

## RHEUMATIC VICTIM FOR SIXTEEN YEARS

Dr. Williams' Pink Pills Restored Her Health

Rheumatism is a disorder of the blood. Wet, cold weather may aggravate it but that is not the cause. Bad blood charged with uric acid is the reason. Re-build the blood and rheumatism will disappear. Dr. Williams' Pink Pills enrich and purify the blood and that makes good health.

Mrs. John C. McPherson, St. Mary's, Ont., writes:—"For sixteen years I was a victim of rheumatism. For eleven years I was unable to walk. Massage and chiropractic treatment failed. I was utterly discouraged till I heard how strongly Dr. Williams' Pink Pills were recommended for cases like mine. I began their use and in a few weeks the pain lessened, my appetite and color improved, and now I am able to do light housework. It is wonderful what these pills have done for me."

Dr. Williams' Pink Pills do one thing but they do it well—they enrich and purify the blood. This rich blood banishes rheumatism, sciatica, neuralgia and neuritis and promotes health and strength. The Pills are sold by medicine dealers or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### Jew and Arab in Palestine

Major H. L. Nathan, M.P., in the Nation and Athenaeum (London): The report of the Palestine Committee of Inquiry is not a satisfactory document. . . . The whole report has a pro-Arab tendency. . . . It may be the British genius for understanding Eastern peoples that gives the Committee's whole report its Arab tinge. They understand the Arabs in a way they do not and cannot understand the Jews. They have great sympathy with the Arab demands for self-government. . . . But it must not come by way of surrender to murder.

### CONSTIPATION COMPLETELY GONE

Write Mrs. W. Walker, Thousands any constipation, indigestion, or complete constipation with "Fruit-o-lax". Complete relief in 24 hours. Kerosene, kerosene, kerosene. Get "Fruit-o-lax" from drugstores.

### Plan Now For This Summer's Good Times!

HUNTING, fishing, picnicking, swimming and cruising on lake, river, sound or bay add to the zest of living, happiness, contentment and enjoyment of Cruisabouts owners.

This double cabin Cruisabout, 23' long, 8' 10" wide and 7' 6" draft is a completely equipped summer home and is priced at \$4,135 at factory. Sleeps six, four in forward cabin and two in stern cabin. Excellent design, perfect balance and staunch, quality construction make Cruisabouts sound and seaworthy for any water. 6-cylinder, 40-H.P. Gray Marine motor gives cruising speed of thirteen miles. Write for a catalogue.



**Richardson**  
1930 Cruisabouts

Sales and Service by  
**T. B. BENSON, N.A.**  
371 Bay Street Toronto, Ont.

**PROTECT THEIR HEALTH AND YOURS**

**BUY ONLY STERILIZED TISSUE**

YOU may select any one of these Sterilized Eddy Rolls, assured of its purity—its safety, and knowing that it measures up to the high quality that protection of the children's health demands. The price ensures the biggest value for your money. Ask for it by name.

**THE E. B. EDDY COMPANY LIMITED CANADA**

"WHITESWAN" Snowy white, in wrapped, Sterilized Rolls of 750 sheets. A big value Eddy line. Seven ounces of Sterilized Tissue.

"DREAM-NOUGHT" A big value Eddy line. Seven ounces of Sterilized Tissue.

"COTTAGE" The whitest of Sterilized Tissue. Completely wrapped Rolls. 750 sheets, full size.

**EDDY'S Sterilized TISSUES CANADA'S FINEST**

**EDDY'S NAVY TISSUE**

750 sheets of soft, safe, Sterilized paper.

From Sterilized Tissue. Served from clean, sterilized cabinet, nickel or porcelain finish.

**EDDY'S Sterilized TISSUES CANADA'S FINEST**

### The Truck Driver's ABC—Always Be Careful



Accidents won't happen—if all drivers are careful! The ABC of accident prevention—"Always Be Careful"—has been learned so well by drivers of over 800 Bell Telephone trucks and cars in Ontario and Quebec that accidents to these vehicles rarely occur.

The telephone truck driver whom you see along street or highway knows and follows carefully all the rules in his instruction book. One of these is shown plainly on the back of his truck to warn others—he always stops at railroad crossings. And no Bell Telephone truck has ever been involved in a level crossing accident! In fact, any mishaps of the road are so scarce in Bell Telephone circles that other vehicle-operating organizations are studying and adopting the same successful safety-first principles.

### Song

How I loved to lean above you,  
Laughing at you,  
Swearing that I did not love you—  
God knows I do!

Sorry now and quite relenting,  
Heartack with fear,  
I regret all my tormenting  
When you were here.

Had I sworn that I adored you  
Now I'd be glad;  
But perhaps I might have bored you  
If I had.

—Aline Kilmer, in The Washington Carillon.

"Let every man ask himself," said Goethe, "with which of his faculties he can and will somehow influence his age."

### KEEPING BABY LOVELY AND WELL

Some babies thrive from the hour of their birth while others make so little progress as to be the cause of much anxiety. As a rule it is the digestion that is at fault with these backward ones and they start to go ahead directly Baby's Own Tablets are made the corrective of their stomach and bowel troubles.

Baby's Own Tablets are specially designed for the use of babies and little children. They are absolutely safe and the mother can feel perfectly secure in giving them to even the most delicate child. They are a mild but thorough laxative which banish constipation and indigestion; break up colds and simple fevers and allay the pains which accompany the cutting of teeth. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

### A Leader for India

Stephen Gwynn in the Fortnightly Review (London): Whatever India may be, and it is certainly not a nation, nor a race, Great Britain has made it a community, and the community is becoming politically self-conscious. It has an unassured pride, and nothing is more explosive. Beyond all reasonable doubt, India does not need democracy, nor, one may be sure, does it want freedom in any sense that we in this island give our word. But a community in that stage needs leadership, and feels the need of it. It needs leadership of its own. The weakness of Lord Irwin's position is that neither he nor any Englishman can give such leadership to India; and though it is argued plausibly, and cogently, that no Indian can hope to be accepted as the leader of all India, whereas the alien, standing aloof from all jealousies of race or caste or religion, can be the impartial governor, that argument denies at once the whole possibility of native leadership, and thwarts the craving which Mr. Gandhi's assumption of command to some extent must satisfy, even among Moslems.

### The Dignity of Labor

Sir J. A. R. Marriott in the Hibbert Journal (London): To banish the trivial task, the sordid occupation, is impossible, save perhaps in Utopia, and even in Utopia you can do it—at all—only by strict limitation of population. But it is not impossible to idealize the lower occupations; to help the scavenger to perceive that in the scrupulous performance of his allotted task he is performing a service to the community as important as the trained skill of the great surgeon. Few dairymen, perhaps, are idealists; nor are all artists. But it should not be impossible to convince the former that the health of the community is not less, but more, important than its appreciation of color and form. Such a conviction—the sense of service, whether the service be "honorable" or "menial," can alone give dignity to labor.

### TRUE LIFE

A man is simple where his chief care is the wish to be what he ought to be; that is honestly and naturally human. We may compare existence to raw material. What it is matters less than what it is made of; as the flame of a work of art lies in the flowering of a workman's skill. True life is possible in social conditions the most diverse and with natural gifts the most unequal. It is not fortune or personal advantage, but our training that counts, that constitutes the value of life. Fame adds no more than does length of days; quality is the thing.—Charles Wagner.

Compass Carry Minard's.

### Owl Laughs

There are many nervous breakdowns, but some folks never experience a breakdown of their nerve.

The chronic cussler works for the devil for nothing and pays his own expenses.

Some persons are so contentious that they are ready to argue with a thermometer.

### Heaven

If men would love each other more,  
And curse each other less,  
If all would pledge their hearts to help  
The fellows in distress,  
If Hindoo, Indian, Chinese,  
And Christians all would love,  
They'd find a taste of what they hope  
To find somewhere "above."  
The hearts that love, God's secrets have  
Of all that's going to be,  
This world, well filled with faith and love,  
Is heaven enough for me.  
—J. W. Holland.

Wake up, if you want your dreams to come true.

The difference between theory and practice is: The school books teach

### FOR SALE

FIVE D.C. MOTORS  
1/2, 1, 1 1/2, 4 and 8 Horsepower, all in good condition. Cheap for immediate sale. H. Watkins, 73 Adelaide Street West, Toronto.



**Slick!**

Remember Smart's Mowers are so popular! They cut so easily and with such little "push".

**SMART'S MOWERS**  
JAMES SMART PLANT, BROCKVILLE, ONT.



**Indigestion**

What most people call indigestion is usually excess acid in the stomach. The food has soured. The instant remedy is an alkali which neutralizes acids. But don't use crude helps. Use what your doctor would advise. The best help is Phillips' Milk of Magnesia. For the 50 years since its invention it has remained standard with physicians. You will find nothing else so quick in its effect, so harmless, so efficient.

One tasteless spoonful in water neutralizes many times its volume in acid. The results are immediate, with no bad after-effects. Once you learn this fact, you will never deal with excess acid in the crude ways. Go learn now—why this method is supreme. Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

that there are 300 interest-bearing days in a year. The bank teaches that there are 365 such days and every four years 366.

The greatest screen triumph we have experienced this spring was getting them up without knocking a hole in 'em.

A Short, Short Poem  
Susie  
Choosie  
No rice and  
Old Shoosie.

Neither college nor clothes can make something out of nothing.

Charles—"May I kiss you?"  
Anne—"What do you think I've been waiting for—a street car?"

When a man goes to the dogs,  
many of his friends bark at him.

Keep your tongue and your temper  
will keep itself.

The most precious thing anyone—  
man or store—anybody or anything—  
can have is the goodwill of others. It  
is something as fragile as an orchid  
—and as beautiful. As precious as a  
gold nugget—and as hard to find. As  
powerful as a great turbine—and as  
hard to build. As wonderful as youth  
—and as hard to keep.

Some folks really have "virgin  
minds." They never give birth to a  
thought.

Our Answer to the Scientists  
Love is only a disease,  
To which we're all addicted;  
Then heav'n be praised for granting  
such  
Nice way to be afflicted.

Henry—"That's what I call tough  
luck."  
Card—"Whats' that?"  
Henry—"I've got a cheque for \$40  
and the only man in town who can  
identify me is the one I owe \$50."

Many a man who has "gone over  
the top" would shrink from acting as  
judge of a baby show.

Heal the Sprain with Minard's.

**75% of TOTAL  
FARES  
to CANADA  
ADVANCED**

**BRITISHERS  
in Canada may now bring  
forward their Families,  
Relatives and Friends  
on Easy Terms.**

For full details apply—  
J. D. CARROLL,  
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BRITISH  
RE-UNION ASSOCIATION

**Fletcher's  
CASTORIA**  
FOR QUICK,  
HARMLESS CURE  
Children Cry for It

**WHY SUFFER  
FROM YOUR  
LIVER?**

Why be handicapped with unsightly  
blotches on the face, eyes with yellow  
tinge and that tired and languid feeling?  
This indicates a torpid liver.  
Headache, Dizziness and Biliousness  
surely follow. You must stimulate  
your lazy liver, start the life flowing  
with Carter's Little Liver Pills.  
They also act as a mild laxative,  
purely vegetable, free from calomel  
and poisonous drugs, small, easy to  
swallow, and not habit forming. They  
are not a purgative that cramps or  
pains, unpleasant after effect follow-  
ing, on the contrary a good tonic.  
All Druggists 25c and 75c red pills.

### Classified Advertising

Send name  
**AI BABY CHICKS—WE HATCH THEM**  
FREE! Last year in four vari-  
ous. Write for free catalogue. A. E.  
Switzer, Granton, Ont.

### CHICKS

20 Famous Breeds to choose from.  
Send for free chick catalog; it has  
valuable information on brooding  
chicks.

**Essex Hatchery**  
"Hatching for you"  
Box 207-W, Essex, Ont.

**BOYD'S  
BICYCLES**  
AT LOWER PRICES  
New, Coaster Brakes,  
Wheels, Inner Tubes, Levers,  
Hubs, Cyclometers, Saddles,  
Spare Tires, and other accessories.  
You can buy your supplies  
from us at wholesale  
prices. Catalogues free.  
T. W. BOYD & SON, 212 Dundas Street W., Toronto.

**PILE PAIN**  
Ends in 1 Minute  
"Piles" (hemorrhoids) and pain of piles  
in 1 minute with "Pile-o-lax".  
L. T. Sears, "Pile-o-lax" agent. Pile  
o-lax is sold by all druggists.  
Get instant relief today. All druggists.

### Sick Animals

Welcome Minard's. It is an  
ideal first aid about the stable.  
Get a bottle to-day.

**MINARD'S  
"KING OF PAIN"  
LINIMENT**

**"I Was Skinny and  
Tired. Now Peppy.  
Gained 11 Lbs."**

"Had tired feeling,  
no pep. But Ironized  
Yeast gave me pep;  
much stronger. Gained  
11 lbs. Boils and pim-  
ples disappeared."  
—Mack Lattoria.

Amazing new Ironized Yeast adds  
5 to 15 lbs. in 3 weeks. Changes  
"skinny," weak body to strong, well-  
developed form all around. Blochy  
skin gets clear and rosy like magic.  
Nervousness, indigestion, constipation  
disappear overnight. Sound sleep.  
New pep from very first day.

Two great tonics in one—special  
weight-building Malt and  
strengthening Iron. Pleasant little  
tablets. Far stronger than unmedi-  
cated yeast. Results in 1/2 time. No  
yeasty taste. No gas.

Don't be "skinny," weak, unattrac-  
tive. Get Ironized Yeast from drug-  
gist today. Feel great tomorrow.  
Money back from manufacturer if  
not delighted with quick results.



**76 beats 36**

Read this wonderful letter from a man of  
76 who is "more active than 40 years ago."  
thanks to the "daily usefulness" of Kruschen  
Salt.

"As a subject of both gout and rheumatism  
for just over 50 years, I wish to acknowledge that  
I have found nothing so absolutely certain as  
Kruschen Salt. It has cured my gout and other  
kinds of rheumatism, but also my dracunculosis.  
Kruschen Salt has done so far, after 5 years  
of more or less using them, that I have not had  
one counter-effect whatever. I am 76 and more  
active than 40 years ago."

Original letter on file for inspection.  
Kruschen Salt is obtainable at drug and  
department stores in Canada at 75c a bottle.  
A bottle contains enough to last for 4 or 5  
months—good health for half-cent a day.

**FROM MOTHER  
OF EIGHTEEN**

Read How This Medicine  
Helps Her

Cardston, Alberta—"I am fifty-eight  
years old and the mother of eighteen  
living children. We  
live on a farm and  
I am a very health-  
y mother consider-  
ing that I have such a big  
family to work  
for. The druggist  
first told me about  
Lydia E. Pink-  
ham's Vegetable  
Compound and I  
have depended on  
it for many years.

When I had this picture taken, the  
photographer was telling me about his  
wife's ailments and after I told him  
about the Vegetable Compound he  
went to the drug store and bought her  
two bottles."—Mrs. BERTHA SALLER-  
BACON, St., Cardston, Alberta.