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A Real Nerve Tonic

Is a Bountiful Supply of Rich, Health-Giving Blood

Sufferers from nervous debility find themselves tired, low-spirited and unable to keep their minds on anything. They are totally unfit to perform their everyday duties.

Doctoring the nerves with sedatives is a terrible mistake. The only real nerve tonic is a good supply of rich. red blood. To secure this rich, red blood Dr. Williams' Pink Pills should be taken. Enriching and purifying the blood is their whole mission. Concerning them Mrs. Albert Bentley, Bancroft, Ont., writes: "Two years ago I was a complete wreck; in bed for seven months; extremely nervous; had no color. Nothing I tried seemed to help me till I began Dr. Williams' Pink Pills. My condition at once improved and to-day I am well and able for anything without fatigue or trou-

You can get these pills from any medicine dealer or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

1950 Worker Will Get \$27-a-Day Wage

Predicted by Ford in His New Book, "Moving Forward"

New York—Henry Ford blames the to him who waits is whiskers. present industrial depression on business men who watched the stock market instead of their business, and believes the cure lies in quantity production and intensive marketing of the patient on receiving his bill.

He outlines his opinions in a book "Moving Forward," published on Oct. 2nd. He predicts that in 1950 the United States workingman will get a minumum wage of \$27 a day, advocstes high wages as one of the fundamental laws of business, and says genuine over-production has never axisted.

In regard to wages, however, Mr. Ford believes that while a man has a right to work, his right to a job depends on his ability to render valuable service. He says belief that a up in the Northwoods I saw a mouncompany owes a living to those who tain lion come right up to the skidder work for it is based on "our tradi- one day. It was a fierce beast, but Van ."

The book, written in collaboration slunk away." with Samuel Crowther, says the fun- Man sitting in corner-"Boys, I can damentals of business principles are: vouch for the truth of that story. A First, to make more and better goods few minutes after that happened I cheaply as possible and force them on was coming down the side of the hill the market; second, to strive alwas I met this lion andfi as is my habit, for higher quality and lower prices stopped to stroke its whiskers. Boys, costs; third, to raise wages gradu- those whiskers were wet." ally and continuously and never to gut them; and fourth, to get the goods to the consmer economically so he

may benefit by low cost production. From the moment of birth The carrying out of these modern business laws requires much more There is nothing that happens leadership than did the old production, Mr. Ford says. He believes that was why interest in the 1929 stock

marke. brought disaster. deeply hid," he says. "It consisted Mother-"Well, you can't expect too in the complete stoppage of improve- much from a husband." ment in quality of goods and in metheds of manufacture, which in turn causes a stoppage in the increasing good, one must diet young. values of the purchasing money. There is bound to come a time when things are offered for sale at so much more than they are worth that the will you fade like a fic wer or bust like public will hesitate to buy then, and a baloon?" then will stop buying altogether and may even fall into a panic about what it has bought.

"No one hs yet been born who can manage both to manipulate the mar- How grand that attribute, divine: het for its stock and also do business in such a way that it will be profitable. The two do net and cannot

Damp Walls

Walls can be rendered damp-proof by an application of water-glass used for preserving eggs. Strip or scrape the old paper from the walls and brush over the damp patches with the off and give their jobs to those who waterglass mixture according to the directions on the tin. Allow to dry, then put on two more coats. Each must dry before the next is put on. When repapered the damp will not penetrate again.



"In Memory_"

The photograph reproduced above shows an interesting view of impressive memorial to Newfoundland's war dead at Grand Bank

Owl Laffs

About the only thing that comes

High school teacher-What is Francis Scott Key's greatest distinction? Pupil-He knew all four verses of The Star Spangled Banner."

All the jokes are not found in the. books or in the papers, some of them may be seen walking around town.

Sitting around the bunk house they were swapping lies.

One of them-"When I was logging tional conception of master and ser- I, with great presence of mind, threw a bucket of water in its face and it will have got used to it."

A HAPPY THOUGHT FOR TO-DAY.

To the ride in the hearse. But might have been worse.

Gertie-"What shall I do, Mother dear? I'm engaged to a man who "The true occasion for alarm was says he simply can't bear children."

"The good die young." But to die

Gladys (to her fat boy friend)-"Pardon me, Tiny, iut as you age,

LOYALTY.

By Melville Sloan. That golden quality: That priceless gem of honor, fine;

That jewel-loyalty. Who will not see an evil done To him—he calls his friend; Or whom he serves; is really one Of-nature's noblemen!

Times might be much better, if those who don't have to work would knock

about a fellow who took them to Child's for dinner? Why every extremely attractive girl has an ugly duckling for a chum? Whether any not prepared to take over the prob- pretty. mother told him pointing was impo-Many doctors are now having their lite? And if I'd be happier if I knew all these things?

> A local poet thinks bananas rhyme with pajamas. That is one of the several reasons this column does not print but very little home made poetry

Tourist-"Say, boy, where does this road go? Indignant. — "It don't go nowhere.

A humorist's most serious business is trying to make folks smile.

Fortune teller-"You will suffer pov-

erty until you are 35 years old." The dupe-"And then?" Fortune teller-"By that time you

Constipation is one of the most com- trained. laxative; are pleasant to take and can and evening. be given to the newborn babe with perfect safety. Thousands of mothers use no other medicine for their little ones but Baby's Own Tablets. They are sold by medicine dealers or by mail at 25 cents a box from The Dr.

Kamaran Island Has World's Worst Climate

Though certain parts of the North husband," she panted. American Continent might ieel justified in claiming "the world's worst relieved. "Had any offers?" climate"-according to Charles Fitzhugh Talman in Lis Science Service feature "Why the Weather?" (Wash ington), the favored spot is an island in the Red Sea. He says:

"Hot weather is endurable is the relative humidity remains low; hot days are endurable if the air cools off tating, or employed in some useful at night. Neither of these mitigating labor for the common good. features is found in the average cli mate of the Red Sea coast. An English meteorological journal has recently suggested that Kamaran Island, which lies in the Red Sea off the coast What will you do in the evenings?" of Yemen, can claim the distinction of "Oh, I'll run up to town." having the worst climate on earth. A four-year record shows that from Things I'd like to now—Where age daily maximum temperatures butchers get their str. w hats they range from 91 to 95; which would not wear in winter and comedians get be bad were it not for the fact that the ones they ruin? What the girls the average minimum temperatures who flip pancakes in windows think are from 81 to 86. The highest single Minard's Liniment gives quick relief. about and especially what they'd think reading during the four years was 105, which we can easily beat in America, but the mercury never once fell below 66. The average relative humidity was 72 in January and 58 in July. The climate of the island is extremely enervating. In spite of deserts near at hand and an average rainfall of only two inches a year the air generally feels damp, and the winds, though strong, bring no relief. Occasional sand storms add the human discomfort. A lovely place to stay away from is Kamaran!"

Roads Young and Old Roads that lead to houses.

And a city's pride Go straight and hard like young men With sure and eager stride.

But roads that lead to mountains ... Or hidden desert streams Shuffle along like old men Happy in their dreams. -By Rachel Harris Campbell, San

Diego State Teachers' College. When asked his idea of rigid economy, Will Rogers replied: "A dead

i Minard's Liniment aids tired feet.

Dishwashing Is Still Hated Task

Childhood Duty Turns Modern Girl Against Homemaking

Compulsory dishwashing in childhood has given millions of girls a drab outlook on life and has caused them to conceive an absolute hatred for homemaking, says Miss Marion S. Van Liew, chief of the home economics education bureau of the University of the State of New York.

Hatred of dishwashing, while it seems of itself a most insignificant matter, becomes the root of an obsession against all phases of housekeeping, she thinks, and therefore has a potentiality of exercising a vicious influence on the entire future of girls and women.

Miss Van Liew, who is widely known throughout the nation as a home economist in addition to her position with the State Department of Education, yesterday become educational director of the Homemaking Center of the New York State Federation of Women's Clubs.

No Fad, She Declares "Home economics is no fad," Miss Van Liew told an interviewer in Alhany. "It has passed that stage and has stood the test. People are more 'home conscious' than ever and it is recovering its former status rapidly. Now, the difficulty is that girls are new nurse, who was astonishingly particulars. J. O. Mitchell, St. Mary's, Ontario. lems of homemaking when they be-

"It may astonish people to know that the state is training hundreds of while she is near." girls and young women for the career of marriage. Outside of New York there are 211 centers under the supervision of the State Department of Education where homemaking is taught as a fine art, and New York oring to make things better, "not does not neglect this important train- while she is near."

come brides.

It's here every morning when I come from the old idea that homemaking is "Women and girls must get away nothing but sewing, cooking and cleaning," Miss Van Liew added. "These things are but incidental and as such should be done by means of a time budget so as not to interfere with the major phases of the calling."

She reminds one that choosing harmonious color combinations for the home and purchasing clothing, edibles and other supplies come into the calling of homemaking, as well as personal grooming and adjustment of family relations, and that to be successful in all these the homemaker should be

child suffering from it positively can- member of every family should be innot thrive. To keep the little one structed in home economics. She well the bowels must be kept regular would have the younger children and the stomach sweet. To do this learn it in junior high school, and nothing can equal Baby's Own Tab- have mother keep up with them by lets. They are a mild but thorough extension courses in the afternoon

Any Offers?

As Mrs. King was cleaning her front bed-room windows she saw a friend hurrying along the road.

"What ever has happened?" she Williams' Medicine Co., Brockville, cried, running to the garden gate and calling to the friend. "Why are you in such a hurry?"

The friend paused to regain her breath. "I'm trying to get something for my

"Oh," replied Mrs. King, very much

INVALUABLE MOMENTS

Never suffer the invaluable moments of thy life to steal by unimproved, and leave thee in idleness and vacancy; but be always either reading, or writing or praying, or medi---- A'Kempis.

"I'm thinking of moving out into the country." "Do you like the country?

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THIS QUALITIES -- RES LIBEL TO COMME PENSE

The Wrong Phrase

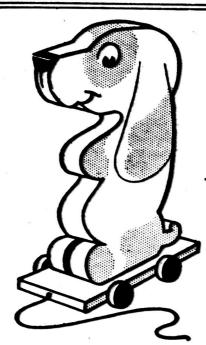
Mr. Brown had just returned from the office and was introduced to the

"She is sensible and scientific, too," said Mrs. Brown, "and she says she will allow no one to kiss the baby "No one would want to," replied

Brown tiredly. "Oh, indeed, John!" snapped the fond mother. "I mean," faltered Brown, endeav-

The pretty nurse was given marching orders the following day.

"Is this train ever on time?" growled the grouchy passenger. "Oh," replied the conductor, "we never worry about it being on time. We're satisfied if it's on the track."



WHEN CHILDREN FRET THERE are times when a child is too

fretful or feverish to be sung to sleep. There are some pains a mother cannot pat away. But there's quick comfort in Castorial

For diarrhea, and other infantile ills, give this pure vegetable preparation. Whenever coated tongues tell of constination; whenever there's any sign of sluggishness. Castoria has a good taste; children love to take it. Buy the genuine-with Chas. H. Fletcher's signature on wrapper.

Fletcheri. CASTORIA

COMPLIMENTED HER COMPLEXION AT 65

Tells Ali Women How She Does It

20 YEARS OF KRUSCHEN 20 YEARS OF HEALTH

Just fancy! A grandmother and still being complimented on her complexion! How does she do it? Her letter explains. Kruschen keeps her young and fit. That's the secret of the whole matter. "When I was on holiday this Summer

I was asked what gave me or what I used for my fresh complexion. For 20 years now I've used as directed Kruschen Salts, the finest and only medicine to my knowledge. Before this I was troubled with my liver and biliousness and rheumatism in my arm and shoulders. I just take it regularly as you describe, with the above result. will restore the liver and kidneys to



I tell everyone this, also my family, who are now men and women, for I ten everyone this, also my family, be naturally expelled by those eliminating organs as Nature intends. The am over 65." —E.B. ing organs as Nature intends. The blood will be refreshed and will course her example. Kruschen will keep you young, just as it keeps her young. The little daily dose keeps you young inside; you wake up every morning as fit and fresh as a schoolgirl, and hefore the first month is out the wonderful difference is written in your known Salts in all the series and will course in a cleansing stream to every fibre of the body, reinvigorating your whole system, brightening your eyes, clearing your skin. You feel—and are—a different person. Thousands are proving it daily. Why shouldn't you? wonderful difference is written in your Kruschen Salts is obtainable at all complexion and your eyes. Kruschen Drug Stores at 45c. and 75c. per bottle.

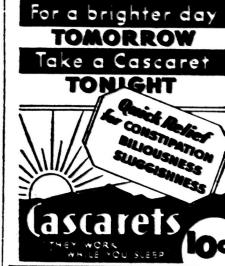
Classified Advertising

OR SALE—FIRST CLASS BREED-ING Mink, and Foxes, at reasonable

GENTS WANTED FOR DR. BOV-EL'S soaps, toilet articles, etc., well known for twenty years. Quick turn-over and large profit. Dept. 0, Bovel Manufacturing Company, Toronto 8.

The worst thing about appearance is trying to keep them up.





An Emergency Dressing

Minard's is invaluable as a quick dressing for burns, scalds and all flesh abrasions. It cleanses and



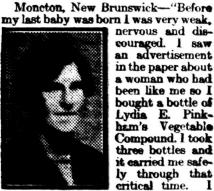
DON'T SUFFER WITH DANGEROUS **NDIGESTION**

Do you suffer after meals with a belching, from sour and acid stomach? Many believe they have heart trouble and tremble with fear, expecting any minute to drop dead. This condition can be prevented, likewise relieved. Take Carter's Little Liver Pills after meals and neutralize the gases.

Sweeten the sour and acid stomach, relieve the gas and encourage digestion. The stomach, liver and bowels will be cleansed of poison, painful and dangerous indigestion disappears and the system enjoys a tonic effect. Don't delay. Ask your druggist for a 25c pkg. of Carter's Little Liver Pills.

READ OF A CASE LIKE HER OWN

Decided to take Lydia E. Pinkham's Vegetable Compound



nervous and discouraged. I saw an advertisement in the paper about a woman who had been like me so I bought a bottle of Lydia E. Pink-ham's Vegetable Compound. I took three bottles and it carried me safely through that

critical time. I have three children to care for and I feel well and strong. I have told two other women about your medicine."-MRS. GUS ARSENAULT, 82 Albert Street,

Moncton, New Brunswick. ISSUE No. 41—'30



Too much

ing, suffer indigestion as they call it. It is usually excess acid. Correct it with an alkali. The best way, the quick, harmless and efficient way, is Phillips' Milk of Magnesia. It has ained for 50 years the standard with physicians. One spoonful in water neutralizes many times its volume in stomach acids, and at once. The symptoms, such as headaches, gas, heartburn, etc., will disappear in five minutes.

Many people, two hours after eat- You will never use crude methods when you know this better method. And you will never suffer from excess acid when you prove out this easy relief. Please do that-for your own sake now.

> Be sure to get the genuine, pre-scribed by doctors for conditions due to excess acid. It is always a liquid; it cannot be made in tablet form. Look for the name Phillips' and the word genuine in red.