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Women Weakened by Worry.

"I don't want to worry, but I can't help it," said a woman recently when sold to take things easy and not worry. It is the duty of every woman to save her strength. If she finds herself getting depressed; if she feels utterly worn out; worries over trifles and frequently has nervous headaches, she will be wise to realize her nervous system needs attention.

Starved nerves mean a breakdown. To feed the nerves you must build up the blood. To do this there is nothing to equal Dr. Williams' Pink Pills. These Pills not only enrich the blood but actually create new blood which feeds and strengthens the nerves and banishes the cause of nervous disor-

Women cannot always rest when they should, but every woman can maintain her strength by the help of Dr. Williams' Pink Pills. Start taking these Pills now and see how soon mail, postpaid, at 50 cents a box from The Dr. Williams' Medicine Co., Brock-

Modern Generation KEEPING BABY Are Lazy Thinkers

Professors Says Country Children Have More Thorough Knowledge Than City Children

Sloppy knowledge and lazy thinking were scored by Professor C. T. Currelly as dangers of the present made the corrective of their stomach home, but it almost never happens. day in an address on "The Relation and bowel troubles. of the Museum to the Public School," given recently before the Toronto Home and School Council here.

Professor Currelly first illustrated from his experience of people the fact that home environment was the ma- most delicate child. They are a mild trix which held together knowledge but thorough laxative which banish gained from academic training.

After reviewing the interest in collections of the world's best art and the pains which accompany the cutthe connoisseurship that had followed ting of teeth. They are sold by medibeen brought, the speaker pointed the box from The Dr. Williams' Medicine the horse's neck, and almost on its importance of both broader culture Co., Brockville, Ont. and exactness of knowledge in enjoyment of life or accomplishing of fine things. He recalled the interest in such matters after the Romans had brought security into Europe, at the time of the Rennaissance and after the conquests of Napoleon. In earlier On leather, my friend, and the finest the few but with the later 18th century public museums had been estab-

As a result of the collections de- Thy friend of the yarn and the silveloped by Napoleon, the French people had become familiar with art in workmanship. Later the world had to turn to France for the finest productions in many lines. So apparent was this after the great exhibition organized by Victoria and Albert, that the South Kensington Museum movement had been eagerly pushed to bring England similar advantage. "Only by seeing fine things people learn to make and appreciate them," the speaker said.

The Germans had gone further by bringing this work before their children, and by stressing exactness, without which enjoyment of art is limited.

In showing the value of exactness, and scoring a tolerance of inaccuracy, the speaker questioned whether students reading literature with only a sloppy knowledge of the references in its words did not lose the meaning and beauty of it. It is a tragedy in education to lead children through poetry or history of a period without such knowledge. Professor Currelly showed.

The speaker commented on how many, allegedly educated people knew nothing really well. Country children grow up to know some things definitely but city children, unless the broad, exact aspect of their education were stressed, missed this genuine enjoyment

In becoming familiar with museums the student was saved from lazy thinking since he learned that things did not just happen. That the very furniture with which they were surrounded was evolved through centuries of workmanship and art.

"A pretty girle at the shore said to her mother, "Jack says I'm the nicest girl he ever met; shall I ask him to Her cheek, a rose leaf passing fair call?" "No," replied the mother, "why not let the poor chap keep on thinking A mass of gold her shining hair,

"He can not spend half his income."

Mayor's Office.



Are They Lost to Canada?

improvement will show by increased in Scotland, are all members of the Wilson family whose mother died in February and whose father employed energy, keen appetite, strong, steady in the Canadian Timber Limits, finds it impossible to give them the time and attention necessary. The children are in charge of officials of the Anchor-Donaldson Line who will look after them until they arrive at Glasgow where they will be turned over to their Grandparents. It is to be hoped that they will all return later to take part in the future development of Canada.

LOVELY AND WELL

Baby's Own Tablets are specially designed for the use of babies and poise?" little children. They are absolutely safe and the mother can feel perfectly secure in giving them to even the constipation and indigestion; break ously crushed to-day when a stack of up colds and simple fevers and allay after security in material things had cine dealers or by mail at 25 cents a

Tavern

Halved is the pear and the mugs are

Steamed is the board and the bird's anything about cooking?"

ence after: Thy friend for the toast and the

talk of trails. For the arm-in-arm and the throaty ing?" laughter-

Sit three down till the long East to mail a letter. The postmaster at

Crushed is the peach and the wine is red, Charcoaled the lamp and the young corn gold:

Friend of my heart, till thy cares are Sit thee down as of old on old!



Big Sister: "And what did you tell George when he asked you if you'd like him as a brother-in-law?". Bobbys "I told him that I'd think it over, but I had several others in mind

Banish pain with Minard's Liniment.

The Dream Girl She simple was and all divine,

Her eyes a liquid blue. As sweet and soft as pansies fine A-dripping with the dew: And pink as bloom of peach.

It's all right for a boy to go to col-"How so?" "Half of it goes for lege provided he'll come right back the next day and go to work.

Her ears a seashell each.

BERT S. WEMP,

Mayor.

PUBLIC NOTICE

TO EMPLOYERS OF LABOR

in this City at the present time, employers of labor are ask-

ed to try and help to relieve the situation by engaging only

be given to non-residents of the City of Toronto on account

NON-RESIDENTS

Notice is hereby given that no assistance or relief will

bona fide residents of Toronto on any available work.

of their being out of employment.

Toronto, October 24th, 1930.

1. FIC. >1C.

Attention having been directed to the scarcity of work

Owl Laffs

Nothing is original but original sin A small boy was walking home from

Some babies thrive from the hour a music lesson with his violin under of their birth while others make so his arm when a thief crept up behind little progress as to be the cause of him, snatched the instrument and immuch anxiety. As a rule it is the di- mediately disappeared. It sounds gestion that is at fault with these like a dream come true. Millions of backward ones and they start to go small boys like to imagine such a ahead directly Baby's Own Tablets are theft while practicing on the piano at

Alphonse-"Did you say she has Gaston-"Yes, avoirdupois."

Abe Martin: Ionia, the little daughter of Mrs. Leghorn Tharp, president of the Colonial Bridge Club, wuz seri-

unwashed dishes toppled over on her. Man-"At the circus there was a girl who rode beneath the horse, on

His Neighbor-"That's nothing. I did all that the first time I ever got on one."

Neighbor — "Does you wife know

Groom—"Well, I heard her telephor ing her mother, inquiring if she had Sit thee down with thy friend to- and hard water for hard-boiled eggs." to use soft water for soft-boiled eggs A poor joke isn't improved by re-

Amos Tash-"Where are you go-Hi Brow-"I'm going to Pea Ridge

Brushville won't buy my eggs so I won't mail my letters in his box." First Burglar-"Let's get out of this. We've broken into the house of the

heavyweight champion." Second Burglar—"He never fights

for less than a million dollars."

Magistrate-"You are accused of having broken into a bank and stolen Prisoner-"I'm sorry to say I'm not

Mr. Thomas A. Edison has announced that he is very fond of babies.

Mr. Edison, by th way, is very deaf. Uncle, 'My hoy, think of the fu-

Youth-"I can't. It's my girl's birthday and I must think of the present."

Manager-"I'm afraid you're ignoring our efficiency system, Smith." Smith-"Perhaps so, sir, but somebody has got to get the work done."

One thing about a kleptomaniac is that he takes things so easily.

Customer—"Gimme a marcelling iron and a bottle of carbolic acid." Clerk-"What do you want that

Customer—"Gonna curl up and die."

Gentlemen frequently marry brunettes before they begin preferring the

Minard's Liniment refreshes the scalp.

Sampson Pudding

A bread pudding that is dark brown: Brown your slices of bread in the oven and let them dry like rusks, then break the required amount into your pudding dish and pour in enough cold milk to soften the bread. Let this stand long enough so you feel no hard pieces. Then add sugar, raisins, salt and spice to taste, no eggs. This pudding was baked in a deep pot in shape like a flower pot and was cooked in a slow open for six hours. We ate it, sliced cold with a sweet hot sauce poured over it. Be sure to have enough milk, for the long baking requires it, and put a cover over pot during the cooking.

Jane-"Why did you decide to marry Billy instead of Jim?" Philippa-"I found I loved Billy best. You see

The Last of the Three "Rs"

matics.

Quick, Sure Relief & BILIOUSNESS SLUGGISHNESS CONSTIPATION

Brigh i 🔌



1200 Rooms each with Bath and

Servidor

To the rising generation as to the old, multiplication is apparently still vexation and the rule of three the school's chief perplexity. More pupils failed in mathematics in the New York high schools during 1929 than in any other subject, according to a report recently issued. In one school more than half of the pupils failed first-term algebra, while failures in high school mathematics as a whole totaled 26.9 per cent.

On the other hand, less than 5 per science and 13 per cent. in English, though foreign languages demanded a home and were served alphabet soup. student toll second only to mathe-

Doctor-"What you need is a little

Modern Miss-"Is this a proposal?"

Take one tonight

ascarets THEY WORK

ROOM BATH . 300 UP

our friendly cup of too. dayour teams de the sente mill had home francy or nox fi tremitymas stasiles Leves a Sight - quelity to like Red Rose.

TWO QUALITIES -- RED LAREL TO ORANGE PERSE

October The month when flaming leaves are

And nature grows more sober, Should be the gayest of the year-

No month is like October. Fast following on fair Harvest's heels Comes Hallowe'en; no hitches Will halt the whirl of Frolic's wheels, Nor stop the sport of witches.

Little Squirt

Young Grapefruit: "You nasty sour

cent. failed in music and domestic told us we would receive several very

BLACKHEADS

Get two ounces of peroxine powder from Get two ounces of peroxine powder from your druggist. Sprinkle on a hot, wet cloth and rub the face briskly. Every blackhead will be dissolved. The one safe, sure and simple way to remove blackheads. Satisfaction guaranteed or money refunded. P. W. SCARP & CO.

ATENTS

List of "Wanted Inventions" and Full Information Sent Free THE BAMSAY CO., Dept. W.

273 Bank St., Ottawa, Ont. Make tomorrow Nervous Headaches

due to over work, are quickly dispelled by Minard's. First heat the Liniment—then inhale it for a few minutes. It has a speedy curative effect.



Why be handicapped with unsightly blotches on the face, eyes with yellow tinge and that tired and languid feeling? This indicates a torpid liver Headache, Dizziness and Biliousness surely follow. You must stimulate

surely tollow. You must stimulate your lazy liver, start the hile flowing, with Carter's Little Liver Pills.

They also act as a mild laxative, purely vegetable, free from calomel and poisonous drugs, small, easy to swallow, and not habit forming. They are not a purgative that cramps or pains, unpleasant after effect following; on the contrary a good tonie. All Druggists 25c and 75c red pkgs.

Classified Advertising

MARRY. RELIABLE MATRIMON IAL paper mailed free. Address Friendship Magazine, Medina, New York. STAMMERING AND DEFECTIVE speech corrected in five weeks course. Miss M. B. McAllister, Specialist, P.O. Box 322, London, Ontario.

W ANTED—A THOUSAND BRITISHERS to get prices for sending apples Overseas for Christmas. Write Man From Kent," Drawer A, Burlington Ont

\$2.00 POR ONE HOUR'S WORK. Young Grapefruit: "You nasty sour old thing!"

Lemon: "Get out, you little squirt!"

Lemon: "Get out, you little squirt!"

We're mad at fortune tellers. One told us we would receive several very interesting letters, and we rushed home and were served alphabet sour.

The ASY. INTERESTING, FROFIT-direct factory prices make sales easy. Build up a bank account selling Lide Locknit Silk Lingerie and Hosiery. Sample silk stockings and bloomers, \$2. Our guarantee—satisfaction or money refunded. Write for full details. LIDO SILK MILLS. 1502 St. Catherine W., Montreal.

People used to search their family rees for their ancestors: nowadays they search them for their offspring.



"The trouble with me, and I guess this applies to 99 out of every 100 men who are putting on weight, I didn't have the energy or "pep" to keep it off.
Lost all interest in any healthy activity
and just lazed around accumulating

the old pounds, until I got that "Kruschen feeling."

Start taking Kruschen Salts—that's the common-sense way to reduce—but don't take them with the idea that they possess reducing qualities in

This is what they do-they clean out This is what they do—they clean out the impurities in your blood by keeping the bowels, kidneys and liver interplendid working shape, and fill you with vigor and tireless energy.

As a result, instead of planting yourself in an easy chair every free moment and letting flabby fat accumulate, you feel an urge for activity that keeps you moving around doing the

keeps you maying around doing the things you've always wanted to do and needed to do to keep you in good

Kruschen Salts are the up-to-date Fountain of Youth. Take one-half teaspeen in a glass of hot water to-morrow morning and every morning be careful of the foods you eat—take regular moderate exercise then watch



Baby Came

"I have used several bottles of Lydia E. Pinkham's Vegetable Compound and find it helps me wonderfully, especially before childbirth. I have five lovely children. After my last baby came I had a miserable pain in my right side so I bought another bottle of the Compound and I feel fine now. I work outside during the fruit season in addition to my housework." - Mrs. Charles Slingerland, R.R. #4, St. Catherines, Ontario.

ACID CONDITION

the common cause of pain and

discomfort after eating --

GET RID of your dread of pain after

eating. Eat without fear of "indigestion."

sour stomach, disagreeable gas or headaches.

lies like a lump in your stomach, it's a sign

of too much acid. You need not resort to

erude methods-take instead an anti-acid

that will correct the condition. Phillips'

A spoonful of this pleasant-tasting, sooth-

ing fluid neutralizes many times its volume

of acid. It restores the proper alkaline

balance to an acid-soaked stomach and

bowels—assists these organs to function as

Phillips' Milk of Magnesia is what you

need when a bad breath, coated tongue,

headaches, nausea or biliousness indicates

an over-acid condition. Take a spoonful

today and for several days and see how it

sweetens the system. You won't be nearly

so liable to colds or sickness. All drug-

Milk of Magnesia.

stores in 50c bottles.

they should.

When your food ferments, "disagrees,"



Genuine Milk of Mag-

nesia is always a liquid never a tablet. Look for the name Phillips' on wrapper and bottle.

PHILLIPS MILK OF MAGNESIA