

THE JARVIS RECORD

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MOTHER'S DAY

Mother's Day will be a day of ten memories in some homes; of out spoken and unexpressed joy in all others, it is hoped, for where Mother is there must be radiant and beaming delight, fine in texture and deep in root.

It is a fine observance, Mother's Day, finer than anything else in all the catalog of special days. Few sons and daughters will miss its significance, fail to write home, send flowers, press kisses or otherwise express adoration for the best mother in the world — their own.

To those who are denied the price possession of a living mother, there remain loving memories to placate the heart strings of reverence and affection. The children of such a mother no longer have her ministrations in the flesh, but they have an appreciation of her worth which by no way can other children have. It is the tragic separation of mother and child that begets the immeasurable love and affection the latter bears for her.

Mother's Day ought not to be sombre. While there is still opportunity let her know something of the esteem and love in which she is held by those whom she loves so infinitely. Let there be gladness and spiritual sunshine. Such are the gifts she will prize most highly.

TIME TO RESTOCK

There is no point in arguing. The die is cast. The decree has been issued. The decision is final. Win or

clothes are ordered into the closet or the cedar chest. That is the real significance of the show windows of the ladies' and men's shops these mid-spring days.

Here and there may be a stiff-necked dresser who will choose to run counter to the lure of attractive shop windows, but for the most of humanity, it knows the futility of trying to hold out against the real meaning of a season in which the merchants of the town simultaneously flash women's gowns, coats and hats and men's wear on the public.

These are the border days. Fur coats, overcoats, dark winter dresses and suits and wool blankets are digging in. Topcoats and other spring attire are having their brief day. Just ahead is the time for returning vacation wardrobes of sheers dresses, knickers and bathing suits. The nation becomes clothes conscious at this time of the year.

Sartorially speaking, it promises to be a brilliant summer, marred only by the conscientious objector, to diaphanous and high visibility skirts; abbreviated bathing suits and short trousers for men and long pants for boys which seem to illustrate the saying: "The boy is father of the man."

FOR WOMEN ONLY

With the many universal special weeks encroaching upon our calendar, we could add a number of things, not the least of which would be the "Be-Kind-to-Husbands-Week." We believe it would take well and who knows but what it will become an annual and universal event.

The list of things a wife is supposed to do, or refrain from doing, is given below, but each husband will add to — certainly not take from — as many as he sees fit. It promises to become a no-limit game.

This novel humanitarian movement requires all wives to accord their spouses the following extraordinary

privileges:
Let him make himself comfortable for once.
Stay out of his pocket.
Don't drive from the back seat or the right side of the front one.
Attend no hangout games.
Let him have the car every day that week.
Give him a chance to talk, occasionally, accept his judgment and let him have the last word once in a while.
Keep the children quiet when he is reading.
Dry the dishes yourself.
Keep your cold feet off his back.
Don't say, "Oh, my Gawd," when he fires up his old pipe.
Give him a divorce if desired.

RECORD RAMBLINGS

A trial is just as long as the purse. It takes all kinds of people to ruin a world.

"Dope leads thousands astray." This is especially true of baseball dope.

P.cknickers should be saving up old papers and trash to scatter around the picnic grounds.

It is claimed that married men are smarter than single ones. They have to be in order to provide for the family.

Who remembers the old-fashioned dude who carried a whiskbroom around under the buggy seat when the white mare was shedding.

Reducing the size of paper money in the States will be o. k. just as long as someone doesn't slip you cigar coupons, in change for a twenty.

The main objection to these courses for developing will power and acquiring a masterful presence is that people keep taking you for an ex-second lieutenant.

The amount of ill health enjoyed by persons sentenced to prison, and which they think is sufficient to keep them on the outside, is astonishing in that they still live.

HEALTH SERVICE
of the
CANADIAN MEDICAL ASSN.

READY FOR SCHOOL?

It may appear as if this article had been given by mistake. A May issue for publication instead of the September. Just now, most people are busy thinking of the close of school, or promotions and summer vacations. It is however, time for thought, particularly concerning the children who will be starting to attend school for the first time this autumn.

Whenever a group of children are examined upon entering school, quite a high percentage of them are found to require medical care. They are not ill, but they have what are generally called defects. These defects may be diseased teeth or tonsils, adenoids or some similar condition. Such defects do not make the child ill in the ordinary sense of the word. They are, however, a serious handicap to the child; they constitute an additional burden which drains the child's reserve. No parent would deliberately do anything to interfere with his child's physical or mental development, yet the parent who does not have his child's defects treated is not allowing the child a fair chance.

Now is the time to have the child examined, and, if he is found to have defects, to have them treated. By having this done now, the child will have the summer in which to build up his health, so that he may start to school this fall properly prepared to secure the greatest benefit from his school attendance.

We have stated that defects do not cruse the child to be ill. This does not mean that defects are not a serious menace; they are. The damage done by defects is not, as a rule, seen until adult life. A large percentage of heart disease, of kidney disease and other diseases of middle life are due to neglect of diseased teeth, tonsils and other such parts where there is infection; that is, living germs.

The early proper treatment of defects is our chief hope of decreasing these diseases which now take a heavy toll at middle age.

Questions concerning Health, addressed to the Canadian Medical Association, 124 College Street, Toronto, will be answered personally by letter.

HEALTH HINTS
By Mrs. C. Erwin

NERVOUS SYSTEM

To describe the nerves in a plain way, they are like a thread fiber enclosed and attached to the spinal cord. These nerves pass through and around our bones and muscles. They are the life of our body, which requires good, pure blood to keep them up to proper form. It is through the nerves we get our feeling, seeing, hearing, etc., as our senses, some will call them.

How a nerve will tingle in a tooth or any place where it is exposed. The nerves are covered to protect them from hurt. Flesh is the covering and blood is the food. They come in and out of the spinal cord to the end of our hands, to the ends of our feet, to the top of our head. Our body is built full of them.

These nerves make up our nervous system and occupies such a commanding position over every system and function of the body that it must be regarded as the master system of the organism. It not only keeps the organs at work, but keeps them working harmoniously. The nervous system receives, and interprets impressions or sensations from without the body whereby we are brought into relationship with the outer world and our fellow creatures. It is the seat of the mind.

Have you ever asked yourself: what is it that keeps the heart pumping? Why is it that the lungs draw in and expell air regularly 18 times a minute? How it happens that we peeping only when we are worn? How the mind conceives its impressions of sight and sound? Our nerves in the brain are like a telegraph to the nerves of our body. Why do our limbs carry us here and there? The thoughts in the brain are carried out by the limbs, as walking to another room to get an article we intend to use which we did not have without going after.

The nerve-cell is the source of nervous energy. This nervous energy or nerve-impulse, passes through the branches of nerve-fibers — the nerve fibers. The nerve-cells supply nervous energy; the nerve-fibers conduct it. Like the one speaking a

question, the other does the work, or carries it out. The desire for anything originates in the mind and is sent through the nerves governing the muscles concerned in walking. These two systems are intimately connected. The cerebro-spinal or head predominating and influencing some of the functions of the sympathetic system. The sympathetic system automatically controls the vital processes of the body and the muscles which are under the control of the will.

CREAMERY MONOXIDE

The General and Stoney are both complaining of a sore back. Scientists have discovered the origin of a great many ailments, but this one is beyond their powers.

Newt's dreams are fulfilled. He is now the proud owner of a caravan of state in the phaeton style of body, the finishing lines lend distinction to its appearance. It has four wheels with some brakes and an unexcelled motor that Mrs. often. In other words, it's a Ford.

Muriel displayed extravagance last Saturday by treating the staff to all-day suckers—and they sure were good. Gladys says, the unexcelled riding ease and luxurious comfort of Newt's new limousine make touring a pleasure indeed.

Stewie has just informed us that Stoney is stealing his cigarette butts again. So don't lay your gum down for any length of time.

Anyone wishing a ride to Waterford, see George.

A number of the staff were the lucky recipients of some rare chocolate, through the generosity of the General, one day last week.

Stoney says, necking may be all right in private, but in a public office he would class it as very informal. Wonder what's up now?

Stewie informs us, that the next

man who makes his boss will receive a warm handshake under his personal supervision.

Red says Hagersville at 2 a.m. — Yum, Yum!

You would think Pitt was getting old, but he just helped unload a car of coal—of course, you can't expect too much of old men.

Our office boy, his name is "Babe" and he is quite a sport; He takes in all the dances. Both here and at the Fort.

He likes most any kind of dance, and he can dance quite well. But when they call a "tag" dance, "Babe" thinks it's very swell.

When it comes to singing, "Our Babe" is right in line. And when he's round the factory, he's singing all the time.

He sings most all the latest songs, but the one he thinks is pat, is about the guy who'd like to be The bird on Nellie's hat.

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BRANDRAM HENDERSON
W. J. Bailey
Jarvis, Ont.

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Look em over

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Albert Booth

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FOR SALE—Improv
FOR SALE—One b
FOR SALE—Seed b
FOR SALE—Buckey
FOR SALE—Resid
FOR SALE—Little
FOR SALE—Adams
NOTICE TO CRE
IN THE MATTER OF
OF EDWIN BILL
of the Township
of the County of Hal
deceased.
NOTICE is hereby g
to Chapter 150 of the R
of Ontario, 1927, Sectio
ditore and others hav
against the Estate of th
Edwin Billington, Dece
on or about the 19th day
1929, are hereby requir
the undersigned Solicit
of the claims on or ab
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notice and the said Adm
not be liable for the said
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have been received by h
of such distribution.
DATED at Hagersville
14th day of April, A.D.
Thomas Billington, Ad
E. A. GEE, Hagers
Solicitor for the Adm
NOTICE TO CRE
IN THE MATTER OF
of DANIEL COLU
of the Township of
of the County of Hal
er, deceased.
NOTICE is hereby g
suance of R.S.O. 1927,
that all creditors and
claim or claims again
of the said deceased, w
about the 17th day of
are required to deliver
prepaid to Arrell & J
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Administrator, on or b
day of June, A.D. 1929,
and addresses and a tit
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AND FURTHER TA
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Administrator will not be li
said assets, or any part
any persons or persons
claim if claims he shall n
notice at the time of su
tion.
DATED at Caledonia, t
of April, A.D. 1929.
JAMES MICHAEL M
Administrator
By Arrell & Arrell, h
JOHN DE
LICENSED
All Sales conducted
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nessman.
Phone 252
25 High Street

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