

## Attractive Ways to Serve Old Dishes

Have you ever noticed how your children and your "lord and master" will fairly gobble up the plainest foods when they dine at another's home, though they would refuse the same in their own home? Of course! Every homemaker has had such experiences. But did you ever stop to consider the reason? "Good manners!" you reply. Maybe; but think about it, didn't the hostess who served mere rice and shrimps, beefsteak and onions, chops and potatoes, or meat balls and that old tuber, or such ordinary dessert as pie, do it just a little more attractively or surprisingly than you served similar foods at every-day meals? In other words, didn't she bedeck them tastefully, so to speak? This can be done, you know, without much if any extra work by drafting the imagination into service in the otherwise humdrum task of feeding a family.

**Spaghetti, Eggs and Cheese.**  
Boil sticks of spaghetti (without breaking them more than necessary) in the usual way. Meantime hard boil several eggs, shell and slice them. Now place halves of firm tomatoes, well seasoned and dotted with butter, under a hot broiler. Make a cream sauce and add to it enough grated cheese to give it a rich yellow color. Place the spaghetti (after it has been drained) upon a large platter; place the broiled tomato halves upon it; top them with the slices of hard-boiled eggs. Cover the tomatoes, eggs and spaghetti with the hot cheese sauce. Sprinkle with paprika and serve at once.

**A Crown of Lamb Chops.**  
Mash potatoes in the usual way, taking care to make them smooth and creamy. Meantime broil your chops. Just before serving, center a warm platter with a cone-shaped mound of the potatoes, topped with a large piece of butter. Next stand the chops neat end on the platter against the side of your potato mound. Garnish the platter with either mint leaves or sprigs of parsley.

**Riced Potatoes and Meat Balls.**  
Boil potatoes and rice them in the usual way. Mix your chopped meat with butter, salt and pepper, form it into balls, then center each with a pimento stuffed olive. Broil or bake the meat balls. When ready to serve fill a warm platter with the riced potatoes. Upon the riced potatoes place the meat balls. Garnish the outer edge of the potatoes with alternate dots of butter and slices of pimento, stuffed green or plain ripe olives. Serve piping hot.

**Rice, Eggs and Shrimps.**  
This is a very party-like looking dish and is almost no trouble to concoct. Place boiled rice in a flat cake-shaped portion upon warm plates. Upon each such portion of rice put a mediumly hard-boiled or poached egg. Top the egg with a single shrimp. Serve with a plain curry sauce.

**Colored Vegetable Plates.**  
Fill a warm platter with triangles of crisp buttered toast. Cover each toast triangle with a mound of well seasoned string beans. Center each of these mounds with either a young boiled beet or with a beet cone fashioned with a vegetable cutter.

**Fish With Asparagus.**  
For this dish use either a boiled white-fish or salmon. (If you use the latter, merely steam it until it is thoroughly warmed.) Place the fish upon a hot platter, cover it with asparagus tips which are also hot. Over this pour a hot cream sauce, made with butter, flour and milk. Cover the sauce with minced green peppers. (If preferred, the fish topped with the asparagus tips may be first presented without the sauce, that the color scheme of green and white or green and pink may be noted. The sauce and the minced green peppers are then passed in separate dishes.)

Every one knows that vegetables are good for grown-ups and children alike, but it is difficult to make the average being enthuse over these health-giving foods. Maybe if you try these color-scheme vegetable platters on your family you will have the surprising success with them that other housewives who have served them have met with.

**A Red and White Platter.**  
Thoroughly wash a large head of cauliflower and boil it in fresh water. Do not salt the water beforehand, as that tends to discolor the vegetable. Meantime either heat some canned tomatoes or stew some fresh ones. Just before serving place the stewed tomatoes upon a warm platter. Center them with the head of cauliflower. (If you have separated it before cooking build it up mound-fashion in the center of the platter). Garnish the cauliflower with strips of pimento and serve at once.

Or, if tomatoes are seasonable, halve small, firm tomatoes, sprinkle with coarse bread crumbs and cheese and broil. Arrange around the mound of cauliflower and serve with cheese.

**A Yellow and Green Platter.**  
Place creamed spinach upon a platter. Around the edge lay slices of cooked carrots. Center the spinach with slices of hard-boiled eggs arranged in mound shape.

**Noodle Ring.**  
Noodle ring is delightful to serve with spinach or with creamed fish, or again by wetting the cane-seat bottom with boiling water and by letting 2 cups dry noodles, 1 cup milk, 1 small piece of butter, salt to taste, three wettings the cane seat bottom Cook the noodles and rinse them in

cold water. Add the milk and stir; add well beaten egg yolks and then lastly the beaten whites. Cook in a ring-mold, set in a pan of boiling water. This should be in the oven about forty-five minutes. Be sure to butter your mold well before placing the mixture in it.

## A TIRED FEELING IN SPRINGTIME

**Not Sick, But Not Up to the Mark—You Need the Help of That Sterling Tonic, Dr. Williams' Pink Pills—They Give New Vitality.**

With the passing of winter many people feel weak, depressed and easily tired. The body lacks the vital force and energy pure blood alone can give. In a word, while not exactly sick, the indoor life of winter has left its mark upon them. A blood-building, nerve-restoring tonic is needed to give renewed health and energy. Dr. Williams' Pink Pills are an all-year-round blood builder and nerve tonic, but are especially useful in the spring. Every dose helps to make new, rich, red blood and with this new blood return strength, cheerfulness and good health quickly follow.

If you are pale, easily tired, or breathless at the least exertion, if your complexion is poor or you are troubled with pimples or eruptions, Dr. Williams' Pink Pills are just what you need to put you right. If you have twinges of rheumatism, are subject to headaches and backaches, if you are irritable and nervous, if your sleep does not refresh you, or your appetite is poor, you need the treatment Dr. Williams' Pink Pills alone can give—you need the new blood, new strength and new energy this medicine always brings. Mr. A. Marcotte, North Ham, Que., writes:—"I have found great benefit from the use of Dr. Williams' Pink Pills. Before I began using them I was in a badly run-down condition, and at times felt scarcely able to work. Dr. Williams' Pink Pills have changed all this and since taking them I am enjoying the best of health. Every man who feels run-down and easily tired should give this great medicine a fair trial."

Try Dr. Williams' Pink Pills for anaemia, rheumatism, neuralgia, indigestion or nervousness. Take them as a tonic if you are not in the best physical condition and cultivate a resistance that will keep you well and strong. You can get these pills through any medicine dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

## Spice and Sweetness

The mere thought of clover, in some unaccountable way, suggests summer. When the hum of bees is heard in a monotone of buzzing rhythm, when the warmth of the sun, when all is peaceful under an azure sky, there is sure to be clover growing close by.

Clover makes for busy contentment: an endless round of honey-gathering for the brown and gold bees, dipping into the sacks of the white clover, emerging tinged a dusty yellowish-white with pollen. A drowsy monotony hums—only the bees are working, for all else is hot and golden—asleep in the sun. Even scurrying wasps, a black and shimmering blue in the glinting sunlight, hover over the sweet smelling clover. Slender striped yellow-jackets glance and hesitate; dash away to their homes in a hollow telephone pole. Endless green stalks, thick as pencils, rise to the height of a man's waist. Clover leaves make a forest of light green under the nodding white cylinders of the clover blossoms. Tiny flowers comprise these cylinders of white sweetness, whose scent has a delicious tang. Not a cloying overpowering scent, but a mild, pleasant aroma, reminiscent of summer's own fragrance.

On the lawns tiny white clovers, close to the ground, their long petals curving to form diminutive clover-heads, perfume the atmosphere. When they are not fullgrown, green tips the petals—petals almost like tiny chrysanthemums; when in full bloom pink floods the tips, emitting a sweetness that is the very essence of summer. When dry and powdery, a coppery brown that changes the fluttering petals, but a faint scent above the dryness still is easily recognizable.

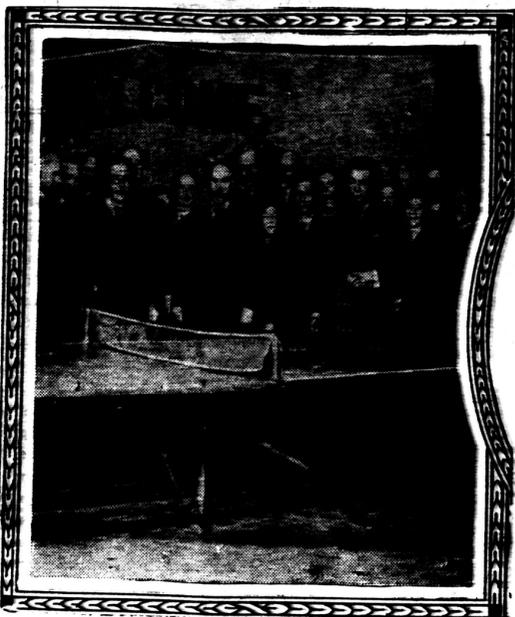
Maroon shades claim the larger red clover that covers the field which lies fallow. On the wind the sweet clover scents come flying; even far away from the field one can picture the maroon-colored clover blossoms; their pointed oval green leaves that have deep centres veins, their pliant light green stalks. In the wind the blossoms bend; the under surface of light-green spreads as it follows the wind's course, hiding its soft red blooms under its obeisance to the summer breeze.

Spice and sweetness; white and green and maroon blossoms in the warmth of summertime.

## A New Remedy For Sagging Chair Bottoms

Chairs with sagging cane-seat bottoms can be made comfortable to sit on again by wetting the cane-seat bottom with boiling water and by letting 2 cups dry noodles, 1 cup milk, 1 small piece of butter, salt to taste, three wettings the cane seat bottom will be as tight as a new one.

## An Old Game Revived



THE PRINCE OF WALES A PING-PONGER

When the Prince visited a working lads' hostel in the east end of London he played table tennis with one of the boys at this old game which is once more coming to the front.

## No New Idea

**Historian Finds Women Adopt Scanty Dress After Great Wars**

London.—The theory that women always dress scantily in the years following great wars is advanced by the Hon. Sir John Fortescue, K.C.V.O., the historian, who was formerly the King's librarian at Windsor Castle. "It seems to be the rule," writes Sir John in "The Evening News," "that when men take the shedding of blood on a large scale, women must begin to shed raiment." The author then proceeds learnedly and at length to support this thesis by tracing the history of women's styles from the time of the Norman conquest. He emphasizes particularly the filmy and fashionable after the French Revolution and the World War. Incidentally, he dates the popular evening "chemise frock" from the Egypt of at least 3,000 years ago—presumably it was designed following some heavy fighting around the Pyramids.

The author concludes by predicting the return of long skirts. "I hope I may yet live," he says fervently, "to see again graceful, flowing draperies in evening dresses, setting forth the lines of the perfect body, and what is no less important concealing the defects of the imperfect."

## Larkin Not Selling

**Salada Tea Business**

Officials of the Salada Tea Company, Toronto, have informed this paper that the Hon. Pater C. Larkin, Canadian High Commissioner in London has cabled a denial to the rumour that he was selling his Salada Tea business. "There is not a grain of truth in it," he said. "We have had numerous offers for the business since I took office under the Government, but I would not entertain the idea of parting with any of the business interests of myself or my son, neither would my son."

Hon. Mr. Larkin said he hoped to return to Toronto to resume his former life there when the Canadian Government no longer requires his services in London. His son, Gerald R. Larkin is president of the Salada Tea Company.

## NO BETTER MEDICINE FOR LITTLE ONES

**Is What Thousands of Mothers Say of Baby's Own Tablets.**

A medicine for the baby or growing child—one that the mother can feel assured is absolutely safe as well as efficient—is found in Baby's Own Tablets. The Tablets are praised by thousands of mothers throughout the country. These mothers have found by actual experience that there is no other medicine for little ones to equal them. Once a mother has used them for her children she will use nothing else. Concerning them Mrs. Charles Hutt, Tancock Island, N.S., writes:—"I have ten children, the baby being just six months old. I have used Baby's Own Tablets for them for the past 20 years and can truthfully say that I know of no better medicine for little ones. I always keep a box of the Tablets in the house and would advise all other mothers to do so."

Baby's Own Tablets are sold by all medicine dealers or will be mailed upon receipt of price, 25 cents per box, by The Dr. Williams' Medicine Co., Brockville, Ont.



A Great Nag

"Why do you always speak of your wife as trotting around? She isn't a horse."

"Well, maybe not; but she's a great nag."

The Wife: "Quick, Georgie's swallowed one of my hairpins." Her husband: "It doesn't matter a bit, dear. They're no use now, are they?"

## Ask Doctor to Tell Girl He Is Unfit to Marry

Berlin.—That the ways of eugenics are best with pitfalls was demonstrated by the following letter to a physician of Berlin, which was published in "Die Medizinische Welt."

"Dear Doctor: Kindly forgive me for troubling you, but I have heard that a Miss — Intends calling on you to-day to inform herself about my state of health. Should this really be so, would greatly oblige me by telling her that I am suffering from pulmonary tuberculosis, have a valvular disease of the heart and am utterly unfit to marry. On my next visit to you I shall take occasion of expressing my gratitude for this courtesy with ten marks (\$2.50)."

## MacMillan Helps

**Navigator Proposes Scheme To Aid Trans-Atlantic Flyers**

Montreal.—If plans materialize according to the wishes of Lieut. Donald MacMillan, a navigating officer now connected with the Cunard Line, trans-Atlantic airmen will never be out of communication with the mainland, according to reports received here.

It is stated that Lieut. MacMillan, impressed with the number of lives lost in attempting to fly across the Atlantic, has devised a scheme whereby it would be possible for the airman to keep in constant touch with shore.

The scheme proposes an unbroken chain of wireless advisers to the mainland on the Atlantic from Ireland to the coast of Newfoundland. The plan, it is understood, has been submitted to the directors of the steamship company, who have endorsed it heartily, and are said to be communicating with other lines in order to discuss its possibilities.

Lieut. MacMillan, in a letter to his directors, is understood to have declared that he has given the plan several months' consideration.

He says that at the end of each hour the airplane will be required to send out a call sign, which would be picked up by one of a series of ships lining the proposed route, which will be situated at a distance of 10 degrees longitude all the way across. The ships would be in communication with the main ship and would report weather conditions to her.



Lord Jellicoe

The famous admiral makes a drive. His lordship is captain of the Roehampton club in England.

## Sunday School Lesson

May 28. Lesson VIII.—Jesus Teaching in the Temple.—Mark 12: 13-17; 28-34. Golden Text.—He taught them an one having authority.—Matt. 7: 28.

### ANALYSIS

I. CHRIST'S FINAL REJECTION OF THE NATIONAL POLITICAL CONCEPTION OF THE KINGDOM, 13-17.

II. LOVE AS THE LAW OF THE KINGDOM, 28-34.

**INTRODUCTION.**—Herein we see the critical importance of the first part of the present lesson. The Jewish leaders endeavor to catch Jesus in some utterance which may be used to discredit him with the mass of the people. Jesus returns an answer which holds out no hope to the anti-Roman policy of his time. He refuses to make the coming of God's kingdom equivalent to national revolt from Caesar, and so he is rejected.

In the second part of our lesson we see that Jesus put forward as the real essence of the reign of God, namely, love to God and to man. Love, not hatred, is Jesus' ideal for his nation. Love ought to take precedence over every other feeling and to govern the whole of life.

I. CHRIST'S FINAL REJECTION OF THE NATIONAL POLITICAL CONCEPTION OF THE KINGDOM, 13-17.

V. 13. We have already learned to know the two classes of people who here encounter Jesus: the religious sect of the Pharisees, who emphasized the law, and the political faction of the Herodians who supported the native Herod princes. The two classes did not always see eye to eye, but they united to oppose Jesus (Mark 3: 6). They now try to catch Jesus in some statement which may be turned against him.

V. 14. The plot is skillfully and adroitly laid. They begin by professing the most worshipful respect for Jesus and for his fearlessness in denouncing the Herod princes. Then they launch the crafty question, "Is it lawful to give tribute to Caesar or not?" The craftiness lay in the fact that if Jesus said yes, he would alienate many of his Jewish followers, while if he said no, he would embroil himself with the Roman authority.

Vs. 15, 16. But even this subtlety was hardly a match for the wisdom and the grace with which Jesus met the situation. He left the dishonesty of his questioners, and told them what he thought, very plainly. Then unexpectedly he asked them to bring him a denarius. This was a silver coin worth about twenty-five cents, and it was Roman currency. Only the Roman government had the right to coin silver money in Palestine. Jesus appeals to this fact as showing that the Roman overlordship in Palestine had a sufficient ground and basis in law. "Whose feature are these which are stamped on this coin? Whose name is this which is engraved round the borders?" There was, of course, only one answer, namely, "Caesar's."

V. 17. So Jesus rejoins: "Duty to God does not exclude duty to man. The claim of God to the whole obedience of his people does not mean that they are exempt from paying taxes to the power which establishes order and good government in their midst. It benefits are conferred, obligations follow. The supreme point of the answer is that Jesus refuses to confuse the spiritual reign of God with the Jewish dream of political self-government. This refusal alienates and infuriates the fanatical party among his hearers. National selfishness has made them blind to the higher things of God."

II. LOVE AS THE LAW OF THE KINGDOM, 28-34.

V. 28. Appropriately we take this incident with the foregoing. The requirements of the Jewish law were so numerous that thoughtful and earnest men in Israel found themselves driven to seek the underlying principle which explains all the commandments. What is this underlying principle? Which is the first of all commandments? Vs. 29-31. Jesus' answer is to sum up everything under love—love to God and love to men. Love to God must be absolute. The whole of our personality was made for God, and belongs to him, heart, soul, mind, strength. But along with this love to God—because included in it—must go love to our neighbor. Our fellow-men, Jesus represents the whole law as turning on this sovereign principle of love. We might say that "heart" refers to the "affections," "soul" to the sense of things unseen, "mind" to the knowledge of the divine will which is given to us, and "strength" to the doing of our work.

Vs. 32-34. The Jews recognized that love to God and to our neighbor is commanded. But they did not grasp this principle of love supremacy. They did not let it drive out all hatred and rancor. This, however, is what Jesus requires. It would appear that the scribe in this passage understood, for Jesus says to him: "Thou art not far from the kingdom of God." In other words, wherever love is, there the spiritual revolution, which brings about the kingdom, has begun. And the evangelist adds that Jesus' word about love's supremacy was unquestionably answerable.

### Sentence Sermon

(By the Rev. Roy L. Smith, in Ottawa Courier-Express.)

I HAVE NOTICED—

That no man thinks he is rich until he has just a little bit more.  
That no woman enjoys being told how clever some other woman is.  
That the man who is complaining is usually doing less work.  
That the woman who is most womanly usually gets more of a woman's rights.  
That most men work better as a result of appreciation.

You can't visualize a barrage unless you've seen one, but eating grapes fruit gives you an idea.

## Out-Doing Our Own Prospectors



THE FIRST PLANE USED ON A GOLD RUSH

Floyd Bennett and Bernt Balchen used it to stake several valuable claims at (Sunder Lake, Manitoba. It is being tested for Byrd's expedition. Many planes will be used this coming season in the hunt for precious minerals.

## Wilkins

The Australia Pe

To the avia already replet ventures in the greatest of Capt. George Carl B. Eielson, Alaska, to Svalbard, a great circle land and the stop flight of miles was a untried machine air-cooled engine Lindbergh. I of the Australia his American plane the unaska and the kins deserves quest by wh greatest flight his place, as over the top truly great Arctic explor nothing like tion, the ac contentment of the airplane, is the most Arctic explor Amundsen, companions th ward the Nor were forced o lug escape on nained servic next went Nor Amundsen-Eli his personnel ble balloon, w Spitsbergen a aska. During ing struggl ing defeat of with Point Bar of Alaska, tird expecti most a com brief flight a a denarius. This was a silver coin worth about twenty-five cents, and it was Roman currency. Only the Roman government had the right to coin silver money in Palestine. Jesus appeals to this fact as showing that the Roman overlordship in Palestine had a sufficient ground and basis in law. "Whose feature are these which are stamped on this coin? Whose name is this which is engraved round the borders?" There was, of course, only one answer, namely, "Caesar's."

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