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h Mainland

inning wool plucked which feed on the the towering rocks. nning and weaving th they could make nually.

er the relief of lone- coast of Scotland expensive but a pre- . The unfortunate inhabitants of Mou- d Islands, was cited this. The steamer Shetland mails was e 130 mail bags on reached the shore. ere reduced to pulp of the heavy seas. he fourth bag—sur- erved—were deliv- esses only to be re- most disgust. With- y were all demand come tax collector.

ys Honor
shal Joffre

illy, where he had uring the Battle of al Joffre witnessed statue of himself, to be unveiled in who checked the

Foch, who went ceremony at Cas- e was erected, the was much moved s inspired in se- of the most stir- life and by the nt Doumergue, Ga- the French Acad- d, president of the s, extolling his vir- peace. Marshal recovered from a prevented his at- Foch funeral, al- self carried up the spects at the bier d generalissimo. in a park on the town and portrays nding in the cos- e as commander- mple attitude with his hand, such as n saw him at his

M. Hanotaux re- e, energy, bravey Marshal Joffre in- darkest hour, and e for the dignity, e in his attitude . He recalled ice he rendered he United States mericans of the Allied cause.

New
Print System

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been evolved in s described in a ublished. It on- established with inty from single scenes of crime possible the pro- maps showing ndividual house- with no other rks left by them

By U.S.S.R.

S.R. — Another ussia's achieve- l five-year plan hen the "Selma- facturing plant,

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—Cares of of- hair of Prime white. When hs ago he had most harassing een that of un-

DO YOU VALUE YOUR HEALTH?

If your health is poor; if you are pale, nervous and easily tired; if you suffer from headaches and backaches; if your digestion is bad you may depend upon it that these symptoms come from an impoverished state of the blood. That unless this condition is remedied a complete breakdown may follow. Dr. Williams' Pink Pills are a perfect medicine for any one in this condition. They enrich and purify the blood and thus promote health and strength.

Mrs. G. M. Andrews, Halifax, N.S., writes:—"I always keep Dr. Williams' Pink Pills in the house. When I was a young, anaemic girl they completely restored my health. After marriage my health broke down and once more these pills brought me back to health. My friends all tell me how well I look and for this Dr. Williams' Pink Pills deserve all credit."

You can get these pills at all medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Kisses Dangerous Doctors Declare

Babies Catch Cold from Kisses —Not from Fresh Air

Doctors are continually telling us that kissing is one of the chief causes of colds, and insist that mothers of small children should not allow little ones to be kissed.

Baby suffers much more from the evil effects of kissing than his older brothers and sisters. Admiring friends, fond relations, and adoring strangers are all eager to kiss baby and the mother is usually flattered that her child should receive such attention.

She wraps him up and is careful that he does not lie in a draught, yet he often suffers from a bad cold. She forgets that colds are caught from germs, not from fresh air. The admiring grown-up is often a source of danger to baby's health, if not to his life.

The wise mother should not allow any stranger to kiss her child. The stranger may only be suffering from a slight cold, but this, if passed on to baby, might pave the way for much more serious complaints.

Sponge Cake Fritters

This is an easily-prepared, unusual and delicious light sweet. Crumble three or four stale sponge-cakes in a basin. Pour over them half a teacupful of boiling milk and beat thoroughly with a fork. Leave standing until cold, then stir in one tablespoonful of flour. Beat the yolks and whites of two eggs separately. Stir the yolks into the sponge-cake mixture and beat well again.

Add a few currants, or if you prefer, a few chopped raisins, and lastly the stiffly-beaten whites of egg. Have ready in a frying-pan some very hot lard, drop the mixture in from a tablespoon, and fry until nicely browned. Drain well, pile on a paper doyley, sprinkle castor sugar over and serve at once.

Half a dozen ratafias crumbled with the sponge-cakes give a specially delicious flavor to the fritters.

Service Constitutes Greatness—Not Riches

A man may become wealthy, he may become very wealthy, in the sense of acquiring money. He may become a millionaire, and even many times over, by working for it directly. But very common men have done that. Indeed, many of a low type have done it. We now have sense enough not to call these great men. Careful analysis will show, in every case, that it requires service for one's fellow men to constitute a great man. The man who is working for greatness alone is the man who ordinarily never achieves it. —Ralph Waldo Trine.

Limited Time?

Some inmates of the Kingston penitentiary are writing their matriculation examinations, though as a dispatch says, they are handicapped by limited time for study. It will puzzle the ordinary teacher to understand how this handicap could operate in a penitentiary. Certainly we can imagine no better way in which inmates could spend their hours than in study that will help make them self-supporting and self-respecting members of the community on their release.

"The nation which utilizes most fully the individual gifts of each citizen will have the greatest measure of wealth, contentment and happiness." —Colonel E. M. House.

Most men grow a moustache by instalments, says a barber. They start with so much down.

Nurses Wanted

The Toronto Hospital for Incurables, in affiliation with Bellevue and Allard Hospitals, New York City, offers a Three Year's Course of Training to Young Women, having the required education, and desirous of becoming nurses. This Hospital, has adopted the eight-hour system. The pupils receive uniforms of the School, a monthly allowance and travelling expenses to and from New York. For further particulars write or apply to the Superintendent.

Wilma Brink, born and reared near Kansas State penitentiary is said to come naturally by her gun-handling propensities, and is chosen to head co-ed sharpshooters' team of Kansas.

English 'Oyez, Oyez, Oyez' Artists Compete for Town Crier's Crown

London.—"Oyez, oyez, oyez!" came the cries resounding through the air of the peaceful little North Devonshire town of Torrington when the Town Criers Championship of Britain was staged there recently during the annual May Fair.

This year's contest created great excitement, and local patriotism was roused to its highest pitch, for Ernest Baker, the home crier, was defending his title against 17 challengers from all parts of England and Wales. At a luncheon before the competition each entrant was presented with a silver match box bearing the borough arms as a souvenir of the occasion.

The following announcement formed the test piece:

"Oyez, oyez, oyez! Lost to the careless beholder of nature's beauties, but found by the truly discerning, the magnificent scenery of the ancient borough of Great Torrington, a wonderful panorama bestowed by nature with a lavish hand and unrivaled even in the fair county of Devon. God save the King."

About 300 people were present on the Torrington fottball field when each contestant in turn made his cry from a platform beneath one set of goal-posts, while the judges sat out of sight in a tent at the other end of the field. The order of crying was settled by lot and after a very close fight the championship fell to W. Abbott of Lyme Regis, Dorset, who obtained 9 points out of a possible 100.

Mr. Baker cried himself into second place with 93 points, and though his supporters must have been disappointed at his failure to retain his title, yet the crowd gave him a fine ovation as runner-up. The winner received a handsome silver bell and three guineas.

Following the competition each crier had the opportunity of giving a cry of his own selection, and local patriotism was much in evidence. The Barnstable crier, W. Haris, seized the chance of boosting the millinary of England's oldest borough, while W. H. Small of Bideford, Devon, capably advertised Bideford Regatta as the "Henley of the West of England."

BACKWARD BABIES

Thrive After Use of Baby's Own Tablets.

Derangements of the digestive organs are responsible for most of the ailments which afflict young children and keep them backward in development. Baby's Own Tablets regulate the stomach and bowels, restoring them to normal action and this is all that is necessary to set the little sufferer safely on the road to health and happiness.

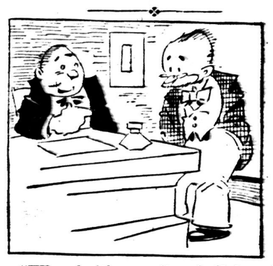
Baby's Own Tablets are specially designed to correct indigestion, constipation, colic; break up colds and simple fevers and to allay teething pains. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Grace Without Meat

God of the grape whose bubbles are taught
To make flesh of the sun.
Lord of the olive tree whose thought
Brings oil out of the stone.

Father of fig and orange trees
That laugh to bear their load,
Forgive us all our trespasses
On thy too-tempting road.

And though thy children will be fed
On what the Lord decrees,
Give us this day our daily bread—
And wine and fruit and cheese.
—Louis Untermeyer in the Saturday Review of Literature.



"Why do they call a bell boy in a hotel 'Buttons'?"

"Because he's always off when you need him most, I guess."

Minard's Drives Away the Headache.

Reflections on Life

Pride is a sign of the worst poverty —ignorance.

Who is rich? He who is satisfied with his lot.

With the pious God is strict, even to a hair's breadth.

Commit a sin twice, and you will think it perfectly allowable.

Man is generally led the way which he is inclined to go.

Do not confine your children to your own learning, for they were born in another time.

—From the Talmud.

Every telephone call to America which comes from Europe—Stockholm, Paris, or Berlin — Passes through an exchange in Queen Victoria Street, London.

C. Australia Owes Big Debt to Women

Women Bring Comfort and Home Life to Vast Wilderness

Adelaide, S. Aust.—If it were not for the women, the occupation and development of Central Australia—or what little there is of it—would hardly have been feasible. Women have made settlement possible by insuring just sufficient of the domestic amenities to enable the men to stay. They have bridged the difference, that is, between practically uncivilized isolation and meager comforts. The railway, so far as it has gone, has improved matters and enabled the settlers to push a little further out into the empty spaces. When the transcontinental passes through the center of the continent, as is contemplated, a large part of the problem will have been solved. There would then be not only transport facilities, but cheaper freights; and where now only rough homes—a bit of mud and a few gum boughs—are seen, timber and brick structures will appear.

Already there is almost a fashionable note at Alice Springs, the present head of the line. The only hotel there has an advertisement in the Adelaide dailies inviting tourists at a reasonable tariff, and even hinting at delicacies. This is really revolutionary hospitality.

The big spaces of Australia are, of course, gradually being broken down by means of rail, air and motor travel. In the middle of the desert plain on the route of the east-west air service at Christmas there was a wonderful surprise for passengers. When they stepped out of the lines on the Nullarbor Plain—just a wide immensity or unrelieved, stunted bush—they found in the hostel (where the night on the journey going and coming is always spent, a Christmas menu of iced asparagus, oysters in the shell, roast turkey, pudding and iced drinks. Motion pictures and a Christmas tree added their part. The experience nearly took away the passengers' breaths. Here in the very heart of the desert was a party almost as brilliant as any that could have been organized in the city.

The City's Noise

It will not be long before Alice Springs has an air service. With the development of the tourist traffic, and increasing business activity, the link is really now in the forging. Gradually the mode of life in the interior is changing. Many of the old settlers will not like it. Big treks with mobs of cattle will go, but much of the routine cannot be altered yet a while. Waveney Station, which is 250 miles from the nearest railway in Queensland, is where Mrs. Annie Schaffer lives. One of the heroines of the bush, she not long ago visited Adelaide with a consignment of cattle, but she was glad to get back to the silence of the spaces.

"I cannot tolerate the ceaseless noise of the city," she said. But the lure of the bush was also in her heart.

When Mrs. Schaffer is at home she works on a cattle run, doing exactly what a man does—riding hard, branding calves, rounding up, and mobilising cattle. She is as expert as the best of them. There is camping out at night under the stars when the bush is in its most beautiful mood, a mood soft and caressing and full of thrills.

Where Blacks Drive Motorcars

The country in which Mrs. Schaffer lives is hilly and scrubby. The cattle feed on mulga and water comes from bores and wells. The homestead is 60 miles from the nearest township, but that is only a flick of the riding whip as distance is measured in these places. The stores are delivered by motor lorry from the railway, and the mail comes once a week in the normal season. But there are times when the river is in flood, and six or eight weeks may elapse before any news is received from the outside world.

Mawson in the Antarctic was closer to civilizaation with his wireless than many of the settlers in Central Australia. The picturesque feature of life in the outback in these days is to see the blacks driving their own motorcars. They have become aristocrats of the bush. Some of the old settlers will not use a motor. Neither will Mrs. Schaffer.

"I prefer a horse any day," she says. "There is nothing romantic in rushing about the country in a dull, inanimate vehicle."

On Waveney Station they have hot weather for eight months of the year. Sometimes the temperature reaches over 120 degrees in the shade; but, amid difficultis and discomforts, Mrs. Ihaffer insists that the life is full of delights which she would not exchange for the artificial pleasures of the city, and strange sights.

"I am trying to reverse the position," remarked Mrs. Schager during a chat in Adelaide. "What a sensation one of our northern camel trains would cause winding its way through your streets. People would stare, wouldn't they?"

People are apt to sympathize with these far-away bush dwellers, but Mrs. Schaffer commiserates city folk. She thinks they are to be pitied for what they miss, the spicy air the unmatched glitter of the evening skies, the ample freedom, the wonderful birds in their gay tropic plumage, and the indefinable charm of a self-contained life.

"I'm in a hurry to get back," she said. And so soon as the cattle markets were over, Mrs. Schaffer, the real lover of the bush, was off.

Mr. Jabbs—"It takes you women a long time to see a thing in its true light." Mrs. Jabbs—"Yes; and that is the reason why so many of you men are able to get married."

King Bug Killer

The Better
Insecticide, Fungicide and Fertilizer
A Quick and Sure Death to the Insect
Prevents Blight
Stimulates the Plant Through the Leaf
Guaranteed
AT YOUR DEALERS
Write us for Literature
KING CALCIUM PRODUCTS
CAMPBELLVILLE, ONT.
Box C

30c 1/2 lb.

This is the price at which you can now buy

RED LABEL

RED ROSE TEA

A Great Soldier

Alexander the Great died 2,286 years ago and divine honors were paid to him in Egypt and other countires.

He was more than a conqueror—he taught the language and civilization of Greece wherever he conquered and he planted Greek kingdoms in Asia that flourished for centuries.

He was devising plans for marsh draining around Babylon when he died; he has become one of the most romantic of historical figures—a supporter of learning and civilization as well as a great soldier.

The Eyeball

"In the newly born infant the eyeball is about two-thirds the size of the fully grown globe; though an infant will multiply its weight at birth some sixteen times by the time adult life is reached, the size of its eyes increases by only some 50 per cent." —Mr. J. Herbert Fisher, M.B., B.S., F.R.C.S., at the Royal College of Surgeons of England.

To clean a carpet quickly, sweep briskly with hot bran.

Minard's for Falling Hair.

FOR FIFTY YEARS
Cuticura
Soap and Ointment
have afforded the purest, sweetest and most satisfactory method of caring for the skin and hair.

The man who would never walk again.

Who could imagine a more poignant story than this? A champion athlete—bedridden. Told that he could never walk again . . . . And then he took Kruschen.

"My doctor told my landlady that I could never walk again. I had rheumatism set in about Christmas-time, and was confined to bed for two months.

"I am nearly sixty years of age. After taking six bottles I am starting to work next week.

"Up till two years ago I had been a Champion Racing Cyclist. I have won a prize every time I have ridden. Being an athlete, but a poor scholar, it would take me a week to write the facts about Kruschen Salts." —*W. H. B.*

Original letter on file for inspection.

Kruschen Salts is obtainable at drug and department stores in Canada at 75c. a bottle. A bottle contains enough to last for 4 or 5 months—good health for half-a-cent a day.

DO YOU SUFFER FROM CONSTIPATION?

Countless remedies are advertised for constipation. Many relieve for the moment but they are habit forming and must be continued. Others contain calomel and dangerous mineral drugs, which remain in the system, settle in the joints and cause aches and pains. Some are harsh purgatives which cramp and gripe and leave a depressed after effect.

Avoid lubricating oils which only grease the intestines and encourage nature's machinery to become lazy.

A purely vegetable laxative such as Carter's Little Liver Pills, gently touches the liver, bile starts to flow, the bowels move gently, the intestines are thoroughly cleansed and constipation poisons pass away. The stomach, liver and bowels are now active and the system enjoys a real tonic effect. All druggists 25c and 75c red pkgs.

Indigestion

What most people call indigestion is usually excess acid in the stomach. The food has soured. The instant remedy is an alkali which neutralizes acids. But don't use crude helps. Use what your doctor would advise.

The best help is Phillips' Milk of Magnesia. For the 50 years since its invention it has remained standard with physicans. You will find nothing else so quick in its effect, so harmless, so efficient.

One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate, with no bad after effects. Once you learn this fact, you will never deal with excess acid in the crude ways. Go learn—now—why this method is supreme.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Classified Advertising

FOR SALE

AL BABY CHICKS—WE HATCHED 215,000 last year in four varieties. Write for free catalogue. A. E. Switzer, Granton, Ont.

FOR SALE—200 ACRES GOOD CLAY loam, 25 acres bush, balance all tillable, excellent farm for grain and stock, well fenced, first class buildings, water in barns and house, one mile from school and church. Will sell all in block or each hundred separate. Good reasons for selling. Apply Morley Beath, Shanty Bay, R.M.D.

AGENTS WANTED

AGENTS EARN GOOD MONEY selling the best fruit trees, shrubs, vines, evergreens, roses, etc.; town or country; selling outfit supplied; every help given; commissions paid weekly. E. D. Smith & Sons, Ltd., Winona, Ontario. 600 acres fruit and nursery stock.

Many a man in Gangdom who has lived to tell the tale has lived because he hasn't told it.

I NO LONGER SUFFER with writes Mr. M. McArthur. Thousands say constipation, liver trouble, indigestion, gas and overnight with "Fruit-a-tives." Nerves quiet. Get "Fruit-a-tives" from druggist today.
TORPID LIVER INDIGESTION CONSTIPATION NERVOUSNESS HEADACHES

PILE PAIN
Ends in 1 Minute
"Ended burn, itch and pain of piles in 1 minute with 'Soothe-Salva'," writes L. T. Sears. "Bleeding stopped. Piles soon vanished. Avoided operation." Get instant results today. All druggists.

Falling Hair

Use Minard's before it's too late. It checks falling hair and stimulates new growth as well. Apply persistently to scalp four times a week.

MINARD'S "KING OF PAIN" LINIMENT

Weak After Operation

"I was very weak after an operation. My nerves were so bad I would sit down and cry and my husband would not go out and leave me alone. Now my nerves are much better, thanks to a booklet that was left under the door. Lydia E. Pinkham's Vegetable Compound surely put me on my feet. I have taken eight bottles. My friends tell me I look fine. My sister has taken this medicine too."—*Mrs. Annie Walton, 67 Stanley St., Kingston, Ontario.*

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

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