THE JARVIS RECORD

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THE QUIET COURAGE

Daring that is a flash of inspiration struck from the mood of a moment is often created by the emergency which needs it, so that under stress of necessity men outstrip the measure of their ordinary powers. Such bravery is close kin to recklessness, but captures the imagination and commands the applause of those who stand safely or doubtfully aside when fate throws down a challenge.

But a quieter and commoner courage sets the pace and level of daily life. Because it endures all doubts and trials and disappointments, there remain such things as hope and ambition and optimism to make the future worth waiting for, despite the cold logic and hard facts which preach a gospel of discouragement. So the world grows slowly better because men will have it so, urged on by the courageous convictions of an honest discontent.

Such courage is indeed needed now, since knowledge has opened many doors to show what work and weariness lie ahead. It takes better courage to travel a trail of known dangers than to be reckless with uncertainties. Knowledge has also made ignorance twice terrible, and mysteries still unsolved loom more ominously in the way. We cannot choose but go ahead. Unless we take counsel of cowardice, we cannot shut our eyes to the hazards of the journey. Those whose faces are set forward need a strong and cheerful heart and the quiet courage of conviction to guide their way and hold them in the path.

COURTESY

We Canadians are not the most courteous people in the world, and we might as well confess it. Many a humbler people have much to teach us in the grace of urbanity and the fine art of gentle manners. We are a young nation, and in spots at least still raw and a little crude. We have not yet learned that conduct is nine tenths of life. But if we are wise, we will improve our manners and form the habit of courtesy in all the contacts of life. Courteous people carry with them an indefinable charm. To meet with them and to know them is the experience something akin to looking upon a great picture or hearing a particularly fine piece of music.

Who admires a boor? Who cultivates a cad? Patrons avoid the impolite salesman and protest against doing business with a discourteous employe. Nor does an employer gain anything but ill will by uncivil dealings with those under him. What a boon it would be to live in a community where courtesy was a ruling passion, where people delighted to say "thank you" and vied with one another to go out of their way to show a kindness or do a favor. Courtesy is a community asset always. Courtesy becomes youth especially.

FALSE ILLUSIONS

One of man's greatest drawbacks is false illusions. There are two sides to every question but unfortunately it is not always within the province of man to be familiar with both sides. We may have all the facts on one side; but only our own conceit would permit us to answer the problem without knowing the other side. There are illusions on both sides.

Our illusions may be filled with pleasure, or they may be filled with gloom. It is just as dangerous to be over-confident as it is to allow ourselves to sail on the sea of pessimism. We will be wise if we have an open mind until we have developed all the facts. Snap judgment is more often disastrous than profitable and false illusions, the father of suspicion, decays the mind and ruins progress. We will be happier if we do not try and jump over a six foot wall, when perhaps if we have a little patience our false illusions will, with the progress of events, vanish and there will be no wall at all.

False illusions cause catastropes and if we have them the best cure is to cast them out and consider facts only.

RECORD RAMBLINGS

Some folks assume that they are famous when they are notorious, merely.

The bird who lets accidental success go to his head usually has plenty of room to accommodate it.

Football is eclipsing bullfighting in Spain. Perhaps the games are fought by old time rules under which casualties were numerous.

Women's feet are said to be appreciably larger than 100 years ago, caused, possibly, by woman insisting on putting her foot down so often.

It takes all kinds of people to make a well-rounded universe, including the animal who rushes out to see a play as soon as word gets around that it is filthy.

Nothing else makes one feel ancient like recalling that a generation now growing up in this country doesn't know a whiffletree from a spavin.

Moses, the great law-giver, let his brother Aaron doe most of the talking, but lawgivers of the present day are not of that kind.

An Eastern college professor is arguing for a flexible dollar. One which, the consumer hopes, will snap back into the palm when released.

A scientist claims heating and cooking in the future will be done by canned sunlight. The joke about the new bride will have to be revamped to include a sunburnt steak.

STEERED CLEAR OF THE BULL

A bunch of friends gathered at the Aegeon Emporium on Saturday last the event taking a form of a farewell party in honor of the Barber, who is shortly to be removed to the County seat. After a few short euchreian arguments by Father Jones, the Teacher, Fuzzynuts and Fishhooks, Spider presented the guest of honor with a Holstein cow and calf. The recipient replied with fluent remarks, thanking those present for their generous souvenir, but regretting that the sentiments consigned him to the House of Refuge as his ambitions were politically inclined. Bob Booth served the refreshments.

THE OCTOBER ROD AND GUN and Canadian Silver Fox News

Filled with seasonable stories and articles, the October issue of "Rod and Gun and Canadian Silver Fox News," Canada's national outdoor magazine, just to hand, will prove of great interest to those devotees of hunting who are packing away their fishing tackle and getting out their guns at this time.

The many articles by well known outdoor authorities cover a wide field—moose hunting in Quebec, fishing in the maritimes and Ontario, goose hunting in the western prairie lands, big horn hunting in the Rockies and trapping in Northern Ontario. In addition are many practical articles dealing with the handling of arms and phases of life in the wilds. The "Canadian Silver Fox News" department contains interesting information of latest developments and practices in the silver fox industry.

"Rod and Gun and Canadian Silver Fox News" is published monthly by W. J. Taylor, Ltd., Woodstock, Ont.

HEALTH SERVICE of the CANADIAN MEDICAL ASS'N.

FOOD FADS

The individual who desires to live a healthy life and to eat as he should finds it difficult to decide as to his proper food because of the number of fads which are shouted from the housetops and advertised in striking and convincing ways. It is not possible even to mention all the food fads in a brief space, let alone to attempt to discuss them. Merely a few of the outstanding fallacies of the claims will be mentioned in order to guide the reader in considering this important subject.

That one individual apparently prospers on an unusual diet is no reason for believing that such a diet is generally suitable, any more than it is reasonable to say that all men should be marathon runners because one man does well on that type of exercise. There is no evidence to show that vegetarians enjoy better health, or that they live longer than those who use meat. It has been pointed out that two of the most remarkable recent medical discoveries—liver extract as a treatment for pernicious anaemia and insulin for the treatment of diabetes — are two extracts of meat which are life-saving.

There is no scientific evidence which supports the idea that cancer has anything to do with the use of refined foods, such as white bread, or the eating of meat. There is no foundation for what is called the dangerous food combination, which is based upon the idea that certain foods should not be eaten together, as one interferes with the digestion of the other. There is no need to eat one particular food in order to secure some constituent, such as iron or calcium. There is no objection to these foods, but it is a variety of foods, including milk, green leafy vegetables and fruits, which ensures a sufficient quantity of minerals and vitamins for the adult.

The foundation of health is moderation. Do not eat too much. Eat slowly. Eat regularly. Use milk and milk products, green leafy vegetables and fruits regularly.

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Questions, concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto will be answered personally by letter.

DUXBURY

General Store

Don't you need some

GROCERIES, FRUITS OR VEGETABLES

after all this company has been here over the holidays?

We have some fresh honey in the 5-lb. pails, extracted, and in the comb. It's certainly delicious. You would enjoy it.

HARNESS

Say, Mr. Farmer, those horses of yours would look better with a new set of harness.

When in need of anything, call in and look our stock over. We deliver anywhere in town. Phone them in—

Phone 47

Main St. JARVIS Ontario

76 Years and Still Going Strong—

Jarvis Fall Fair

The 76th Annual Exhibition of the Jarvis Agricultural Society will be held in Jarvis Fair Grounds on Thursday and Friday,

SEPT. 26 and 27

Judging in all Departments, except Live Stock, Thursday, September 25th; the Live Stock Judging starts at 1 p.m. on Friday, September 27th.

Soft Ball Tournament

Friday, September 27, last day of Fair, Games start at 12:30 p.m. Open to MARRIED MEN'S TEAMS from Hagersville, Kohler, Nelles Corners, Fisherville, Selkirk and Jarvis. PRIZES: 1st. $25.00; 2nd, $15.00; 3rd, $10.00

Dance Last Night of Fair

The "BRANT TROUBADORS," a first class 7-piece orchestra, have been engaged for the dance in the Arena on the last night of the Fair. Old time as well as modern dances. Admission to dance 50c.

FIRST CLASS BAND ENGAGED TO ENLIVEN DAY'S PROCEEDINGS

Jarvis Fall Fair

September 26-27

SPECIAL PRIZES

FOR JARVIS AGRICULTURAL SOCIETY — 1929

1.—By Geo. L. Miller, for best 5 lbs. Buckwheat Honey in comb (honey retained) $2.50
2.—By John Mitchell, one bushel Northern Spy apples (retained) $3.00
3.—George Webb, for best 4 lbs. Dairy Butter (retained) $3.00
4.—Geo. L. Miller, for best 5 lbs. Clover Honey in comb (retained) $2.50
5.—George Mitchener, for best 2 lbs. Dairy Butter (retained) $2.00
6.—By J. A. Burwash, for best 5 dozen Eggs (retained $3.00
7.—Dr. E. M. Jones, for best bushel Northern Spy apples (retained) $3.00
8.—Thomas Harris, Butcher, for best 5 lb. pail of Extracted Honey (retained) $2.50
9.—J. M. Schreiber, Phm.B., for best bushel Northern Syy apples (retained) $3.00
10.—N. R. Pond, General Blacksmith, for best bushel McIntosh Red apples (retained) $3.00
11.—W. Willis, Barber, for best bushel of Potatoes, any variety (retained) $2.50
12.—J. E. Kindree, Drover, for the best 3-lb. box of Home-made Candy (retained) $2.50
13.—W. J. Hoges, Tobacconist, for best bushel of Potatoes (retained), Box of Cigars, value $2.50
14.—E. T. Carter, Hardware Merchant, best bushel Northern Spy apples (retained) $3.00
15.—J. G. Miller, for the heaviest Dozen Eggs (retained) $1.00
16.—Fred W. Reicheld, Seed Merchant, for best half bushel Alsike Seed $3.00
17.—W. Duxbury, General Mershant & Harness Maker, for best Cockerel and Pullet raised by girl attending Public School in the Township of Walpole, 1 pair City Rubber Boots, sizes 1 to 3, value $4.50
18.—Ivan W. Holmes, The Furniture Man, for best bushel McIntosh Red apples (retained) $2.50
19.—Anderson's All Hour Service Garage, for best bushel Irish Cobbler Potatoes (retained) credit value at service station $3.00
20.—R. A. Nelles, American Hotel, for best bushel Snow Apples (retained) $2.50
21.—R. A. Nelles, American Hotel, for best 4 dozen Eggs (retained) $2.50
22.—R. A. McCarter, Implement Deaeler, for best 4 dozen White Eggs (retained) $3.00
23.—S. R. Leatherdale, Grocer & Baker, for the best Cake, Devil's Food, 1st $2.50
2nd $1.50
3rd $1.00
24.—D. B. Robertson, for the best Apple Pie (pie retained) $2.00
25.—J. E. Greer, Manager Canadian Bank of Commerce, Hagersville, Ont., for best 10-lb. pail of Extracted Honey (retained) $3.00
26.—C. K. Holmes, Barber, Hagersville, for the best bushel McIntosh Red apples (retained) $3.00
27.—J. A. Howard, The Shoe Man, Hagersville, for best bushel Northern Spy apples (retained) $3.00
28.—Kett Bros., Hagersville, Garage and Automobile Dealers, for the best bushel Northern Spy apples (retained) $3.00
29.—Charles Peacock, McCormick-Deering Agent, Hagersville, best bushel Potatoes (retained) $2.00
30.—Laidlaw Bros. Garage & Service Station, Hagersville, best bushel Potatoes (retained) $2.00
31.—H. A. Courtnage, Confectioner, Hagersville, for best Cake made by girl under 16 years of age (cake retained) $1.00
32.—Howard Hager, Regah Theatre, Hagersville, for best Colt, under one year, shown by a boy under 16 years of age. 1st $3.00
2nd $2.00
33.—Andrew A. Miller, Merchant, Jarvis, for best 3 doden Hen's Eggs, white (retained) $2.50
34.—Dr. R. G. Hyde, Dentist, Hagersville, for best display Gladiolus $3.00
35.—Jos. Senn, Furniture Dealer, Hagersville, for the best display of Dahlias, Show, not less than 12 blooms $2.00
36.—F. E. Sheldrick, Hardware Man, Hagersville; for best Pumpkin Pie (retained) $1.00
37.—Best collection of Fancy Work (12 pieces) made by the exhibitor, 1st prize by Martin Bros., Piano Dealers, Simcoe, Ont. $3.00
2nd prize by E. D. Holliday, Gents' Furnishings, Simcoe, Ont. $2.50
38.—H. S. Falls' Department Store, Simcoe, for best Single Horse, in harness, Agricultural, one men's umbrella, value $4.00
39.—L. B. Jacques, Durant Motors, Simcoe, Ont.; for best display of Roots & Vegetables $5.00
40.—Pursel & Goodlet, Gents' Furnishings, Simcoe, for best collection of House Plants $2.00
41.—Pearce Publishing Co., Simcoe, Ont., for best collection of Roses, one year's subscription to Simcoe Reformer, value $2.00
42.—Port Dover Canning Co., Port Dover, Ont., for best 3 baskets of Tomatoes, one case of Peas, value $3.00
43.—J. H. Misner, Seed Merchant, Port Dover, Ont., for best half bushel Hickory Nuts (retained) $2.50
44.—J. H. Misner, Reeve of Port Dover, best bushel Tolman Sweet apples (retained) $2.00
45.—J. H. Misner, Reeve of Port Dover, for best bushel Snow Apples (retained) $2.00
46.—J. H. Misner, Port Dover, for best half dozen Squash (retained) $1.00
47.—J. H. Misner, Port Dover, for best Watermelon, not less than 15 lbs. (retained) $1.00
48.—F. M. Hewson, Commercial Hotel, Jarvis, for best 5 lbs. Dairy Butter (retained) $3.00
49.—John Brown, Phm.B., Jarvis, for best bushel Irish Cobbler Potatoes (retained) $2.50
50.—Les Marshall, Reeve of Jarvis, for best Dairy Calf, under one year; 1st $3.00
2nd $2.00
51.—British Knitwear, Simcoe, Ont., for best one dozen Pint Jars of Assorted Canned Fruit (retained)
1st prize, Ladies' sweater, value $7.50
or other goods to that value
2nd prize, Ladies' rayon jajamas, value $6.50
or other goods to that value
3rd prize, Ladies rayon Nightgown, value $4.95
or other goods to that value
The winners of the above prizes will secure the goods by calling at British Knit Store, Simcoe.

DONATION

Bank of Commerce, Jarvis Branch, J. H. Brown, Manager $10.00