#### WERS nd TABLES

nt Vegetable.

D. 13

ost convenient vegewill do well in alrom cow fodder of ago they have dedispensible stand-by arrots can be planta few weeks right of July. The seed about half an inch inch apart, and in the roots have deto use as baby cary other one. There and late sorts, and sown according to ey must be grown esults, and on this fertilizer such as ould be used. Begin on as they are big d keep this up right

Peonles.

her perennials, are ed with the result soft and very susdiseases. Water is rtant during May nd. If nature does tlent supply of moisprovide it, if necest is also necessary rly following the as this is when the ing a start. When a do not sever bethird leaves, as the if too much foliage ne more delicate in the house, if e bud, and allowed These flowers replenty of room.

nias. es in assorted sizes buttons to huge color. It is one of and easily grown Not much is gained seed indoors, as it blooms quickly. It ing if the withered omoved. Some fifw listed as well as tlings. The shades nge are unmatched I, and the reds are d velvety.

to produce a sheat ith a minimum of garden is to plant ties for edging or bed, and also in

ike Poor Soll.

which wil cover a support, or will do from the front of does not need very fertilizer after the The Nasturtium m sulphur or pure range, scarlet and imost black. It is

to tuck in amongst which it will hide, st their best. This blooms from ear-

Culture.

g of tomatoes may my part of Central quick soil with plant food is rep. Encourage rahe time of setting commences, but alslow down during Nitrate of sods to use for the first tomatoes two feet feet apart. Stakrlier fruit, and give stakes about six e firmly into the es from the main setting the plants ral branches, artsls of the leaves, ie the main stem ine or raffia to the stem reaches the neh off the end to of the fruit.

has decided that y "a figurehead." figure!



Often Leads to the Most Serious Consequences.

In no disorder is delay or neglect more dangerous than in anaemia. Usually the first noticeable signs are pale lips and cheeks, dark rims under the eyes and a feeling of weariness. Then follow headaches, backaches, palpitation and breathlessness. The only way that anaemia can be overcome is to enrich the blood, and it is because of their wonderful blood-enriching and blood-making properties that Dr. Williams' Pink Pills have won such great success in the treatment of this often most stubborn dis-

Thousands of young girls who were in an anaemic condition owe their present good health to Dr. Williams' Pink Pills. One of these, Miss Katie McEachern, Port Hood, N.S., says:-"I praise the day I began the use of Williams' Pink Pills. I had not been feeling well for some time. I was very pale, had severe headaches,

dizzy spells, and occasional fainting snells. The least exertion would leave me tired and breathless. In this condition I began taking Dr. Williams' Pink Pills. I continued their use until I had taken six boxes, by which time I was again enjoying good health. I hope my experience will lead other sufferers to give this medicine a fair trial."

If you are at all run-down, or weak, you should begin at once to take Dr. Williams' Pink Pills and you will soon be well and strong. These pills are sold by medicine dealers or will

Industries Depend on Wood

She was a pretty little thing, shortskirted, pink-cheeked, and bob-haired. As she tripped lightly down the stairs leading from the station, many admiring glances were levelled in her direcyouth to his pal, as they trailed in her wake. "Wonder who the lucky chap is she going to meet!" As the lovely bit of feminity emerged from the station, a handsome, broad-shouldered missed you!"

"How do you spell 'graphic'," asked the young man, "with one 'f' of two "The old man sighed. "Well, he said at last, "if you are going to use any you might as well go the limit."

Great minds react on the society which has made them what they are; but they only pay with the interest what they have received .- Lord Mac-

In the days of Cromwell fine quality tea cost as much as thirty dollars a pound. To-day, you only pay a few cents more for Red Rose Orange Pekoe than for ordinary tea, but you get the highest quality and greatest value. Put up in clean, bright aluminum packages.

### Cute in a Baby-Awful at Three -and it's Dangerous



Thumb sucking does look sweet in a baby, but it is disgusting in the threeyear-old and sometimes it hangs on until fifteen or sixteen! The habit may cause an ill-formed mouth or induce adenoids; and it always interferes with digestion. Pinning the sleeve over the hand; attaching mittens, or putting on cardboard cuffs, which prevent bending the arms at the elbows, are some of the ways to

stop the habit. Another bad habit-irregularity in bowel action-is responsible for weak bowels and constituation in babies. Give the tiny bowels an opportunity to act at regular periods each day. If they don't act at first, a little Fletcher's Castoria will soon regulate them. Every mother should keep a bottle of it handy to use in case of colic, cholera, diarrhea, gas on stomsch and bowels, constipation, loss of sleep, or when baby is cross and feverish. Its gentle influence over baby's system enables him to get full nourishment from his food, helps him

gain, strengthens his bowels. Castoria is purely vegetable and harmless the recipe is on the wrapper. Physicians have prescribed it for over 30 years. With each package, you get a valuable book on Motherhood. Look for Chas. H. Metcher's signature on the wrapper

so you'll get the genuine.

#### NEGLECTED ANAEMIA Discovery of Land Flight's Chief Object

Wilkins Sought to Reach Area in Which Crocker Land Was Thought to Exist

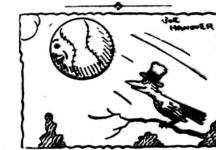
Dr. Isaiah Bowman, director of the American Geographical Society of New York and scientific sponsor of the Wilkins flight, made the following statement on Captain Wilkin's achievement:

"In Captain Wilkin's third Arctic expedition, now brought to a brilliant conclusion by his flight from Point Barrow to Spitzbergen, it was sought to make a crossing of the polar sea by the route that would be most likely to lead to the discovery of land. Captain Wilkin's flight of last year northwest to Point Barrow, as well as the flight of the Norge across the Pole, had eliminated any possibility of land being found on a direct route from Alaska to Spitzbergen.

was thought to exist. This was the border of the Continental Shelf northwast of Grant Land."

be sent by mail at 50 cents a box by The Dr. Williams' Medicine Co., Brock-The Dr. Williams' Medicine Co., Brock- of finding land has been thought to be greater than in other parts of the BABY'S OWN TABLETS Arctic where deep soundings have been reported. Wilkins's flight has Over 50 per cent. of Canada's manuat last cleared up this area as well For Either the Newborn Babe or facturing industries depend upon wood as several other areas north of Greenas a raw material. Wood products land. Except for the shallow border enter into every phase of human life. of the Arctic off the long coast of Siberia, only land of small extent may be expected to be found in the Arctic Basin by further exploration. Captain Wilkins's expedition thus had strictly scientific objects. At no time tion. "Some chicken!" exclaimed one less he drifted in that direction as a did he plan to fly over the Pole, unresult of quartering winds.

"By a series of code messages pre viously agreed upon, Captain Wilkins was to inform me of the position, character and number of islands that man, fully six feet tall, clasped her in he might discover along the line of his arms and kissed her. "Mother!" he exclaimed fondly, "I thought I'd me Captain Wilkins reported no land.



Bird-"A home run! Now I know spring is here!"

#### Heavy Demand on Forests

For generations past the forests of just burden in supporting public expenditures. As a result they have been severely depleted. They cannot much longer stand the exorbitant drain caused by extravagant use and inadequate protection.

tle fellow stepped on a new pavement ditions relating to the river. tirade, a bystander broke in: "I Preservation of Rural England will thought you loved children," he said, undertake the special work of proconcrete," he replied.

from other buildings.

#### Ailing Men and Women Need This Tonic

Poets sing of Spring, but practicaltime to the Doctor and the Druggist for And no better remedy can be taken than

Buckley's TRU-BLOOD. true blood tonic and a safe, sure, powerful corrective for all blood disorders, and

rheumatic conditions as well. But "TRU - BLOOD" is more than a blood purifier-its use eradicates the outward evidences of impoverished blood, such as pimples, boils, eczema, blotches

and all other skin affections. Buckley's OINTMENT, used in conheals magically and leaves the skin smooth

and soft. Especially during the adolescent age, pimples and various forms of skin eruptions are likely to appear. They may the complexion and cause untold anguish. The combined TRU-BLOOD and Buckley's OINTMENT treatment promptly corrects the condition and leaves the skin clear, smooth and colorful.

Ontario's Popular Holiday Resort



scientist would call it the unexplored it on his own account and the open-photograph.

Highland Inn. situated on Cache ing date has been set for July 1. The Lake, Algonquin Park, will again be Inn will continue in operation until open for the accommodation of tour-September 30. The opening of new ists who wish to spend their holidays sections of the Park as canoeing and "Captain Wilkins therefore planned at this popular Ontario playground, it fixing grounds by pioneering parties to swing to the right on his crossing is announced by A. S. McLean, Genduring the past few seasons, has done of the Arctic Ocean and thus pene eral Superintendent of Canadian Na- much to attract attention to this popul tratethe area in which 'Crooker Land' tional Railways Hotels, Montreal. Iar Ontario resort and Algonquin Park Some time ago it was announced that has developed as a summer resort for land that Peary thought he saw from the Canadian National Railways would grown ups who love the woods and the north end of Grant Land. It was not operate the Inn this season, but waterways. At the same time, the the region which MacMillan sought there has nevertheless been a steady Park has developed as the site of to penetrate some years later. It is demand for accommodation at this boys' and girls' camps, several of the area into which Nobile has an popular summer resort. An agree which operate in the Park each year, nounced that he intends to take his ment has now been made whereby with an aggregate attendance of apdirigible. It is popularly known as N. T. Clarke, for several seasons man-proximately one thousand boys and the 'blind spot' in the Arctic. The ager of the Inn, will this year operate girls.—Canadian National Railways

Got Idea of Opening Arctic by

Plane While a Guard in

Washington

Washington.-Lieutenant Carl B.

Elelson, who participated in the flight

Seven years ago, while a guard in

many months he had convinced a

newspaperman and a banker that

thre were tremendous opportunities

for commercial aviation in Alaska and

had formed a company for this pur-

Eielson was signed up as the first

commercial aviator in interior Alaska.

The Fairbanks Airplane Corporation,

as his company was called, bought a

Jenny from the Army, had it shipped

to Fairbanks and used it for passen-

ger transportation and stunt flying in

the Summer of 1923. It was the first

plane most of the frontiersmen had

ever seen. From July to October,

from mining camps in the interior

The Government then became in-

terested. Eielson received a contract

to fly air mail from Fairbanks to Mc-

Grath, a distance of 550 miles. The

contract, which was experimental,

called for twelve flights, one every

two weeks. He made the first flight

Feb. 21, 1924, and returned without

mishap the same day, after flying for

two hours in darkness over pitch dark

After his eighth trip a DH plane

supplied to him by the Pestoffice De-

partment was shipped to the States

to re-enter the air service. He was

on duty at Langley Field for a year

beginning Sept. 24, 1924, and in Febr-

When Eielson again returned to the

explore the undiscovered lands of the

expedition went to Alaska in 1927. On

Forest Situation Improves

The forest situation throughout the

Dominion is undoubtedly serious but

opinion has given evidence of a grow-

ing appreciation of the factors and

results involved, which is reflected

ing taken and a decrease, on the whole,

without a casuality.

frozen wastes.

the House Office Building, he con-

over the top of the world, has had a

picturesque career.

dream came to the fore.

## Career of Eielson

the Growing Child.

There is no other medicine to equal Baby's Own Tablets for little oneswhether it be for the new born babe or the growing child the Tablets always do good. They are absolutely free from opiates or other harmful drugs and the mother can always feel ceived the idea of opening the Terrisafe in using them.

Concerning the Tablets, Mrs. John Armour, R.R. 1, South Monaghan, Ont., says:-"We have three fine, healthy children, to whom, when a medicine is needed, we have given only Baby's Own Tablets. The Tablets are the best medicine you can keep in any home where there are young children."

Baby's Own Tablets are a mild but easy. They are sold by medicine dealers or direct by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

#### Move to Protect Scenic Beauties Of River Thames

Canada have borne more than their Survey Will Indicate Spots to Be Kept Free From Builders of Bungalows

London.-Practical steps to preserve the beauties of the Thames 1923, he carried 200 passengers to and scenery are to be taken this year, the A certain contractor who had al- first step toward which being a comways professed to be fond of children, plete survey of the valley affording a became very angry because some litt-full and counected picture of all con-

before it was dry. In the midst of his A branch of the Council for the I do in the abstract, but not in the tecting the beauties of the Thames Valley, from Oxford to Staines.

During the past few years the river Where possible farmers should has been spoilt by bungalows, villas store gasoline in underground tanks. and indiscriminate building of all Otherwise it is best to keep it in the kinds. Many thousands of the small original containers or suitable tanks houses that have been erected in orin the open. If kept in a building this der to meet Great Britain's housing should be located at least fifty feet shortage are distressing disfigure for overhauling, and Eielson returned ments of the countryside.

A plan will now be prepared in order to indicate how notable amenities can be best preserved at the least uary, 1925, was promoted to First expense. It is believed that the sur- Lieutenant. vey will reveal clearly the key positions of beauty spots, and the extent Arctic, it was with the Wilkins polar of ground necessary to be bought for expedition, sent out from Detroit to their protection.

Those most interested in the polar regions. minded people, everywhere, turn at this Thames Valley considered that the On March 30, 1926, he made the first survey should include the river be- flight from Fairbanks to Point Barhelp to build up run-down constitutions. tween Oxford and Cricklade. It has row with Captain Wilkins. The trip been pointed out that navigation is be- of 555 miles was made in five hours. ing developed up to Cricklade, and In the course of the flight they cross-TRU-BLOOD, as its name implies, is a fresh locks are being erected. These ed the Endicott Mountains, 10,000 feet new facilities will bring a great many high, and passed over stretches 100 new people into an entirely rural dis- miles long where it would have been trict. He asked that action should impossible to effect a landing. be taken to preserve the amenities | Fairbanks was again used as their before the land changes hands and is base when the Detroit News-Wilkins

This new movement relies entirely March 29 of that year Wilkins and upon voluntary effort. It does not Eielson took off from Point Barrow seek to deprive local authorities of for a flight over the Arctic, with fuel junction with Buckley's TRU-BLOOD, any of their powers or rights. It is, for 1,400 miles. however, suported by representatives of many local authorities and of local landowners, and voluntary associa-

#### Ccrrugated Galvanized within the past two years public STEEL ROOFING Direct from Manufacturers to

Consumer. WRITE FOR PRICES. in the better protective measures be-

W. E. DILLON CO., Limited in the reported fire losses.

ISSUE No. 18-'28

Minard's Liniment for Toothache.



### **Red Rose Orange Pekoe** In clean, bright Aluminum. An Old Danger Time was when our maidens were

tender.

When, in fact, all the feminine gender To a gosling could never say "Boh!" But once in four years they got busy, Sat up, and got well on their toes, And bachelors looked, and felt dizzy, For a girl had the right to propose.

If a fellow went out to a soirce.

He had to beware lest a foray

(We should call it an evening binge,

Of damsels his nerves might unhinge. He sat out a dance at his peril, He was sitting as 'twere on a mine,

For he knew not when Phoebe or · Beryl. Would whisper, 'Oh, darling, I'm thine!"

But nowadays all that is altered. And dead is the custom of yore; No more is a bache or haltered, In Air Colorful When the years are divided by four. The modern maid does no proposing. Yet be not deluded, sweet coz;

Be it Leap Year, or not, It don't matter a jot, For she jolly well sees that he does! -Hartley Carrick, London Opinion,

Minard's Liniment for insect bites.

#### Equality of the Sexes

J. L. Garvin in the London Observer (Ind.)—If women have been great as tory of Alaska to aviation. He had Queens and Empresses, why not some come to Washington fresh from ac- day as Prime Minister's? That experitive air service during the closing ment is bound to be proposed before months of the World War, with his the end of the twentieth contury, and Second Lieutenant's commission we may conjecture that it will be tried tucked away among his belongings. In this century. If women in authority When Eileson, who is a North Da- have been often colossal failures none kotan, came to Washington, he in- of them have quite equalled the polititended to study law, but the Alaskan cal bankruptcy brought about by such mismanagers as Louis XV. in France Unsuccessfully seeking to influence and William the Second in Germany; Government officials to send planes not to speak of the blind though dili stomach and bowels; banish constipato Alaska, Elelson left Washington gent mediocrity of Francis Joseph in tion and indigestion; break up colds in 1922 and made his way to Fair- the decade of the late Hapsburg Emand simple fever and make teething banks, Alaska, where he obtained a pire, nor of the amiable incapacity of position teaching English and mathethe last of the Czars. matics in the high school. Before

#### **Corrugated Iron** ASK FOR

WHEELER & BAIN "Council Standard" A thick, even, heavy spread of galvanizing over every inch of surface. Deep corrugations. Agencies still open in some localities. Write us, stating size of barn you want to cover. WE PAY FREIGHT

WHEELER & BAIN, LIMITED

Dept. W. 108 George St., Toronto 2

## Don't Do LEONARD

## EAR OIL

An ear oil of great benefit in cases of Catarrhal Deafness and Head Noises. Simply Insert in Nostrils and Rub in gently back of Ears. Soothing and Penetrating. On the market since 1907, and many thousands have written of the relief obtained. This treatment the recommended by Dr. Chr. ment is recommended by Dr. John Bergeson, the eminent Earl Specialist Price \$1.25 at drug stores. Fold about "Deafness" on request.
A. O. LEONARD, INC. 70 Fifth Avenue, New York City

### Classified Advertisements

is supreme

RED ROSE
TEA is good tea

MOVING AND STORAGE. TILL THE MOVER—PIONEER DISTANCE movers of Canada, Largest speedy padded vans. New Equipment, latest methods. Two experienced men every trip. All loads insured. Beyond compare for skill and care. Before you move, write us or wire and reverse the charges. Head office Hamilton Ontarie. Canada. Hill the Mover. charges. Head office Han Canada. Hill the Mover.

#### AGRETS WANTED

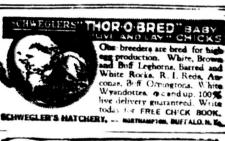
BIG OPPORTUNITY TO MAKE good money in your spare time, seiling Hosiery and Underwear. Write Paragon K & T Mills, Dept. W., Toronto

OATS FOR SALE. SEVERAL VERY fine yearling. Toggenburg, grade does, ready for breeding in the Fall. Write for price llst. O. R. Hanson, Cooksville, Ont.

ADIES WANTED-TO DO PLAIN and light sewing, at home, whole or spare time; good pay; work sent any distance, charges paid. Send stamp for particulars. National Manufacturing

Experience has taught many a man not to wake up the baby to see it laugh.

"Jim was perfectly at home at the banquet." "Why, he didn't have a word to say." "Well, that's being perfectly at home for him."





#### oothache

Fill cavity with cotton roaked in Minard's. Also bathe the face. Quick and sure



# SICK COULD

Helped by Taking Lydia E. Pinkham's Vegetable Compound



ham's medicine and I will not be without it again. I was so sick that I could not work at all and could not sew on the machine. My aunt told me of Lydia E. Pinknam's Vegetable Compoundandnow I am telling all of my friends how good it is and I will

answer all letters I get from women. -MRS. MAEY SCHULTIES, Grainland



# Indigestion

what your doctor would advise.

What most people call indigestion is | One tasteless speenful in water new usually excess acid in the stomach. tralizes many times its volume in acid. The food has soured. The instant The results are immediate, with no remedy is an alkali which neutralizes bad after effects. Once you learn this acids. But don't use crude helps. Use fact, you will never deal with excess acid in the crude ways. Go learn-The best help is Phillips' Milk of now-why this method is supreme.

Magnesia. For the 50 years since its Be sure to get the genuine Phillips invention it has remained standard Milk of Magnesia prescribed by physiwith physicians. You will find noth- clans for 50 years in correcting excess ing else so quick in its effect, so harm- acids. Each bottle contains full directions-any drugstore.