

Now she is no longer anaemic

ARE you worried about your daughter? Is she growing too fast for her strength? Is she pale, thin, anaemic?

You can build up her blood supply with Dr. Williams' Pink Pills. They contain the vital, life-giving nourishment which, anaemic blood cries out for.

"I do not think that Dr. Williams' Pink Pills have an equal for building up the system," writes Mrs. Albert Powers of Fiction, Ont. "I gave them to my eldest girl when she was anaemic, pale and thin and had no appetite. They restored her to health and later when my youngest daughter was run-down after diphtheria, I again brought them into use. My daughter was thin, pale and extremely nervous but the pills soon set her right."

Start your daughter on this proven treatment now. Buy Dr. Williams' Pink Pills at your druggist's or any dealer in medicine or by mail, 50 cents postpaid, from The Dr. Williams' Medicine Co., Brockville, Ont.

Dr. Williams' PINK PILLS
"A HOUSEHOLD NAME IN 50 COUNTRIES"

Circumstances

A wise man adapts himself to circumstances, as water shapes itself to the vessel that contains it.

VALUES

There are many people in the world who don't know what they really are till circumstances show them.

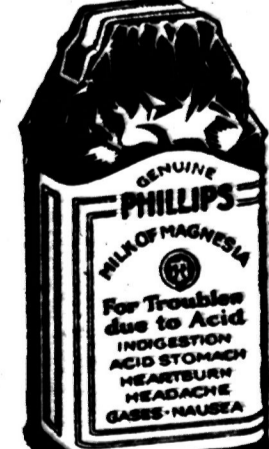
—Jean Ingelow.

OF INTEREST TO CANARY STORES AND BREEDERS

The new issue of Brock's Book on Birds going to press shortly (14th edition), will contain a Free Listing of names and addresses of retail Bird Stores; also of reliable breeders of Canaries and other cage birds in Canada.

All Bird Stores and any breeders who are interested in being listed in this popular book, which circulates in thousands of homes all over the Dominion, should send in their names and addresses immediately to the publishers below.

Nicholson & Brock, Ltd.
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Reduce the Acid

Sick stomachs, sour stomachs and indigestion usually mean excess acid. The stomach nerves are over-stimulated. Too much acid makes the stomach and intestines sour.

Alkali kills acid instantly. The best form is Phillips' Milk of Magnesia, because one harmless, tasteless dose neutralizes many times its volume in acid. Since its invention, 50 years ago, it has remained the standard with physicians everywhere.

Take a spoonful in water and your unhappy condition will probably end in five minutes. Then you will always know what to do. Crude and harmful methods will never appeal to you. Go prove this for your own sake. It may save a great many disagreeable hours.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Minard's Liniment for sick animals.

What the Derby Means to England

BY LORD STANLEY, M.C.

The Derby stands alone among sporting events, and the House of Stanley, of which the Earl of Derby is the head, is probably quite as proud of its intimate association with England's greatest race as it is of any page in its history. Special interest, therefore, attaches to the following article, in which Lord Stanley, son and heir of the Earl of Derby, recalls some memories of Epsom in "Answers."

Every year, towards the end of May, there appears a flood of articles on the Derby, written from every point of view—the racing experts give a careful analysis of the past performances of all the runners, their peculiarities, and the life history of their sires, dams, trainers, jockeys, and owners, and then proceed to name the winner, not always with successful results.

SCENES ON THE DOWNS.

The descriptive writer paints an amazing picture of all classes and descriptions of vehicles carrying all sorts of passengers, but all going to the same place with the same object. We have the views of the psychologists who delight in the scene on the Downs, where he can study the varying types and nationalities of the holiday-makers—one type, the gypsies, to be seen no more. The least readable of all is the writer who professes to be a national holiday because on an occasion where a modest bet may be made and something a little stronger than water may be drunk.

It is this mixture of the holiday spirit and the running of the greatest race in the world which makes the Derby unique. Every sport has its great fixture which arouses interest far beyond the circle of its ordinary devotees. The results of the ordinary Boat Race, the Football Cup Final, Wimbledon and the Test Matches are keenly followed. But all these must give place to the Derby. Not only does it attract tens of thousands to Epsom, but the result is eagerly awaited all over the world.

SPORTING BLOOD.

The unique hold which the race has on the English is shown by the way so many people take this opportunity of putting aside the duties of everyday life and renewing old friendships. It is probably because of this that so many school, regimental, and association reunions are always held in London at this time.

The Derby, thank goodness, is not the preserve of any small section; it is the happy hunting-ground of all rich and poor, regular racegoers and holiday-makers, men and women. All can enjoy it, provided that they have in them one drop of that sporting blood which is the inheritance of our race.

I am very proud of the fact that the Derby, our greatest race, was founded by an ancestor of mine, and that his house at Epsom, the Oaks, is commemorated by the filly's race of that name. Little can he have thought that he was laying the foundation of one of our great national institutions!

ROMANCE OF RACING.

He was fortunate enough to win it in one of the early years with a horse called Sir Peter Teazle, who afterwards made a name for himself at the stud. The paddock and box in which he was kept are still in use at Knowsley.

The history of the Derby is full of romance. It contains such incidents as the death of Harvester and St. Gatien, and the victory of Hermit for Lord Chaplin, probably the most sensational of all turf triumphs. He had been well fancied, but broke a blood vessel and was knocked out to a long price. His victory ruined Lord Hastings, who had run away with Chaplin's fancies. An early retribution!

Lord Roseberry, whose death is so keenly regretted by us all, won with Ladain when he was Prime Minister, and this was certainly not the least notable event in that statesman's career. In the old days many of the leading politicians used to play a very active part on the turf, and until comparatively recently the House of Commons always adjourned for the Derby.

The present Lord Wemyss was the last mover of the resolution which adjourned the House of Commons for

Sweden Richest In Prehistoric Finds

Nature of Landscapes Preserves Treasures, Says Professor

Stockholm.—Sweden's prehistoric relics are the richest in the world, and this is because the same race has inhabited the country for about 15,000 years, say Professor Curman, state antiquarian.

The scientific museums of Sweden contain more than a half million treasures of antiquity.

The structure of the landscapes, with patches of fertile soil lying among barren areas, thick forests or craggy hills, has also helped to preserve these materials of ancient lore. These natural obstacles have kept farmers from encroaching upon the sites where prehistoric tombs, fortifications and Viking pruned stones have been hidden.

Moreover, the Swedish Government realized 300 years ago the importance of preserving relics of antiquity and enacted laws to that end.

A WARNING TO MOTHERS

Watch the Health of Your Little Ones at All Times

No mother can expect that her child will escape all the ills to which babyhood and childhood are subject, but she can do much to lessen the severity of these troubles. The mother should be constantly on her guard to prevent childhood ailments, or if they come on suddenly as they usually do, to have the means at hand to relieve them. Thousands of mothers have found Baby's Own Tablets the ideal remedy for little ones—thousands of mothers always keep the Tablets in the house as a safeguard against the sudden illness of their little ones.

Baby's Own Tablets are a mild but thorough laxative. They regulate the bowels; sweeten the stomach and thus banish constipation and indigestion; break up colds and simple fever and make the cutting of teeth easy. The Tablets are absolutely guaranteed free from injurious drugs and may be given to the youngest child with perfect safety. They are sold by medicine dealers or by mail at 25c. a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Sonnet

Only the fool will call a spade a spade
And say that black is black, and
white is white,
And draw a heavy line 'twixt sun and
shade,
'Twixt sound and silence, sorrow
and delight;
For are not earthly joys all wet with
tears?
And does not comfort lurk behind
distress?
And is not youth as much bowed down
by years
As age? And what is death but
fruitfulness?
The Absolute belongs to Heaven
alone,
There is no darkness in the Eternal
beam—
But we, who live upon a stepping
stone,
How can we tell whether we wake
or dream?
Unless, with tolerant vision, we can
find
Sweet beauty in our twilight, we are
blind.

Trees Where Grading

Often where grading is being done, large trees are needlessly sacrificed by having the soil dug away from around their roots or filled in around the base of the trunk. Unless the cuts or fills are excessive, it is almost always possible to save such trees, either by leaving a low spreading mound of soil about the base of the tree when removing the soil, or if raising the grade, building a "dry well" about the bole of the trunk so that an air space may be kept open down to the roots.—"Lawns" (The Home Garden Handbook), by R. F. Rockwell.

Trade With Australia

Victoria Times (Lib.): If we are to sell more to Australia we must be prepared to buy more from her. Trade cannot be built up on a selfish basis. Under present conditions Canada has an advantage over her sister Dominion of three to one in dollars. But if we purchase many of the articles from Australia which we now purchase from the United States, the trading exchange between this country and the Antipodes soon would grow to considerable proportions, to the mutual advantage of both these parts of the Empire.

The Autogyro

Donald F. Rose in the North American Review: The autogyro looks, in flight, like nothing yet seen in heaven or earth. It doesn't look like an airplane, nor does it behave like one. To the irreverent imagination it suggests a cross between an intoxicated duck and a flying windmill. It turns corners in the familiar fashion of Charlie Chaplin and it wanders around the sky in a way to give an air-minded layman heart failure. It flies slowly or fast at choice, and to see a flying machine go slow outrages our sense of the fitness of things and produces a definite sinking feeling at the southern end of the abdomen. Occasionally it hangs around in the air on one foot, as though undecided what to do next. It comes flapping down within 15 feet of the earth, changes its mind and flaps up again; it buzzes around at what seems a suicidal proximity to the ground; it hops trees and houses like a giant grasshopper. It streaks across the sky faster than any express train, and at last tumbles down to the ground, lands in the space of a tennis court, and rolls no more than ten feet to a standstill. It is a preposterous performance, and the first glance at the machine impels the observation that it can't be done and there "ain't no such animal."

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RED ROSE TEA "is good tea"

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The British Task

Belfast Telegraph: The duty of the British people to-day is to uphold the standards of Christianity and civilization over a quarter of the earth's surface. If we fall short of accomplishing this task we shall not fulfill that high purpose which ought to be cherished by us. An Empire based wholly upon trade which is not successful in promoting the welfare, spiritual and material alike, of its subjects cannot hope to endure.

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New IRONIZED YEAST adds pounds in few weeks. Results Guaranteed—or pay nothing

Men and women everywhere write that Ironized Yeast added 5 to 15 pounds often in few short weeks. Rounds out muscles. Gives manly color and clear, robust skin. Builds strength and energy. Makes real men out of "skinny" weaklings. They ask—how does Ironized Yeast work so fast?

Ironized Yeast is two great tonics in one. Weight-building YEAST treated with two kinds of strengthening, blood-enriching IRON used for years by highest medical authorities. The Yeast is also treated with Violet Rays to increase its effectiveness.

Only when Yeast is Ironized is it most effective. Iron is needed to bring out the weight-building, strengthening values of Yeast.

Pleasant tablets. No "yeasty" taste. No gas or bloating.

Don't be "skinny" or weak any longer. Let Ironized Yeast give you a real man's arms and legs, and a clear, ruddy complexion. Ask your druggist to-day for full size treatment. If not delighted with quick results, get your money back. If inconvenient to buy from druggist, send \$1.25 direct to Canadian Ironized Yeast Co., Ltd., Fort Erie, Ont. Desk 425-MS.