

## Sunday School Lesson

December 8, Lesson X—Paul Goes to Rome—Acts 28: 11-24, 26, 27, Golden Text—I am not ashamed of the gospel of Christ for it is the power of God unto salvation to every one that believeth.—Rom. 1: 16.

### ANALYSIS

**I. THE VOYAGE FROM MALTA TO ROME, Ch. 28: 11-15.**

**II. RECEPTION AT ROME, Ch. 28: 16-24, 30-31.**

**INTRODUCTION**—The closing chapters of Acts are full of romance, especially to those who care for tales of the sea. It is said that Nelson was reading Acts, chap. 27, on the morning of the battle of Copenhagen. The story reflects, as perhaps no other book of the time does, the actual conditions of travel by sea during the first century of our era; and these were painful enough to account for the general depreciation of the sea in ancient literature. The contrast with modern means of travel is very striking. The voyage which took Paul five months to perform can now be done in about three days. Luke is a vivid writer, and he rejoices in showing how noble were the actions of his friend and hero. It is quite evident that Paul is the outstanding figure on this occasion. "In the hour of danger he commanded like a captain, like a priest he offers thanks to God, and like a deliverer brings them into a haven of safety."

**I. THE VOYAGE FROM MALTA TO ROME, Ch. 28: 11-15.**

V. 11. Malta, where Paul had wintered, was an important island because of its position between Egypt and Italy, and still it is a leading military base. Paul had gained many friends on the island because of the great cures which he had effected, and because of his teachings. However, he was anxious to get to his destination, and must have been very glad when he learned a ship was leaving for the west, even before the usual date for spring travel. It was also a vessel from Alexandria, named *Dioscuri*, or *The Twins*, Casar and Pollux, who were protectors of sailors.

V. 12. Syracuse has always been an important city of Sicily. Here they remain for two days, probably waiting for a favorable wind.

V. 13. The wind still being from the west, they had to tack till a change came, and the south wind enabled them to go directly north to Puteoli, a distance of 180 miles. This was the harbor of Rome, though 140 miles away, and it was naturally the meeting place of many different kinds of people coming to do business at the famous capital. Much of the grain used by Rome passed through this port. This is one of the most beautiful sheets of water in the world, and Paul's eyes must have rested with wonder on the island, the beautiful sea coast, and the famous Vesuvius, which in a few years was the cause of such destruction of life.

V. 14. The fact that there was already a Christian community at Puteoli is proof that the gospel had been spreading very widely. It is possible that the church had been formed by some of the many travelers who had passed through this seaport. Paul was asked to preach to them, and fortunately it was possible because of the fact that the centurion had to remain for six days before going on.

V. 15. At Capua, the traveler would join the Appian Way, a road very famous for its antiquity and still in use after all these centuries. One of the Roman poets has described the road as "crowded with boatmen and inn-keepers and rogues." At Appii Forum Paul is greatly encouraged by meeting with a deputation of Christians who had come out to welcome him, and again at Three Taverns, a place ten miles nearer to the city.

**II. RECEPTION AT ROME, Ch. 28: 16-24, 30-31.**

V. 16. Paul's ambition was at last accomplished. His dream is fulfilled; and one would like to know a little more of the feeling and impressions which he must have had as he first entered this ancient city. Julius, the centurion, who had been his friend all along, in giving Paul into the custody of the Prætorian guard, no doubt made a favorable report, so that considerable freedom was accorded to the apostle. He had his own private lodging, though he was always chained to a soldier, so that in this way many of the guard came to know, not only Paul, but the message which he delivered. Paul was able thus to extend his influence quite widely. See Phil. 1: 7, 13.

V. 17. Paul was anxious to confer

## The Small Garden

The purpose of a garden is to obtain well-regulated color effects with flowering plants. The smaller garden, suitable to accommodate a large number of plants, must contain only those subjects among plants that have proven dependably hardy, fruitful, and of good habit. Any plant can be used effectively if placed in a congenial and suitable situation. Therefore, in choosing plants for the garden, usually an open place, it will be best to see that they are of the type that thrive and appear well in such a location.

The amateur is apt to be confused by the long array of names that constitute the tradesman's list. Latin names are generally used, which does not render the list any clearer to one unfamiliar with them. A number of native plants are listed with the garden perennials, often without being designated as such. These natives of woods and fields are not always at home in sunny gardens. If natives are to be grown, they will be happier if planted in specially prepared borders. For those native to the woodland, prepare a border along the shaded side of the house. A planting such as this, with a few ferns added, is the best solution to that difficult problem of what to plant on the shady side of the house. Quite a few of the wild plants found growing in the fields will thrive in the fields will thrive in the garden, but only a few are suitable.

Two natives frequently listed among garden perennials are the banberries, *Actæas rubrum*, and *spicata*. These are large-leaved, woodland plants, bearing modest white flowers which are followed by red or white berries. These plants are effective enough for ground cover in a place with a woody atmosphere, but they lose their substance when planted in the open gardens. They cannot compete successfully with the showy perennials, and can contribute little more than green foliage to the composition of the garden. The Solomon's seal, so charming on rocky, shaded, woodland ledges, will likewise appear ill at ease in the flower border.

There are some natives that make very effective material for the garden. The following will grow in either partial shade or open sun: *Oswego tea*, *Monarda didyma*, scarlet; *Phlox divaricata*, lavender; *Mertensia virginica*, lavender-blue; *Polemonium reptans*, blue; and the *Lobelia cardinalis* and *syphilitica*, scarlet and violet-blue. The *phlox*, *mercurialis*, and *polemonium* are very effective for spring bulb plantings. The *Monarda* and *lobelia* bloom in mid-summer. The butterfly weed, with its umbels of brilliant burnt-orange, demands sun, and blooms in July. The false dragon-head, *Physostegia virginica*, bears its pinkish bloom in June and July, and will tolerate partial shade. The spiderwort, *Tradescantia virginica*, has tripartite flowers of purple, very good in combination with *Hemerocallis* fava. Most of our garden phlox were derived from native species, and the *Phlox Drummondii*, *corporensis*, and so-called *calliopis* all hail from Texas. The golden-rod and *mulleth* of our fields are used in European gardens, but are not generally used for that purpose in their homeland.

**For Edgings**  
Certain rock-garden plants prove useful for edgings, but most of them require special conditions in order to attain their best growth. Plants that are a home in hill, pebbly, soil or in niches between boulders, do not find the rich, heavy soil of the garden to their liking. *Allyssum*, *Arabis*, *armeria* and some anemones will grow in the border and may be used with good results as edgings for plantings of early bulbs.

Among garden plants there are certain subjects too aggressive and robust for the smaller garden. Chief among these is the Japanese buckwheat. This plant makes a stout, shrub-like growth and spreads about with astounding rapidity. Its greenish-white flower possesses so little beauty that its plant is hardly worth contending with. The plume-poppy, *Boccacia cordata*, with its huge leaves and stalks had best be in a place large enough for it to develop and show its beauty of leaf form and creamy bloom. The plant is truly handsome in front of a shrubbery.

## Canada's Great Company in England



**LONDON BUILDING OF SUN LIFE**  
Impressive English headquarters of Canadian insurance company, adjoining Canada House, near Trafalgar Square. The new building was opened recently. This splendid building together with Canada House is a wonderful advertisement for Canada as the "heart of the Empire."

## Winter Aconite

One of the first flowers to break the monotony of winter with their cheery buttercup-yellow cups framed in quaint little frills of green leaves, are the winter aconites (*Eranthis hyemalis*), which do not seem to be as widely grown as they deserve. When picked with short stems and floated in shallow bowls of water, they make a charming and distinctive centerpiece for a dinner table.

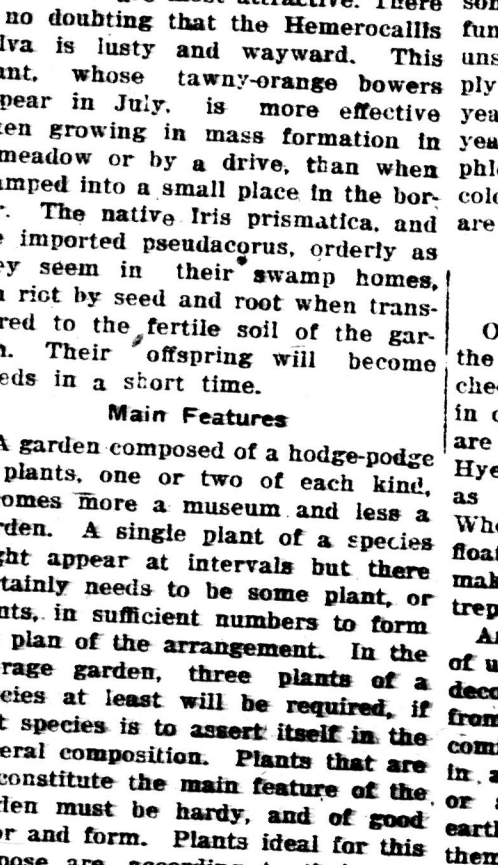
Another and more lasting method of utilizing them, however, for indoor decoration, is to lift a dozen or two from the open ground when they are coming into flower, and replant them in a large flat earthenware saucer, or shallow bowl, filled with sifted earth and a little sand, just covering them with soil, and putting them about two inches apart. A covering of moss improves the appearance of the bowl or saucer.

After flowering they may be replanted in the garden. When increasing the stock of winter aconites, the small tubers should be planted two inches deep and two inches apart in October, November, or December, in shady borders, beds or lawns.

Where space permits, it will be found convenient to have a trial garden. Here may be grown perennials from seed or cuttings, and plants for emergency and to supply cut flowers. If a quantity of flowers is needed in the house, it will be better for appearance of the garden if they can be taken from plants grown for that purpose. An emergency supply of plants proves most useful when some plant suddenly takes off, as they often do, without apparent cause. There is much to be gained in growing perennials from seed. A number of plants may be grown for the price of one nursery plant. Most perennials bloom the second year from seed, and many will bloom the first year, providing the seeds are sown in heat during February. The biennials, such as foxglove and Canterbury bells, are very easy to grow, and, since these bloom and die the second year, will have to be planted anew each year. They will self-seed abundantly if the seed capsules are not removed. These two, like primroses, will not tolerate water standing about them. The young plants of foxglove and Canter-

## Stylish ANETRE

Paris—New York



## JUNIOR SPORTS DRESS

A practical sports dress of modernistic printed jersey, with plain jersey turn-over collar, cuffs and patch pockets. The front of blouse forms a yoke effect by cutting along perforated line, in from armhole, and gathering lower edge, and joining to upper edge with piping of the plain jersey. The two-piece skirt has inset inverted plaits at each side of front, below patch pockets. It is most effective in flannel with ombre horizontal stripes, bright red kasha, navy blue wool crepe, cocoa brown homespun, bottle green velveteen, tweed in coppery red and printed sateen. Style No. 829 is designed in sizes 8, 10, 12 and 14 years. Pattern once 20c in stamps or coin (coin is preferred). Wrap coin carefully.

## HOW TO ORDER PATTERNS.

Write your name and address plainly, giving number and size of such patterns as you want. Enclose 20c in stamps or coin (coin preferred); wrap it carefully for each number and address your order to Wilson Pattern Service, 73 West Adelaide St., Toronto. Patterns sent by return mail.

## Sense of Honor

The sense of honor is of so fine and delicate a nature that it is only to be met with in minds which are naturally noble, or in such as have been cultivated by great examples or a refined education.—Addison.

## USE HAND SIGNALS

Use of hand signals to supplement automatic brake lights is a good rule.

Mother (coaxing Willie to sleep): "Remember, there is an angel guarding you."

Willie: "Don't be so conceited about yourself, mother!"

He: "I'm going to make you a cake."

She: "I'm going to make you a cake."

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## Sabbath in Water

Don't forget that the autumn, winter and spring are the seasons when fresh fruits and vegetables are most abundant. Our systems depend on them above all others. The ingredients contained in such foods, particularly the children.

Head lettuce, late planted (August), will keep for months if properly stored in the root-house. Cabbage, celery, rutabaga and late radish can also be stored for considerable periods. Fresh grown products can be secured at a nominal price the year round in most villages. Parsley will grow in a window box the year round.

Few well-set tables do not boast of at least one salad a day. It may be a vegetable salad, a fruit salad, or a combination of both. It may contain fish, meat, eggs, nuts, or a combination of two or three of these foods.

Almost any woman can prepare a salad that will meet with the approval of grown-ups, but it is a far more difficult matter to meet with the approval of children. Lettuce, tomatoes, celery and other salad ingredients do not please most children as they do adults.

Still, the children need the minerals, salts and vitamins of salads. Until they have learned to eat the foods mentioned, see to it that they get salads made from ingredients that they will relish. Sliced oranges and peanuts or the same fruit with popcorn, might do for a start. Raisins and oranges served with sauce made from powdered sugar, orange juice and whipped cream is something a little more "fancy." Mixtures of fruits of various kinds may be prepared and served on cold, crisp lettuce leaves. A tasty sauce poured over the whole will gradually induce the children to devour the flavored lettuce—and one more excellent food will thus have been added to their list of likes.

On a height of a few feet, the children are able to see to it that they get salads made from ingredients that they will relish. Sliced oranges and peanuts or the same fruit with popcorn, might do for a start. Raisins and oranges served with sauce made from powdered sugar, orange juice and whipped cream is something a little more "fancy." Mixtures of fruits of various kinds may be prepared and served on cold, crisp lettuce leaves. A tasty sauce poured over the whole will gradually induce the children to devour the flavored lettuce—and one more excellent food will thus have been added to their list of likes.



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## Hospital for Sick Children

Dear Mr. Editor: For some years this hospital for the children has been seriously cramped for space. A plan for the new building is now being completed. It will be a fine addition to the city and will be a great benefit to the children of this city.

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