

RADIOS
of Batteryless

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Assam tea are known by experts as the finest tea grown—a fact which explains why Red Rose Orange Pekoe has become so deservedly popular in Canada. For Red Rose Orange Pekoe is chiefly composed of Assam tea, which accounts for its distinctive quality and value. Every package guaranteed.

The BABY



No mother in this enlightened age would give her baby something she did not know was perfectly harmless, especially when a few drops of plain Castoria will right a baby's stomach and end almost any little ill. Frivolous and fever, too; it seems no time until everything is serene. That's the beauty of Castoria; its gentle influence seems just what is needed. It does all that castor oil might accomplish, without shock to the system. Without the evil taste. It's delicious! Being purely vegetable, you can give it as often as there's a sign of colic; constipation; diarrhea; or need to aid sound, natural sleep. Just one warning: it is genuine Fletcher's Castoria that physicians recommend. Other preparations may be just as free from all doubtful drugs, but no child of this writer's is going to test them! Besides, the book on care and feeding of babies that comes with Fletcher's Castoria is worth its weight in gold.

Children Cry for
Fletcher's
CASTORIA

GOVERNORS
...of the...
...St. Catharines, Ont.

Brantford
Wonder Concrete Mixer
...with...
...St. Catharines, Ont.

Cold Relieved or Money Back
...with...
...St. Catharines, Ont.

Hotel Knickerbocker
ATLANTIC CITY
SPECIAL RATES AND FEATURES...
...St. Catharines, Ont.

New Uses For Cottonseed

Cotton growers were not altogether credulous when at the close of the nineteenth century the conviction was expressed that the cotton seed industry had only got a fair start. Had not the crop in the year 1939 amounted to 4,000,000 tons, at an average value of \$15 a ton? Scarcely more could be expected from material that but lately had been despised as a by-product of small worth. There were undiscovered possibilities in cottonseed; all that was needed was to find all its uses. Progress has been made rapidly in this direction, and cottonseed's annual contribution to the national resources is now put at \$500,000,000. Last year more than 6,000,000 tons were crushed, yielding almost 2,000,000 pounds of crude oil, 3,500,000 barrels of refined oil, almost 2,000,000 tons of cake and meal, almost 2,000,000 tons of hulls and more than 1,000,000 bales of hesters of 500 pounds each. Cottonseed and its by-products are put to many uses. The hesters go into batting, wadding, stuffings for pads, cushions, comforts, horse collars, mattresses and upholstery. They are mixed with shoddy and with wool for making hats, fleece-lined clothing, felt and low-grade yarns. They enter into the manufacture of lamp and candle wicks, twine, rope, carpets, writing paper, explosives, varnishes, artificial silk and leather and photograph films. The hulls of cottonseed are used as feed, fertilizer, fuel, a basis for explosives and a source of potash. Fertilizer and animal feed are also made out of the cake and meal.

No Trick. Good writing is not a trick. It is a result of genius or talent plus hard work.—John Farrar in *The Bookman*.

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Tourist Third Cabin
Perfect comfort—low cost. Big Ships, famous for cuisine, luxurious appointments, service and satisfaction.
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NEW STRENGTH FOR ALL WEAK GIRLS

Comes From the Rich, Red Blood Made by Dr. Williams' Pink Pills.

There must be no guesswork in the treatment of pale, anemic girls and children. If your daughter is languid, has a pale, sallow complexion, is short of breath after slight exertion or on going up stairs, if she has palpitation of the heart, a poor appetite, or a tendency to faint, she has anemia—the medical name for poverty of the blood. Any delay in treatment may leave her weak and sickly for the rest of her life. When the blood in this and watery give Dr. Williams' Pink Pills, coupled with nourishing food and gentle out-of-door exercise. The new, life-giving blood which comes from a fair use of Dr. Williams' Pink Pills, increases the appetite, stimulates the nerves and brings a glow of health to pale cheeks. Mrs. Robert Jackson, R.R. No. 5, Shelburne, Ont., praises this medicine for restoring her daughter's health. She says:—"When my daughter was nine years old she was so weak and thin that we feared she would lose her. She was very nervous, and going to school seemed too-much for her. Often she would have to stay at home for days at a time. At times she would have a very high fever, and the doctor's treatment did not help her. I tried several remedies, but with no good results. One day a friend advised me to give her Dr. Williams' Pink Pills, and I did so. It was not long after she began taking the pills that I could see a change for the better. She kept on taking the pills for several months and through them grew into a strong, healthy girl. Since then, if a tonic has been needed at any time, it has always been Dr. Williams' Pink Pills." The pills are sold by all medicine dealers or will be sent by mail at 50 cents a box by The Dr. Williams' Medicine Co., Brockville, Ont.

Sauce For The Goose
A cook is known by the sauces she can make, in the opinion of Clara Ingram Judson, editor of the *Kitchen of "Child Life Magazine"*. Sauces are particularly useful at this time of year. Food begins to taste all alike at the tag end of winter, and sauces come in very handy in conjuring up that "different" taste. Mrs. Judson is writing for youthful cooks, but her recipes and directions will prove equally valuable to those who are a few years older. Here is her recipe for a mushroom sauce that will make even that old standby, meatballs, into a new dish: "Wash and cut into lengthwise slices enough mushrooms to make 1 cupful. Melt 1/2 tablespoonful of butter in a saucepan. Add the mushrooms, cover tightly and cook slowly for three minutes. Increase the heat, slightly and cook for five minutes, stirring twice to prevent sticking. Remove the cover and add 1 tablespoonful of flour and 1/2 teaspoonful of salt. Stir gently till the flour is well blended with the mushrooms and cook smooth. Measure 1 cupful of milk and add it gradually to the mushrooms, stirring all the while and cooking slowly till the whole becomes a smooth, creamy sauce. Pour around the meat balls which have been taken up on a hot platter." For puddings, try this sweet sauce: Into a sauce pan put 2/3 cupful of brown sugar, 1 cupful water, 1 tiny pinch of salt. Bring to a boil and boil for 3 minutes. Dissolve 1 teaspoonful of cornstarch in 1 tablespoonful of cold water. Stir into the syrup and boil for two minutes. Add 2 tablespoonfuls butter and 1/2 teaspoonful vanilla extract. Stir in and serve hot."

Care of the Child
Wisdom, patience and love must ever be the principles on which successful work for children is built, writes J. J. Kelso. The delinquent child should be regarded as a sick child, more in need of kindness and care than scolding and punishment. This is not a new thought, it has been persistently advocated for thirty years, and is today being popularly recognized as never before. The result has been the creation of Juvenile Courts, Big Brothers, Boy Scouts, Fresh Air Camps, and a hundred other social activities, but notwithstanding all these it is still the home and the parents who must be held responsible for the failure of children to lead an orderly and useful life. There are occasions when punishment is necessary, especially for repeated wrongdoing, but this calls for careful judgment and discrimination. The unparalleled freedom of to-day and the excitements of modern life should be remembered when complaint is made of youthful delinquencies.

The Sewing
The buried stones Lay white as bones, And screamed at the share That harried there. Overhead a crow Wove to and fro. The horses were wet With matted sweat, And the wind blew dust In swirls of rust Like a plague of flies In the plowman's eyes. Yet out of those lines Of furrowed pain, In its due time Rose the "braggart grain."—Elizabeth Coatsworth in *The Bookman*. We often wonder why they are called the secrets of success. Everybody is always telling them to everybody else.—Grand Rapids Press.

Colic.
Mix Minard's well with Molasses and use as a crutch. Gives quick relief.

MINARD'S
"KING OF PAIN"
LINIMENT
...St. Catharines, Ont.

Wilson Publishing Company



A SMART ONE-PIECE FROCK OF SLENDERIZING LINES.
Modish distinction is achieved by this smart one-piece frock. In View A contrasting material is effectively used for the plated front panel, vestee, bands finishing the long dart-fitted sleeves, and laps on the set-in pockets. View B illustrates the frock fashioned of one material having the front of the bodice and lower edge of the loose sleeves simply bound, while a narrow belt across the plain back completes this chic frock No. 1551 in sizes 38, 40, 42, 44, 46 and 48 inches bust. View A, size 40, requires 3 1/2 yards 39-inch material, and 3/4 yard contrasting. View B, size 40, requires 4 1/2 yards 39-inch material, or 2 1/2 yards 54-inch. Price 20c the pattern.

MARCH WEATHER DANGEROUS TO BABY
Our Canadian March weather—one day bright, but sloppy, the next blustery and cold—is extremely hard on children. Conditions make it necessary for the mother to keep the little ones indoors. They are often confined to overheated, badly ventilated rooms and catch colds which rack their whole system. To guard against these colds and to keep the baby well till the better, brighter days come along, a box of Baby's Own Tablets should be kept in the house and an occasional dose given the baby to keep his stomach and bowels working regularly. The Tablets are a mild but thorough laxative which never fail to regulate the stomach and bowels and thus they relieve colds and simple fevers and keep the baby fit. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Sowing
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Mix Minard's well with Molasses and use as a crutch. Gives quick relief.

MINARD'S
"KING OF PAIN"
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...St. Catharines, Ont.

RED ROSE TEA is good tea
Red Rose Orange Pekoe is the finest tea in the best package—Aluminum

The Mounties Help Keep Ontario Safe

The R.N.W. Police Handle Nearly Four Thousand Cases in Past Year
Ottawa—The work of policing the plains no longer engages the complete attention of the Royal Northwest Mounted Police. Statistics respecting their activities in Ontario which the annual report of the organization sets forth that during the past year, 3,757 cases were handled in this province.

In Western Ontario, which is the district in which Toronto is located, the number of cases handled was 722, as compared with 608 in 1928, an increase of 18.75 per cent. Some 294 convictions were secured, as compared with 185 a year ago, an increase of 59 per cent. Additional work which the force carried out in the district consisted of 2,716 investigations upon behalf of the department of the Secretary of State of applicants for naturalization.

The report refers to the fight against the drug traffic which is being carried on in Ontario, and expresses the belief that some important captures were effected during the past year. It expresses the opinion, however, that the drug habit is probably more prevalent than is generally realized. "I would not like to estimate," the Western Ontario inspector writes, "the number of addicts in my territory. It is, I am afraid, larger than is suspected."

Talks of Diamonds From "Heat" Machine
Paris.—The European diamond industry is awaiting with anxious interest the outcome of the final experiments of James Basset, French engineer, who has just announced the making of a machine with which it may be possible to manufacture synthetic diamonds directly from ordinary carbon. After several years of intensive study, Basset has constructed a simple machine which, he says, is capable of producing 50,000 pounds of pressure and heat as intense as 3,500 degrees. Geologists, according to Basset, have a well-founded theory that the formation of diamonds by nature takes place when carbon encounters 1,000 or more degrees of heat and a pressure of 20,000 or more pounds. These, Basset believes, are conditions under which nature creates the most precious stones. Working along this line of reasoning, the engineer has developed a machine to produce a much greater heat intensity and pressure. Basset hopes to found a laboratory of "super-pressure." If synthetic diamonds result from his work, he feels, so much the better. He anticipates that the application of his heat and pressure theory to other minerals will result in startling discoveries. N.Y. Times.

A railroad appoints a florist to beautify with flowers. New let it appoint an official burglar to jimmy open the car windows.—Dallas News.



What most people call indigestion is usually excess acid in the stomach. The food has soured. The instant remedy is an alkali which neutralizes acids. But don't use crude helps. Use what your doctor would advise. The best help is Phillips' Milk of Magnesia. For the 50 years since its invention it has remained standard with physicians. You will find nothing else so quick in its effect, so harmless, so efficient.

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Save on Bags, Teaming, Labor.
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A thick, even, heavy spread of galvanizing over every inch of surface. Deep corrugations. Agencies still open in some localities. Write us, stating size of barn you want to cover. WE PAY FREIGHT
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PAINS ALL OVER BODY
Two More Cases of Feminine Illness Relieved by Lydia E. Pinkham's Vegetable Compound
Barrington, N. S.—"I had terrible feelings, headaches, back and side aches and pains all over my body. I would have to go to bed every month and nothing would do me good. My husband and my father did my work for me, as I have two children and we have quite a big garden. I read in the paper about Lydia E. Pinkham's Vegetable Compound, and then got a little book about it through the mail, and my husband sent to Eaton's and got me a bottle, and then we got more from the store. I am feeling fine now and do all my work and am able to go out around more. I tell my friends it is Lydia E. Pinkham's Vegetable Compound that makes me feel so well."—Mrs. VICTOR RICHARDSON, Barrington, Nova Scotia.

Dull Pains in Back
St. Thomas, Ont.—"I took four bottles of Lydia E. Pinkham's Vegetable Compound and found great relief from the dull, heavy pains in the small of my back and the weakness from which I suffered for five years after my boy was born. After taking the Vegetable Compound and using Lydia E. Pinkham's Sensitive Wash I am feeling better than I have for the past seven years, and advise my friends to take it."—Mrs. F. JOHNSON, 49 Moore Street, St. Thomas, Ont. C

Indigestion
One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate, with no bad after-effects. Once you learn this fact, you will never deal with excess acid in the crude ways. Go learn—now—why this method is supreme. Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.