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MONTRIAL



FOR SALE—O. A. C. Barred Rock
 yearling hen, bred-to-lay; at \$1.25
 each. Also two 40-gal. steel drums
 A. C. Bryant, Tyrrell, Simcoe RR. 4,
 phone Waterloo 17-13.

WANTED—School girl roomers.
 Apply Mrs. Watson, Jarvis.

NANTICOKE C. O. F.
 NO. 1273
 Meets on the last
 Monday of each
 month.
 — Insurance at Cost —
ASETON EVANS — Secretary

FOR SALE—Holstein cow, 4 years
 old. Robt. C. Shuter, Concession 9
 Loc 1, RR 4 Jarvis.

**WANTED TO
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 SHEATS
 HORSES
 POULTRY
 LIVESTOCK
 of all kinds
P. E. Armstrong
 JARVIS ONTARIO

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 Threshing. Apply to Oliver Hanna
 RR 4, Jarvis; phone 2-12.

FOR SALE—Walnut furniture, of-
 fice desk, phonograph, lumber and
 heater. Apply at the Rectory, Jarvis.

FOUND—A Brooch, on Wednesday
 of last week. Owner please apply at
 Record Office.

FOR SALE—Two horses, aged 8
 years, 1200; 9 years, 1400; also three
 milk cows. Apply Harry Matthews,
 RR 1, Nanticoke.

LOST—On Lake Shore Road or be-
 tween Jarvis and Nanticoke, a boy's
 black Oxford shoe. Finder please no-
 tify Record Office.

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CALDONIA—Roper's Block
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 7 to 9 p.m.
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 PHYSICIAN AND SURGEON
 Office Hours:— 9 to 10 a.m.
 7 to 4 p.m.
PHONE 74
OFFICE—In the late Bryce Allen
 Residence Jarvis, Ont.

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FOR SALE—Farm, 110 acres, on
 No. 6 Highway, 2 1/2 miles south of
 Jarvis. Machinery and stock com-
 plete. No reasonable offer refused.
 Apply A. Love, Jarvis, Ont.

FOR SALE—Old walnut furniture,
 gold fish and bowl, picture lantern,
 steel range, coal heater. Apply The
 Rectory, Jarvis. 20-1p

FOR SALE—A fresh milk Jersey
 cow, four years old. Apply to J. F.
 Jackson, Nanticoke; phone 1-12.

FOR SALE—Pure extracted clove-
 heney in 5-lb. tins, at 10c lb. Apply
 Arthur Hodgson, Jarvis; phone 3.

FOR SALE—Small house and lot
 on Church Street. Apply to Wm.
 Winger, Jarvis, Ont.

FOR SALE—Bred-to-lay Barred
 Rock baby chicks at 12c, about June
 5th. Mrs. Frank Saunders.

FOR SALE—A brick residence on
 Main Street. Apply to Mrs. F. Ross.

FOR SALE—Trunk, good as new
 with tray 36x21x12 inches; 4 gallons
 of Tillsburg's Elastic Roofing black
 paint. Apply to Mrs. Josephine Dux-
 bury, Jarvis, Ont.

FOR SALE—A 6-roomed house,
 newly decorated, hard wood floors
 downstairs; 3/4 acres of land; new
 drilled well; 3 large chicken houses;
 also good barn with large workshop.
 On good gravel road. Tyrrell, Con-
 cession 12, lot 2-3. A. C. Bryant.
 Reason for selling, leaving for city.

AGENTS WANTED—Male or fe-
 male, part or full time to sell Park
 Lane Products toilet articles and
 household necessities, etc. Exclusive
 territory. We have an excellent line
 of preparations and an attractive
 proposition to offer. Apply W. G.
 Forson, c/o Park Lane Products Ltd.,
 Hamilton, Ont. 20-1c

**NOTICE OF REGISTRATION
 OF BY-LAW**
 NOTICE is hereby given that a By-
 Law was passed by the Corporation
 of the Township of Walpole on the
 17th day of August, 1929, providing
 for the issue of Debentures to the
 amount of \$10500.00 for the purpose
 of raising money to pay for the con-
 struction of Woodlawn bridge, and
 that such By-Law was registered in
 the Registry Office of the County of
 Halton on the 20th day of Au-
 gust, 1929.
 Any motion to quash or set aside
 the same or any part thereof, must
 be made within three months after
 the first publication of this notice
 and cannot be made thereafter.
 Dated, 22nd day of August, 1929.
S. A. THOMPSON,
 Clerk of Walpole.

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 for 20 years!**
 For twenty years NATURE'S PILE
 REMEDY has been healing stubborn forms
 of itching, bleeding and protruding piles,
 without an operation or expensive treat-
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 internally on the cause of piles and effects a
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 ment has failed. At all good drug stores.
 Money back if not satisfied.
**NATURE'S
 PILE REMEDY**
 Name genuine without name A. W. Merrill

CREAMERY MONOXIDE

Pyper spends her spare moments
 riding horseback on the chain.

Muriel's complexion changed at
 regular intervals Saturday afternoon
 from the results of a phone call.

Newt has been rather gloomy this
 week, for why, you will have to ask
 Newt.

Chas. expects to spend two or three
 days at the C. N. E. this week.

Thorne's patience is almost up with
 the office staff, although they have
 promised to be more prompt in the
 future.

A number of the boys were unload-
 ing coal last week-end.

By the sound of the pigs, Bert is
 driving them for another square
 dance.

The College Shuffles danced by Wal-
 ter were exceedingly wonderful in the
 eyes of the spectators at the Fire-
 men's dance. Walter says the mod-
 ern dances are too much for him and
 after this he is going to drill under
 Bert in the square dances.

Our new can washer, Mr. Robert
 Enid, was installed for duty on Mon-
 day.

Faulkner sure looks as if he en-
 joyed a pleasant vacation.

CHEAPSIDE

The Nanticoke Mission Circle en-
 tertained the Cheapside Mission Cir-
 cle of the United church at the home
 of one of its members on Tuesday af-
 ternoon last. It was reported a very
 helpful and interesting meeting.

Mr. and Mrs. Smith and family, of
 London, were guests over Sunday at
 the Parsonage and returned, taking
 their little son with them, who has
 been spending some time with his
 aunt and uncle at the Parsonage.

School will be commencing again
 next week and the pupils who attend
 No. 4 and No. 2 schools will enjoy
 the newly decorated buildings, for
 both schoolhouses were re-decorated.

Mr. Lewis Buckley, of Detroit, has
 been visiting relatives and friends in
 the community recently.

Mr. S. Britton and Mrs. Meehan
 spent Sunday last in London.

Dr. and Mrs. Sherk are visiting at
 Queenston at the present time.

ROCKFORD

Our church service on Sunday morn-
 ing was well attended. All listened
 with interest to Rev. Mr. Trueblood's
 splendid sermon, based on the text,
 "Without faith it is impossible." On
 next Sunday our services will be held
 at the usual hours.

Miss Helen Smith was the guest of
 Miss Marjorie Smith on Sunday.

Mr. and Mrs. Sanford Fearman and
 children, of Hagersville, spent Sun-
 day afternoon with Mr. and Mrs. Wil-
 bert Howard.

Mr. and Mrs. Nathan Miller spent
 Sunday afternoon at Niagara Falls.

Mr. and Mrs. Wilfred Mason, of Ha-
 gersville, took tea on Sunday evening
 with Mr. and Mrs. Frank Smith.

Some from here attended the Por-
 ter picnic at Lynnwood park, Simcoe,
 on Friday.

Mr. and Mrs. Stanley Anderson and
 family spent Sunday with Mr. and
 Mrs. Jos. Moerschfelder, of Rainham
 Centre. Miss Helen, who has been
 visiting there, returned home with
 them; Miss Dorothy and Master Geo.
 remained to holiday for a week.

Mr. Wilbert Howard returned home
 from the Simcoe hospital last week-
 end and we are pleased that his severe
 burns are rapidly healing.

SANDUSK

Mr. and Mrs. Cecil Werner and
 family and Mr. A. W. Doughty spent
 Sunday in Hamilton, calling on Mrs.
 Doughty, who is improving nicely.

Mrs. John Awde and son William
 and Miss Edna Howard of Hagers-
 ville, spent Sunday at Mr. J. W.
 Bush's, Mrs. Awde remaining for a
 few days.

Mr. and Mrs. W. R. Werner spent
 Monday and Tuesday at the Exhibi-
 tion.

Mr. and Mrs. J. C. Bush and Miss
 Vera spent Sunday evening at Mr.
 Andrew Lofthouse's.

HEALTH HINTS
 By Mrs. C. Bayne

HEADACHE

There are four different kinds of
 headache, as will be stated:

1. Sick headache.—From impure
 food, stomach, generally accompanied
 by nausea or vomiting.

2. Nervous headache.— Generally
 felt in the base of the brain or in the
 form of neuralgia.

3. Fever headache.—A dry, burn-
 ing, throbbing head; will feel a pain
 in the temple or else is confused.

4. Headache from excitement—Felt
 in the back of the eye muscles and
 in the eye-ball—a dull ache. The eyes
 are brilliant and looks anxious.

All these headaches have a cause
 as from simple gastritis, acute dys-
 pepsia, gastric ulcers, or cancer, by
 exposure to the cold, constipation,
 uraemia of the kidneys, and nasal ca-
 tarrh.

Vomiting and Sick Headache
 Vomiting does not always indicate
 indigestion, for it may be one of the
 symptoms of a disease as scarlet
 fever, pneumonia, or meningitis. If
 repeated vomiting, with or without
 fever, must be regarded as due to
 something more than digestive dis-
 order. Vomiting should not be
 confused with regurgitation of milk.
 Regurgitation of milk is always liable
 to occur from overfeeding, such as a
 baby throwing it back from the stom-
 ach after being fed, and, unlike vom-
 iting, is not associated with nausea
 and is not forcible—comes up easily
 from the stomach. With nausea there
 is always a pale, cold, moist skin.

Treatment—The first essential is
 usually to withhold all nourishment
 for five or six hours, when taken it
 must be in small amounts of some
 other food than milk, as barley gruel
 or soaked soda biscuit in water—no
 sugar. If vomiting still continues
 after giving a patient a taste of food,
 apply a spice plaster over the stom-
 ach and withhold all food. (This
 plaster was given in an earlier writ-
 ing). To try to stop the vomiting
 give the water off burnt toast or
 burn rice and pour hot water over
 it, when cool give to patient the water
 that comes off of it. Sometimes a
 little baking soda, one-half teaspoon-
 ful in water, will help. Teaspoonful
 doses of equal parts of lime water
 and milk, every 10 and 15 minutes,
 may be prescribed. The patient
 should be kept quiet and not subject
 to any sudden movements, especially
 when raising him from the recumbent
 position. After vomiting has ceased,
 the irritating matter in the alimen-
 tary canal should be removed by a
 laxative. In serious cases, when the
 attack is continually repeated, it is
 imperative that a physician be con-
 sulted, not only for the immediate
 relief of the patient, but because of
 the liability of it being the be-
 ginning of a DISEASE.

Nervous Headache.—Try and re-
 lieve the mind if you can find out
 why or what is causing the nervous
 condition. Talk encouragingly to the
 patient, but not too long, as it is
 necessary to quiet them. Get them
 to go to sleep as insomnia accompa-
 nies this headache, but never give
 soothing syrups. Do not give any
 sleep-producing medicine without the
 doctor's advice. Give plenty of fresh
 air in the sleeping room—not drafts.

Diet.—Give some light diet as the
 last meal before the patient goes to
 sleep in the evening on retiring, as
 a glass of hot milk or hot malted
 milk with water and cow's milk of
 the same quantity, a little sugar will
 improve it, using 1 teaspoonful of
 malted milk to make one cupful;
 while hot as the patient can take it,
 the sooner it will take effect. A nerv-
 ous child should be guarded against
 excitement and unusual fatigue. A
 warm bath given before bedtime is
 often helpful in causing sleep by its
 sedative effect. This must be given
 before the drink is given to the pa-
 tient—then quietness must reign.

**Causes of nervousness and sleep-
 lessness** may be due to constipation,
 indigestion, colic, nasal obstruction or
 a nervous disease, in which case the
 attention of a physician will be re-
 quired, as also is a fever headac's
 with high temperature.

Headache from Excitement.—May
 be from a person being in a crowd,
 or having exciting news given to
 them, a shock, or irritation of hav-
 ing had words with another as an
 argument, or accident, etc. Quietness
 and kindness is all that is need-
 ed, which, when the excitement passes
 the nerves will quiet themselves.

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 is NOT a City: However, this IS a City Store
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