

**Palace**

of the Arab essentially. The single or borne by the light of man, and it is low much of the secret is in the origin comes clear. The color than tent are the brightly-colored adornments, by draperies, long ruffs that dance to the

in the Arab intricate and by associated walls, every ed with a razing splendor to have ed by hand, in plaster of the smooth woven with geometrical motifs most in Ar. the great of Moslem the Alham-

anything the West is not find it into mod- douglins, flowers and this in lux- courts and dent, with robes of many hued to use in are now moved) with gold and luxurious banking paired with and per- forming in for which five trans- ments is for us to enter into bling those en there and more al carpets of were Damascus and, though the bare, in those less idyllic

kers are two equally side of of re- imitation the ther an. De- to this de sticky in blo- debunk- ing when to dozen-

ing There is to which only for h negli- and a view is ing that (a dead) dent law by when but the States, the Com- makes

I take er. What



**Are you afraid to eat a hearty meal?**

**WHAT does meal-time mean to you? Is it the pleasure that it should be to restore the energy your work has taken from you?**

**Or must you pick and choose—in dread of indigestion?**

Here is a remedy that has brought relief to men and women the world over. Dr. Williams' Pink Pills are taken every day in many countries, specifically for digestive troubles and stomach disorders, and have brought happiness to thousands of one-time sufferers. For, besides strengthening the digestive nerves, they invigorate and purify the entire system and lay the foundation for continued health.

Buy Dr. Williams' Pink Pills now at your druggist's or any dealer in medicine, or by mail, 50 cents, postpaid, from The Dr. Williams' Medicine Co., Brockville, Ont. 2-47

**Dr. Williams' PINK PILLS**  
"A HOUSEHOLD NAME IN 54 COUNTRIES"

**Bird In My Garden**

Bird in my garden  
Why must you stay?  
Bird with the bright breast,  
Please go away!  
It's not that I covet your wings for the blue,  
Nor grudge you the handful of crumbs that I threw—  
But when your beak carries  
Straw, wisps and hay—  
Bird in my garden,  
Please go away!



"A man is sometimes sorry he got the last word if it was 'yes'."

**Joy and Sorrow**

The joy that comes in sorrow's guise,  
The sweet pains of self-sacrifice,  
I would not have them otherwise.  
J. G. Whittier.



**When Food Sours**

About two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been over-stimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume in acid. The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient and

**Coming Events In the Modes**

Paris.—The old saying that "coming events cast their shadows before" is particularly apt in relation to feminine fashions at the present moment, when the dressmakers are showing models designed for the late summer and early autumn, for a study of these reveals many a shadow which is almost sure to become an actuality in the course of the next few months. And strangely enough, the most noticeable of these shadows is the pre-dominance of two "sure-enough" shadow colors, brown and gray. These are stressed in several of the most important collections and are seen to a lesser extent in the exhibitions of nearly every one of the Parisian dressmakers, great and small.

Two shades of brown are used, the deep seal shade, is almost the tint which used to be known as "tete-negre" and a warm chestnut tint. The latter is seen principally in afternoon frocks of crepe de chine, while the darker tone is used for street frocks and ensembles. Worth uses a great deal of this seal brown combined with beige or yellow and there is a striking sports costume in his latest collection which consists of a long, plain coat of seal brown kasha worn over a sleeveless tennis frock of white crepe de chine with one of the new long scarfs of which he is so fond, in wide diagonal stripes of brown and white and yellow, twisted about the throat, caught under the narrow leather belt at the waists and falling to the edge of the skirt.

**POPULARITY OF BROWN.**  
This same designer jersey tucked-in blouses of seal-brown jersey with pointed turnover collars and narrow cuffs of beige kasha with a plain skirt of the latter material. Dark blouses and cardigan jackets worn with skirts of a lighter color, by the by, are a feature of the sports costumes of the present collection of this famous old house.

Another designer noted for her tailored costumes is showing several ensembles for the early autumn which consist of a long, seal-brown coat reaching to within an inch or two of the edge of the plain, tailored skirt and a tucked-in blouse and long scarf of printed tussil-kasha in brown and yellow or brown and beige. This house is the first to substitute this soft woolen material in a printed design for the popular crepe de chine and it seems a very happy thought for autumn wear. A charming costume which illustrates the use of this woolen material, consists of a long coat of string-color lightweight tweed with a full collar and deep pointed cuffs of astrakhan dyed in the darkest shade of brown, and a frock of printed tussil-kasha with a beige background and tiny design in dark brown, quite simply made with a narrow scalloped band of plain dark brown at the edge of the skirt and around the neck and wrists.

**CHESTNUT SHADE.**  
A lovely afternoon frock which was recently seen at a house in the Champs Elysees was of crepe satin in the warm chestnut shade made up on the dull side of the material, with in crusted bands of the shiny surface placed diagonally below the hips and ending in the godets at the edge of the skirt, with a soft scarf of pale yellow satin around the neck, tied at one side in a bowknot with long ends.

Gray is popular in all shades, from the light pearl-color to a deep battle-ship tint. Plain gray jersey is used by several of the important designers for the skirt and short jacket of the sports costume with a hand-knitted sweater of gray and white or gray and brighter colors. One of these which was particularly liked had a gray sweater in a splashy design of French blue and white, the same knitted material being used for the facing, collar and turned-back cuffs of the short gray jacket.

Plaid designs in gray and black or shaded gray tweed are used for motor, street or sports costumes. A very practical costume for traveling or general morning wear which was seen recently consisted of a long loose top-coat with big pockets and comfortable sleeves and a reefer jacket with nickel buttons and smartly tailored skirt, all in a gray-and-black plaid English woolen material, and a tailored blouse of gray shantung. Smaller plaids and

**Potentate Enjoys Day at Zoo**



**SULTAN OF ZANZIBAR VISITS THE LONDON ZOO**

Top Centre—Sultan of Zanzibar seen with his youngest son upon recent visit to London Zoo during his sojourn in England. A Penguin has caught his majesty's amused interest.

checks in gray woolen materials are used for the strictly tailored street frocks while hare worn with a fox scarf in cool weather, and for the long coat worn with a frock of plain gray jersey.

**PEARL GRAY AND SILVER.**  
Silver gray silk alpaca is used for a charming afternoon ensemble which consists of a long straight coat and a plain princess frock with full godets in the skirt and a long fichu of pale pink georgette tied low in the front of the bodice. There are evening frocks in many of the collections in pearl-gray lace, chiffon, georgette and crepe satin and a most lovely model was recently seen in two shades of gray tulle, made with a skirt which had two long pleated panels of the two colors which touched the floor at the back.

Lucien Lelon ghas always had a marked fondness for gray and he is using this color for costumes for all occasions in his demi-season collection. There are sport costumes in gray jersey, street frocks in gray checked the long jumper blouse, worn outside the skirt, which has been in vogue for goodness knows how many seasons. The latter, however, is still worn with the dressier type of street costume of crepe satin or moire or crepe marocain, which is much in vogue for the older women for luncheon and afternoon functions. These little tailored suits, consisting of a smartly cut jacket and skirt in plain black crepe satin or moire or in a speckled black-and-white or gray-and-white printed marocain, worn with a smart white blouse of crepe satin or crepe de chine, which more often than not fits tightly around the hips and is tied in a knot at one side of the front, are extremely practical as well as smart.

But to return to the subject of the normal waistline. Many of the designers not only advocate this for daytime costumes, but they even place a narrow belt, usually of the same material as the frock, around the natural waistline of the evening gown. These belts are usually made on a foundation of soft leather which prevents their wrinkling.

**Protection**

Victoria Colonist (Cons): The situation created by the new tariffs and the increased tariffs is a serious one for this country, for an adjustment of trade, in the finding of new markets to replace those lost on the American side, will take time. Mr. Mackenzie King's policy appears to be one of waiting and seeing, as with Parliament on the eve of prorogation there has been no announcement of any contemplated action. The situation is one calling for action, and unless something is done Canada's trade must suffer by the tariff changes shortly to be put in effect on the American side.

Lights on the sea-line go,  
Vibrating to and fro,  
Errant, mysterious, low,  
Seen bright, seen dwindled;  
But that one steadfast spark  
That cleaves the drooping dark,  
For what all fortunate barque  
Is it kindled?

With far flung beam it stands,  
On rough and perilous lands,  
Warning with upraised hands  
The grey shipmasters;  
Why did no beacon free  
Flare out on life's broad sea,  
To warn and presage me  
Of Love's disasters?

James Grant, in the London Spectator.

A short story entitled "Three Generations." Grandfather had a farm. Father had a garden. Son had a can-opener.

Keep Minard's in the Medicine chest.

**Dept. of Health**

**Summertime and Accidents**

In Ontario, according to the latest figures published, there were 269 deaths among males and 44 among females, due to drowning during the year. The age group claiming the highest number among the men and boys was that from 20 to 24 years, having a total of 42 fatalities. The women and girls who lost their lives in this way numbered 10 in the age group 14 to 24, the highest single number as regards age. So far as our boys are concerned, instruction in swimming might well be given at an early age, as Ontario loses her boys by accidental drowning in large numbers beginning in the fifth year of life. It goes without saying, of course, that girls also should be taught to swim at the earliest possible age.

**Deaths Due to Automobile Accidents**  
Our death-rate from accidents in Ontario to-day is alarmingly high. Automobiles are an important factor in fatal accidents. "Be careful" is a bit of self-help advice which will help not only yourself but the rest of the world as well.

If you use a motor car—be careful. The driver and his passengers derive just as much protection from his careful driving as do the people he meets on his way.

If you use a bicycle—be careful. There are very dangerous risks to be considered in riding a bicycle; be fair to the motor car, and to the pedestrian, but first of all, be fair to yourself.

If you do not use a motor car—be careful. The deaths of children following motor accidents are not always the fault of the driver; they are often due to carelessness on the part of the parents or the children themselves. Old people who are nervous should not cross streets and highways busy with traffic by themselves. The motor car is a blessing of modern progress—reasonable care will do much to prevent it becoming a curse.

**How to Preserve Children**

(Taken from "Babyhood")

1. Take two or more children of the run-about-age. If they are bright-eyed, rosy-cheeked youngsters so much the better.
2. Tuck them into bed early—and leave for 12 hours of quiet restful sleep. Windows wide open.
3. In the morning, dress them lightly and set at a table in the brightest, cheeriest corner of the breakfast room.
4. To each child add the following: One small cup of orange juice. One steaming dish of delicious, nut-brown "whole-wheat" cereal. Several slices of crisp whole-wheat toast.
5. One glass of milk.
6. Remove the children to a grassy lot. Add a kite, a dog or so and mix thoroughly.
7. Cover all over with a blue sky and leave in the sun to brown.

(Published by the Toronto Home and School Council and the Child Welfare Council.)

**Other Countries, Other Customs**

Toronto Star (Ind.): (The London Daily News describes in an article how four Canadian Cabinet Ministers were compelled for the sake of appearances to adopt the custom of carrying walking-sticks in London.) To be seen with a walking-stick has a very different significance in Toronto from what it appears to have in London. There, it would seem from the article in the Daily News, the carrying of a stick imparts to you an air of class and caste which impresses a policeman. Here the carrying of a stick suggests that you are, unhappily, unable to get about in a car of your own. If you walk it is taken to mean that you have neither car, cashmere nor a friend to pick you up. As for walking, it is thing one does indoors or necessarily and compulsorily when fishing or playing golf. Children still learn to do it, but not until long after they have become seasoned and sun-burned motor passengers.

**The Root of Unemployment**

Lancelot Lawton in the Fortnightly Review (London): It was the nineteenth century that filled the earth with people and left its successor to solve the problem of what was to be done with them. Karl Marx's embittered description of this epoch was not at all overdrawn. In reply it is often said that the rapid multiplication of population was a response to the enormous growth of wealth due to industrialization, and that as a consequence the standard of living of the masses was raised. But the facts, impressive though they seem, are inadequate proof of common welfare. Other tests need to be applied, as, for example, whether the standard of living was raised sufficiently to justify the bringing into the world of so many million of people, and whether, if the answer be in the affirmative, it was a standard the permanent enjoyment of which was tolerably secure. Judged by either of these tests, the nineteenth century failed.

Our advice to Mr. Trotsky is to make his way to Mexico and feel at home again.

Use Minard's for the rub down.

**Classified Advertisements**

**BABY CHICKS: JULY AND AUGUST**  
B. Roebie 12c, Brown Leghorns and Anconas 11c, White Leghorns 10c, as a rted chicks 9c. Express paid on 200 or over; free catalogue. A. H. Switzer, Gravenhorst, Ontario.

**WOMEN WANTED**  
**MEN WANTED TO SELL WATKINS**  
150 Quality Products in rural sections of Ontario. World's largest factory consumer organization. All-year-round proposition. Chance to build up lasting permanent business. Credit arranged to suitable parties. Write stating age to J. R. Watkins Company, Desk 5, Hamilton, Ontario.

**A National Policy**

London Free Press (Cons.): It is becoming more and more apparent that it is hopeless to try and do business in the way of reciprocity pacts or trade treaties with the United States. The only possible policy for Canada is that enunciated by Hon. R. B. Bennett, whereby Canada will frame its own fiscal policy for the benefit solely of Canadian industries. This does not mean necessarily high tariffs, but it does mean a tariff based frankly on the protective principle and which takes into consideration the welfare of the people of the Dominion.

**Emerald Lake, Yoho Park**

Beautiful Emerald Lake, in Yoho National Park, British Columbia, was first visited by Tom Wilson in 1882 while searching for stray pack horses. As far as is known, he was the first white man to visit this lake.

**AEROXON**  
With The Pin  
The Honey Fly Catcher  
You Must Do Your Bit  
It is the war against the fly, carrier of germs and breeder of disease.  
It is proved that AEROXON is one of the most convenient and most efficient means of combating the fly-evil. It is convenient, because it is hygienic. It is hygienic, because it never gets away when once caught. Each spiral gives three weeks' perfect service.  
Beware of Imitations  
Sold at drug, grocery and hardware stores.  
La Cie C. O. Genest & Fils, Limited  
DISTRIBUTOR FOR ONTARIO  
NEWTON A. HILL  
50 Front St. E., Toronto

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Take Minard's along to relieve irritation of mosquito bites. Also good for cuts and bruises.

**MINARD'S**  
"KING OF PAIN"  
LINIMENT

**10,000 Bottles a Day**  
Every day 10,000 women buy a bottle of Lydia E. Pinkham's Vegetable Compound. They know that there is no better remedy for their troublesome ailments with their accompanying nervousness, backache, headache, "blues" spells, and rundown condition.  
Lydia E. Pinkham's Vegetable Compound

**"Skinny"? Gain Weight Quick Way**

New IRONIZED YEAST adds pounds in few weeks. Results Guaranteed—or pay nothing  
Men and women write us every day they are positively amazed at speed with which Ironized Yeast added 5 to 15 pounds. Gave them new strength; a youthful skin; banished age-lines. They ask—now does Ironized Yeast work so fast?  
Ironized Yeast is two great tonics in one. Weight-building YEAST treated with two kinds of STRENGTHENING, blood-enriching IRON used for years by highest medical authorities. The Yeast is also treated with Violet Rays to increase its effectiveness.  
Only when Yeast is Ironized is it most effective. Iron is needed to bring out the weight-building, strengthening values of Yeast. Pleasant tablets. No "yeasty" taste. No gas or bloating.  
Stop being "skinny" and unattractive. Fill out bony form. Get a clear skin and new strength. Feel years younger and look it. Get a full size treatment of Ironized Yeast at any drug store to-day. If not delighted with quick results, get your money back. If inconvenient to buy from drugist, send \$1.25 direct to Canadian Ironized Yeast Co., Ltd., Fort Erie, Ont. Desk 425-MT.

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