



Charm
"Isn't she charming?" we occasionally hear someone say, and then we question, what is charm?

It is alertness, intelligence, interest in things; but not "freshness" nor smart-Alec-ness.
It is sweetness, kindness, amiability; but not mushiness, not the gooyness of a Dumb Dora. Vivacity, pep; but not nervous restlessness nor jazziness. Poise; but not coldness. Natural sincerity and wholesomeness which radiates through one's entire personality.

The charming woman does not know she is charming; for that self-consciousness would spoil her charm.

Tips

It is perplexing for the traveller to know how much to tip the various bell boys, porters and waitresses who serve him. It is rather expensive business if you do the tipping job "according to Hoyle." You are met at the train by the Red Cap who wants to carry your baggage. You tip him a dime or a quarter according to the amount of your baggage and the distance he carries it.

Sometimes taxi drivers expect tips, besides the taxi fare, but that is not necessary. At the hotel, a door man helps you from your car and carries your baggage to the hotel desk—an other dime or fifteen cents, or a quarter if you are extravagant or try to show off. A bell-boy carries your baggage to your room, which means a similar tip. The process is reversed when you leave the hotel.

At mealtime, you are supposed to tip the waitress about ten per cent. of your bill, or, if you are staying for a week and will have the same waitress, tip her one dollar when you leave.

A tip is expected by the bell boy or chambermaid who does you any personal service, such as bringing you ice water or extra towels. On the train the porter of the sleeper or parlor car expects you to hand him half a dollar as you leave. The tipping system adds greatly to the expense of travel and is often much abused, as when attentions which you do not want are forced upon you in the hope of exacting a tip. Hotels and railways should pay employees enough that it would not be necessary for them to bleed the traveller for every little courtesy. But if you really use this service, and it is not included in the regular travel bill, you are a cheap-skate if you are not willing to pay a small reasonable sum for it.

Summer Squashes

Rejoicing to find a summer squash in the market, the grocer told me he "had it for decoration." Too little we housewives appreciate this tasty vegetable. It has the virtue of being bulky and low in fattening qualities, which makes it valuable for reducing purposes. Vegetables and fruits quickly fill the stomach and satisfy the appetite and make one willing to omit heartier foods.

Summer squash is the fruit of the squash vine, and is rich in phosphorus and calcium, and a delicate juice. The tiny variety used while very young, is cooked whole. Crook-necked squash and other varieties are better flavored if more mature, but the skin should be so tender that it is easily pierced with the thumb nail.

To prepare it, remove the skin, seeds and stringy portion; dice it in half inch cubes; boil it in salted water a half hour, or steam it one hour; mash and season, or best of all bake it an hour. Some like to fry squash, removing it from the boiling water when nearly tender, dipping it in flour and browning in hot fat.

Squash may be made into a soufflé, or may be used for pies as a substitute for pumpkin. To make a squash soufflé, cook the squash rather dry. To two cups of mashed squash add the yolk of two eggs, melted butter, salt and pepper. Fold in the beaten whites and bake until firm. Squash fritters are made by dipping spoonful of this mixture in cracker crumbs and browning them in hot fat.

The Guest

It is a nice courtesy to take your hostess some little gift, candy or a book. Conform to her plans for entertaining you. Be prompt for meals and in keeping appointments. When you arrive, announce the date of your departure and hold to that date even if she politely urges you to stay longer. Act as though you are having a good time and be cordial with the friends to whom she introduces you. Make as little work as possible and adapt yourself to the customs of the family. Entertain yourself a part of the time to relieve your hostess of a feeling of strain.

Respect the property of the household and do not use medicine or a wet tumbler on a polished dresser, put your feet on the counterpane nor use towels for cleaning shoes.

If your hostess has no household help, assist her with the housework unless you are sure that she prefers to do it alone. Pay scrupulously all telephone or laundry bills you have incurred. When you have left, write within

twenty-four hours, thanking your hostess for her hospitality.

Fashions, Fads, Foibles

The most freakish foible of the hour is the wearing of long, hot kid gloves with the formal dress without sleeves and almost without back in the waist. One sees them at the fashionable dances, sometimes black kid gloves with a filmy white dress. Usually the glove is slipped off the palm of the hand and rolled back at the wrist, resembling the mits of our grandmother's days.

With the long, filmy formal gowns, the under slip comes only to the knees, leaving a diaphanous curtain of dress below through which show the stockings legs.

Contrasts are striking, as a white pique collar on a silk dress, or white organdie trimmings on the gown of black lace, or a black wool coat over a light chiffon, or the gloves above mentioned. Jackets of velvet accompany the well regulated party dress of today, or should I say this evening? As for formal footwear there is nothing better than crepe or satin pumps tinted to match one's costume jewelry and emphasize their color.

July Thoughts

If you were born in July, your birthday flower is the larkspur, a pretty blossom.

Sew and knit out of doors as much as possible. Shell the peas on the back porch and carry your sewing out under a tree.

In sprinkling the garden, remember that a thorough drenching once in a while is better than more frequent sprinklings.

The proper garb for a baby in hot weather is an abdominal band and a diaper.

If you pelly won't jell, try mixing with it the juice of fruits containing more pectin, such as currant or apple juice, or shreds of orange skin or commercial pectin.

To keep the rooms cool, open them to the night and morning air from the outside, but keep them closed, with curtains drawn, during the middle of the day.

Vacations produce a healthier and more efficient people as well as a people with more imagination and capacity for enjoyment.

Don't go through life without learning to swim. Swimming is the best known all-round exercise, as well as jolly good sport.

Cut your ironing short by folding away unironed the towels, and about half of the rest of the weekly wash.

Sweet Life

"Whenever Life is Simple and sane, true pleasure accompanies it as fragrance does uncultivated flowers."—Charles Wagner.

The Grass

The grass so little has to do—A sphere of simple green, With only butterflies to brood, And bees to entertain.

And stir all day to pretty tunes The breezes fetch along, And hold the sunshine in its lap And bow to everything;

And thread the dew's all night, like pearls, And make itself so fine—A duchess were too common For such a noticing.

And even when it dies, to pass In odors so divine, As lowly spices gone to sleep, Or amulets of pine.

And then to dwell in sovereign barns, And dream the days away—The grass so little has to do, I wish I were the hay!

—Bp Emily Dickinson.

O Earth

O earth! Give comfort to the creatures of earth Who move on heavy feet across spring grass;

The little cats who once were swift to pass, And cows who patient wait the ordained birth.

Mares in the meadows, foxes in the wood, The great-eyed mice behind the wainscote wall,

Leaf-shadowed deer—have pity on us all Bound each to each in life's strange sisterhood. . . .

Grant to our weakness strength and fierce content Who form the string by which life's bow is bent.

—Elizabeth Coatsworth, in the Saturday Review.

Tea growers have agreed to a crop limitation scheme by which Great Britain will receive at least 60,000,000 lb. less tea this year than in 1929.

Mistress: "I would like to give you a good reference, but you are never punctual with the meals." Maid: "Well, say she prepared the meals with as much punctuality as she received her wages."

Will Serve Prince?



Muriel and Doris Howe, Blackpool, Eng., as they arrived in Quebec, recently, en route to take up domestic service at Prince of Wales ranch in Alberta.

Hot Weather Dishes

Vegetable Cutlets

These may be made from left-over vegetables. Cut into small squares one medium-sized beetroot, one fair-sized carrot, and half a small turnip. Mix two heaped tablespoons of flour to a smooth paste with a little stock, then put a little more stock in a saucepan and bring to the boil. Pour this slowly into the flour paste, stirring well, then return to the saucepan and allow to simmer for a few minutes.

Put in the cut vegetables and add one cupful mashed potatoes, one ounce cooked peas, a little finely-chopped parsley, one tablespoonful mixed herbs, and a pinch each of salt and pepper. Turn on to a plate, and when quite cold shape into cutlets, brush with milk, and sprinkle with breadcrumbs or oatmeal. Place in a greased tin and bake in a hot oven for twenty minutes.

Swiss Pie

Slice some cold potatoes and arrange a thin layer in a greased pie-dish. Sprinkle with salt and pepper minced onion, and a little grated cheese. Pour over a little white sauce, then repeat the layers until the pie-dish is full and cover with generous quantities of the sauce and grated cheese. Bake in a moderate oven until the pie is a golden brown on top.

Green Pea Soup

Boil some green peas in water in which a pinch of washing-soda and a tablespoonful of sugar have been dissolved. When quite soft strain and put through a wire sieve. Return to the saucepan, add a piece of butter

the size of a walnut and a little milk thickened with flour, and allow to simmer gently for a few minutes. When the soup is ready to serve add a piece of beetroot cut into small squares and one or two finely-chopped spring onions.

Vegetable Roll

Soak 2 lb. lentils in cold water for twelve hours, then cook till tender. Cook and wash one medium-sized turnip, then mix in the lentils, two cupfuls breadcrumbs, half a cup grated cheese, and a pinch each of salt and pepper. Press into a well-greased pie-dish and bake in a moderate oven for half an hour. Garnish with fried tomatoes and serve with mashed potatoes.



"Well, judge for yourself. He told me the summer resort he goes to looks even prettier than the pictures."

A Real Thriller

The hammock now has lost its charm; The bump it gives does little harm. If real thrills you seek to gain, You tumble from an aeroplane.

"Saving time is the equivalent of increasing the duration of life."—Glenn H. Curtiss.

George Washington's Head



Head of George Washington, 60-foot high, carved by Gutzon Borglum on Mount Rushmore, Black Hills, South Dakota, which was recently unveiled.

Television Offers Big Possibilities

By Arthur H. Lynch, Director "Science and Invention."

Two years ago we were led to believe that we would soon be able to witness the World's Series in our living rooms and hear the crack of the ball against Babe Ruth's bat as he snapped out a homer. In fact, we read such glowing accounts by so many important radio people that television seemed to be a foregone conclusion. Then we began to see some television transmissions. The image instead of being large enough to fill up one side of our room was approximately one and a half inches square. The delightful pictures that we were supposed to see were confined to the head and shoulders of some well-trained actress, particularly well painted up so that the powerful lights reflected on her face would be able to give some sort of definition over the radio pickup and reproducing devices.

When the reproduction appeared on a small metallic plate in front of a neon gas tube there was very little delineation and the image usually danced about on a small plate and appeared much like the head of a mummy from an old Egyptian tomb. The image was spotted and pitted and well streaked.

Many of the radio magazines and scientific papers took all of the publicity articles on this subject and in many instances an entirely erroneous picture of this new art was presented. Special books on television were worked up in a hurry. Catch-penny manufacturers developed all kinds of grimaces, which were supposed to operate as television receivers, when used in conjunction with the simplest of receiving equipment. Many of these manufacturers coined small fortunes selling this junk. As a result, television was given a very black eye and to the man in the street it has apparently lain dormant ever since.

When these woebegone exhibitions were held, we prayed very enthusiastically that no one would go and see them, but hundreds of people did and now we are well satisfied that our prayers went unanswered. Anyone who saw these early exhibitions, and who can witness the advance that has been made in the past two years, will realize that television does offer all kinds of possibilities, even if it was so badly presented then. In fact, practical television is not just around the corner. It is here now.

This does not mean that all of the wild claims made for it some time ago have been substantiated, nor does it mean that the picture we are likely to get with a home television is going to be particularly large. It does mean, however, that the method of transmitting and the method of receiving have been greatly improved. For the time being most of us will have to be satisfied with television receivers, because the number of transmitting stations must be very limited on account of the frequency bands they must cover, and must be very expensive because of the delicacy of the equipment. Receivers, however, need not be particularly complicated nor very expensive. In fact, some television units suitable for operation in conjunction with existing short wave receivers and capable of producing fairly satisfactory results are available.

In our opinion, the thousands of radio enthusiasts, who built their own receivers and learned much of radio as a consequence and have become tired of their hobby because there is vision all of the knowledge which has in television a field for experimentation which combines almost all of the present applied sciences. Much of the transmission is being done by the photographic film process. There is the probability of applying to tele-

Sunday School Lesson

August 3. Lesson V.—Naomi and Ruth (A Study in Racial Relationships)—Ruth 1: 6-10, 14-22. Golden Text—And he hath made of one blood all nations of men for to dwell on all the face of the earth.—Acts 17: 26.

I. LOVE OVERCOMING NATIONAL DIFFERENCES, 1: 1-22.
II. RECOGNIZING THE RIGHTS OF THE STRANGER, 2: 1-3: 18.
III. ENRICHING THE NATION'S LIFE, 4: 1-21.

INTRODUCTION—It must be remembered, in reading the story of Ruth as a lesson in neighborliness and in right racial relationships, that it is only in part applicable to such difficult problems of modern life as are presented by differences of social practice, color, religion, and age-long tradition. Israel and Moab were close neighbors and very much alike. Their language was similar, they were of the same Hebrew race, and the customs of their religious worship cannot have been widely different. With Ruth's determination to follow Naomi to Bethlehem went almost inevitably her choice of Naomi's God. Like most of the people of her time she thought, most probably, that the god of Moab ruled only in the land of Moab, and that in leaving that land and identifying herself with Naomi's people she was really entering the territory of the God of Israel. Her marriage with Boaz, as with her first husband, was with a man of a race nearly akin to her own and of ideas and traditions closely similar. The case is very different and the problem much more difficult when white and black and yellow races mingle socially and intermarry. But in both cases the solution of the problem can only be reached by Ruth's way—by a common faith and a great good will with mutual tolerance and respect.

I. LOVE OVERCOMING NATIONAL DIFFERENCES, 1: 1-22.

The distance from Bethlehem to Moab was not great. A journey of forty or fifty miles eastward around the northern end of the Dead Sea and southward again would bring the travelers into its rich pasture lands and cultivated fields. It must have been a bitter and painful experience for the widowed Naomi to leave behind her in a strange land the bodies of her husband and sons, but she is comforted by the warm attachment of her daughters-in-law. Ruth's love for her triumphs over her natural affection for her own people, and she determined to go all the way and to cast in her lot with Naomi. The language of her decision has become a classic of pure and distinguished fidelity and love, vs. 16, 17. One may well believe that there was something fine and true in the older woman's character and personality to attract and hold such love. Indeed one may go farther and believe that the better and purer religious faith of Naomi as compared with that which was common in Moab may have had its influence in determining Ruth's choice.

II. RECOGNIZING THE RIGHTS OF THE STRANGER, 2: 1-3: 18.

The Levitical law of Israel required that the stranger should be dealt with fairly and kindly, Lev. 19: 34; Deut. 10: 17-19. Such was the attitude of Boaz, the wealthy kinsman of Elimelech toward Ruth when he saw her gleaning in his harvest field. The right to glean was recognized in law (Deut. 24: 19), and was extended to the stranger freely. Boaz added the hospitality of the harvesters' lunch and the water jug.

There was another ancient law in Israel which appears in Deut. 25: 10, the law of levirate marriage. By this it was required that a childless widow should be taken in marriage by the brother, or nearest kinsman, of her dead husband, and that the first son born of this union should succeed to the dead man's name and inheritance. Naomi now counsels Ruth to claim this kinsman's duty of Boaz, even though she was not of his people. The large-hearted kindness of Boaz in accepting the duty and his high sense of honor are well illustrated in the familiar story.

III. ENRICHING THE NATION'S LIFE, 4: 1-21.

The story written long afterward pauses to explain the custom by which a kinsman's right or duty might be transferred to another if he did not choose to exercise it. It is as though the other, in the presence of the elders of the town, accepted his responsibility and, so to speak, stepped into his shoes.

And so the house of Elimelech was preserved from extinction, and allied with that of Boaz came to hold a large and important place in the nation's life. Ruth the Moabitess became the ancestress of Israel's kings. Her son was the grandfather of David. For the adoption of the stranger in to the Bethlehem family the nation was not poorer, but was greatly enriched.

Pater: "Isn't it about time you were entertaining the prospect of matrimony?" Daughter: "Not quite, darling. He's coming just after nine."

"In modern poetry, music or painting, the tendency is rather toward the strange than the beautiful."—Edwin Markham.

vision all of the knowledge which has been gained by engineers in the development of the talking, motion picture. The study of acoustics becomes an important part of this new business and a working knowledge of physics, chemistry, electricity and optics can be used to extremely good advantage. Practical television offers a highly interesting experimental field.