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LATEST Q.R.S. MUSIC ROLLS
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Sunshine Among My Souvenirs
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Peer's Ten Points For Young Men

Lord Herbert Scott Gives Qualities Essential to Success

Lord Herbert Scott, the new president of the London Chamber of Commerce, is a striking instance of a peer and a public school and university man who has made a success in business.

He is a director of seven companies, including Rolls-Royce, Ltd., the Tisbury Contracting and Dredging Co., Ltd., and the Sun Life Assurance Society.

To a reporter he gave the following points which he considers every young man ambitious to make his mark in business should study:

Charm of manner and tact.
Confidence (but not too much egotism).
Education. (A highly educated man does not always make the best business man, and I do not regard a university education as essential. A university man often finds that he is starting in business too late and a university life is inclined to give a man an aloof, and casual, manner, which is not useful in business).
Imagination. (But not the artistic temperament).
Experience. (A knowledge of human nature and the art of knowing how to deal with men).
Industry.
Health. (A careful observance of the laws of health, particularly diet).
Judgment. (And a capacity for taking quick decisions).
Observation.
Lord Herbert Scott, who is 56, is a brother of the Duke of Buccleuch.

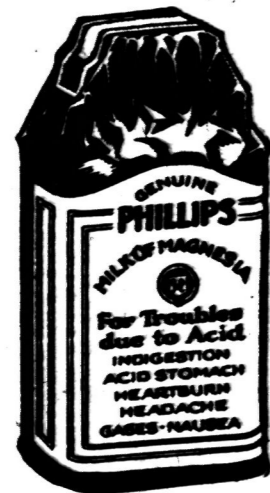
War-Stricken Areas of France Rebuilt

London—Nearly all the houses destroyed or damaged in France during the war have now been rebuilt, according to information contained in the current issue of Industrial and Labor Information, the weekly publication of the International Labor Office of the League of Nations.

Quoting from an official report, it is stated that since the Armistice, all building operations in France have been concentrated in the liberated areas. The number of building workers employed in this region rose from 150,000 in 1906 to 296,000 in 1921. When the Armistice was signed it was estimated that there were 280,147 houses entirely destroyed and 422,738 damaged, and the fact that it was necessary to concentrate work on these has resulted in a serious housing shortage in other parts of France. The number of houses required to be built immediately is estimated at about 400,000.

With blue, white, and yellow violets, what color is violet?

Many of Canada's leading social and sporting clubs use Red Rose Orange Pekoe Tea exclusively. The added strength and inimitable flavor of Red Rose Orange Pekoe make it last longer, go farther and taste better. Packed in damp-proof aluminum.



When Food Sours

About two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been over-stimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume is acid.

The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient and

Clock Will Warn House Speakers
New Invention to Keep Record of Length of Speeches

Ottawa—An electric clock with four dials and which will indicate the time taken up by each speaker will be installed in the House of Commons. The clock was invented by a Port Arthur man for use in hockey matches and is claimed to have worked in a very satisfactory manner. It will be controlled by the clerk or assistant clerk.

With the new rule limiting speeches to 40 minutes in the House suggestions have been made by several members that there be some system of advising the member speaking how much time he had left. At present Mr. Speaker keeps record of the time and cuts off the speaker when 40 minutes are up after making allowances for interruptions. When the question of a clock was discussed Speaker Lemieux said he would appreciate some method which would relieve him of the task of keeping the time.

A REAL NERVE TONIC
The Source of All Nervousness is Weak, Watery Blood.

Many people, both men and women, find themselves run down through overwork, or anxieties. Such sufferers find themselves tired, low-spirited and depressed. Their nerves seem to be worn out and they suffer from headaches and other nerve pains. All this comes from starved nerves.

Doctoring the nerves with poisonous sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich red blood. Therefore to relieve nervousness and run-down health Dr. Williams' Pink Pills should be taken. These pills enrich the blood, which tones the nerves, improves the appetite, gives new strength and spirits and rakes hitherto despondent people bright and cheerful. Miss Irene Denne, R.R. No. 1, Washago, Ont., tells what Dr. Williams' Pink Pills did for her as follows:—"I suffered for a long time with my nerves and a generally run-down condition. I grew so weak that I had to lie in bed a part of every day. I could not do any work and was taking medicine all the time, trying one medicine after another. I was advised to try Dr. Williams' Pink Pills, and I have reason to be thankful that I acted on this advice, as this was the first medicine that gave me any relief, and in a comparatively short time restored me to the blessing of good health. When I think of the marvellous good these pills did me, I can most highly recommend them to all weak, nervous people."

If you are at all run-down, or weak, you should begin at once to take Dr. Williams' Pink Pills and you will soon be well and strong. These pills are sold by all medicine dealers or will be sent by mail at 50 cents a box by The Dr. Williams' Medicine Co., Brockville, Ont.

Fast Trains of 30 Years Ago

The longest non-stop railway run in the world, from London to Edinburgh, a distance of 392 miles, which is about to be inaugurated, has set persons with long memories to making comparisons. These old-timers draw attention to the fact that in the matter of speed present-day railroading has nothing to teach the past.

Thirty years ago it was possible to travel from London to Edinburgh or even to Aberdeen more quickly than nowadays. In the nineties of the last century, where there was a keen competition between the railways for the northern traffic, the 548 miles between Euston station in London and Aberdeen were covered in 512 minutes, or at an average of 63.3 miles an hour. Moreover, this time was made with three stops. On another route the journey from King's Cross station in London to Aberdeen was done in only twenty-five minutes more time than the famous Flying Scotsman now takes to reach Edinburgh. In the early years of the present century a famous Great Western engine frequently developed a speed of 102 miles an hour, or as fast as the average airplane flies to-day.



British Boys Study Agriculture

The above shows a splendid group of British Public and Secondary school students who have just arrived at the Macdonald Agricultural College. Recruited by the Department of Colonization and Development of the Canadian Pacific Railway, these young men will pursue a two year course at the College. During the summer months they will work on farms where places have been selected for them. On completion of their studies they will engage in various branches of Canadian agricultural operations, by which time they will be accustomed to Canadian methods.

The scheme under which these students were brought to Canada has now entered upon its fourth year of operation and the College authorities are thoroughly satisfied with the soundness of the plan. At the extreme left of the picture is Dr. H. Barton, Dean of the Faculty of Agriculture, Macdonald College, and at the extreme right is Mr. L. H. Hamilton, Instructor in Agriculture, who is especially charged with the supervision of the students under this particular scheme.

Woman
Eye, you have given love with all your might.

Once its warm fires have thawed your virgin ice;
Have bowed in anguish with unbound delight,
Because your anguish is a sacrifice
To man, who gives you gladness with a word,
And, spite of all pretences, is your lord,
And then you hate him that his love has faltered!
Hate him, unreasoning, and do him ill—
Spend all your thoughts to have him pent or haled
From the full triumph of his devotion;
Too blind to see that in your vengeance grim
Still shows the worship that you keep him.

N.S.W. —Hamer.



All Work and No Play.
"That unsuccessful dramatist says he does nothing but work."
"Yes, so far it's been all work and no play with him."

About Buttonholes

When making buttonholes in very soft or thin material, spread a little cold starch or library paste on the wrong side of the goods and let it dry before cutting the buttonholes. This will make the material firmer to work on, and it will not show and will not injure the goods.

Another method to use with soft, thin material or any cloth that frays easily, is to work the buttonholes before cutting it out. First mark with pencil or white thread where it is to be cut afterward, then work the buttonholes around this in the usual way, right up to the line to be cut. With a safety-razor blade or a pair of small, sharp scissors cut between the two rows. This must be done carefully.

An excellent way to do with silk or other material that frays but is not transparent, is to lay a piece of "mending tissue" or even adhesive plaster behind the goods where the buttonholes are to be cut, and press it with a hot iron to make it adhere. This provides firmness, and the buttonholes may then be cut through both goods and added piece.

Adaptability

W. L. A. in the Leeds Mercury (Cons.): There is much we must learn from the American. If we could cultivate in ourselves some of their adaptability it would be a boon under conditions of sweeping industrial change. I know in this country educated men who have done virtually no work since the War because they could not get back to their old posts and seemed to have no heart to try anything new. There is something intolerably rotten when men of their stamp sink so easily into do-nothing fatalism. We need a new spirit of vitality among salary earners. This attitude of sitting down to mourn a lost job and hoping it will return is not common to all who have misfortune, but it is common enough to be a real problem. We must have more adaptability. We must make it an outstanding British quality. Without it our industrial mishaps will become disasters.

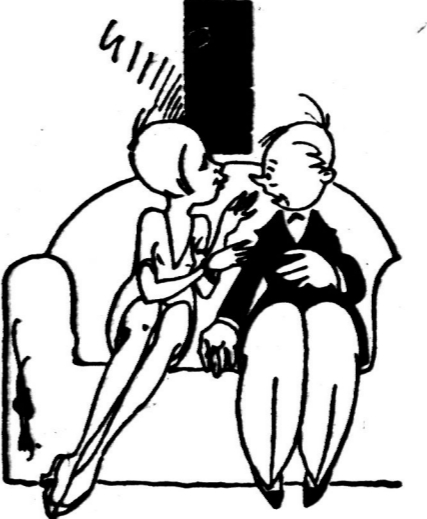
"Does the man Ethel is going to marry come of good stock?" "Better than that; he owns a lot of it."
Even a dog, when wet, knows enough to shake himself and become dry.
Minard's Liniment for insect bites.

BABY'S OWN TABLETS THE HOME DOCTOR

Baby's Own Tablets meet all the need that exists in every home where there are young children. They are a laxative, but do not gripe. They are soothing, but do not contain one particle of opiate or other ingredient that can in any way do the slightest harm to the most delicate child.

Baby's Own Tablets reduce fever, relieve colic, banish constipation and indigestion, check diarrhoea, sweeten the stomach and allay the irritation that accompanies the cutting of teeth. They quiet the nerves and promote health-giving sleep and repose. In fact they are as good as a doctor in the home, and once a mother has used them for her little ones she will use nothing else. Thousands of mothers bear testimony to this. Among them is Mrs. Hurst, of Pine Falls, Man., who says:—"I was told to try Baby's Own Tablets by a friend who had used them for all her little ones and said she could not do without them. After using them for my baby boy I quite agree with her and certainly think they are the finest medicine in the world for little ones."

Baby's Own Tablets are sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.



He—"What's the harm in just one little kiss?"
She—"Nothing except that it's too small and too few."

Don't Make a Toy Out of Baby Babies Have Nerves
By RUTH BRITLAIN



Much of the nervousness in older children can be traced to the over-stimulation during infancy, caused by regarding baby as a sort of animated toy for the amusement of parents, relatives and friends. Baby may be played with, but not for more than a quarter of an hour to an hour daily. Beyond that, being handled, tickled, caused to laugh or even scream, will sometimes result in vomiting, and invariably causes irritability, crying or sleeplessness.

Fretfulness, crying and sleeplessness from this cause can easily be avoided by treating baby with more consideration, but when you just can't see what is making baby restless or upset, better give him a few drops of pure, harmless Castoria. It's amazing to see how quickly it calms baby's nerves and soothes him to sleep; yet it contains no drugs or opiates. It is purely vegetable—the recipe is on the wrapper. Leading physicians prescribe it for colic, cholera, diarrhoea, constipation, gas on stomach and bowels, feverishness, loss of sleep and all other "upsets" of babyhood. Over 25 million bottles used a year shows its overwhelming popularity.

With each bottle of Castoria, you get a book on Motherhood, worth its weight in gold. Look for Chas. H. Fletcher's signature on the package so you'll get genuine Castoria. There are many imitations.

RED ROSE TEA "is good tea"
The Orange Pekoe is extra good
In clean, bright Aluminum

Gives Son High Rank

Second Son of Chinese Dictator Made Army Division Head at 25

Peking—Marshal Chang Tso-lin, the dictator, has sent another son to the wars.

Chang Hsueh-chang, second of his male offspring, twenty-five years old, is not starting at the bottom to work his way up, but has been commissioned a major general and given command of a division in the Shantung army. This young man received most of his education and military training in Japan, where he studied in the army cadet college.

General Chang Hsueh-liang, the "young general," eldest son and heir apparent to whatever dignities and power Chang Tso-lin may accumulate before his adventurous career closes, is nominal commander of the 3d and 4th Manchurian armies southwest of Peking, although it is noted that one of the dictator's veteran generals always accompanies him to the front as "co-commander."

Chang Tso-lin, unlettered former bandit though he be, has insisted on the careful education of his eight sons, and in less degree of his five daughters. The "heir apparent," brought up in Mukden, had the best foreign education that provincial centers afforded at the time. The third son is now a military cadet in Japan and the fourth a student in the medical college of the South Manchuria Railway (Japanese) at Dairen. Two other sons are in Mukden and the two youngest, still small boys, are with their father in the Presidential palace in Peking.

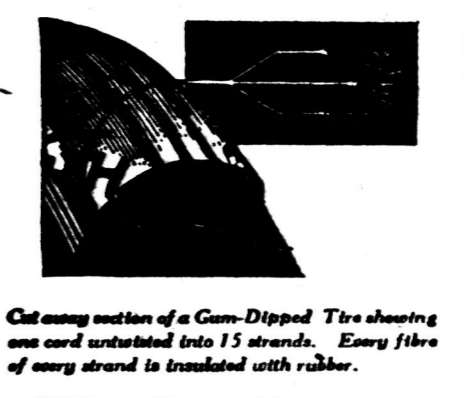
Hired Assassins

London Daily Mail (Ind. Cons.): (The bank-notes found on the Southern Irish gunmen, seized by the London police on March 17, have been traced to Soviet banking institutions.) It is thus definitely established that the Soviet is still paying ruffians of every kind to attack law-abiding people and to wreck the established institutions of this country.

The only kind of travel that doesn't broaden one is that on a trolley in the rush hour.
If the women's party had its way, it would rule the country by a slim majority.

Windows Ready 78c Glazed 4ft. 6x10
Other sizes at bargain prices. Send for free catalog of Builders' Bargains and our special saving Bargain circular.

HALLIDAY CO., HAMILTON



Why Gum-Dipping Increases Tire Life

A tire in use is being constantly bent backwards and forwards by road action. Such movement generates friction and heat that has a deteriorating effect unless the tire is built to withstand it.

In the carcass of a Gum-Dipped tire there is less friction to generate heat because Gum-Dipping puts a coating of new live rubber around each separate cord that keeps it from rubbing against the cords that lie next to it. It stays cooler and therefore lasts longer.

Your local Firestone Dealer will gladly advise you on your tire problems. See him today.

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TANCE movers of Canada. Largest speedy padded vans. New Equipment. Best methods. Two experienced men every trip. All loads insured. Beyond compare for skill and care. Before you move, write us or write and reverse the charge. Head office Hamilton Ontario, Canada. Hill the Mover.

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BABY CHICKS, WHITE LEGHORNS of high quality moderately priced. Produced to make good under actual farm conditions. All pens headed by preferred males from hens with records of 225 to 260 eggs and over 300 egg blood lines. May chicks, 16c; June chicks, 12c. Catalogue Free. 100 per cent live delivery guaranteed. Britannia Poultry Farm, R. 6, Brampton, Ont.

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Ideal for Children

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Bathe feet in Minard's and warm water, rubbing solution into aching parts. Soothing and relieving.

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Soft, glowing color and velvet smoothness are the skin's reflections of "blood health" within.

TRU-BLOOD, the pleasant-to-take blood tonic, by acting directly on the blood and driving out impurities, corrects the underlying causes of skin affections and gives natural color and beauty to the complexion.

When taking TRU-BLOOD use Buckley's OINTMENT as an external treatment. This magic Ointment does wonders in correcting skin blemishes, in softening and beautifying the skin.

Read what these users say. One writes: "Tru-Blood is working marvels with me." Another says: "I recommend Tru-Blood to my neighbors and they find it better than any preparation they have ever used." Still another writes: "I cannot praise it enough. As long as I live I will never be without Tru-Blood."

You will sing its praises, too. Go to any good drugstore for these proven "Buckley's" products—and acquire "The Skin That Charms."

TRU-BLOOD
Tones the Blood
Clears the Skin

ATTENTION, WOMEN OF MIDDLE AGE!

Mrs. Goodkey Tells Her Experience with Pinkham's Compound

Byemore, Alberta—"The Change of Life was the trouble with me and I was run-down, thin, and weak and could not sleep, had a poor appetite and could not do much work. I am taking Lydia E. Pinkham's Vegetable Compound now and I feel like a well woman. I saw it advertised in the papers and tried it and Lydia E. Pinkham's Sanative Wash. I have recommended it to a lot of women friends." Mrs. Wm. Goodkey, Byemore, Alberta.