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FOR SALE OR RENT-two barns. One wagon. Apply to Mrs. Eaid, Iar-

FOR SALE - Quantity of stove wood at \$2 up to \$3 per cord at the

ticulars apply Box 46X, Caledonia.

FOR SALE-Good Holstein cow, 6 years old, freshen soon; also fifteen shoats. Apply H. J. Butcher, Nanti-

ner of Norfolk County. Good in ev- that there is something wrong with ery way. Must be sold at once. L. their bodies, something not perhaps B. Jacques, Star Garage, Simcoe.

WANTED-Hear from owner of good Farm for sale. Cash price, grow prematurely old. particulars. D. F. Bush, Minneapolis, Minn.

sonable. Apply at Record Office.

in Township of Seneca. County of food and continue to have health. Haldimand; equipped; in good state of cultivation. Near Canfield. Apply to Henry Wolfe, RR 4 Canfield, well-being that comes to those who

DUCKS FOR SALE- Pure bred gienic living. imported Rouen ducks, extra large, weigh from 8 to 10 lbs. when mature. Drakes \$2; trio, drake and 2 ducks, \$5. Apply to C. M. Field, RR 2, Nanticoke; phone 1-31.

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HEALTH SERVICE CANADIAN MEDICAL ASSIN

BEALTH

ing to words which we use every day. One of these words is "Health." We say that we are healthy and yet. when asked to explain what we mean we likely find it almost impossible to put our meaning into words.

In the first place, when we are monest idea of health. As long as an individual goes about his work and does not complain, he is thought of as healthy.

As a matter of fact, such people are bush. L. R. Dougherty; telephone not necessarily healthy in anything 48p like the full meaning of the word. Freedom from actual disease is de-FARM FOR SALE- 140 acres on sirable, but health is far more than Highway near Caledonia. Good fences that. Health is something positive, and buildings. Possession arranged, something that brings happiness to spring or fall. Easy terms. For par- us. The person with health faces the day's work with confidence, finds a pleasure in his occupation, is able to do better work, and can fully enjoy the hours of relaxation.

It is surprising the number of people who spend a more or less miser-NURSING WANTED- Apply to able life, unable to accomplish the Mrs. Wickham, co Charles Powell things of which they are capable because they have not health. These same people are surprised when, on DRIVING MARE—The prize win- a medidal examination, they learn serious enough to cause death, but sufficient to handicap them in their daily life and, perhaps, to make them

Again, there are these who miss the happiness that comes with health FOR SALE-Practically new, dou- and yet are free from any physical ble-barrel Stevens shotgun. Price rea- blemish. These are the people who are not following the simple rules of hygienic living. We cannot rob our FARM FOR SALT-200 acre farm bodies of rest, fresh air or proper

Health is a condition of physical 52 are free from physical defects and who follow the simple rules of hy-

Questions concerning Health, addressed to the Canadian Medical Association, 184 College St., Toronto, will be answered. Questions as to diagnosis and treatment will not be answered.

> Alex. G. Glass Expert Piene Tuning

1260 KING ST. E., HAMILTON

Falls' February Sale

Pebruary is Known in Falls' Store as a Month of Opportunities—The Way is Made Easy for Shoppers to Save Substantially—Every Day New Goods and Every Day More Economies-These Offerings are Unexcelled - These Items Picked at Randum From Hundreds of Others

The Prices of Men's and Boys' Clothing Has Dropped, But the Quality of Clothing is Still Up to the High Level. That Has Been a Tradition of This Store For Many Years

Saturday morning the finest Men's Suits in the Store and they are fine Suits—and they have two (2) pairs of trousers and are worth \$35.00. Heavy weight navy serge and fine heavy Grey Worsted. New Suits, hot from the needle. February Sale \$29.00

HERE'S ANOTHER FEBRUARY SALE VALUE

And it's not caused by either the weather or business conditions. It's a once-a-year event. Men's Suits in fancy worsted, fine tweeds, good quality and weight, pure wool navy serges and grey clay serge. In all sizes. Worth \$25.00. February Sale\$19.00

EXTRAORDINARY FEBRUARY SALE OF MEN'S OVERCOATS The Dollar-wise Public Will Appreci-

ate This Offering-Choice \$15 Brand New Overcoats - many of them intended to sell at twice the price. Every coat a smart new plaid back model. one-quarter lined and interlined with satin. From the cut of the shoulders to the sewing on the buttonholes these coats are high-class, smartest of the double-breast box models. All sizes but not in every style. Falls February Sale. Choice\$15.00 nap.

Nowhere Else can you buy Men's and Young Men's Suits like these for \$12.50 We are "close up" with the maker of them and he "did" something unusual for us for our February Sale. Really good looking and good wearing Suits, in neat patterns of medium and darker tweeds. In all sizes. February Sale at\$12.50

Men's Fine Pyjamas and Night Shirts From English Flannelette

The Pyjamas are from fancy awning striped English Flannelette. Liberally cut, neatly finished. Size 36 to

The Gowns are of a good serviceable flannelette, well made and liberally cut. Sizes 34 to 44. Sale price\$1.33

Our Regular Suppliers Sent These Silk Bloomers For Our Annual February Sale-97c a Pair

Every pair perfect. Every pair guaranteed, in 7 newest colors, Small, Medium and Large sizes. All liberally cut. See these Bloomers and you will quickly realize the bargain. Buy them in twos and threes as we do not hope to duplicate the offering.

WHITE SAXONY FLANNELETTE

In the February Sale—14c Yard It's an important event when Flannelette of this quality is ticketed at the above price. 300 yards only are going. Nice medium weight with soft, warm

THE STORE OF COMPLETE CORSETRY All Corsets will be offered at LOWERED PRICES during the sale-"Nemo-Flex," "Gossard" and other lines. Our Corset Department will display a smart and "up-to-the-minute array of strikingly beautiful foundation garments expressing the latest thought in correct corsetry for every figure ty Mrs. Helen Wark in charge.

Special February Offerings From The **Dress Goods Department**

-All pure Silk Georgette, firm, serviceable cloth. 12 of the newest Spring shades. Values \$1.15 yard. February ity, 16 different shades. A \$2.00 quality. February Sale price, yard. \$1.55 -Novelty Imported Homespun, in fancy checks and plaids, etc., 54" wide.

Pure Wool and a \$2.00 value February Sale price, yard\$1.47 -200 Dress Lengths in a clearance. Choice \$1.19 yard, including Santoy, Charmeen, Melrose, Ottoman Cords, etc., in most popular shades. All the

same price, yard\$1.19 -Printed Crepes and Foulards, 36" wide, in desirable patterns, (short lengths). Values up to \$3.00. All one price, yard\$1.50

The February Sale Brings Astonishing Values in Fine Fur Coats

Every garment this season's model. Fine peltries, fine linings, fine workmanship; Hudson Seal (dyed Muskrat), Persian Lamb, Grey Lamb, Natural Muskrat, Silver Muskrat, French Seal

WINTER COATS Beautiful Beyond the Price-Not One of Them Should be Marked Less Than \$25.00—Several \$30 and \$35 Coats in the Lot

Needle Point, Venise, Dew-mere, and Chamvesaline. Richly and warmly lined. All are smartly trimmed with fur. Choice\$19.00

\$5.00 is the price we have put on a lot of warm Winter Coats for Misses and Women. Part of these other season's styles. Pretty good lot of coats they are

CHILDREN'S AND MISSES DRESS-ES, NIGHTIES AND PYJAMAS

Children's Dresses — Better quality Gingham Dresses, up to 6 year size in Pantee style, 6 to 14 year Dress style only. A regular \$1.25 line. February Play Dresses A splendid "Save the

better one" Dress, made of strong cotton Flannel, Green, Blue, Red and Navy, contrast plaid trim. Misses sizes only.. February Sale 59c Nighties and Pyjamas — Children's

sizes only, 2 to 14 years. Crepes, Dimities, etc., broken lines. February Sale, **OUR GREATEST FEBRUARY SALE OF DRESSES OPENS SATURDAY**

Sizes 14 Misses to Women's 46—Several Specials—Many New Frocks in Styles That Have Not Been Shown Before Advance showing of Spring Dresses with all the new touches-Heavy Fugi

Silk-In Blue, Peach, Green, White, etc. Many different styles. Sizes 14 to 20. February Sale Price\$2.95 New Fugi Silk Dresses with pleated skirts and inverted plaits with tucking on waist, convertible collar, kimona or set-in sleeve. In Peach, Sand, Green,

In this group there are 15 styles and almost as many colors. Women and Juniors' sizes and styles. In Silk Flat Crepe. Dresses that would do justice to

5 GROUPS OF LARGER WOMEN'S DRESSES—SIZES 40, 42, 41 AND 46 Large Choice of Desirable Models and Colors

						1	2
Group	1-Worth	\$12.00 .	February	Sale	 	 	\$ 9.50
Group	2—Worth	\$15.00.	February	Sale	 	 	\$12.50
Group	3-Worth	\$18.00.	February	Sale	 	 	\$14.50
Group	4-Worth	\$25.00.	February	Sale	 	 	\$19.00
Group	5-Worth	\$35.00.	February	Sale	 		\$25.00

FALLS' DEPARTMENT STORE

Can you imagine a span of a thousand million years color, in their preservation of game and wild creators of so? If you can, try to picture to yourself the tures, and in their possession of great virginal forests place where the Rocky Mountains now stand, with and vast regions as yet unexplored. their snow-crowned peaks towering into the sky, at the bottommost depths of an inland sea.

Do you know how the Rockies were formed? By

and folded and lifted high in the air? It is a most interesting story that geology tells us concerning the formation of this gigantic range through Railway. the ages-acons before the human race dwelt upon the earth, and only one of the many other fascinating things that one learns about one's own land, in "Pic- Yard, Zane Grey, Mary Roberts Rinehart, Henry Van turesque America," a de-luxe volume, superbly illus- Dyke, Charles Lummis, Arthur Stringer, Mary Carolyn trated with 500 photographs and charmingly written, Davies, and J. B. Harkin have contributed to this vol-

and Playgrounds of America," New York. ada, that this book, which describes so clearly and added a complete index and bibliography. Hence bewell, the wonders and beauties of the parks and beauty sides the charm of the book it is invaluable as one of spots of North America, should give over more than reference. It would seem that its purpose—to make one-quarter of its space to Cauada's great playground, better known and thus better appreciated the scenic Yet it cannot but be recognized that her parks are marvels of America's wonderlands, must anique in their magnificence of form and beauty of plished.

The National Parks of Canada are 14 in number and

range in area from a few square miles to 4,000 square what Titanic forces these great masses were crumbled miles. For the most part they are found in the western part of the country; while the three most beautiful Rocky Mountain parks, Banf Juho and Glacier, lie along the main line of the Can, dan Pacific

Many well-known writers, such as Robert Sterling which has been published recently by "The Resorts ume, which maintains a high standard of literary quality throughout. Verses of nature by equally well-It is a compliment, and not one undeserved, to Can-known poets are scattered throughout, and there is