

RHEUMATIC PAINS DUE TO THIN BLOOD

Relief Comes Through the Use
of Dr. Williams' Pink Pills.

The most a rheumatic sufferer can hope for in rubbing something on the swollen, aching joints is a little relief, and all the while the trouble is becoming more firmly rooted. It is now known that rheumatism is rooted in the blood, and that as the trouble goes on the blood becomes still further thin and watery. To get rid of rheumatism, therefore, you must go to the root of the trouble in the blood. That is why Dr. Williams' Pink Pills have proved so beneficial when taken for this trouble. They make new, rich blood which expels the poisonous acid and the rheumatism disappears.

There are thousands of former rheumatic sufferers in Canada, now well and strong, who thank Dr. Williams' Pink Pills that they are now free from the aches and pains of this dreaded trouble. One of these, Mrs. W. F. Tait, McKellar, Ont., who says:—"I am one of the willing ones to tell you of the great benefit I received from the use of Dr. Williams' Pink Pills. After lying in bed for seven weeks suffering untold agony with inflammatory rheumatism, relief finally came through the use of this medicine. I could not move in bed only as they lifted me, and I could only sleep when opiates were given me. The medical treatment I was taking seemed of no avail. Then I was advised to try Dr. Williams' Pink Pills, and soon I began to get relief. After taking six or eight boxes the rheumatism was banished and I had never felt better in my life. It is several years since this happened and I have had no return of the trouble since. I may add that I recommended the pills to two of my friends who were suffering with rheumatism and the pills were equally effective in both cases."

Try Dr. Williams' Pink Pills for anaemia, rheumatism, neuralgia, indigestion or nervousness. Take them as a tonic if you are not in the best physical condition and cultivate a resistance that will keep you well and strong. You can get these pills through any medicine dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Bathtub Cars

Henry Ford watched pensively, last week, while a line of motor cars no bigger than bathtubs moved briskly toward completion in the huge, humming plant of Morris Motors Ltd., at Cowley, England.

Because there is a crushing British tax on engines of Ford dimensions, the tiny and lightly taxed Morris-Cowleys are brought in preference to Fords by thrifty Britons.

Through minute after minute Henry Ford watched the swift, straight line of bathtub cars with a fascinated gaze. "You English," he observed at last, "are further ahead here than most Americans realize."

Formal entertainment proffered last week to the visiting Motor Man included a luncheon given by David Lloyd George in the Members' Restaurant of the House of Commons. "My goodness!" said Mr. Ford, later, of Mr. George, "how that man can ask questions about America!"

Lord Dewar says that "some men electrify their audiences, and others only gas them." It must be remembered, however, that some gas has great lifting power.

She: "He calls himself a gentleman farmer." He: "Oh, and what does he go in for?" She: "Wild oats, principally."

Falsehoods not only disagree with truths, but they usually quarrel among themselves.—Daniel Webster.

Red Rose Tea is guaranteed in every way. Order a package to-day. Use any portion of it, and if you are not entirely pleased you may return the balance to your grocer and your money will be refunded.



Reduce the Acid

Sick stomachs, sour stomachs and indigestion usually mean excess acid. The stomach nerves are over-stimulated. Too much acid makes the stomach and intestines sour. Alkali kills acid instantly. The best form is Phillips' Milk of Magnesia, because one harmless, tasteless dose neutralizes many times its volume in acid. Since its invention, 50 years ago, it has remained the standard with physicians everywhere.

Hawaii To Celebrate Discovery of Islands

Honolulu.—The Cook sesquicentennial celebration planned by residents of the Territory of Hawaii for Aug. 15 to 20 to commemorate the discovery of the Sandwich Islands in 1773 by the great English navigator will not stop with a mere marking of the cryptic cycle of 150 years since the ships of the British voyager dropped anchor in the bay of Waimea, Kauai.

In addition to ceremonies prepared for Waimea, the landing point; Kealahou, Hawaii, the spot where Captain James Cook was killed, and Honolulu, the celebration will give to the world in a series of addresses by eminent scholars and authorities on political, diplomatic, commercial, geographical and maritime sciences the results of what might be styled the "timely arrival" of the explorer.

The revised scheme is the broader conception of the original plan to note merely the anniversary of the discovery of the islands by the civilized world. An invitation committee has been appointed composed of Bruce Cartwright, student of all things Hawaiian; the Right Rev. Henry Bond Restarick, Bishop Emeritus of Honolulu's Episcopal diocese; Dr. Herbert E. Gregory, director of the Bishop Museum, and Albert Pierce Taylor, keeper of the archives. Letters have been forwarded to the British Government suggesting topics and the names of men who might prepare addresses on these subjects. Similar action has been taken in regard to the Government of the United States.

The subjects which it is hoped to discuss will involve Hawaii and foreign influences in the Pacific during the last 150 years, as regards England, France, Spain, Russia and the United States. The Governments of New Zealand and Canada have been asked to participate.

The commissioners have completed plans for a week's celebration, with the exception of the exact details. That portion at Waimea will be carried on by residents of the island and will include the dedication of a Cook monument at the point where Cook and his men first stepped ashore.

At Kealahou the ceremonies will include a visit by commission members, guests and visiting officials to the Captain Cook monument, a tiny patch of British soil beside the blue bay where he saw the last of his life. At the spot where Captain Cook "fell with his face in the sea" a bronze tablet will be set under the surface, the inscription to be read through the water.

At Honolulu there will be presented an elaborate masque written by James A. Wilder, Honolulu poet and artist, which is intended to portray Hawaiian life at the time of the arrival of the English seaman.

The special Cook coin, a 50-cent piece recently authorized by Congress, will be available for distribution during the week of the celebration. A special stamp also is to be issued.

Gabby Gertie



"When dumplings taste like paper pulp you can gamble they were made out of a cook book."

First Broker: What's companionate marriage? Second Broker: Interim security, no par, cumulative, free from stock liability, callable at any time.

A man that hath friends must show himself friendly; and there is a friend that sticketh closer than a brother.—Proverbs of Solomon.



Youth Win Prize

Arthur Cleland Lloyd, nineteen-year-old Vancouver youth, who won the prize of \$1,000 offered by E. W. Beatty, Chairman and President of the Canadian Pacific Railway, for orchestral suite open to all comers. This prize is given in connection with the Quebec Folk Song and Handicrafts Festival which is to be held in Quebec May 24-28.

Mr. Lloyd has been under the tutelage of Percy Grainger in Chicago, and is at the present time studying under Harold Bauer and Nicolai Jeddikoff in New York. He won the distinction of Associate of Toronto Conservatory of Music with full honors while at the age of thirteen.

Old Chicken Dishes

Spring chickens are still too high priced to serve frequently, but don't have the older ones always plain stewed. Try some of these unusual ways of cooking.

In Florida they have a delicious way of adding cocconut to stewed chicken. Prepare the chicken as for any stew and boil gently in water to cover until tender, about three hours. Have ready a pint of young spinach, measured cocconut or take its equivalent in the fresh canned, pour over it a pint and a half of milk and let it stand twenty minutes, then put through a sieve. Add the spinach to the chicken, let boil five minutes, then add the cocconut milk and boil up once. Remove from the fire and add pepper and salt to taste, the latter last, to prevent any danger of curdling.

Sprinkle some of the drained cocconut over the top and serve.

Another splendid chicken dish is made by boiling a large chicken in just enough water to cover it until it is tender. Remove it from the fire and add to the water in which it was cooked two minced onions, one tablespoon of chopped red pepper, half a can of tomatoes and salt and pepper to taste. Cook this down until thick. Stuff the chicken with mashed potatoes, moistened with gravy and two tablespoons of raisins mixed with the potato.

Have you ever tried a Yankee pot roasted chicken with cranberries? Prepare a three-pound chicken as for roasting, brown it first in three tablespoons of hot fat. Remove from the pan and add three cups of water, stir until boiling, then add two cups of cranberry sauce made less sweet than usual. (Canned sauce is available the year around.) Replace the chicken in the pan with this gravy-sauce, cover and proceed in the ordinary way, adding salt and pepper to taste when cooking is half finished.

Pricassee chicken with asparagus sauce is especially delightful. Boil the fowl until tender, adding a bit of chopped celery while cooking. Cut in neat pieces for boiling, discarding all bones, and put into a double boiler to keep hot. For the sauce blend two tablespoons of butter and two of flour, add one pint of chicken stock, a slice of onion, a small slice of carrot, one bay leaf, a tiny bit of mace, a sprig of parsley and salt and pepper to taste. Heat slowly, stirring. When heated to boiling set back and simmer twenty minutes. Put the tender green heads from a bunch of asparagus in a cup of boiling water with half a teaspoon of salt and half a teaspoon of lemon juice. Cover, boil twelve minutes, drain, rub through sieve, combine with the other part of the sauce and heat to boiling point and serve over the fowl. Canned asparagus tips may be used.

Minard's Liniment for insect bites.

The following preciously preserved extract from a love letter written home to his wife by a soldier on active service will evoke tender memories in thousands of our former service men: "Don't send me no more nagging letters, Lettie. They don't do no good. I'm three thousand miles away from home, and I want to enjoy this war in peace."

Prince Travels Again

London.—The Prince of Wales is understood to be planning to visit Africa. He may leave on such a trip some time toward the end of the year, and the Duke of York many accompany him. No definite program has been arranged. But the Colonial Office in the meantime will communicate with the African authorities regarding the most favorable conditions for the visit.

Collector Ignores Letters From Kipling to Get More

Every little while the great man who religiously refuse to comply with requests for their autographs get what we in New England call their correspondence, says "The Boston Transcript." It seems that recently a line of buses was put on the road that passes in front of the residence of Rudyard Kipling. This was unpleasant enough, but Kipling is a public-spirited citizen and made no complaint. But one day an auto-bus snatched off a branch from one of Mr. Kipling's trees. Then he wrote a letter of protest to the proprietor of the bus line. No response. Soon afterward another branch was broken off.

Another letter from the author of "Mandalay." No response. Mr. Kipling wrote again. And somebody "put him wise." The bus proprietor is an eager autograph collector.

MISTAKES MOTHERS MAKE IN CARE OF LITTLE ONES

Many mothers give their children solid foods at too early an age and say proudly that their babies "eat everything that grows up people do." Such a course is almost certain to bring on much ill-health for the little one.

Other mothers administer harsh, nauseating purgatives which in reality irritate and injure the delicate stomach and bowels and at the same time cause the children to dread all medicine.

Absolutely no meat should be given to a child until it reaches the age of 18 months, and then only if approved by the doctor. For medicine, all strong, disagreeable oils and powders should be abandoned and Baby's Own Tablets given instead.

Baby's Own Tablets are especially made for little ones. They are pleasant to take and can be given with absolute safety to even the newborn babe. They quickly banish constipation and indigestion, break up colds and simple fevers and make the cutting of teeth easy. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Faces of Living Men Carved On British Chemical Building

London.—Faces of living men are carved in stone on the new million-pound building of the Imperial Chemical Industries nearing completion at Westminster.

One of the faces is that of the head of the concern, Sir Alfred Mond. All the other carvings are said to be excellent likenesses of many men prominent in the chemical world.

Machine Plays Violin

Paris.—A "mechanical violinist," which operates like a player piano by a perforated roll of paper, is the work of a French inventor that has just been displayed here.

The caddy-master overheard one of his youthful charges using lurid language. "My lad," he said severely, "do you know what happens to kids who swear?" "Yes," replied the boy pertly, "they grow up and join the club."

How Much Water Should Baby Get? A Famous Authority's Rule



Baby specialists agree nowadays, that during the first six months, babies must have three ounces of fluid per pound of body weight daily. An eight pound baby, for instance, needs twenty-four ounces of fluid. Later on the rule is two ounces of fluid per pound of body weight. The amount of fluid absorbed by a breast fed baby is best determined by weighing him before and after feeding for the whole day; and it is easily calculated for the bottle fed one. Then make up any deficiency with water.

Giving baby sufficient water often relieves his feverish, crying, upset and restless spells. If it doesn't, give him a few drops of Fletcher's Castoria. For these and other ills of babies and children such as colic, cholera, diarrhea, gas on stomach and bowels, constipation, sour stomach, loss of sleep, underweight, etc., leading physicians say there's nothing so effective. It is purely vegetable—the recipe is on the wrapper—and millions of mothers have depended on it in over thirty years of ever increasing use. It regulates baby's bowels, makes him sleep and eat right, enables him to get full nourishment from his food, so he increases in weight as he should. With each package you get a book on Motherhood worth its weight in gold.

Just a word of caution. Look for the signature of Chas. H. Fletcher on the package so you'll be sure to get the genuine. The forty-cent bottles contain thirty-five doses.

RED ROSE TEA "is good tea"

Red Rose Orange Pekoe is
the best tea you can buy
In clean, bright Aluminum

Wilkins Plane Was Ideal for Job

Murray Bay, P.Q.—The flight across the top of the world by Captain George H. Wilkins, which was achieved with phenomenal success recently brings to the attention of persons interested in aviation a plane about which little is known.

The Lockheed ship which the Australian explorer selected for his venture was designed and developed on the Pacific Coast. Planes of this design have attracted much attention in California and Colonel Charles A. Lindbergh, during his recent visit on the coast, flew one of them.

Marked by Efficiency
The plane is characterized by its extreme lightness in design, its sturdiness and the efficiency with which the general trim of the ship has been marked. The Lockheed Vega has a remarkable high cruising speed, which accounts for the record time made by Captain Wilkins in flying from Point Barrow to Spitzbergen.

Minard's Liniment for Toothache.

General: "Confound you, sir, why don't you be careful?" Army Clerk: "What do you mean, sir?" General: "Why, instead of addressing this letter to the Intelligence Officer, you have addressed it to the Intelligent Officer. You should know there is no such person in the Army."

There is no conceivable limit to human consumption, and production always lags behind our ambitions. The world would be a much nicer place in which to live if there were some way to provide switches for single-track minds.

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**Firestone
Tread is
Scientifically
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When Firestone engineers were developing the Balloon Tire they found it necessary to design a tread altogether different from that required by High Pressure Tires.

The Firestone tread was not designed with large, massive projections for appearance or to make plausible sales argument. On the contrary, the projections of the cross-and-square tread are small and the rider strips narrow, permitting the tread to yield to irregularities and cling to the road, giving the greatest non-skid surface. This tough, pliable tread has the wear-resisting qualities that give thousands of extra miles of service and save you money.

Your nearest Firestone Dealer will gladly supply your needs and give you the better service that goes with these better tires.

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TANCE movers of Canada. Largest every trip. All loads insured. Beyond compare for skill and care. Before you move, write us or wire and reverse the charges. Head office, Hamilton, Ontario, Canada. Hill the Mover.

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In common interchange of work and play
You are the coin time cannot wear away.
The Gold that keeps its value to the end
And makes me rich in having you a friend!
—Arthur Wallace Peach.

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Their teeth are of a tough
metal which makes them hold
their keen cutting edge un-
der every strain.

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After Shaving.

Mix Minard's with sweet oil
and rub the face. Soothes
burns of a dragging razor.

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"KING OF PAIN"
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**Most Everyone
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Blood Tonic**

NOW—in the Spring—most people
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Men and women of all ages are benefited by taking TRU-BLOOD, a safe and proven tonic for the blood.

First successfully used as a doctor's prescription, TRU-BLOOD is wonderfully effective in bringing back health to all whose ailments are caused by impoverished or impure blood. And while correcting blood disorders—of which disfiguring rashes, eczema and painful boils are the outward evidences—TRU-BLOOD gives you a clear skin of velvety softness.

The tetter of any form of skin disease are more quickly overcome by using Buckley's OINTMENT in conjunction with Buckley's TRU-BLOOD. Besides healing, this magic OINTMENT softens and beautifies the skin. Get these Buckley products today at any drug store.

Tones the Blood

TRU-BLOOD
Clears the Skin

**"PINKHAM'S
COMPOUND
IS WONDERFUL"**

Read This Letter from a
Grateful Woman

Vanessa, Ont.—"I think Lydia E. Pinkham's Vegetable Compound is wonderful. I have had six children of which four are living and my youngest baby boy now eight months old who weighs 23 pounds. I have taken your medicine before each of them was born and have certainly received great benefit from it. I urge my friends to take it as I am sure they will receive the same help I did."—Mrs. MELTON McMULLAN, Vanessa, Ontario.