

HOW DELICATE GIRLS ARE MADE STRONG

Rich, Red Blood Needed to Keep Up Their Vitality.

It should be borne in mind that pale, bloodless girls need plenty of nourishment, plenty of sleep and regular out-of-door exercise. But a lack of appetite and tired, aching limbs tend to hinder progress. To save the weak, thin-blooded sufferer, she must have new, rich blood, and nothing meets a case of this kind so well as Dr. Williams' Pink Pills. These pills not only enrich and increase the blood supply, they help the appetite and aid digestion, relieve the weary back and limbs, thus bringing new health and strength and transforming anaemic girls and women into cheerful, happy people.

The value of Dr. Williams' Pink Pills in the case of anaemic girls is proved by the case of Miss Lucy Stoddard, Margareville, N.S., who says: "From the age of 12 to 15, I was in an anaemic condition. I was very thin and nervous, had no appetite and had no desire to take part in the doings of those of my age. My mother got me a bottle of Dr. Williams' Pink Pills for a time I felt an altogether different girl. I got up in the morning feeling bright and active, and ready for work or play. Since then I have always taken a couple of boxes of Dr. Williams' Pink Pills in the spring as a tonic and have thus kept in the best of condition."

Every weak girl should promptly follow the example of Miss Stoddard, feeling sure that the pills will renew her health. You can get the pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The worst thing about wisdom is that it can only be acquired on the installment plan.

A professor claims to have found 200,000 useless words in the dictionary. He could have counted ten times that number in Hansard.

A man is the only animal that can remain on friendly terms with the victims he intends to eat until he eats them.—Samuel Butler.

Canada's Broad-Fronted Advance

Varied Resources Spell Diversity in Avenues of Business Growth

Seldom has Canada's business outlook shown such a volte-face as has occurred in the last few years. Six years ago the Dominion struggled in the depths of depression. To-day prosperity is at a high level, and the year 1927 has been authoritatively labelled as "the most expansive year in business enterprise that this country has ever known."

Many factors have had a hand in this about-turn—the improvement of world conditions; the series of good crop years; the re-adjustment of prices; the capacity shown by the Canadian people in the face of adversity.

But, back of all these, the Dominion's business recovery has had the inestimable benefit of one special advantage. The Canadian people have been in the fortunate position of possessing a country with great undeveloped resources. They have not, in the same degree as the people of older countries, been compelled to wait and rely upon the revival of old-established industry and trade. They have been able to turn to undeveloped resources and to speed up the return to prosperity by the creation of new industries, new production and new trade.

Much has been said of the extent of Canada's resources but it has probably been their variety, as distinct from their sheer extent, that has stood the country in greatest stead. New development has been versatile and widely diffused, not confined to one or two lines. And Canadian business has enjoyed a great, cumulative stream of fresh strength drawn from many different sources—from growth in forest industry, in water-power development, in mining, and in tourist trade which is largely attributable to the Dominion's scenic and other recreational resources.

While the comparative figures, for 1922 and 1927, of mining output, installed water-power, newsprint production and tourist revenue cover only four fields, they serve at least to suggest what a powerful and versatile impetus Canadian business has derived in the last few years from the extension of natural resources development.

Lindy is going over good as a writer, since he never lacks for atmosphere.



MINISTERS CANADIANS AT WASHINGTON

Sir Robert Borden the wartime prime minister of Canada and Hon. Vincent Massey, Canadian Minister to the United States, departing from the White House after visiting President Coolidge.

MANY MOTHERS RECOMMEND THEM

Baby's Own Tablets Are Fine for Nervous, Sleepless Children.

From Canada the fame of Baby's Own Tablets is spreading over the world. Mothers recommend them to other mothers and wherever they are tried nothing but words of praise are heard for these pleasant tasting little tablets that promptly relieve the minor ailments of young children.

"Baby's Own Tablets are one of the best remedies for children's ailments I have ever used," says Mrs. Arthur T. Allen, of Auburn, Me. "My little girl was nervous and could not sleep. I tried the Tablets and she was relieved at once. She was also troubled with constipation and nothing seemed to help her. I had used the Tablets but a short time before her bowels were regular. All mothers should keep Baby's Own Tablets in the house for they are a valuable remedy."

Baby's Own Tablets are sold by all druggists or will be mailed on receipt of price, 25 cents per box, by The Dr. Williams' Medicine Co., Brockville, Ont.

Cosgrave Enters Dublin in Triumph

Free State President Receives

an Ovation as Guns Roar a Salute

City Lavishly Decorated

Dublin.—President William T. Cosgrave, returning from a tour of Canada and the United States, came home on Saturday after a boisterous crossing, amid the booming salute of cannon and the cheers of thousands. A fleet of airplanes met his ship at sea and escorted it to the Kingstown Pier, where a salute of nineteen guns rang out.

His triumphant entrance into Dublin was made by the ancient southern gateway on Leeson Street, where Queen Victoria was once received on a visit to Ireland. Here a mounted guard of honor clattered out and led the procession of thousands of torch-bearers, who, with hands and banners, escorted the President to the Gresham Hotel.

The whole city was lavishly decorated with flags and bunting and brilliantly illuminated. Throughout the evening airplanes circled overhead. Later the throngs saw a fireworks display, which was part of the homecoming welcome.

President Cosgrave delivered a speech at the hotel which was broadcast throughout the Free State, enabling citizens in the most distant parts to share in the enthusiasm of the capital.

In the course of his speech he said America had received him as representing the Irish Free State with dignity, courtesy, generosity and hospitality. He brought back a message of peace and of abiding affection for Ireland, which had a warm place in America's heart.

"God bless the people of America—Canada and the United States!" he exclaimed.

Delegates attending the National Shoe Retailers' convention in Chicago gave Mayor Thompson ten pairs of shoes. It is reported that some same-joker slipped a pair of Oxford into the lot.—Arkansas Gazette.

ON MARRYING YOUNG

Advising cadets at the Royal Military College, Aldershot, England, not to be in a hurry about getting married, a British General, Sir Webb Gillman, condensed his argument into a notable phrase. "If you enter into matrimony," he said, "you will find your freedom of maneuver is cramped." There are married men who will regard this as a perfect example of the rhetorical power of understatement. It will be noticed that the General used no weasel words. He did not say "if you enter into matrimony young," but "if you enter into matrimony." Doubtless cynics will be ready to move to strike out the word "if" and insert in lieu thereof "when," but a sober world should pay no attention to the suggestion.

There can be no debate as to the general truth of this British warrior's major premise; the assailable point in his syllogism lies in the minor premise that it is not good for a young man to find his freedom of maneuver cramped. A good many veterans can be found to testify to their regret that their own was not cramped a few years sooner than actually was the case.

A youth of skill and invention need not despair, even when hymeneal chaplets turn to fetters of steel. It is astonishing what opportunities for maneuvering within the state of matrimony a person of ingenuity can discover. To maintain a reasonably happy home, to keep the bills paid, to get out to lodge now and then, to enjoy a few golfing week-ends without hard feelings in the domestic circle, perhaps to scale the rare peak of bliss which comes of having the Missus cheerful as she pours midnight coffee for the gang when it has dropped in for an evening of penny ante—all of this requires proficiency in the art which even a General might envy. In comparison with those of a maritally disciplined adept, how puny and amateurish are the ordinary bachelor's clumsy maneuverings!

So far as it applies specifically to cadets, Sir Webb's advice is sound. A household dependent for subsistence upon a young army officer's pay will keep the bridegroom so busy maneuvering to preserve things going from one pay cheque to the next that he will have little opportunity to give much attention to anything else. Even in civilian life with the cost of beef-steaks and ginger ale so high, the couple who start out to build a home on nothing but hope, health and half-pence will find frequent occasion to ponder over the ancient maxim about the proneness of love to depart by the window when poverty stalks in through the door. All of which only means that about the same proportion of men will marry young as always has and, of these, about the same proportion will make a go of matrimony. Minard's Liniment for asthma.

"I simply can't stand the foot of an auto horn." "How's that?" "A fellow clogged with my wife in an automobile, and every time I hear an auto horn I think he's bringing her back."

ASTHMA Successfully Relieved

Use Dr. Gullid's Green Mountain Asthma Compound. Originated by Dr. J. H. Gullid, specialist in respiratory affections. Quickly relieves the distressing torments that cause suffering and loss of sleep. Two sizes, \$2.50 and \$5.00. Also cigarettes (box of 24, 60c) at your druggist or sent direct postpaid for cash. FREE TRIAL box (6 cigarettes) with authoritative treatise on causes and treatment sent on request. J. H. GULLID CO., Dept. 22, Rupert, Vt., U.S.A. Distrib. for Can.: Lyman's Ltd., 222 St. Paul St., Montreal.

RED ROSE TEA

is good tea
Red Rose Orange Pekoe
is supreme

In clear, bright Aluminum.

The Verdict.

A well-known actor-manager saw an advertisement in a paper inserted by an agent who wanted a man to play leads in a touring company.

The man, the advertisement stated, must look like the famous actor-manager, and be able to give an impersonation of him. For the fun of the thing, he called at the agent's address in answer to the advertisement.

When he reached the office, it was crowded and the advertiser was walking down the long line, considering each applicant with the utmost care. Presently he reached the "star."

"No use considering you," he said, "you're not the type."

Woodmen—Keep Minard's handy.

Scientists claim that man's cycle of life will soon be increased to 100 years, which will be a great boon to the instalment business.

The BABY



Why do so many, many babies of today escape all the little fretful spells and infantile ailments that used to worry mothers through the day, and keep them up half the night? If you don't know the answer, you haven't discovered pure, harmless Castoria. It is sweet to the taste, and sweet in the little stomach. And its gentle influence seems felt all through the tiny system. Not even a distasteful dose of castor oil does so much good.

Fletcher's Castoria is purely vegetable, so you may give it freely, at first sign of colic; or constipation; or diarrhea. Or those many times when you just don't know what is the matter. For real sickness, call the doctor. Always. At other times, a few drops of Fletcher's Castoria. The doctor often tells you to do just that; and always says Fletcher's. Other preparations may be just as pure, just as free from dangerous drugs, but why experiment? Besides, the book on care and feeding of babies that comes with Fletcher's Castoria is worth its weight in gold!



ASPIRIN

The whole world knows Aspirin as an effective antidote for pain. But it's just as important to know that there is only one genuine Aspirin. The name Bayer is on every tablet, and on the box. If the name Bayer appears, it's genuine; and if it doesn't, it is not! Headaches are dispelled by Aspirin. So are colds, and the pain that goes with them; even neuralgia, neuritis, and rheumatism promptly relieved. Get Aspirin—at any drugstore—with proven directions.

Physicians prescribe Aspirin; it does NOT affect the heart.

Aspirin is the trade mark (registered in Canada) indicating Bayer manufacture. While it is well known that Aspirin means Bayer manufacture, to assure the public against imitation, the Tablets will be stamped with their "Bayer Cross" trademark.

High School Boards and Boards of Education
Are authorized by law to establish

INDUSTRIAL, TECHNICAL AND ART SCHOOLS
With the approval of the Minister of Education.

DAY AND EVENING CLASSES
may be conducted in accordance with the regulations issued by the Department of Education.

THEORETICAL AND PRACTICAL INSTRUCTION
is given in various trades. The schools and classes are under the direction of AN ADVISORY COMMITTEE.

Application for attendance should be made to the Principal of the school.

COMMERCIAL SUBJECTS, MANUAL TRAINING, HOUSEHOLD SCIENCE AND AGRICULTURE AND HORTICULTURE are provided for in the Courses of Study in Public, Separate, Continuation and High Schools, Collegiate Institutes, Vocational Schools and Departments. Copies of the Regulations issued by the Minister of Education may be obtained from the Deputy Minister, Parliament Buildings, Toronto.

APPLICATIONS
Are Filled As Far As Possible in the Order in Which They Are Received

ONTARIO DEPARTMENT OF AGRICULTURE
Offering Annual Work Are Invariably Given the Preference

Farm Help Supplied

The Colonization and Immigration Branch of the Department of Agriculture for Ontario will have available a number of Experienced Married Men With Their Wives and Families—Married Couples Without Children—also Single Men.

Farmers requiring help will be well advised to make early application to

Geo. A. Elliot
Director of Colonization
Parliament Bldg., Toronto, Ont.

File Your Application at Once

All Men Placed Subject to Trial Period

HON. JOHN S. MARTIN, Minister of Agriculture

Acid Stomach

Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its invention.

One spoonful of Phillips' Milk of Magnesia neutralizes instantly many times its volume in acid. It is harmless and tasteless and its action is quick. You will never rely on crude methods, never continue to suffer, when you learn how quickly, how pleasantly this premier method acts. Please let it show you—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

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MAKE BETTER HOME MADE BREAD

Iron Bain

H. Harrison

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for objects

your brain

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