this wonderful medicine she is again well and strong, showing no signs of the trouble that had so weakened her."

In all troubles due to weak, watery blood, Dr. Williams' Pink Pills will be found a reliable remedy. Sold by all medicine dealers or sent by mail at 50 cents a box by The Dr. Williams' Medicine Co., Brockville, Ont.

Hind Sight

Mount Everest 1924 Attempt Finds a Critic in Austria

The Fight for Everest, 1924," has been translated into German, and Dr. G. Lammer, a noted Austrian mountaineer, steps forward with a criticism of that attempt to scale the famous peak—an effort that resulted in the death of George H. Leigh-Mallory and A. C. Irvine.

Dr. Lammer attributes the tragedy (whether or not they attained the summit remains a matter of conjecture) to Leigh-Mallory's choice of Mr. Irvine, rather than of a more experienced member of the expedition, as his climbing partner and to his decision to use oxygen.

"Why," the critic asks, "did he select this 22-year-old athlete and carman, who had accomplished no mountaineering expeditions worthy of mention and was suffering from throat trouble?" There was available the highly experienced Odell, who had brilliantly passed the altitude test. Mr. Leigh-Mallory was anxious, so as to make certain of a result this time, to use oxygen and needed Irvine's mechanical knowledge; also Irvine believed in the magic of oxygen, although Odell had obtained no relief from its use.

Replying to this criticism, E. L. Strutt and D. W. Freshfield point out, in the most recent Alpine Journal, that it was not until later that N. E. Odell "brilliantly passed the altitude test," and that Irvine's throat trouble was no worse than that of other members of the expedition.

"Nevertheless," they conclude, "there are few mountaineers who will not agree, in theory at any rate, with Dr. Lammer's stern reasoning. Many of us, including those who know the mountain, are inclined to believe that Mallory and Odell would have achieved the summit and returned. But on Everest the last word must and always will be with the leader on the spot. It is rash, however tempting, for those who are at a distance to challenge that leader's decisions. It is extremely easy to be wise after the event."

Be patient with a friend rather than risk losing him forever. It is all right to have a grievance, but if you don't forget it sometimes you are likely to be a nuisance.

OWL-LAFFS



The Rockefeller Foundation announces that sleeping sickness can be cured. Yes, easily, by moving into the modern apartment house.

Every now and then the average wife meets a hatch-faced woman she'd just love to have her husband live with for a while and get what was coming to him.

"Have you seen my fiance, cook?" "No ma'am, but it's probably at the wash, as I sent all yer 'undies!"

"It always makes me glad to see a woman acting silly over a poodle."

"Because it shows what a bad bring-up some lucky baby escaped."

"Father has given you the door, you must not see me any more."

"I won't," she heard the youth remark. "I cannot see you in the dark, so I'll turn out the light."

Foreman—"Pat, you had no right to touch that wire. Don't you know you might have been killed by the shock?" Pat—"Sure, I felt it carefully before I took hold of it."

Scientists say they know the moon has nothing to do with rain fall and old people say they know better.

"She was a manicurist in a barber shop and wanted to get ahead." Well, most of 'em need one.

"Fish can live in hot water!" says a university professor. Sure they can. Many a poor fish of a husband never gets out of it.

When the average man expresses his gratitude it is merely a way of asking for more.

An ounce of operation costs more than a pound of cure.

Be true to your teeth or they'll be false to you.

Little Joan—"What do the angels do in heaven, mummy?"

Mother—"They sing and play harps."

Little Joan—"Haven't they any radios?"

Gentleman Jim was polite to the last. He offered his chair to the warden when he was about to be electrocuted.

The question of the hour is, "What time is it?"

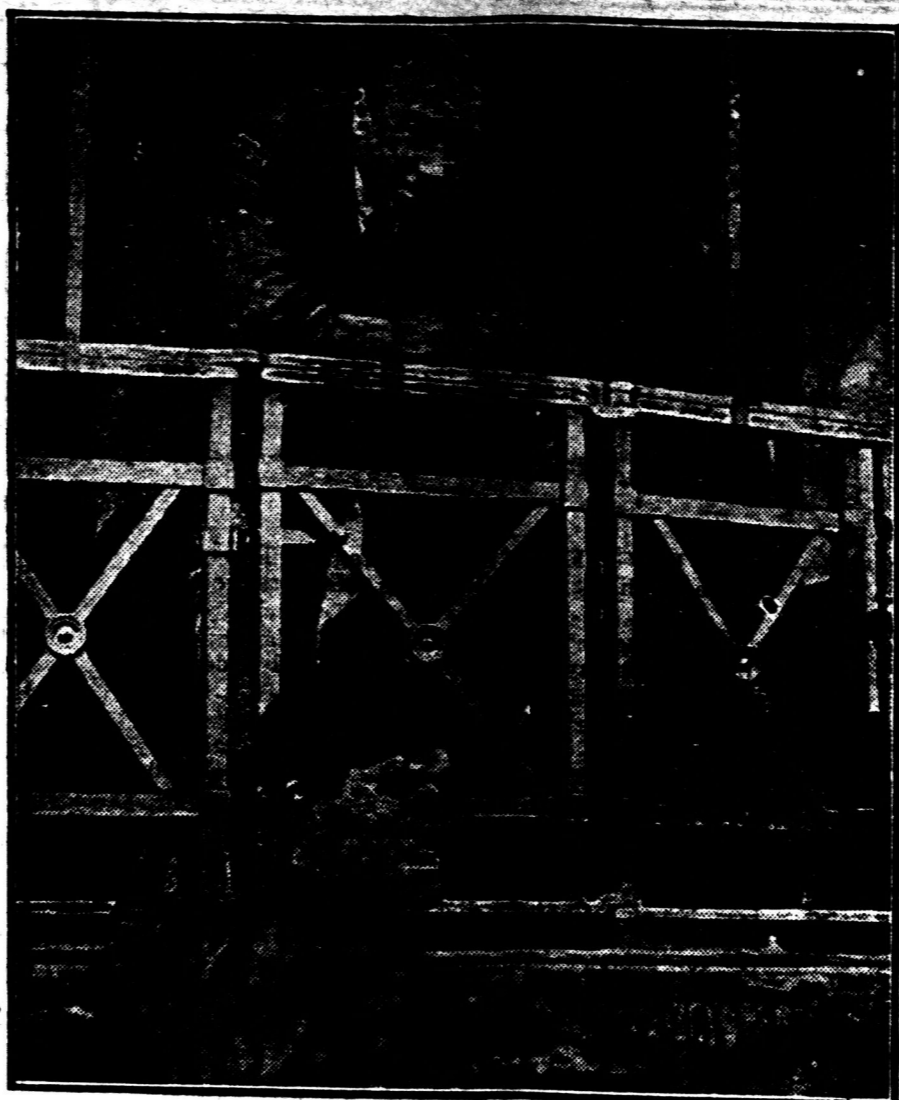
Landlord Blues. The landlord has a deferential air. For sudden wealth may rise 'most anywhere; And any patron with new gotten pelf May buy and run the shack to suit himself.

Someone once said that two heads were better than one. The source of that remark evidently never attended a motion picture show.

If exaggeration isn't lying it's the best known substitute.

When armen quit hopping off they will quit limping in.

We argue most on subjects that we don't know much about.



PREMIER INTERVIEWS CAR INSPECTOR

When Premier Stanley Baldwin was travelling through the Maritime Provinces over the lines of the Canadian National Railways he evinced keen interest in all matters concerning transportation. At Truro, N.S., Mr. Baldwin asked D. A. McKay, Car Inspector, "Did you examine the wheels of my car?" Yes sir. They are all right," answered the Inspector. Mr. Baldwin then asked a number of questions about the work of inspectors, remarking that in England they were called "car tappers," and noting the longer hammer used in Canada. "Yours is a responsible work," commented Mr. Baldwin as the train drew out.

Albania Employs Veteran Fighter

British Soldier of Fortune Remodeling Army

Scutari, Albania.—The "Albanian question" is now largely in the hands of Gen. Sir Jocelyn Percy, a veteran of the South African war, of several Indian expeditions, and of the great war.

Gen. Percy came here to reorganize the gendarmerie and was appointed by Ahmed Bey Zogu to command the military and civil administrations of all Albania north of the Mat River. He expects to pacify the turbulent region of the Malisore tribes and thus put a stop to the continual agitation along the frontier between Albania and Yugoslavia.

Gen. Percy's policy is that of the "square deal."

"The tribesmen of the region under my command," he says, "can come to me and pour out their grievances with confidence that they will be heard and dealt with fairly."

Gen. Percy, after leaving the British Army as major general in 1919, went to South Russia with a British mission attached to Gen. Denikin's army. He was later with Gen. Wrangel in the Crimea. He enjoyed three years of rest and quiet on a ranch in British Columbia. Desiring active life, he put on the harness again in November last and undertook the task of reforming and reorganizing the Albanian gendarmerie.

"The wonder metal of the age" is a fitting term for Aluminum. Its lightness, brightness, freedom from rust, and many other good qualities, make it a container par excellence for good tea—Red Rose Tea is packed only in this modern metal package.

27,000 Americans Kiss Blarney Stone

Cork, Ireland.—More than 27,000 American tourists have kissed the famous Blarney Stone this year.

The curators of Blarney Castle are considering limiting the number of "kissing visitors" in the future because of the danger, they point out, that the kissers must climb to the wall and then be lowered down head first, with another person holding on to the feet, and that, should the hold relax, a serious fall might result.

The Blarney Stone is gradually wearing away, partly by the action of the elements and partly by the damage done by tourists in their effort to kiss the stone. Its potency, however, remains the same. This has been described by one Irish writer in the following words:

"The touch of Blarney Stone creates smooth and graceful lips of the first magnitude with a sweet, persuasive tongue with women, full of guile, blandishment and potent flattery."

Paint Saves Lost Tools

If you paint the tools and other garden equipment about the place, bright red with a trim of blue, yellow or green, their gay appearance will be a gentle but incessant reminder to all careless ones who borrow or use them to promptly return them to their proper niche in the tool house. Incidentally they are more easily found if mislaid.

Minard's Liniment cures sore feet.

Its fine qualities preserved in the modern Aluminum package.

RED ROSE TEA

"is good tea" RED ROSE ORANGE PEKOE is extra good.

Too American To Suit Stephen

Prof. Leacock Criticises the U.S. and We Can't Follow Their Lead

Montreal—Too great a tendency exists in Canada to copy what is done in the United States, said Professor Stephen Leacock of McGill University in addressing the party of visiting British journalists touring Canada. The party was entertained at Macdonald Agricultural College, a Faculty of McGill.

"There are some false theories held in regard to immigration," said Professor Leacock. "The United States, which we are so much inclined to copy, has got hold of a set of ideas about immigration which may suit that country but does not suit us. There is too great a tendency in this country to copy what is done by the American republic regardless of the fact that their industrial system is older than ours and their population a dozen times greater, while their ideas are very often mistaken."

"When it comes to the question of immigration the last thing we want to do is to follow their example. They have their foolish and misguided quota law, a law which places varying nations, a Turk and a Scot, on the same footing, disregarding the fact that the language of their country, after all, is English, that their laws and institutions rest upon British foundations and that in history and literature we have a common tradition."

Minard's Liniment relieves backache.

Far North Station Nears Completion

One of the three stations to be erected in the Hudson Strait district before Winter is now nearing completion. With the mast going up, the survey party for the Canadian Government on the Hudson Bay railway scheme will soon be in direct touch with Ottawa. The dispatch, arriving through Fort Nelson, states that much survey work has been done with the assistance of the seven airplanes carried by the expedition, which has been in the district since the middle of July. Short-wave radio communication was had with the expedition on its way north, and soon all the apparatus will be functioning, supplying commercial and amateur operators with a Far North system of radio stations to communicate with for the next year.

BABY'S OWN TABLETS HELP A PRIZE WINNER

Baby's Own Tablets are without an equal for little ones. From the newborn babe to the growing child they are an absolute safeguard to health. Once a mother has used them she will use nothing else. Thousands of mothers always keep them on hand.

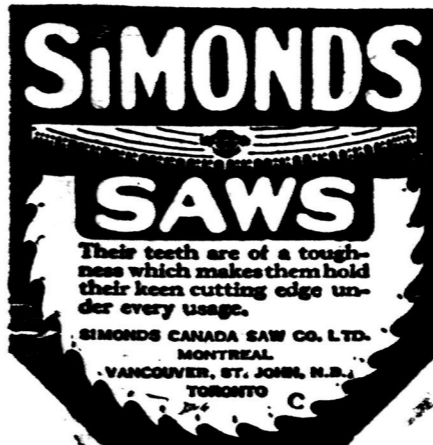
Among the mothers who state that Baby's Own Tablets are the best medicine for little ones that they know of is Mrs. Russell Hill, of Norwood, Ont. Her experience with the Tablets should be of great benefit to any mother who has not already given the Tablets a trial. Mrs. Hill says:—"I have five fine healthy children, and from the youngest to the oldest they get no other medicine but Baby's Own Tablets. When our baby girl was eleven months old she won second prize at the Norwood Fair, and when she was a year older she won first prize in competition with twenty-eight other babies. It was the Tablets that gave her the health and development to carry off these prizes. I always delight in telling other mothers what the Tablets have done for my children."

Baby's Own Tablets are sold by medicine dealers, or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Canadian Research

London Free Press (Cons.): Mr. Malcolm is acting wisely in proposing a plan of co-operation between the Dominion and the provinces. In the past there has been too little co-ordination between Provincial and Federal Governments in various departments. There has been much needless overlapping. It would be foolishness, for instance, for the Dominion to start on scientific research and then for Ontario to proceed to duplicate its efforts. Each province has its own peculiar problems, and the only way is for the Provincial and Federal Governments to co-ordinate their efforts.

It won't be so long now before a popular trans-atlantic expression may be, "Oh, say, can you see the floating landing stage?"



Pains in the Back

Thoroughly massaged with Minard's, backache will disappear.



Minard's Liniment cures sore feet.

Classified Advertisements

SITUATIONS VACANT

LADY OR GENTLEMAN WANTED in every city, town and village in Ontario, to act as exclusive representative in distribution of the Bible. Prayer; whole or part time; position of importance; do business at home; pleasant and profitable occupation. Apply by letter only. Bible Prayer Association, 618 Ontario Street, Toronto.

LOOK! READ—LAST OPPORTUNITY. We are authorized to sell preferred stock guaranteeing 8 per cent. commissions payable at National Bank. Send postage for particulars. St. Clair Products Co., Buder Bldg., St. Louis, Mo.

"There are two sides to every question, proclaimed the wise man. 'Yes,' said the fool, 'and there are two sides to a sheet of flypaper, but it makes a difference to the fly which side he chooses.'"

Deafness—Head Noises
RELIEVED BY
LEONARD EAR OIL
"Back Back of Ear"
INSERT IN NOSTRILS
At All Drug Stores. Price, \$1.25
Folder about "DEAFNESS" on request.
A. B. LEONARD, Inc., 70 Fifth Ave., New York

TO WOMEN OF MIDDLE AGE

Mrs. Wilson's Experience a Guide to Women Passing through the Change of Life

Hamilton, Ontario.—"I have taken several bottles of Lydia E. Pinkham's Vegetable Compound and I can not speak too highly of it as I was at the Change of Life and was all run-down and had no appetite. I was very weak and sick, and the pains in my back were so bad I could hardly move. I got very sad at times and thought I did not care if I lived or died. I was very nervous, too, and did not go out very much. A friend advised me to try a bottle of Lydia E. Pinkham's Vegetable Compound, so I did. I am a farmer's wife, and always worked hard until lately, and was in bed for two months. I began to feel like a new woman after the first bottle and I recommend it with great success, also Lydia E. Pinkham's Liver Pills. I am willing to answer letters from women asking about your medicine, as I cannot speak too highly of them." Mrs. EMMA WILSON, 471 Wilson Street, Hamilton, Ontario.

Sold by druggists everywhere.

Just Ask for 'Dreadnought Tissue'

A most satisfactory roll for the bathroom. A soft, absorbent tissue made, like all Eddy Toilet Rolls, under the most exacting sanitary conditions.

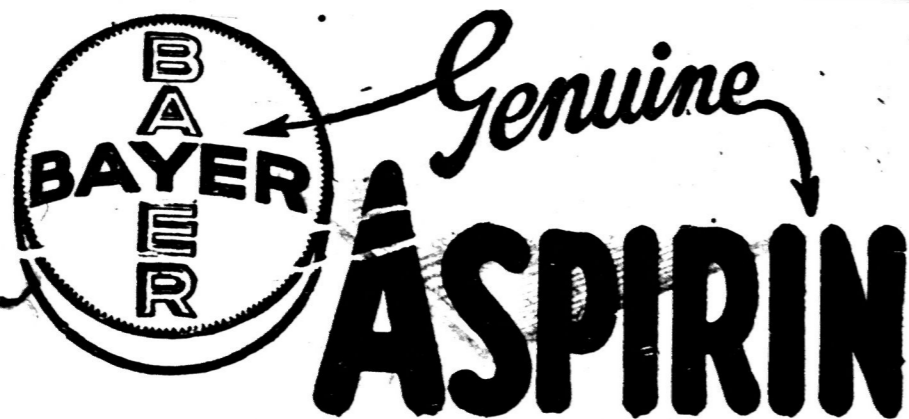
Big value for the housewife seeking a good tissue at a moderate price.



THE E. E. EDDY CO. LIMITED
HULL, CANADA

FLIT

Destroys Flies, Moths, Mosquitoes, Ants, Roaches, Bed Bugs



Proved safe by millions and prescribed by physicians for

Colds Headache Neuritis Lumbago
Pain Neuralgia Toothache Rheumatism

DOES NOT AFFECT THE HEART

Safe Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocyclic-phenols of Salicylic acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."