

QUALITY WINS

Butter from the Country Creameries of Hamilton Dairies Limited won three prizes given by the Canadian Creamery Association of Ontario in competition against all other Ontario Creameries in connection with their convention held in Toronto last week.

FIRST PRIZE---For lowest yeast and mould count

SECOND and FIFTH PRIZES ---For consistent high quality

You can be proud of sending your cream to the reliable country creameries of Hamilton Dairies Limited, where quality counts and where you are sure of financial stability and fair dealing

HAMILTON DAIRIES LIMITED

JARVIS - CALEDONIA - SELKIRK - HAMILTON

We Will Point Out The Trouble

MOST eye-trouble is the direct result of eye-neglect. When the first signs of eye-strain appear a competent Optometrist should be consulted. We will thoroughly examine the delicate mechanism of your eyes and prescribe the glasses that will give you comfort and ease. Our moderate charge is regulated by the amount of work on the lenses and the value of the mountings you choose. Lawrence Smith, R.O.

Smith's Jewelry & Optical Parlours

Opposite Market, Hagersville

GIVE A SUBSCRIPTION TO THE JARVIS RECORD AS A CHRISTMAS GIFT

SLEEP ON RIGHT SIDE, BEST FOR YOUR HEART

If you toss in bed all night and can't sleep on right side, try simple glycerin, saline, etc. (Adlerika). Just ONE dose relieves stomach Gas pressing on heart so you sleep sound all night. Unlike other medicine, Adlerika acts on BOTH upper and lower bowels. Relieves constipation in 2 hours! Let Adlerika cleanse your stomach and bowels and see how good you feel! J. M. Schreiber, Druggist, Jarvis

Christmas Gifts

For Mother, Dad, Sister, Brother

Toys, Goods, Perfumes, Box Chocolates, Candies, Fountain Pens, Shaving Sets, Books, Toys, Etc.

Let us supply you with your Christmas Tags, Seals, etc.

COME IN AND LOOK THEM OVER

The Rexall Store

Phone 77 J. M. SCHREIBER, Ph.M.S. Jarvis

Health Service.

Home Care - Communicable Diseases

The care of any case of illness in the home presents many problems and difficulties. If a sick person is suffering from a communicable disease, there is to be considered, in addition to the usual problems, the one preventing the spread of the disease to other members of the family.

In order to do this, it is necessary to know how such disease is spread. The bacteria or germs, which cause disease live inside the human body. They multiply very quickly, and so exist in surprisingly large numbers. The germs leave the body of the person who is ill in the normal secretions of the body.

The communicable diseases are spread by contact, of which there are two kinds, direct and indirect. Direct contact occurs when the germs are passed directly from the sick to the well. In most of the communicable diseases from which we suffer in Canada, the germs are spread by the transference of secretions from the nose, mouth, and throat.

In sneezing, coughing and loud talking, particles of germ laden secretion are expelled, and if these go directly from a sick person into the nose or mouth of some other individual, disease is spread by direct contact through the transference of this secretion. Kissing is also a common way of spreading disease-germs by direct contact.

Disease germs do not live for any length of time outside of the human body. Articles which have been soiled by the secretions of a sick person are said to be contaminated. The cup which a patient uses is contaminated because, in the act of drinking, he deposits some saliva on the lip of the cup. If this cup is used by another person before it has been sterilized, then that person takes into his mouth some of the germ-laden saliva which the patient previously deposited on the cup. Such transference of germs by means of some object is called indirect contact.

In caring for a case of communicable disease at home, the point which must be kept constantly in mind is that there must be no opportunity for either direct or indirect contact. If the hands are soiled with the patient's secretions and are then placed in the mouth, or if they are allowed to touch food or anything else which goes into the mouth, we find one of the most common ways of spreading disease.

The patient must be isolated in order to lessen the chances of spread of the disease. The person who is caring for the patient should keep an apron or gown for the sick room, and should scrub his or her hands after giving the patient any care. It is not possible to mention all the details here, but all precautions taken have the common aim of preventing secretions from the sick person from reaching anyone else. If care is taken, the disease will not spread.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College St. Toronto, letter, will be answered personally by

Miscellaneous Adv.

For Sale—Box stove, only used 3 Months. Also a coal stove, in A-1 Condition. Cheap for quick Sale. Apply to Mr. Will F. Jaques.

Apples for Sale—A quantity of northern spy and Baldwin apples. Domestic quality. Price 50c bus. at farm. Joseph Gilbertson, Simcoe 2 miles southwest of Simcoe.

FOR SALE—10 Holstein Bull calves of excellent breeding, from 3 to 5 weeks old, with Register and transfer, for \$25 each, until January 1st, 1931. H. A. Schwyer, Eriedale Farm, R.R. 1, Selkirk, Phone 7-30.

For Sale—Limited number of winter apples—Greenings and Baldwin. \$1 bushel. Frank Hamby, 2, R. 3, Waterford. Phone 16-22 Waterford

For Sale—Frame dwelling. Nicely located. In first class condition. Apply to Geo. L. Miller, Jarvis

For Sale or Rent—Comfortable dwelling in the village of Jarvis. Will be vacant December 10th. Apply to Mrs. Allen Lishman, Hagersville, R. R. No. 5.

For Sale—Brick dwelling, in good shape. A bargain for quick sale. Apply to Geo. L. Miller, Jarvis

FOR SALE—200 acre farm on No. 3 Highway. Good outbuildings. Brick dwelling. Plenty of water. Apply Geo. L. Miller, Jarvis.

FOR SALE—First Class building lot on Main Street, Jarvis, there is on this property a good frame building. Will sell separately if desired. No reasonable offer refused. Apply to Geo. L. Miller.

LOCAL & GENERAL

Wallace Anderson who has been away for the past couple of years, has come home to take charge of the repair department of Anderson's Garage.

Mr. and Mrs. J. C. King and Mrs. M. King of Fort Dover and Miss J. Palmer of Vittoria were guests at the home of Mrs. Helen Steele on Sunday.

Mr. and Mrs. E. Jamieson and Mr. and Mrs. David McNeilly of Port Dover spent Sunday last at the home of Mr. and Mrs. Stuart McNeilly.

Miss Ruth Hewson of Toronto spent the week-end here.

Mr. Cameron Saunders who is attending the Ontario College of Pharmacy in Toronto is at the present time spending his Christmas holiday at the home of his parents.

Mr. and Mrs. W. Yallop and daughter Agnes Marie, spent Sunday at the home of Mrs. Thos. Harris.

Mr. C. S. McCarter and D. C. Allen were in Hamilton on Saturday last on Business.

Mr. and Mrs. George. Eaid spent Thursday last in Hamilton.

A large number of fans turned out to see the amateurs get their black eyes on Saturday evening last Dr. Leatherdale, as Master of Ceremonies presided over the bouts in the manner of a professional.

J. B. McMillen, lately of Port Dover, has opened a barber shop in the Yocuum Block on Talbot St., E.

Don't miss the two special dances at Peacock's Hall, Jarvis, on Christmas night, December 25th, and on New Year's Eve, December 31st. Shortt's Orchestra.

On Thursday evening last a number of the friends and neighbors of Mrs. Will Robinson met at her home to celebrate her birthday. After a pleasant social evening spent in games, etc. all departed for their homes wishing her many happy returns of the day.

NOTICE TO CREDITORS

IN THE MATTER of the Estate of JEMIMA GIBBS, late of the Township of Walpole, in the County of Haldimand, Widow, deceased.

NOTICE IS HEREBY GIVEN that all persons having any claims or demands against the late JEMIMA GIBBS, who died on or about the 26th day of October, A. D., 1930, are required on or before the 10th day of January, A.D. 1931 to send by post (prepaid) or to deliver to John Vokes, Nanticoke, R.R. 2, Ontario, one of the Executors of the last Will and Testament of the said Jemima Gibbs, deceased, their names and addresses and full particulars of their claims or accounts and the nature of their securities (if any) held by them.

AND FURTHER TAKE NOTICE that after the 10th day of January, A.D. 1931, the said Executors will proceed to distribute the assets of the said deceased among the parties entitled thereto, having regard only to the claims of which they shall then have had notice and that the said Executors will not be liable for the said assets or any part thereof to any person or persons of whose claim they shall not then have received notice.

Dated the 16th day of December, A.D., 1930. John Vokes, James Vokes, Executors S. E. Lindsay, their Solicitor.

AT THE CHURCHES

ST. PAUL'S CHURCH
1 a. m.—Morning Prayer & sermon
7 p. m.—Evening Prayer & sermon
Rev. J. Hirst Ross will preside.

WESLEY UNITED CHURCH
REV. P. E. DEETH, Minister
Christmas Sunday Services
10 a. m. Sunday school and Bible class
11 a. m.—Subject "The magnetism of the Cradle."
7 p. m. Subject—A Christmas story "Why the Chimes rang" Christmas Carols, Solos, and Duets.

GARNET UNITED CHURCH
Sunday School Anniversary service
2.30 p. m.: Special service. Rev. G. K. Bradshaw, B.A. of Simcoe.

NOX PRESBYTERIAN CHURCH
Rev. G. Lloyd Evans will preach at both services next Sunday. Prayer meeting Wed. at 8 p. m. Y. P. A. meeting on Friday, at 9 o'clock. Everyone welcome.

WALPOLE
Service every Sunday at 2.30 p. m.

CHRIST CHURCH NANTICOKE
Rev. W. Gibson
10 a. m.—Sunday School
7 p. m.—Morning Prayer

THE HOUSE OF QUALITY

A Few of Our Many Christmas Gifts

Towel and wash cloth	50c, \$1.65
Bridge Cloths	\$1.50
Handkerchiefs (three in box)	75c
Linen Towels	21c, 25c and 29c
Bath Towels	25c to \$1.00
Men's Scarfs	\$2.00 to \$2.50
Ties	50c to \$1.00
Braces	50c, 75c and \$1.00
Sets of Braces and Garters	\$1.50
Arm Bands and Garters	\$1.00
Belts	\$1.00

All In Christmas Boxes.

J. A. BURWASH Phone 58 JARVIS, ONT.

GIVE FURNITURE

"The Gift That Lasts"

- CHILDREN'S TABLE AND CHAIR SETS
- CHILDREN'S ROCKING CHAIRS
- FERNERIES
- JARDINEER STANDS
- ROCKERS
- END TABLES
- SMOKING STANDS
- END TABLES
- LIBRARY TABLES

Juan W. Holmes
FURNITURE UNDERTAKING
JARVIS, ONT.

CHRISTMAS GIFTS

- COMMUNITY SILVERWARE
- CHINAWARE
- GLASSWARE
- ELECTRIC WASHERS
- ELECTRIC IRONS
- ELECTRIC TOASTERS
- ELECTRIC HEATING PADS
- SLEIGHS
- HOCKEY SKATES
- HOCKEY STICKS
- HOCKEY PUCKS
- COLEMAN LAMPS
- FLASHLIGHTS
- TOYS

E. T. CARTER JARVIS, ONT.
PHONE 19

One Used Coal and Wood Heater With Feeder

Gas Heaters, \$7.00 to \$30.00
Wood and Coal Combination Stoves

Agent for "Helca" Furnaces
Phone 27 **W. J. ELLIOTT** JARVIS
Plumbing and Thosmithing

"BOUGHT IN IS NOT ENOUGH BUY AT HOME THAT'S THE WAY"

52nd Year

THE JOY

There are, I believe, except perhaps of self, which never some—no matter adapting themselves our desires and the same—just "A Merry Christmas This wish carried minor hopes expressions of joy syllables can never the shared secret he delightfully between this and the and hiding of of Christmas M. It indicates the snowy wood and hemlock bringing home of the its decoration wades which tell of a star in Bethlehem of busy kitchen odours of the cakes and puddings and crisp cookies and shak also huge turkey just waiting for turn into great fun, as well in their savoury Christmas table. Christmas Eve important part for Christmas Eve of the happiness bedtime hours childish expect stockings and Claus and the w the chimney. Then the great much merriment giving and receiving emptying of stockle about the t the Christmas t we won't hold good things that Then the long children have the the day is over b But Christmas th these—the world. When a for the first t holds it. The talmas morning is sengers have m in our earthly p are akin—the s the material. "Highest" is first "Goodwill in an only then can pe to the tongue of of God's sympathy es. The Divine the human man Christmas giving self-giving of G seeks to give to and to those who nothing in return Christmas a a time of reme passes the years work and play, v eties as to this s sures and interes cannot be denied. I the friendly ge the letter we mean it we planned to We have a searc ing that we are are forgetting Th mas season and of Goodwill the es of those negl our gift for the Christmas greeti the days between ben. May we all Christmas spirit is our hearts in har son. When we wero the presents we the measure of o But now we cou we have toucho joy or presents s ber how the t-ker the messages in l ering love to non have acquired in relation-bins—can tion which is life's We need not feel t Continued