OWES HER HEALTH TO PINK PILLS

This Weak Anaemic Woman Now Rejoices in Health and Strength.

It is a scientific fact tha. nearly all the ills that afflict women are due to poor, thin blood. This anaemia is the one cause of low spirits and languidness, the poor appetite, breathlessness and aching backs that make life a burden for so many women. But suffering women could banish all these miseries by taking Dr. Williams' Pink Pills, for it is a known fact that these pills create an abundance of new rich blood—their wonderful reputation is based on that. Proof of these statements is given by Mrs. L. Deschenes, La Tuque, Que., who says: "Before I began using Dr. Williams' Pink Pills I was in a badly run down condition. I appeared to be almost bloodless, had frequent headaches, and the least exertion would leave me breathless and worn out. My husband advised me to try Dr. Williams' Pink Pills and got for me six boxes. Almost from the first I noticed an improvement in my condition, and as I continued taking the pills my blood became better and I steadily grew stronger, till today I am enjoying the best of health. I am now able to do all my housework without feeling the least fatigue; my appetite is better and I sleep more soundly at night. All this I owe to Dr. Williams' Pink Pills, and I unhesitatingly recommend them to all who are run-down in health."

You can get Dr. Williams' Pink Pills at all drug stores or they will be sent by mail at 50 cents a box by writing the Dr. Williams' Medicine Co., Brockville, Ont.

The Purging of London

London Daily Chronicle (Lib.): Almost a regular feature of the news about London during the last two years has been the sudden departure of aliens from the West End at the request of the police. They have sometimes been preceded, sometimes followed by the closing of restaurants. Occasionally there has been some reference to night clubs. Simultaneously there has been going on an unofficial exodus. Aliens found out that the hand of the law was groping in their street and they went before it clutched securely by the scruff of the neck. This purging of London is now inseparably associated with the name of Lord Byng. . . . Everyone who knows and loves the real London is grateful for the change which is being wrought. . . . London can keep its glamor without being a meeting-place for the sharks and panderers of Europe.

Religious Persecution in Russia

London Morning Post (Cons.): There is ample evidence that the Soviet greatly valued diplomatic relations with Great Britain. They would sacrifice a great deal to maintain these relations, which are invaluable to them for the prestige and legality they confer on their disreputable system. If, then, Mr. Henderson were to make the continuance of these relations dependent on the cessation of the persecutions, he would be using a form of pressure which would probably be effective with the Soviet. At any rate, it is an experiment worth making, and we are certain that the British people would cheerfully face the risk of losing any benefit they may have gained from these relations—and so far we have seen none—for the chance of bringing succour to the persecuted Christians of Russia.

TAPEWORM REMEDY

Dr. R. L. Mulveney's World Famous Tapeworm Remedy has expelled these horrid monsters in two to three hours. No starving necessary, no sickness no trouble whatever.

Write for full information.

Dept. A, 211 Ossington Ave., Toronto

1 Minute Ends Itch of **ECZEMA**

"Baby had terrible eczema. 'Soothe-Skin' ended itching in 1 minute. Disease soon left."—Mrs. J. Lawrence. Stops itch, burn, pain in 1 minute. Eczema goes for good in few days. Skin becomes clear, smooth. All Druggists.

Lord Melchett And Unemployment

The question of unemployment dominates politics to-day, not only in Great Britain, but also on the Continent and in America. Under the title, "The Old and the New Socialism: Remedies for Unemployment," Lord Melchett shows in the April number of the Windsor Magazine, London, what we may fairly hope from rationalization.

'Once rationalization is fully carried out," he argues, "the old foolish controversy between 'Socialism' and 'Capitalism,' 'private' and 'public' enterprise is wiped out altogether, since no reforms of a political nature could increase efficiency when it is already on the highest standard.

"The second important consequence which I anticipate as an ultimate effect of rationalization is the eventful elimination of unemployment. Unemployment, as we all know, is always due to maladjustment, to the unsatisfactory adjustment of production to consumption. Before the way this maladjustment was due to the periodical cycles of good and bad trade; but since the war it is due also to some other causes, such as the rearrangement of British industry to face the conditions of war and the difficulties of its re-adjustment to conditions of peace; the creation of national industries in many countries during and after the war, involving a fall in demand for British goods.

"If rationalization succeeds in achieving anything, it is the complete adjustment of production to consumption and the elimination of those jumps and zig-zags of slump and boom which have been so detrimental to the stability of trade. This is but an ultimate effect which will take years to accomplish.

Emphasis on the "Temporary"

"It may be acknowledged that rationalization in its first effects may lead to a further temporary increase in unemployment—always with emphasis on the 'temporary,' in view of the subsequent absorption which can be confidently expected from new efficiencies and a new standard of prosperity.

"Apart from the ultimate remedy in rationalization, the proposals of the Unemployment Report of the Conference on Industrial Relations, the augmenting of pensions for workers over sixty-five out of national insurance, the raising of the school-leaving age and the coordination of funds assisting emigration, could be utilized as the most effective immediate remedies for unemployment.

"It is hard to see how the efficiency of production could be increased simply by the industry being conducted by Government Departments instead of private individuals (and there are very good reasons which indicate that it would actually be less efficient) although I agree that the efficiency of production in this country at present is not on the highest possible standard. Nevertheless, the whole issue between 'private enterprise' and 'public enterprise' seems to be tremendously over-exaggerated. After all, the vital question is not who is conducting industry but how is industry conducted; not one of political theory but one of industrial expediency."

"Why does Bessie look so worried?"
"She had a great quarrel yesterday."
"What about?"
"The election of officers in her 'Don't Worry Club'."

Slum Clearance

Glasgow Herald (Cons.): The cost of slum clearance may in difficult times prompt second thoughts that temper enthusiasm, but these in turn are overlaid by the cold figures of the cost of slums in crime, disease, and general beastliness; and the community long since made up its mind that a closely knit society such as ours suffered slums at its peril.

Too Much ACID

Many people, two hours after eating, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has remained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms disappear in five minutes.

You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that—for your own sake—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

The Jolliest Companions Possible

TWO OF CANADA'S INTERESTING NATIVES

How would you like to take one of these home for a pet? These two cute black bear cubs climbed over the log to look at the photographer at Jasper National Park, Alberta.

HEALTHY CHILDREN ALWAYS SLEEP WELL

The healthy child sleeps well and during its waking hours is never cross but always happy and laughing. It is only the sickly child that is cross and peevish. Mothers, if your children do not sleep well; if they are cross and cry a great deal, give them Baby's Own Tablets and they will soon be well and happy again. The Tablets are a mild but thorough laxative which regulate the bowels, sweeten the stomach, banish constipation, colic and indigestion and promote healthful sleep. They are absolutely guaranteed free from opiates and may be given to the new-born babe with perfect safety. You can obtain the Tablets through any medicine dealer at 25 cents a box, or by mail, post paid, from the Dr. Williams" Medicine Co., Brockville, Ont.

Why Leave it To Canada

London Daily Express (Ind. Cons.): Senator Logan has proposed in the Canadian Senate that all tropical products of the British West Indies should be admitted duty free into Canada. . . . These islands are immensely valuable. Lord Beaverbrook, in an illustration put forward in support of Empire Free Trade, has contrasted the flourishing condition of Porto Rico, which is in the American Union, with the backward state of Jamaica, which belongs to Great Britain, but is excluded from any fiscal union. Porto Rico affords a market of about £20,000,000 annually to American producers, whereas Jamaica affords a market of only £1,500,000 annually to British producers. He has declared that Jamaica could be developed by Empire Free Trade until the market in that island is as great for British producers as Porto Rico is for American. If Great Britain declines to adopt Empire Free Trade with the West Indian Coloneis, let us hope that Canada will carry out her Logan scheme, for it is far better that the West Indies should be incorporated with Canada than that they should continue in their present position. For in their present position they are perishing.

A Kerry Girl

The wind came out of the west
From Dingle Bay and the sea,
And it brought a sad unrest
To the brooding heart of me.

I heard it creep—creep—creep—
Through the quiet streets of the town,
And never a bit could I sleep
For thought of the souls that drown.

Oh, it will drive me mad
With its keening misery,
For far away is a sailor lad
Who is part of the heart of me!
—Clinton Scollard, in the Dallas Kaleidoscope.

GOOD WORKS

The best cure for worry, depression, melancholy, brooding is to go deliberately forth and try to lift with one's sympathy the gloom of somebody else. And let both those who can and those who can't do good works make a practice of benevolent thought.

Let all think kindly of others; never criticize them, never condemn, never judge; on the contrary, let all condone, excuse, justify, seek to comprehend, seek to put themselves in the place of others. The mental attitude has to be perseveringly cultivated. It cannot be adopted by a mere good resolution.

We must ask ourselves about a thousand times a day, "Who am I to sit in judgment?" We must learn to perceive the absurdity, the impudence, and the preposterousness of sitting in judgment. To err is human, to forgive ought to be. Here is the finest form of benevolence, and it will produce the finest form of satisfaction—a satisfaction which increases from year to year and only reaches its maximum when life ends.

Use Minard's for Burns.

Mrs. Owl—"I'm worried to death about our daughter. She will persist in running around to those horrid day clubs.'

Too Many Bureaucrats

London Laily Mail (Ind. Cons).: England has at the present time one State official to every 100 of the population, counting men, women, and children. Moreover, the total of officials is mounting up year by year and is veing supplemented by municipal officials, though we have not reached the horrible condition of Soviet Russia, where there are thirteen times as many bureaucrats as there were before the war.

Campers Carry Minard's.

APRIL DAYS

A gush of bird song, a patter of dew,
A cloud and a rainbow's warning,
Suddenly sunshine and perfect blue—
An April day in the morning.
—Harriet P. Spotford.

"Queens are generally guided by wise men and kings by foolish women."—Dean Inge.

DO YOU SUFFER FROM CONSTIPATION?

Countless remedies are advertised for constipation. Many relieve for the moment but they are habit forming and must be continued. Others contain calomel and dangerous mineral drugs, which remain in the system, settle in the joints and cause aches and pains. Some are harsh purgatives which cramp and gripe and leave a depressed after effect.

Avoid lubricating oils which only grease the intestines and encourage nature's machinery to become lazy.

A purely vegetable laxative such as Carter's Little Liver Pills, gently touches the liver, bile starts to flow, the bowels move gently, the intestines are thoroughly cleansed and constipation poisons pass away. The stomach, liver and bowels are now active and the system enjoys a real tonic effect. All druggists 25c and 75c red pkgs.

Circumscribed

Sir Winter, is a bachelor
And prided himself on it
Till he caught a glimpse of April once
In a lovely new spring bonnet.

If you should chance to meet with May
With lilacs in her hair,
And crimson tulips in her hand,
Beware, Proud One! Beware!

Sir Winter, crusty bachelor,
Would prove a lover rash
Should he meet June in apple-green
With roses at her sash.
—Pamelia Pearl Jones.

The Young Offenders Bill

Manchester Guardian (Lib.): We no longer pack off every child that steals or makes a public nuisance of itself to a reformatory, where it has a good chance of turning into a criminal. Inquiry by a trained probation officer commonly discovers the reason why in a particular case natural acquisitiveness has turned into a habit of thieving and the high spirits of youth become perveted into an enjoyment of wanton damage. Sometimes it is peculiar home circumstances which can be changed; often it is a mental defect which can be treated. By the provisions of this Bill full inquiry would always precede sentence, and where, in the last resort, a child was sent to a Home Office School (the new name for a reformatory) the school would be a genuine one, graded to the need of the type of child sent there.

IN THE FURROW

Paul saw our grave in the furrow of the plough; our burial in the corn dropped in the soil; and our resurrection in the grain bursting its sheath to wave its head in the summer sunshine. The grave is the apparent doorway through which we pass to heaven; but the true doorway is not so large—it is closely fitting to each man.—Selected.

"The Equator," said the teacher, "is an imaginary line running round the centre of the earth. What did I say the equator was, Tommy?" Tommy (waking out of a day dream)—A menagerie lion running round the centre of the earth."

FOR SALE

FIVE D.C. MOTORS

¼, 1, 1½, 4 and 8 Horsepower, all in good condition. Cheap for immediate sale. H. Watkins, 73 Adelaide Street West, Toronto.

The cleansing, healing service of a soap that's meant for you

Cuticura Soap

with a heritage of 50 years of highest commendation

Sold Everywhere. Soap 25c. Ointment 25c. 50c.

"Skinny! I Gained 11 Lbs. in 8 Weeks and Boy Friend"

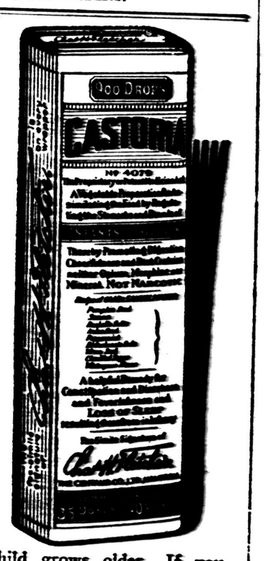
"After trying several tonics tried Ironized Yeast. In 8 weeks gained 11 lbs., new complexion, round limbs; best of all a boy friend."—S. M. Salino.

Men and women are amazed at gain of 5 to 15 lbs. in 3 weeks. Ugly hollows vanish. Bony limbs round out. Sallow, blemished skin gets clear and rosy like magis. Nervousness, indigestion, constipation disappear overnight. Sound sleep. New pep from very first day.

Two great tonics in one—special weight-building Malt Yeast and strengthening Iron. Pleasant little tablets. Far stronger than unmedicated yeast. Results in ½ time. No yeasty taste, no gas.

Don't go round "skinny," ugly, unattractive. Get Ironized Yeast from druggist today. Feel great tomorrow. Money back from manufacturer if not delighted with results.

Children CRY for it



It may be the little stomach; it may be the bowels are sluggish. No matter what coats a child's tongue, its a safe and sensible precaution to give a few drops of Castoria. This gentle regulation of the little system soon sets things to rights. A pure vegetable preparation that can't harm a wee infant, but brings quick comfort—even when it is colic, diarrhea, or similar disturbance.

And don't forsake Castoria as the child grows older. If you want to raise boys and girls with strong systems that will ward off constipation, stick to good old Castoria; and give nothing stronger when there's any irregularity except on the advice of a doctor. Castoria is sold in every drugstore, and the genuine always bears Chas. H. Fletcher's signature on the wrapper.

Classified Advertising

FOR SALE

A1 BABY CHICKS—WE HATCHED 215,000 last year in four varieties. Write for free catalogue. A. E. Switzer, Granton, Ont.

BABY CHICKS

SINGLE COMB WHITE LEGHORNS and Barred Plymouth Rock Baby Chicks, wonderful winter layers. We have been hatching for 27 years. Delamere Poultry Farm, Stratford, Ont.

FOR SALE

O.A.C. NO. 21 BARLEY, GRADE No. 1; grown from registered seed; sacks free; $1.10 f.o.b. Cash with order. J. E. Ruthven, Alliston, Ont.

HOLSTEIN BULLS

ALL AGES; ALSO FEMALES. Greatest Dairy Breeding (May Echo, King Segis). Government supervision. Sunnyside Stock Farm, Stanstead, Que.

CHICKS

20 Famous Breeds to choose from. Send for free chick catalog; it has valuable information on brooding chicks.

Essex Hatchery

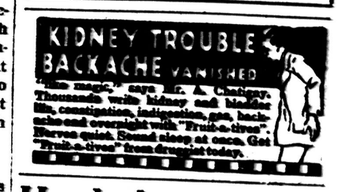
"In a catching for you"

Box 207-W, Essex, Ont.

Ship Your **Eggs and Poultry** to **GUNNS LIMITED** (Established 1876.)

St. Lawrence Market, Toronto

Highest Prices. Prompt Returns.



Headache

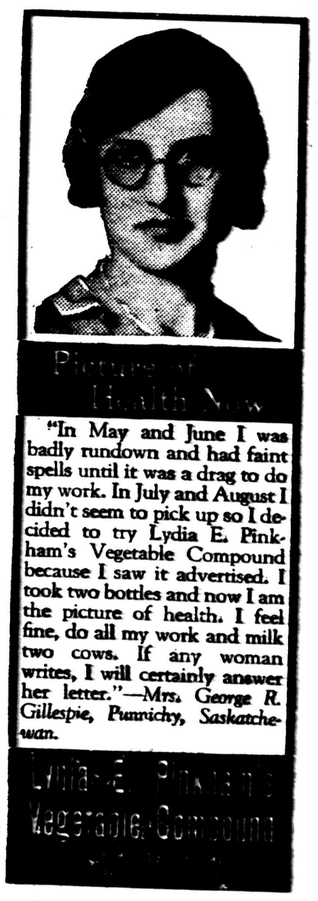
Let Minard's drive it away. Bathe the forehead. Also inhale liniment, heated.

MINARD'S "KING OF PAIN" LINIMENT

HOW ONE WOMAN LOST 28 LBS. OF FAT

This headline is exactly true and means just what it says. Read her own letter: "I take a daily dose of Kruschen and I have lost two inches round the waist and hips and 28 lbs. since last summer. I feel very well on it, and people tell me I look very fit. I am 5 ft. 4 ins. in height, 40 years old, and come of a stout family."

Miss E. L.

If you are fat, first remove the cause. When your liver, kidneys and bowels can't throw off that poisonous waste material which is always accumulating in your body—before you realise it you are growing hideously fat.

Take Kruschen Salts in a glass of hot water every morning. In three weeks' time, get on the scales and note how many pounds of fat have vanished. Notice also how you have gained in energy and health. Your skin is clearer, your eyes sparkle with glorious health. You feel younger in body, keener in mind. Kruschen will give many fat people a joyous surprise.