

## THE JARVIS RECORD

Published every Thursday morning  
at the office in The Record Building,  
144 Jarvis, Ontario.

THE RECORD PRINTING  
COMPANY, LIMITED

THURSDAY, JANUARY 31, 1929

### THE CHANCE GOES BY

A man does not always know his chance when it comes to him, but if he lets it pass, he will learn in time that it went by. Then, too late, he will overwhelm himself with reproaches for not seizing the golden opportunity.

Business men derry tardiness in those whom they employ, for that means not simply the waste in time that should be spent in work, but the failure to be present when opportunity, coming without warning, knocks promptly and, being unanswered, summarily departs. Returning belatedly, one may listen eagerly for a repetition of that summons to rise and confront destiny face to face, but it does not come. The great chance appears unheralded and found us wanting and went away, leaving no address with which we may communicate.

For our chances do not come with hand music and pennants waving. They stealthily approach, they come, like successful burglars, when we expect the least. "If only we had known!" we cry with vain regret. But they promptly went where there were others waiting for them, with trimmed lamps. These others seized what might have been our own, and all our hopes of what we might have done for our "luck" been different is unavailing.

What is luck? Most of the time it means to be in the right place at the right moment. The one who is there is the winner over one who is elsewhere. And he who is there must be present not simply in the physical sense; he must attend with all his faculties. As Shakespeare reminds us, it is of no use to have our eyes open if "their sense is shut." A sense

that may be at his post, but he is futile if he sleeps.

Thus to recognize and improve the opportunity one must be broad awake to it with the keen edge of the senses whetted. The worker who brings only part of his mind to his task is not worth the whole of the pay he draws. He will miss chances not merely for himself — those quickly seized may promote his own fortunes — but for the concern that when it secured his services supposed that it was getting every bit of the man he is. He must not expect a worker's pay unless he serves with all his senses aware.

### POWER OF IDEALS

Man has always had before him in the various stages of civilization ideals stronger than armies and dreams more potent than armed legions. These ideals have had their revolutions and experiences. They have formed the structure of things yet to be.

Government itself grows out of ideals coming from the lips and pens of philosophers from the time of Plato and Aristotle. In these philosophies and those of the men of the Renaissance there were the ideals of freedom and equality, of truth, of beauty and, above all, the ideal of hope.

Ideals helped shape the United States out of the colonies. The writings of such men as Roger Williams, John Wise and Thomas Hooker forecast in a measure the outlines of that great republic. They were followed by the idealists of the Revolution who "breathed into the nation," as John Adams puts it, "the breath of life." Ideals preserved the new nation after the Revolution, through the days of its early growth and down to the war between the states.

Then came Lincoln, with his new and fresher ideals of freedom. In our own time Woodrow Wilson projected beyond the borders of his own land the principles Lincoln voiced at Gettysburg. This ideal was the same that sung in the hearts of the Hebrews when they lay under Egyptian dominion. It is an old and deathless ideal, breathing peace and freedom.

The progress of mankind always marking another distinction between the past and the present. These have dominated nations, often into the "last full measure of devotion" but they are the beacons of hope on the long road ahead.

### THE GROUND HOG'S SHADOW

Saturday is what is known in folklore of the land as Ground Hog Day. According to an old superstition, if the sun shines bright enough for the ground hog to see his shadow on Feb. 2nd, he will become frightened and scamper back to his hole for another six weeks of winter weather. If the old fellow does not see his shadow he is not perturbed, remains out of his hibernation, and spring, indeed has come, as the old tale runs. But it seems we have a motley season in this broad land along about this time of year — six weeks more of winter in some localities, spring-like days from now on in other communities, and some of both in other places.

The truth is, of course, ground hogs come out of their holes early in the season, when the sun begins to get higher in the heavens and the weather becomes milder. And they also go back into their holes when the weather grows inclement — because they would starve to death if they did not do so.

There will be bright days, and also warm ones, scattered along from today on, until spring flowers bloom. But the ground hog has nothing to do with it, and knows nothing about it. He doesn't know as much about it as the weather man, and makes just as many mistakes.

### RECORD RAMBLINGS

You cannot guess a man's status in America, except that you know if he acts important, he isn't.

Second-rate authors have a hard time. They have no reputation and must keep right on doing good work.

The reformer should be patient with us. After all, the world's wickedness keeps him in a job.

In the last generation, says a medical writer, man has learned to put off death an additional 10 years, thus

any particular interest to us. They are largely a matter of doing something, an evidence of our inability to be still, and to enter ourselves quietly and restfully in submission.

We must realize that the possibilities of health depend, in large measure, upon ourselves. If we would have health, we must be prepared to make the necessary effort to secure the exercise we need and to establish habits of living which permit of sufficient rest and sleep. Neglect means less health if not actual disease; it means living our lives below the standard which we are capable of attaining. It means more worry and less happiness. Health is worth the effort, but we must make the effort ourselves.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered personally by letter.

A survey of current publications places the Family Herald and Weekly Star of Montreal in the lead for variety and quality of reading. Always recognized as a steady guide and counsellor to the farmer the survey proclaims it almost as equally popular in urban homes.

The distinction is this: A realist believes what he sees. A visionary is convinced he will eventually see what he believes.

There are fewer self-made men now than formerly, observes an educator. Also, they've stopped putting boot-camps on boots.

### HEALTH SERVICE of the CANADIAN MEDICAL ASSN.

### EXERCISE AND REST

Particularly during winter months, it appears to be necessary to remind many persons of the need for daily exercise of the body, including the heart which is a muscular organ. Exercise deepens and increases respiration, produces heat, induces perspiration, and develops the motor and sensory nerve centres of the brain.

If the food which we eat is to be properly digested and used for the nutrition of the body, we must exercise; if the elimination from bowels and kidney is to be kept in proper order, we must exercise. It is perhaps a good working rule to say that the normal individual should exercise to the point of perspiration once a day. We should walk sometimes in place of riding, play some games and spread them throughout the week, not concentrate them all on Saturday.

On the other hand, we should not forget the need of rest. Perhaps there are more of us in need of rest than of exercise. Children require a great deal of rest, freedom from activity, and long hours of sleep in order that they may grow and develop healthy minds in healthy bodies. The adult needs rest in order to repair the wear and tear of daily life, and to prepare for the days ahead. A quantity of our activities are without

The Family Herald and Weekly Star of Montreal holds a record for subscription increasing substantially and continuously year after year. After all it is not surprising when one considers the quantity and quality of the reading matter given each week and at a price ridiculously low — \$1 a year or three years for \$2.

## DUXBURY

"THE BUSY STORE"  
Phone 47

A full line of Groceries, Fruits and Vegetables

Cured and Fresh Meats

Cookies and Fresh Bread daily

Boots and Work Shoes

Rubbers and Socks

Harness and Harness Parts

Horse Blankets

Also a wonderful Stock Tonic

Everything repaired that can be repaired with leather

A few Ice-Creepers left

— GIVE US A CALL —

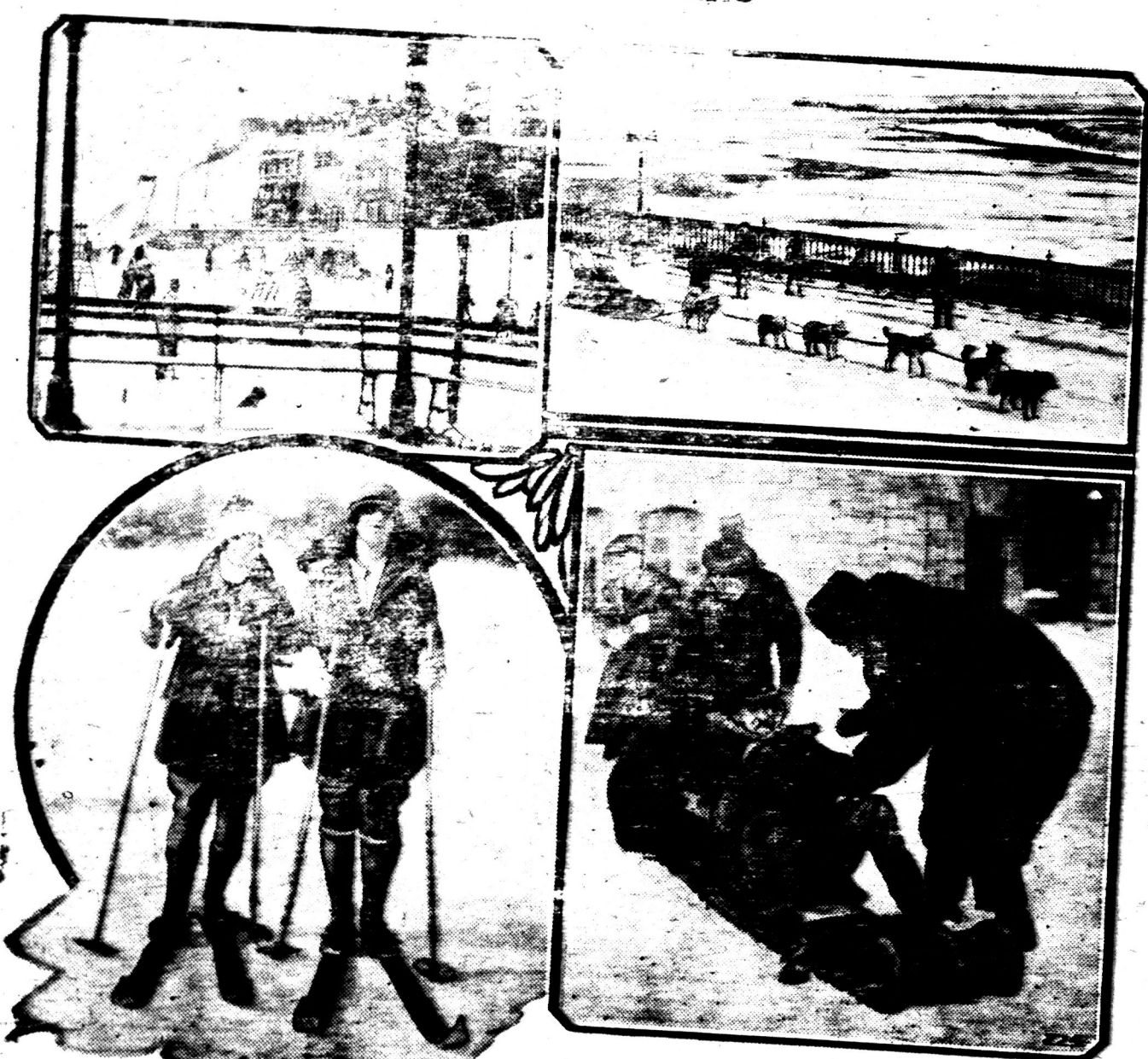
JARVIS Main St. ONT.

## The Family Herald & Weekly Star

Now Only One Dollar a Year  
3 Years for \$2

The Jarvis Record, Local Agent

### Ste. Petronille



Jack Strathdee, the very able winter sports director at the Chateau Frontenac, his friends will be pleased to learn, is losing weight. Jack runs a summer camp at French River in the fishing season and he took his present job for the reason that he wanted to rest and draw a salary at the same time. When he has time to reflect, and this he seldom, he longs for the easy life of operating a camp and handling a crowd of Indian guides. He finds no rest, for during every daylight hour there is something doing on the ski-slope, on the rink, on the sleds, and a hundred people to provide with sports equipment and attention. But he keeps fit, as they all do. The air is bracing and invigorating and there is lots of fun.

In the group above one sees the director assisting Their Excellencies Lord and Lady Willington who have just come down the slide for the third time. The other group perhaps explains why he finds so much pleasure in his work and why he has taken up skiing again. There is also a picture of his rink which shows how the slide in the back-ground drops down steeply from the otidale.

But take the other picture. This will show you Jack Strathdee's most recent discovery. Beyond the dogs and the terrace is a field of free ice. Beyond that the lake of Orleans is a shadowy form. Now to the left of the lake, just above the lamp standard, great slabs and chunks of crystal and opaque ice buried themselves in a mass, cast reefs of glimmering ginnacles to the sky in one glorious chase and screeching, growlously settled down. Then the mayor of St. Gregoire and the mayor of Ste-Petronille set out, each armed with a small spruce cutting. They met somewhere in the centre of the river, solemnly shook hands, and the ice bridge was declared open. It was after that, that the sports director drove over and discovered Ste-Petronille with its ski slopes and toboggan and snowshoe grounds, and also the "Catalogue". The "Catalogue" has a rubricated fire place of catalogue about the floor and as window drapes, the oddest old furniture and quaint bed-rooms and above all a splendid cuisine. It is less than one hour from Quebec and is hailed as a great discovery.

# An INVITATION

## SPECIAL PRESENTATION of The Outstanding Chevrolet of Chevrolet History

EVERYONE is familiar with Chevrolet's brilliant record of past success, but the new Chevrolet represents the most spectacular of all its achievements — introducing a new conception of motor car value. It is with pleasure, therefore, that we announce our ability to secure the services of a Chevrolet factory expert to conduct for us a special presentation of the Outstanding Chevrolet of Chevrolet History.

This presentation comprises a complete, thorough explanation of this sensational new car — and, in addition, a special series of illuminated slides and a motion picture of unusual interest entitled "With Chevrolet Across Canada."

Everyone is interested in the latest automobile developments! Everyone is cordially invited to attend! Make a note of the time and place.

A SIX IN THE PRICE RANGE OF THE FOUR

In Peacock's Hall, Jarvis  
Tues., Feb. 5, at 8 p.m.  
Albert Booth, Jarvis



### PROFESSIONAL

Arrell & A.

Barristers, E.

HAMILTON—Sun L.

CALEDONIA—Rop-

HARRISON ARRE

County Crown A

S. Cameron

J. Edward St

Kelly, Porter &

Barristers, Solicitors, N

W. E. Kelly, K.C.

Crown Attorney

DAVID E. KEL

Solicitors for Norfolk C

SIMCOE, ONT

Money to Loan at Low

JARVIS

PHONE 74

Office—In the late

Residence Jarvis, 4

DENTIST

Dr. R. G. Hy

DENTIST

Office Hours:—9 to 12 a.m.

5:30 to 8 p.m.

Office above Shildrick's B

Phone 121

MAIN ST. HAGERSVILLE

VETERINARY

Dr. E. Slack, B.V.

VETERINARY

Hagersville

MODERATE RATE

Geo. L. Miller W. M.

MILLER & McQU

LICENSED AUCTIONE

For the County of Hal

Farm Sales a Special

20 Years Experience

Terms Reasonable

Select your date and every

attended to by the Auc

Satisfaction Guaranteed

Applications made to George

le. Jarvis, Ont.; Phone 35

JOHN DEMI

LICENSED

Auctioneer

All Sales conducted in

up-to-date and business

manner.

Phone 852

85 Maple Street Simco

A. C. BRYAN

RE-UPHOLSTERER AN

FURNITURE REPAIR

Goods called for and delivered

good range of samples to

from. City work done at co

prices.

SLIP COVERS—Cut and

the closed cars, at my shop or

garage.

Telephone 17-13 Waterfor

TYRELL, ONT., R.R. 4, SIM

Science Notes

The latest news and infor

mation to help you up to

date. One of the dearest

reads of Montreal's Maga

24 issues per year

Only \$2.00 for one y

and \$5.00 for three years

Send your orders to:

THE JARVIS RECORD